



BREAKFAST SANDWICHES 12

Skinny Zesty Egg White Sandwich

Egg white patty on a skinny sesame bagel, with turkey sausage, swiss cheese & sundried tomato spread

Egg & Cheese

Served on a bagel with your choice of cheese

Egg & Cheese with Bacon, Ham or Sausage

Served on a bagel with your choice of cheese and bacon, ham or sausage

Egg White & Cheese

Save 60 calories! Served on a bagel with your choice of cheese.

Egg White & Cheese with Bacon, Ham or Sausage

Served on a bagel with your choice of cheese and bacon, ham or sausage.

Egg White & Sundried Tomato Sandwich

Egg white, cheddar cheese and sundried tomato spread on a whole wheat bagel

Santa Fe Egg Sandwich

Egg, sausage & jalapeño cream cheese featured on a plain bagel

Smoked Salmon

Smoked salmon, plain cream cheese, tomato, red onions & capers

Spinach & Cheddar Omelet Sandwich

Back by popular demand! Our Spinach & Cheddar Omelet with bacon and cheddar cheese, served on a Plain Bagel

Classic Wrap

Two eggs, your choice of cheese & bacon, ham or sausage on a warm wrap

Western Egg Sandwich

Egg, bacon, cheddar cheese, chipotle sauce & a mix of green peppers, red peppers, tomatoes & red onions on a bagel

Rio Grande Wrap

Two eggs, jalapeño cream cheese, roasted red peppers & bacon, ham or sausage on a warm wrap

BAGELS 21

Bruegger Bites

Asiago Parmesan

Blueberry

Cheddar Pesto

Chocolate Chip

(select markets)

Cinnamon Raisin

Cinnamon Sugar

Cranberry Apple

Cranberry Orange

(select markets)

Everything

Garlic

(select markets)

Honey Grain

Onion

Plain

Poppy

Pumpernickel

Rosemary Olive Oil

Salt

(select markets)

Sesame

Sundried Tomato

(select markets)

Whole Wheat

SPECIALTY BAGELS 2

Cheddar Pesto Bagel

(limited time!)

Jalapeno Cheddar

(select markets)

SOFTWICHES 4

Asiago Parmesan

Everything

Plain

Sesame

CREAM CHEESE 15

Light Plain

Plain

Cucumber Dill (seasonal)

Garden Veggie

Light Garden Veggie

Bacon Scallion

Honey Walnut

Jalapeno

Light Herb Garlic

Olive Pimiento

Onion & Chive

Pumpkin (seasonal)

Smoked Salmon

Strawberry

Hummus

SIGNATURE SANDWICHES 6

Tarragon Chicken Salad

diced chicken, almonds, red onions, cranberries, lemon tarragon mayo, tomatoes & lettuce on hearty white bread

Turkey Chipotle Club

turkey, peppered bacon, chipotle mayo, lettuce & tomatoes on honey wheat bread

Roma Roast Beef

roast beef, asiago cheese, provolone, tomatoes, green peppers, sundried tomato mayo & balsamic vinaigrette on hearty white bread

Herby Turkey

roasted turkey, light herb garlic cream cheese, sundried tomato spread, lettuce, & red onions

Leonardo Da Veggie

light herb garlic cream cheese, roasted red peppers, muenster cheese, lettuce, tomato & red onion

Thai Peanut Chicken

grilled chicken strips, light plain cream cheese, thai peanut sauce, lettuce, cucumber & sprouts

HOT CIABATTA PANINI 5

Roast Beef Cheddar Melt

roast beef, cheddar cheese, pickled red onions & horseradish sauce on ciabatta

Four Cheese & Tomato

cheddar, provolone, swiss & asiago with tomatoes on ciabatta

Turkey Artichoke & Mozz (Select locations)

roasted turkey, artichoke pesto, mozzarella & tomato on ciabatta

Primo Pesto Chicken

chicken breast, basil pesto, roasted red peppers & provolone on ciabatta

Harvest Turkey

Roast turkey, cheddar, apple slices, pickled red onions and cranberry mayo on ciabatta

SALADS 7

Mediterranean Mozzarella

fresh mozzarella, roasted red peppers, cucumbers, almonds, sea salt & cracked pepper with red pepper romesco dressing

Spicy Thai Peanut Chicken

Grilled chicken strips, salad greens, cucumbers, crushed peanuts with a spicy Thai peanut dressing

Chicken Caesar Salad

grilled chicken strips, croutons & asiago cheese, tossed with field greens & caesar dressing

Harvest Chicken

with grilled chicken, salad greens, toasted almonds, apple, dried cranberries, cheddar cheese & balsamic vinaigrette

Mandarin Salad

mandarin oranges, dried cranberries, blue cheese crumbles & sliced almonds tossed with field greens & balsamic vinaigrette

Build Your Own Salad

choose 3 veggies, 1 meat, 1 cheese & 1 topping, tossed with field greens & the dressing of your choice (nutrition facts may vary depending on salad build)

Fresh Cut Fruit Salad

cantaloupe, honeydew, pineapple, oranges, & grapes

SIGNATURE SOUPS 11

Butternut Squash (vegetarian)

butternut squash, onion and apples sauteed in butter and finished with a vegetable broth and a dash of cream.

Chicken Spaetzle

our signature soup, served fresh every day. spaetzle dumplings with chunks of chicken and vegetables simmered in a soothing chicken broth. bruegger's twist on classic chicken noodle.

Creamy Tomato Basil (select markets)

Ripe tomatoes, cream and fresh leaf basil make this a fresh twist on a classic soup.

White Chicken Chili

chicken, navy beans, mild green chilis and corn masa make a smoky southwestern treat.

Four Cheese Broccoli

a creamy blend of cheddar, american, swiss and parmesan cheeses, tender broccoli and onion.

New England Clam Chowder

tender clams, diced potatoes, onions and celery, all gently simmered with clam broth and finished with cream.

Chicken And Wild Rice

diced chicken, carrots, celery and onions with wild rice that is slowly simmered in chicken stock and finished with cream.

Beef Chili

ground beef, red kidney beans, spanish onions, chilies and garlic simmered in a spicy beef broth.

Black Bean (vegetarian)

black beans, onions and garlic, simmered in a vegetable broth seasoned with sweet and savory caribbean spices, and a touch of jalapeno pepper

Fire Roasted Tomato (vegetarian)

flavorful fire roasted tomatoes simmered with onions, celery and carrots.

Bruegger Bites

bitesized, fully baked, rosemary olive oil bruegger bites, served plain or topped with asiago or sesame seeds, available on a rotating basis each day

DESSERTS 11

Chocolate Chip Cookie

(select markets)

Chocolate Chunk Brownies

(select markets)

Double Chocolate Cookie

(select markets)

Everything Cookie

(select markets)

Corn Muffin (Select Markets)

Cinnamon Muffin

Sugar Cookie

(select markets)

Marshmallow Chew

(select markets)

Meltaway Bar (select markets)

(select markets). dark chocolate & walnuts, butterscotch and coconut layered on a buttery graham cracker crust.

Toffee Almond Bar

(select markets)

Cranberry Nut Muffin

Blueberry Muffin