

Market Lunch

225 7th St SE 20003-4323 · +12025478444 · Updated: Jan 14, 2026

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BREAKFAST 4

Breakfast Sandwiches

Omelets

Egg Plates

French Toast

WEEKEND BREAKFAST SPECIALS 4

Pancakes (Including Our Bluebucks)

Shrimp and Grits

Fish Breakfast

Chicken & Waffle

LUNCH 8

Crab Cakes

Fish

Fried Oysters

Shrimp

Burgers

North Carolina BBQ

Fried Chicken Sandwiches

Limited Sides

CRAB CAKE DINNER 2

4 Uncooked Crab Cakes

2 House-Baked Rolls

CHOICE OF 2 PINT-SIZED SIDES 5

Coleslaw

Potato Salad

Cucumber Salad

Collard Greens

French Fries

PANCAKES, FRENCH TOAST & BENEDICTS 6

Buttermilk	\$7.25
Blueberry Buckwheat	\$7.95
Blueberry	\$7.95
Buckwheat	\$7.95
Chocolate Chip	\$7.95
French Toast	\$7.95

BREAKFAST (WEEKENDS ONLY) 3

Eggs Benedict	
The Crab Cake Benedict	\$22.95
Spinach, Ham, or Turkey Bacon Benedict	\$14.95

SANDWICHES 10

The Brick	\$7.95
1 egg, potatoes, meat, and cheddar cheese	
Bacon 2 Eggs & Cheddar	\$7.95
BLT with Egg & Avocado	\$7.95
(Green Tomato) BLT with Egg on Dave's 21 Grain	\$7.95
Sausage, Egg, Cheese & Greens	\$7.95
Spinach, Tomato, Egg & Avocado on Dave's 21 Grain	\$7.25
Sausage, Egg & Cheese	\$6.95
Potato Egg & Cheese	\$6.25
Scrapple & Egg	\$6.75
2 Eggs & Cheese	\$6.25

MEATS 5

Bacon	\$3.25
Housemade Pork Sausage	\$3.25
Ham	\$3.25
Turkey Bacon	\$3.25
Delaware Scrapple	\$3.25

SIDES 5

Potatoes	\$3.25
Yellow Grits	\$3.25
House Made Toasted Roll	\$1.45
1 Piece Fish	
1 Egg	\$1.45

EGGS AND OMELETS 9

2 Egg Plate	\$8.95
Complete 2 Egg with Meat	\$11.95
Fish Breakfast (Whiting)	
Local Rockfish	\$16.95
Crab Cake Breakfast	\$22.95
Ham & Cheese Omelet	\$13.95
Cheese Omelet	\$11.95
Big Greens Omelet	\$12.95
Omelet Special	

PLATTERS 11

#1 Crab Cake	\$22.95
#2 Crab Cake	\$34.95
Local Rockfish	\$15.95
Fresh Flounder	\$14.95

Whiting **\$13.95**

Fried Oyster

Shrimp **\$23.95**

Crab Cake & Fish

Crab Cake & Shrimp

Crab Cake and Oyster

Fish & Shrimp

FRESH BURGERS 3

Hamburger **AVAILABLE OPTIONS**
\$7.95
Big Burger: \$8.95

Cheeseburger **AVAILABLE OPTIONS**
\$8.50
Big Cheeseburger: \$9.95

Bacon Cheeseburger **\$9.95**

WEEKEND BRUNCH SPECIALS 11

Blueberry Buckwheat Pancakes

The Crab Cake Eggs Benedict

Fresh Local Rockfish Breakfast

Shrimp and Grits

with sautéed Tomatoes and chopped Bacon

Chicken and Waffle

Huevos Rancheros

Johnny Cakes

Corn Flour Pancakes

French Toast

with Apple Cider Syrup, Apple slices & Whipped Cream

Big Greens Omelet

Corned Beef Hash

Scrambled Eggs May Contain Milk

Subject to change weekly
