



## WHAT'S NEW 11

### \$5.99 Southern-Style White Fish Meal

One large, hand-breaded Southern-Style White Fish Fillet served with your choice of one side and hush puppies. Nutrition: Serving size: 1 Order, No Sides; Calories: 560; Calories from fat: 330; Total fat: 37g; Saturated fat: 20g; Trans fat: 2.5g; Cholesterol: 80mg; Sodium: 1430mg; Potassium: 0.2mg; Carbohydrates: 28g; Protein: 27g Contains: Fish, Wheat, Corn, Gluten, Added MSG

### \$5.99 2 Piece Fish and Fries Meal

Two of our famous Batter Dipped Fish fillets served with your choice of classic side and hush puppies. Nutrition: Serving size: 1 order, no sides.; Calories: 450; Calories from fat: 270; Total fat: 30g; Saturated fat: 16g; Trans fat: 2.0g; Cholesterol: 100mg; Sodium: 1200mg; Potassium: 0.3mg; Carbohydrates: 26g; Protein: 21g Contains: Fish, Wheat, Corn, Gluten, Added MSG

### \$5.99 1 Piece Fish and 5 Piece Shrimp Meal

One famous Batter Dipped Fish fillet and five Butterfly Shrimp, served with your choice of classic side and hush puppies. Nutrition: Serving size: 1 Order, No Sides; Calories: 480; Calories from fat: 280; Total fat: 32g; Saturated fat: 14g; Trans fat: 2.0g; Cholesterol: 120mg; Sodium: 690mg; Potassium: 0.2mg; Carbohydrates: 27g; Sugars: 3g; Protein: 20g Contains: Fish, Milk, Shellfish, Soy, Wheat, Corn, Gluten, Added MSG

### Southern-Style White Fish and 5 Butterfly Shrimp Meal

One large, hand-breaded Southern-Style White Fish Fillet and five Butterfly Shrimp, served with two classic sides and hush puppies. Nutrition: Serving size: 1 Order, No Sides.; Calories: 810; Calories from fat: 480; Total fat: 54g; Saturated fat: 26g; Trans fat: 3.0g; Cholesterol: 150mg; Sodium: 1510mg; Potassium: 0.2mg; Carbohydrates: 43g; Sugars: 3g; Protein: 37g Contains: Fish, Milk, Shellfish, Soy, Wheat, Corn, Gluten, Added MSG

### Grilled Whitefish Meal

A large fillet of our tender and flaky white fish, seasoned with your choice of blackened, lemon pepper, or original seasoning. Served on a bed of rice with your choice of two sides and breadstick. Nutrition: Serving size: 1 Order (Original Seasoning), No Sides; Calories: 170; Calories from fat: 70; Total fat: 7g; Saturated fat: 2.5g; Poly unsat fat: 1.0g; Mono unsat fat: 2.0g; Cholesterol: 45mg; Sodium: 660mg; Potassium: 50mg; Carbohydrates: 1g; Protein: 25g Contains: Egg, Fish, Soy, Wheat, Corn, Gluten, Added MSG

### Ultimate Seafood Platter

Five Butterfly Shrimp, two Batter Dipped Fish fillets, Popcorn Shrimp, and two Stuffed Crab Shells. Served with your choice of two classic sides and hush puppies. Nutrition: Serving size: 1 Order, No Sides; Calories: 1230; Calories from fat: 710; Total fat: 80g; Saturated fat: 36g; Trans fat: 4.5g; Cholesterol: 260mg; Sodium: 2400mg; Potassium: 60mg; Carbohydrates: 86g; Dietary fiber: 1g; Sugars: 3g; Protein: 44g Contains: Egg, Fish, Milk, Shellfish, Soy, Wheat, Corn, Gluten, Added MSG

### Dozen Fried Oysters

Add twelve crispy, delicious Fried Oysters to any meal. Nutrition: Serving size: 1 Order, No Sauce; Calories: 470; Calories from fat: 300; Total fat: 34g; Saturated fat: 12g; Trans fat: 1.0g; Cholesterol: 60mg; Sodium: 810mg; Potassium: 0.1mg; Carbohydrates: 32g; Dietary fiber: 2g; Protein: 10g Contains: Peanuts, Sesame, Soy, Wheat, Corn, Gluten, Added MSG, Mollusks

### Half Dozen Fried Oysters

Add six of our delicious Fried Oysters to any meal. Nutrition: Serving size: 1 Order, No Sauce; Calories: 240; Calories from fat: 150; Total fat: 17g; Saturated fat: 6g; Trans fat: 0.5g; Cholesterol: 30mg; Sodium: 400mg; Carbohydrates: 16g; Protein: 5g Contains: Peanuts, Sesame, Soy, Wheat, Corn, Gluten, Added MSG, Mollusks

## Seafood Gumbo

Warm yourself with our seafood gumbo, brimming with shrimp, chicken, sausage, okra, and Cajun seasoning. Nutrition: Serving size: 1 Regular Order; Calories: 190; Calories from fat: 60; Total fat: 7g; Saturated fat: 3.0g; Cholesterol: 80mg; Sodium: 860mg; Potassium: 200mg; Carbohydrates: 21g; Dietary fiber: 2g; Sugars: 2g; Protein: 11g Contains: Fish, Milk, Shellfish, Soy, Wheat, Corn, Gluten, Added MSG, Mollusks

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## Chocolate Cake

A single serving of rich Chocolate Cake, topped with rosettes of milk chocolate frosting. Nutrition: Serving size: 1 Order; Calories: 370; Calories from fat: 170; Total fat: 19g; Saturated fat: 7g; Trans fat: 3.5g; Cholesterol: 15mg; Sodium: 320mg; Potassium: 170mg; Carbohydrates: 49g; Dietary fiber: 2g; Sugars: 36g; Protein: 3g Contains: Egg, Milk, Soy, Wheat, Corn, Gluten

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## Chocolate Cakes - 2 for 5

Two individually packaged servings of rich Chocolate Cake, topped with rosettes of milk chocolate frosting. Nutrition: Serving size: 2 Cakes; Calories: 750; Calories from fat: 340; Total fat: 39g; Saturated fat: 13g; Trans fat: 7g; Cholesterol: 30mg; Sodium: 650mg; Potassium: 340mg; Carbohydrates: 98g; Dietary fiber: 3g; Sugars: 72g; Protein: 6g Contains: Egg, Milk, Soy, Wheat, Corn, Gluten

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## FISH FAVORITES 3

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### Batter Dipped Fish

Our famous batter dipped fish fillets served with your choice of two sides and hush puppies. Nutrition: Serving size: 1 piece; Calories: 230; Calories from fat: 130; Total fat: 15g; Saturated fat: 8g; Trans fat: 1g; Cholesterol: 50mg; Sodium: 600mg; Carbohydrates: 13g; Protein: 10g Contains: Fish, Wheat, Corn, Gluten, Added MSG

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### Hand-Breaded Catfish

Tender catfish, hand-breaded in our signature southern-style breading and served with your choice of two sides and hush puppies. Nutrition: Serving size: 3 pieces; Calories: 780; Calories from fat: 490; Total fat: 56g; Saturated fat: 25g; Trans fat: 3g; Cholesterol: 185mg; Sodium: 1770mg; Potassium: 0.2mg; Carbohydrates: 36g; Protein: 33g Contains: Fish, Wheat, Corn, Gluten, Added MSG

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### Southern-Style White Fish

One large, hand-breaded, Southern-Style White Fish Fillet served with your choice of two sides and hush puppies. Nutrition: Serving size: 1 fillet; Calories: 560; Calories from fat: 330; Total fat: 37g; Saturated fat: 20g; Trans fat: 2.5g; Cholesterol: 80mg; Sodium: 1430mg; Carbohydrates: 28g; Protein: 27g Contains: Fish, Wheat, Corn, Gluten, Added MSG

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## GRILLED MEALS 3

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### Wild Caught Salmon

Wild Caught Salmon seared to perfection and served on a bed of rice with your choice of two sides and a breadstick. Nutrition: Serving size: 1 fillet (No Sides); Calories: 200; Calories from fat: 50; Total fat: 6g; Saturated fat: 1.0g; Poly unsat fat: 2.0g; Mono unsat fat: 1.5g; Cholesterol: 80mg; Sodium: 860mg; Potassium: 610mg; Carbohydrates: 3g; Sugars: 1g; Protein: 31g Contains: Egg, Fish, Soy, Wheat, Corn, Gluten, Added MSG

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### Grilled White Fish

A large fillet of our tender and flaky white fish, seasoned with your choice of blackened, lemon pepper, or original seasoning. Served on a bed of rice with your choice of two sides and breadstick. Nutrition: Serving size: 1 fillet; Calories: 140; Calories from fat: 30; Total fat: 3.5g; Saturated fat: 2.5g; Cholesterol: 45mg; Sodium: 630mg; Potassium: 50mg; Carbohydrates: 2g; Protein: 25g Contains: Egg, Fish, Soy, Wheat, Corn, Gluten, Added MSG

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### Grilled White Fish & Shrimp

A fillet of our delicious grilled white fish paired with six succulent fire-grilled shrimp. Served on a bed of rice with your choice of two sides and breadstick. Nutrition: Serving size: 1 order (no sides); Calories: 240; Calories from fat: 50; Total fat: 6g; Saturated fat: 3.5g; Cholesterol: 140mg; Sodium: 1100mg; Potassium: 100mg; Carbohydrates: 4g; Sugars: 1g; Protein: 37g Contains: Egg, Fish, Shellfish, Soy, Wheat, Corn, Gluten, Added MSG

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## CAPTAIN'S CLASSICS 7

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## Popcorn Shrimp & Fish Meal

Two Batter Dipped Fish fillets served with a hearty helping of Popcorn Shrimp, hush puppies, and your choice of two classic sides. Nutrition: Serving size: 1 Meal (No Sides); Calories: 700; Calories from fat: 390; Total fat: 44g; Saturated fat: 22g; Trans fat: 3.0g; Cholesterol: 165mg; Sodium: 1620mg; Potassium: 0.3mg; Carbohydrates: 50g; Dietary fiber: 1g; Protein: 28g Contains: Fish, Shellfish, Wheat, Corn, Gluten, Added MSG

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## Supreme Sampler

Two pieces of our famous Batter Dipped Fish, two premium hand-breaded Chicken Tenders, and six Butterfly Shrimp. Served with your choice of two sides and Hush Puppies. Nutrition: Serving size: 1 meal; Calories: 1140; Calories from fat: 620; Total fat: 70g; Saturated fat: 33g; Trans fat: 4.5g; Cholesterol: 270mg; Sodium: 2650mg; Potassium: 360mg; Carbohydrates: 74g; Sugars: 4g; Protein: 54g Contains: Fish, Milk, Shellfish, Soy, Wheat, Corn, Gluten, Added MSG

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## Hand-Breaded Chicken & Fish Meal

Two pieces of our famous Batter Dipped Fish and two premium hand-breaded chicken tenders. Served with your choice of two sides and Hush Puppies. Nutrition: Serving size: 1 meal; Calories: 840; Calories from fat: 440; Total fat: 50g; Saturated fat: 25g; Trans fat: 3.5g; Cholesterol: 185mg; Sodium: 2550mg; Potassium: 360mg; Carbohydrates: 57g; Sugars: 1g; Protein: 43g Contains: Fish, Milk, Wheat, Corn, Gluten, Added MSG

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## Hand-Breaded Chicken Tenders

Premium Chicken Tenders, hand-breaded with a special blend of seasoning that are fried to golden perfection. Served with your choice of two sides and Hush Puppies. Perfect for dipping in D's delicious honey mustard. Nutrition: Serving size: 1 meal; Calories: 770; Calories from fat: 340; Total fat: 39g; Saturated fat: 19g; Trans fat: 2.5g; Cholesterol: 170mg; Sodium: 2700mg; Potassium: 720mg; Carbohydrates: 62g; Sugars: 1g; Protein: 44g Contains: Milk, Wheat, Corn, Gluten, Added MSG

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## Deluxe Seafood Platter

For those seeking seafood variety, we combine two fish fillets, six shrimp, two seafood stuffed crab shells with your choice of two sides and hush puppies. Nutrition: Serving size: 1 meal; Calories: 1030; Calories from fat: 620; Total fat: 70g; Saturated fat: 30g; Trans fat: 4g; Cholesterol: 205mg; Sodium: 2000mg; Potassium: 60mg; Carbohydrates: 65g; Sugars: 3g; Protein: 38g Contains: Egg, Fish, Milk, Shellfish, Soy, Wheat, Corn, Gluten, Added MSG

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## Fish & Shrimp

Two batter dipped fish fillets and six butterfly shrimp served with your choice of two sides and hush puppies. Nutrition: Serving size: 1 meal (No Sides); Calories: 530; Calories from fat: 310; Total fat: 36g; Saturated fat: 15g; Trans fat: 2.0g; Cholesterol: 135mg; Sodium: 700mg; Potassium: 0.2mg; Carbohydrates: 30g; Sugars: 3g; Protein: 22g Contains: Fish, Milk, Shellfish, Soy, Wheat, Corn, Gluten, Added MSG

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## Crispy Butterfly Shrimp

A plentiful portion of our butterfly shrimp served with your choice of two sides and hush puppies. Nutrition: Serving size: 1 meal; Calories: 740; Calories from fat: 450; Total fat: 51g; Saturated fat: 19g; Trans fat: 2.5g; Cholesterol: 215mg; Sodium: 250mg; Carbohydrates: 44g; Sugars: 7g; Protein: 29g Contains: Milk, Shellfish, Soy, Wheat, Corn, Gluten, Added MSG

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## COMBOS 3

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### Big Chicken Sandwich Combo

Three Hand-Breaded Chicken Tenders on a toasty bun with mayo and pickles, served with your choice of side and a refreshing beverage. Nutrition: Serving size: 1 Sandwich (No Sides); Calories: 1230; Calories from fat: 640; Total fat: 73g; Saturated fat: 22g; Trans fat: 2.0g; Cholesterol: 160mg; Sodium: 3030mg; Potassium: 610mg; Carbohydrates: 103g; Dietary fiber: 2g; Sugars: 13g; Protein: 42g Contains: Egg, Milk, Wheat, Corn, Gluten, Added MSG

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### 2 Piece Fish & Fries Combo

Two Batter Dipped Fish fillets served with your choice of one classic side and a refreshing beverage. Nutrition: Serving size: 2 Pieces Fish (No Fries / Sides); Calories: 450; Calories from fat: 270; Total fat: 30g; Saturated fat: 16g; Trans fat: 2.0g; Cholesterol: 100mg; Sodium: 1200mg; Potassium: 0.3mg; Carbohydrates: 26g; Protein: 21g Contains: Fish, Wheat, Corn, Gluten, Added MSG

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## Giant Fish Sandwich Combo

Two Batter Dipped Fish fillets on a toasty bun with tangy tartar sauce and shredded lettuce, served with your choice of one side and a refreshing beverage. Nutrition: Serving size: 1 sandwich (no sides); Calories: 940; Calories from fat: 490; Total fat: 56g; Saturated fat: 20g; Trans fat: 2.0g; Cholesterol: 110mg; Sodium: 2010mg; Potassium: 130mg; Carbohydrates: 81g; Dietary fiber: 2g; Sugars: 11g; Protein: 30g Contains: Egg, Fish, Wheat, Corn, Gluten, Added MSG

## DESSERTS 2

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### Funnel Cake Stix

A twist on a popular state fair favorite in an easy-to-share serving, these sweet and delicious funnel cake stix are the perfect finish to any Captain D's meal. Nutrition: Serving size: 1 order; Calories: 320; Calories from fat: 170; Total fat: 20g; Saturated fat: 10g; Trans fat: 1g; Cholesterol: 35mg; Sodium: 170mg; Carbohydrates: 30g; Sugars: 18g; Protein: 2g Contains: Egg, Milk, Soy, Wheat, Corn, Gluten

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### Classic Cheesecake

Creamy California cheesecake baked on a golden graham cracker crumb. Made exclusively by The Cheesecake Factory Bakery® Nutrition: Serving size: 1 slice; Calories: 500; Calories from fat: 250; Total fat: 28g; Saturated fat: 17g; Cholesterol: 125mg; Sodium: 390mg; Potassium: 140mg; Carbohydrates: 56g; Dietary fiber: 2g; Sugars: 41g; Protein: 7g Contains: Egg, Milk, Soy, Wheat, Corn, Gluten

## FAMILY MEALS 3

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### Family Sampler

There's something for everyone in the Family Sampler! Get ten Batter Dipped Fish fillets, twelve Butterfly Shrimp, six Hand-Breaded Chicken tenders, eight hush puppies, and two Family Style Sides. Nutrition: Serving size: 10 Pc Fish, 6 Pc Chicken, 12 Pc Shrimp; Calories: 4030; Calories from fat: 2210; Total fat: 250g; Saturated fat: 123g; Trans fat: 17g; Cholesterol: 920mg; Sodium: 10250mg; Potassium: 1080mg; Carbohydrates: 256g; Dietary fiber: 3g; Sugars: 8g; Protein: 192g Contains: Fish, Milk, Shellfish, Soy, Wheat, Corn, Gluten, Added MSG

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### 10 Piece Fish Family Meal

Feed the whole family with ten of our Famous Batter Dipped Fish. Complete your feast with eight hush puppies and your choice of two family-style sides. Nutrition: Serving size: 10 Pieces Fish (No Sides); Calories: 2270; Calories from fat: 1340; Total fat: 151g; Saturated fat: 79g; Trans fat: 11g; Cholesterol: 490mg; Sodium: 6010mg; Potassium: 1.6mg; Carbohydrates: 128g; Dietary fiber: 1g; Sugars: 1g; Protein: 103g Contains: Fish, Wheat, Corn, Gluten, Added MSG

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### Seafood Feast

Twelve pieces of our famous batter dipped fish, twelve crispy butterfly shrimp, three seafood stuffed crab shells, twelve hush puppies and your choice of two family-style sides. Nutrition: Serving size: 1 meal; Calories: 3750; Calories from fat: 2220; Total fat: 252g; Saturated fat: 120g; Trans fat: 16g; Cholesterol: 795mg; Sodium: 8460mg; Potassium: 90mg; Carbohydrates: 222g; Dietary fiber: 2g; Sugars: 8g; Protein: 155g Contains: Egg, Fish, Milk, Shellfish, Soy, Wheat, Corn, Gluten, Added MSG

## KIDS' MEALS 3

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### Kids' Hand-Breaded Chicken Tenders

Two premium chicken tenders, hand-breaded with a special blend of seasoning that are fried to golden perfection. Served with your choice of side and drink. Nutrition: Serving size: 2 tenders; Calories: 390; Calories from fat: 170; Total fat: 19g; Saturated fat: 10g; Trans fat: 1.5g; Cholesterol: 85mg; Sodium: 1350mg; Potassium: 360mg; Carbohydrates: 31g; Protein: 22g Contains: Milk, Wheat, Corn, Gluten, Added MSG

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### Kids' Popcorn Shrimp

A plentiful portion of tender, breaded bite-sized shrimp, served with choice of side and drink. Nutrition: Serving size: 1 order; Calories: 240; Calories from fat: 120; Total fat: 14g; Saturated fat: 7g; Trans fat: 1g; Cholesterol: 65mg; Sodium: 410mg; Carbohydrates: 24g; Protein: 8g Contains: Shellfish, Wheat, Corn, Gluten, Added MSG

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## Kids' Batter Dipped Fish

One piece of our famous batter dipped fish, served with choice of side and drink. Nutrition: Serving size: 1 piece; Calories: 230; Calories from fat: 130; Total fat: 15g; Saturated fat: 8g; Trans fat: 1g; Cholesterol: 50mg; Sodium: 600mg; Carbohydrates: 13g; Protein: 10g Contains: Fish, Wheat, Corn, Gluten, Added MSG

## SIDES 9

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### Corn

Simply sweet corn on the cob steamed and served hot. Nutrition: Serving size: 1 cob; Calories: 180; Calories from fat: 15; Total fat: 1.5g; Carbohydrates: 37g; Dietary fiber: 4g; Sugars: 5g; Protein: 5g Contains: Corn

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### Mac & Cheese

Classic home-style macaroni and cheese prepared with creamy cheddar cheese sauce and tender noodles. Nutrition: Serving size: 1 order; Calories: 150; Calories from fat: 70; Total fat: 8g; Saturated fat: 3.5g; Cholesterol: 15mg; Sodium: 650mg; Potassium: 90mg; Carbohydrates: 15g; Sugars: 2g; Protein: 5g Contains: Egg, Milk, Soy, Wheat, Corn, Gluten, Added MSG

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### Loaded Baked Potato

A perfectly baked potato, loaded with cheese and bacon. Nutrition: Serving size: 1 potato; Calories: 400; Calories from fat: 130; Total fat: 15g; Saturated fat: 8g; Mono unsat fat: 2g; Cholesterol: 50mg; Sodium: 440mg; Potassium: 1230mg; Carbohydrates: 49g; Dietary fiber: 5g; Sugars: 3g; Protein: 18g Contains: Milk

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### Coleslaw

Fresh cabbage combined with Captain D's own signature sweet slaw dressing with a delicate blend of sweet and savory flavors. Nutrition: Serving size: 1 order; Calories: 170; Calories from fat: 110; Total fat: 13g; Saturated fat: 1.5g; Cholesterol: 10mg; Sodium: 310mg; Potassium: 170mg; Carbohydrates: 13g; Dietary fiber: 2g; Sugars: 11g; Protein: 1g Contains: Egg, Corn

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### French Fries

Crispy cut french fries. Nutrition: Serving size: 1 order; Calories: 330; Calories from fat: 190; Total fat: 22g; Saturated fat: 10g; Trans fat: 1g; Cholesterol: 20mg; Sodium: 400mg; Carbohydrates: 28g; Dietary fiber: 3g; Protein: 3g Contains: Corn

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### Green Beans

Green beans slow cooked with country ham and served hot. Nutrition: Serving size: 1 order; Calories: 70; Calories from fat: 25; Total fat: 2.5g; Saturated fat: 2g; Cholesterol: 5mg; Sodium: 630mg; Carbohydrates: 5g; Dietary fiber: 2g; Sugars: 2g; Protein: 2g Contains: Soy

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### Okra

A simple, southern classic; slices of okra in southern-style breading fried to a golden brown. Nutrition: Serving size: 1 order; Calories: 320; Calories from fat: 180; Total fat: 20g; Saturated fat: 10g; Trans fat: 1.5g; Cholesterol: 20mg; Sodium: 620mg; Potassium: 200mg; Carbohydrates: 31g; Dietary fiber: 3g; Sugars: 3g; Protein: 4g Contains: Egg, Milk, Wheat, Corn, Gluten

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### Broccoli

Tender broccoli florets steamed to order. Nutrition: Serving size: 1 order; Calories: 20; Sodium: 20mg; Potassium: 180mg; Carbohydrates: 4g; Dietary fiber: 3g; Sugars: 1g; Protein: 2g

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### Baked Potato

A generous sized potato cooked to fluffy perfection and then served with butter and sour cream. Nutrition: Serving size: 1 potato; Calories: 210; Sodium: 25mg; Potassium: 1200mg; Carbohydrates: 48g; Dietary fiber: 5g; Sugars: 3g; Protein: 6g

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## ADD-ONS & APPETIZERS 11

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## Captain's Ultimate Appetizer

Try a little bit of everything—Clam Strips, Butterfly Shrimp, and Popcorn Shrimp all in one D'Lish appetizer. Sharing optional. Nutrition: Serving size: 1 Order (No Sides); Calories: 970; Calories from fat: 550; Total fat: 63g; Saturated fat: 24g; Trans fat: 3.0g; Cholesterol: 165mg; Sodium: 1470mg; Potassium: 85mg; Carbohydrates: 80g; Dietary fiber: 2g; Sugars: 4g; Protein: 25g Contains: Egg, Milk, Shellfish, Soy, Wheat, Corn, Gluten, Added MSG, Mollusks

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## Clam Strips & Butterfly Shrimp

Two fan-favorites in one! Add our breaded Clam Strips and crispy Butterfly Shrimp to any meal. Nutrition: Serving size: 1 Order (No Sides); Calories: 680; Calories from fat: 400; Total fat: 46g; Saturated fat: 16g; Trans fat: 2.0g; Cholesterol: 85mg; Sodium: 1040mg; Potassium: 85mg; Carbohydrates: 53g; Dietary fiber: 1g; Sugars: 4g; Protein: 16g Contains: Egg, Milk, Shellfish, Soy, Wheat, Corn, Gluten, Added MSG, Mollusks

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## Clam Strips

A quarter-pound of our fan-favorite crispy breaded Clam Strips, perfect for dipping in D's Dippin Sauce! Nutrition: Serving size: 1 Order (No Sides); Calories: 480; Calories from fat: 280; Total fat: 32g; Saturated fat: 11g; Trans fat: 1.0g; Cholesterol: 30mg; Sodium: 970mg; Potassium: 85mg; Carbohydrates: 41g; Dietary fiber: 1g; Sugars: 2g; Protein: 8g Contains: Egg, Milk, Wheat, Corn, Gluten, Added MSG, Mollusks

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## Popcorn Shrimp

Add some bite-sized, D'Lish Popcorn Shrimp to any meal. Perfect with D's Dippin Sauce. Nutrition: Serving size: 1 Order (No Sides); Calories: 490; Calories from fat: 240; Total fat: 27g; Saturated fat: 13g; Trans fat: 2.0g; Cholesterol: 135mg; Sodium: 830mg; Carbohydrates: 48g; Dietary fiber: 2g; Protein: 15g Contains: Shellfish, Wheat, Corn, Gluten, Added MSG

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## Hush Puppies

Our famous golden brown hush puppies are made from a batter that's freshly prepared and hand scooped with care. They are perfectly paired with our seafood meals. Nutrition: Serving size: 1 piece; Calories: 80; Calories from fat: 35; Total fat: 4g; Saturated fat: 2g; Cholesterol: 10mg; Sodium: 200mg; Potassium: 10mg; Carbohydrates: 9g; Protein: 1g Contains: Egg, Milk, Soy, Wheat, Corn, Gluten

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## Butterfly Shrimp

Customize your meal by adding breaded Butterfly Shrimp to any meal. Nutrition: Serving size: 5 Pieces; Calories: 250; Calories from fat: 150; Total fat: 17g; Saturated fat: 6g; Trans fat: 1.0g; Cholesterol: 70mg; Sodium: 85mg; Carbohydrates: 15g; Sugars: 2g; Protein: 10g Contains: Milk, Shellfish, Soy, Wheat, Corn, Gluten, Added MSG

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## Hand-Breaded Chicken Tenders

Looking for surf & turf? Add our premium chicken tenders, hand-breaded with a special blend of seasoning that are fried to golden perfection. Nutrition: Serving size: 2 pieces; Calories: 390; Calories from fat: 170; Total fat: 19g; Saturated fat: 10g; Trans fat: 1.5g; Cholesterol: 85mg; Sodium: 1350mg; Potassium: 360mg; Carbohydrates: 31g; Protein: 22g Contains: Milk, Wheat, Corn, Gluten, Added MSG

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## Batter Dipped Fish

Add on our famous batter dipped fish to any meal. Nutrition: Serving size: 1 piece; Calories: 230; Calories from fat: 130; Total fat: 15g; Saturated fat: 8g; Trans fat: 1g; Cholesterol: 50mg; Sodium: 600mg; Carbohydrates: 13g; Protein: 10g Contains: Fish, Wheat, Corn, Gluten, Added MSG

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## Grilled Shrimp

Six fire-grilled shrimp are the perfect additional to any meal. Nutrition: Serving size: 1 Order; Calories: 100; Calories from fat: 20; Total fat: 2.0g; Saturated fat: 1.0g; Cholesterol: 95mg; Sodium: 470mg; Potassium: 50mg; Carbohydrates: 1g; Protein: 12g Contains: Egg, Shellfish, Soy, Wheat, Corn, Gluten, Added MSG

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## Mozzarella Sticks

Crispy yet gooey breaded mozzarella sticks, perfect for dipping in tangy marinara sauce. Nutrition: Serving size: 6 Pieces; Calories: 420; Calories from fat: 270; Total fat: 31g; Saturated fat: 14g; Trans fat: 1.0g; Cholesterol: 35mg; Sodium: 910mg; Potassium: 125mg; Carbohydrates: 24g; Sugars: 2g; Protein: 12g Contains: Egg, Milk, Soy, Wheat, Corn, Gluten

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## Jalapeño Poppers

Golden fried jalapeños and cheese that's just begging to be dipped in ranch, will start your meal with a kick. Nutrition: Serving size: 1 order; Calories: 510; Calories from fat: 320; Total fat: 36g; Saturated fat: 20g; Trans fat: 2.5g; Cholesterol: 60mg; Sodium: 920mg; Potassium: 210mg; Carbohydrates: 40g; Dietary fiber: 5g; Sugars: 6g; Protein: 6g Contains: Egg, Milk, Soy, Wheat, Corn, Gluten

