

Cafe 7 Downtown

100 W Main St #105 73102 · +14057483354 · Updated: Jan 14, 2026

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PIZZA 7

My Big Fat Greek Pizza

Olive Oil, Mozzarella, Feta Cheese, Fresh Garlic, Spinach, Sun-Dried Tomatoes, and Oregano

Margherita

Tomato Sauce, Mozzarella, Basil, Tomatoes and Oregano

Luau

Tomato Sauce, Mozzarella, Canadian Bacon, Pineapple and Mandarin Oranges

Garlic, Chicken, Basil

Olive Oil, Mozzarella and Fontina Cheeses, Fresh Garlic, Oven Roasted Chicken, Smoked Bacon, Tomatoes, Red Onions, Oregano, and Fresh Basil

Chicken & Bacon

Alfredo Sauce Covered with a Blend of Mozzarella and Fontina Cheeses, Oven Roasted Chicken Breast, Smoked Bacon, Fresh Mushrooms, Spinach and Diced Tomatoes

Ultimate Supreme

Tomato Sauce, Mozzarella, Pepperoni, Bacon, Italian Sausage, Canadian Bacon, Bell Peppers, Onions, Mushrooms and Black Olives

BBQ Chicken Pizza

Alfredo Sauce, BBQ Chicken, Red Onion, Bacon, Jalapeno topped with cheddar and mozzarella

BUILD YOUR OWN PIZZA 4

Pick 1 Sauce

Alfredo, Olive Oil, Pesto, Tomato

Pick 1 Meat

Bacon, Canadian Bacon, Chicken, Pepperoni, Sausage, (Extra Meat \$1.50)

Pick 1 Cheese

Cheddar, Fontina, Mozzarella, Provolone

Pick up to 4 Toppings

Artichoke Hearts, Bell Peppers, Black Olives, Banana Peppers, Fresh Basil, Jalapenos, Mandarin Oranges, Pineapple, Red Onion, Spinach, Sun-Dried Tomatoes, Tomatoes, Garlic, Ranch (\$0.25) (Over 4 - \$0.50 / each)

PASTA 7

Classic Spaghetti & Meatballs

Spaghetti Tossed in Marinara Sauce with Meatballs

Chicken Fettuccine Alfredo

Fettuccine Tossed with Alfredo Sauce and Roasted Chicken

Pasta Primavera

Penne Pasta, Tuscan Vegetable Blend Sautéed with Lemon Cream Sauce

Baked Ziti

Penne Pasta, Marinara Sauce, Parmesan Cheese, Mixed and Baked with Parmesan and Seasoned Breadcrumb Topping

Pasta Maggio

Rigatoni Pasta, Chicken, Mushrooms, and Artichokes in a Creamy Pesto Sauce

Rigatoni Sorrentino

Rigatoni Tossed with Roasted Chicken, Sauteed Mushrooms and Sun-Dried Tomatoes in Our Tomato Cream Sauce

Baked Macaroni & Cheese

Creamy cheese sauce tossed with sundried tomatoes and bacon and baked with a cheddar/mozzarella blend and seasoned breadcrumbs

BUILD YOUR OWN PASTA 4

Pick a Pasta

Fettuccine, Penne, Rigatoni, Spaghetti

Pick a Sauce

Alfredo, Olive Oil, Pesto, Pesto Cream, Tomato, Tomato Cream

Pick a Meat

Bacon, Chicken, Italian Sausage, Pepperoni, (Extra Meat \$1 / ea)

Choose up to 3 Toppings

Artichoke Hearts, Banana Peppers, Black Olives, Bell Peppers, Jalapenos, Mushrooms, Red Onion, Spinach, Sun Dried Tomato, Broccoli, Tomatoes, Extra Bread (\$0.50 ea)

SANDWICHES 8

Hot Ham & Cheddar

Ham, Cheddar Cheese, Lettuce, Tomato, Shaved Red Onion, Mustard on a Fresh Toasted Hoagie

Classic Turkey & Swiss

Roasted Turkey, Swiss Cheese, Bacon, Lettuce, Tomato, Shaved Red Onion with Sweet & Spicy Honey Mustard on a Fresh Toasted Hoagie

Turkey & Guacamole

Roasted Turkey, Cheddar Cheese, Lettuce, Tomato, and Fresh Guacamole on a Fresh Toasted Hoagie

Traditional Club

Ham, Turkey, Bacon, Tomato, Lettuce, Mayonnaise, Cheddar Cheese on a Fresh Toasted Hoagie

Signature Chicken Salad

Creamy Chicken Salad with Red Onions, Walnuts, Sun-Dried Cranberries, on Toasted Wheatberry with Lettuce and Tomato

Cuban

Smoked Pulled Pork, Ham, Cuban Relish, Shaved Red Onion, Swiss Cheese with Dijonnaise Sauce on a Fresh Toasted Hoagie

Italian

Salami, Ham, Banana Peppers, Lettuce, Tomato, House Made Italian Dressing and Melted Provolone Cheese on a Fresh Toasted Hoagie

Pastrami Reuben

Shaved pastrami with swiss cheese and 1000 island on toasted marbled rye

BUILD YOUR OWN SANDWICH 4

Pick 1 Meat

Ham, Turkey, Salami, Chicken, Bacon, (More than 2 meats is \$1 each)

Pick a Dressing

Mustard, Mayo, 1000 Island, Honey Mustard, Italian

Pick a Cheese

Cheddar, Swiss, Provolone, American

Toppings

Banana Peppers, Bell Peppers, Black Olives, Lettuce, Jalapenos, Pickles, Red Onion, Tomato, Guacamole

SALADS 7

Caesar

Romaine Lettuce, Shaved Parmesan Cheese, Croutons, Artichoke Hearts, Fresh Roasted Chicken Breast, Tossed with Caesar Dressing

Chef

Romaine Lettuce, Turkey Breast, Ham, Shredded Cheddar Cheese, Hard Boiled Eggs and Tomatoes, Tossed with Ranch Dressing

BCS

Romaine Lettuce and Field Greens, Sliced Chicken Breast, Tomatoes, Red Onion, Shredded Cheddar, Bell Peppers and Pasta, Tossed with Ancho Ranch Dressing

Signature

Romaine Lettuce and Field Greens, Fresh Roasted Chicken Breast, Cranberries, Apples, Toasted Walnuts, Tomatoes and Bacon, Tossed with Balsamic Dressing

Cobb

Romaine and Field Greens, Fresh Roasted Chicken Breast, Hard-Boiled Eggs, Bacon, Tomatoes, Tossed with Honey Mustard Dressing and Topped with Feta Cheese

Asian

Romaine and Iceberg Lettuce, Fresh Roasted Chicken Breast, Red Onions, Mandarin Oranges, Tossed with Sesame Ginger Dressing and Candied Almonds

1/2 Salad & Soup

Choose a half size of one of our salads and a soup of the day to compliment

BUILD YOUR OWN SALAD 2

Pick a Dressing

Ancho Ranch, Blue Cheese, Caesar, Fat Free Ranch, Honey Mustard, French, Honey Mustard, Italian, Ranch, Sesame Ginger, Balsamic, 1000 Island

Toppings

Choose up to 5 Toppings (over 5 is \$0.75 / ea). Toppings: Apples, Artichoke Hearts, Bacon, Banana Peppers, Green Bell Peppers, Black Olives, Chicken, Croutons, Egg, Jalapenos, Mandarin Oranges, Mushrooms, Red Onion, Feta Cheese, Sun Dried Cranberries, Tomatoes, Walnuts, Sun Dried Tomatoes, Candied Almonds, Cheddar Cheese

SOUP SCHEDULE 8

Everyday: Tomato Basil & Chef's Selection

Monday: French Onion

Tuesday: Provencal Mushroom

Wednesday: Cream of Spinach & Artichoke

Thursday: Loaded Potato

Friday: Chicken Enchilada

Saturday: Roasted Red Pepper Bisque

Sunday: Chef's Selection

SIDES & DRINKS 9

Side Salad \$2.50

Soup AVAILABLE OPTIONS
Cup: \$2.99
Bowl: \$4.99

Baked Potato Salad \$1.39

Signature Pasta Salad \$1.39

Fresh Toasted Garlic Bread \$0.50

Mac-n-Cheese \$3.00

Fresh Fruit (Seasonal) \$1.85

Ms. Vickie's Chips \$1.39

Drink AVAILABLE OPTIONS
Medium: \$1.65
Large: \$2.00
Bottled: \$2.00

WINE & BEER 2

Beer	\$4.25
Stella, boulevard, pepperoni, pabst blue ribbon, Sam Adams, coop ale, Newcastle, plus other seasonal selections	
Wine	AVAILABLE OPTIONS
Wine list rotates	Bottle: \$21.00
	Glass: \$7.00

KID'S MENU 6

Mac & Cheese	
Spaghetti & Meatballs	
Cheese Pizza	
Mini Ham & Cheese	
Chicken Fettucini Alfredo	
Grilled Cheese	

MAIN 7

Chicken Pot Pie	\$8.35
Herd Roasted Chicken, Potatoes & Vegetables in a Creamy Broth Under a Flaky Pastry Crust	
The Gobbler	\$8.00
Shaved Turkey Breast, Cornbread Stuffing, Cranberry Sauce & Melted Provolone Cheese on a Toasted Hoagie	
Flamin' Hot Pizza	\$7.95
Lava Cheddar Sauce, Cheese Blend, Pepperoni, Topped with a Flamin' Hot Cheetos Garnish	
Buffalo Chicken Wrap	\$8.00
Buffalo Spiced Chicken Breast, Bleu Cheese Crumbles, Shredded Iceberg Lettuce & Carrots, Tossed in Ranch and Wrapped in a Garlic Herb Tortilla	
Blackened Salmon Caesar	\$9.25
Blackened Salmon, Chilled & Flaked, atop Romaine, Tossed with Sundried Tomatoes, Croutons in a Creamy Tabasco Caesar Dressing	
Shrimp Bahn-Mi	\$8.25
Grilled & Chilled Shrimp, Chile Mayo, Pickled Vegetables, Cilantro & Jalapeno on a Toasted Baguette	
Ultimate BLT	\$8.15
Black Pepper & Maple Bacon, Lettuce, Tomatoes, Fried Egg & Sun Dried Tomato Mayo on Toasted Wheatberry Bread	

LUNCH BOXES 1

Lunch Boxes	\$9.50
Choose any combination of the sandwiches below. All boxes are individually prepared/packaged, served with a bag of Ms. Vickie's chips and cookie. Sub any of our additional sides for \$0.50 per box or add them on for \$1.50 per box. Minimum order of 8 boxed lunches	

LUNCH BOXES - ADDITIONAL SIDES 4

Pasta Salad	\$12.00
Potato Salad	\$12.00
Fresh Fruit	\$12.00
Mac n Cheese	\$18.00

SANDWICH TRAYS 6

Italian	\$7.00
Turkey & Swiss	\$7.00
Ham & Cheddar	\$7.00
Traditional Club	\$7.00
Signature Chicken Salad	\$7.00
Pastrami & Provolone	\$7.00

SOUP FOR A GROUP 1

Soup for a Group	AVAILABLE OPTIONS
	Quart: \$13.00
	Half Gallon: \$25.00
	Individual: \$2.99

BUILD YOUR OWN SALAD BAR 1

Build Your Own Salad Bar	AVAILABLE OPTIONS
Your choice of 2 meat toppings and 3 non-meat toppings: Roasted Chicken Breast, Turkey Breast, Bacon, Ham, Tomatoes, Sun Dried Tomatoes, Bell Peppers, Banana Peppers, Cranberries, Apples, Eggs, Mushrooms, Artichoke Hearts, Red Onion, Black Olives, Walnuts, Almonds, Croutons, Shredded Cheddar, Feta, Balsamic, Ranch, Caesar, Italian, Fat Free Ranch, Sesame Ginger, Honey Mustard, Bleu Cheese	Minimum Order of 8 People.: \$8.00 Additional Toppings: \$0.50

PASTARIA 9

The Big Italian	\$10.00
Served buffet style and comes with 1 or 2 pasta choices, House or Caesar Salad and Garlic Italian Bread	
Classic Spaghetti & Meatballs	\$35.00
Spaghetti tossed in Marinara Sauce with Meatballs	
Chicken Penne Alfredo	\$35.00
Penne tossed with garlic Alfredo sauce and Roasted Chicken	
Pasta Primavera	\$35.00
Penne Pasta tossed with Lemon Cream Sauce, Sauteed Bell Peppers, Red Onion, Pepperoncini, Spinach, Mushrooms, Tomatoes and Broccoli	

Pasta Maggio	\$35.00
Rigatoni tossed with Roasted Chicken, Mushrooms and Artichokes in a Creamy Pesto Sauce	
Rigatoni Sorrentino	\$35.00
Rigatoni tossed with Roasted Chicken, Sauteed Mushrooms and Sun-Dried Tomatoes in our Tomato Cream Sauce	
Baked Macaroni & Cheese	\$35.00
Penne Pasta in a Creamy Cheese Sauce, tossed with Bacon and Sun-Dried Tomatoes and baked	
Baked Ziti	\$35.00
Penne Pasta tossed with Marinara, Parmesan Cheese and then topped with Parmesan Cheese & Breadcrumbs and baked	
Homemade Lasagna	\$40.00
Baked Meat Lasagna with fresh Italian and Ricotta Cheeses	

BREAKFAST CATERING 3

Classic Breakfast*	AVAILABLE OPTIONS
Bacon or Sausage, Scrambled Eggs with Cheese, Breakfast Potatoes and Fresh Fruit.	\$8.95
Condiments: Ketchup, Salt, Pepper	Upcharge for Bacon and Sausage Combo: \$1.00
Signature Breakfast	AVAILABLE OPTIONS
Bacon and Sausage, Scrambled Eggs with Cheese, Biscuits & Gravy or Pastries,	\$11.95
Breakfast Potatoes and Fresh Fruit. Condiments: Ketchup, Salt, Pepper	Upcharge for Biscuits & Gravy and Pastries Combo:
	\$2.00
Okie Breakfast*	AVAILABLE OPTIONS
Chicken n' Waffles with Syrup and Gravy, Breakfast Potatoes, Fresh Fruit, Bacon or	\$9.95
Sausage	Upcharge for Bacon and Sausage Combo: \$1.00

A LA CARTE 11

Breakfast Sandwiches	\$4.00
Breakfast Burritos	\$4.00
Breakfast Quesadillas	\$4.00
Ham, Sausage or Bacon, Served with salsa on the side	
Scrambled Eggs	\$2.00
Breakfast Potatoes	\$1.50
Hashbrowns / Sweet Potato Home Fries	\$2.00
Fresh Fruit Per Serving	\$3.00
Bacon or Sausage	\$2.00
Biscuits & Gravy	\$3.50
Breakfast Parfait	\$4.00

Mini Breakfast Parfait	\$2.50
Strawberry Banana: Non-Fat Yogurt, Toasted Almonds, Banana Chips, Fresh Strawberry. Mixed Berry: Lowfat Strawberry Yogurt, Fresh Strawberry & Blueberry, Toasted Almonds	

DRINKS 8

Iced Tea	\$10.00
Lemonade	\$10.00
Arnold Palmer	\$12.00
Orange Juice	\$15.95
Bottled Water	\$1.50
Canned Soda	\$12.95
Milk	\$10.00
lowfat or 2%	
Starbucks Coffee	\$15.95
served with creamer, sugar, cups, lids, sleeves, stir sticks	

PASTRIES 3

Assorted Pastries	\$25.00
cinnamon rolls, breakfast pastries, muffins	
Assorted Muffins	\$25.00
Cinnamon Rolls	\$24.00

DESSERTS 4

Cafe 7 Mini Cookies	\$13.00
Cafe 7 Cookies	\$25.00
Homemade Brownies	\$13.00
Homemade Cupcakes	\$13.00
chocolate, vanilla or strawberry	

TARTLETS & CROSTINI 6

Signature Chicken Salad	
Roasted Vegetable & Pesto	
Mac N' Cheese with Bacon Gremolata	

Roasted Pepper & Smoked Gouda	
Sun-Dried Tomato, Artichoke & Feta	
Bruschetta Tomatoes, Fresh Basil & Garlic	

PREMIUM TARTLETS & CROSTINI 5

Smoked Salmon	
Red Onion Marmalade & Goat Cheese	
BBQ Pulled Pork on Sweet Corn Puree	
Chimi Chicken on Black Bean Puree	
Herbed Flank Steak & Goat Cheese	

SKEWERS 6

Caprese with Balsamic Reduction	\$29.95
Chipotle Chicken & Creamy Cilantro	\$39.95
Chicken Satay & Spicy Peanut Sauce	\$39.95
Spicy Honey Garlic Chicken	\$39.95
Herb Rubbed Pork & Balsamic	\$39.95
Bacon Wrapped Shrimp	\$60.00
with Roasted Red Pepper Pesto	

SLIDERS 5

Signature Chicken Salad	\$3.00
Smoked Turkey with Sun-Dried Tomato Tapenade & Basil Mayo	\$3.00
Ham with Pickled Onions & House Made Mustard	\$3.00
BBQ Pulled Pork with Chipotle Slaw	\$3.00
Roast Beef with Blue Cheese Aioli & Caramelized Onions	\$3.00

DIPS AND PLATTERS 11

Seasonal Fruit	\$3.00
Cheese Platter	\$3.50
Fruit & Cheese	\$3.50

Grilled or Fresh Veggies	\$2.50
Italian Cheese & Meat	\$3.75
Antipasto Platter	\$4.00
Roasted Garlic Hummus	\$1.50
Black Bean & Corn Salsa	\$1.75
Spinach & Artichoke Dip	\$1.75
Red Pepper & Gouda	\$2.00
Crying Pig Dip	\$2.50

ADDITIONAL SIDES 15

Spanish Rice	\$3.00
Mac N' Cheese	\$3.00
Creamy Polenta	\$3.00
Whipped Potatoes	\$3.00
Roasted Garlic Rice	\$3.00
Basil Smashed Potatoes	\$3.00
Roasted Sweet Potatoes	\$3.00
Rigatoni & Pesto Cream	\$3.00
Black Beans	\$3.00
Seasonal Vegetable	\$3.00
Roasted Haircot Vert	\$3.00
Roasted Red Potatoes	\$3.00
Maple Glazed Carrots	\$3.00
Assorted Dinner Rolls	\$1.50
Garlic Italian Bread	\$1.50

PICK YOUR PACKAGE 6

Big Italian	\$10.00
Choose between House or Caesar Salad with assorted dressings and pick two pasta selections. Garlic Italian Bread comes included. Pasta choices are: Homemade Lasagna, Chicken Penne Alfredo, Spaghetti & Meatballs, Rigatoni Sorrentino, Pasta Maggio, Pasta Primavera, Baked Mac n' Cheese and Baked Ziti. Served family style	

Balsamic Portobello Cap	\$8.00
With Garlic/Tomato Orzo. Vegan upon request	
Ratatouille Quinoa Bell Pepper	\$7.50
Vegan upon request	
Pecan & Cornbread Chicken	\$9.00
with Honey-Butter Sauce	