

Xtreme Juice

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OLD SCHOOL SMOOTHIES 4

Xtreme Works

fresh orange juice, strawberries, fresh banana, all six smoothie boosters, and ice.

Orange Blossom

fresh orange juice, strawberries, fresh banana, nonfat frozen yogurt, and ice.

Guava Sunrise

papaya-guava juice, peaches, fresh banana, pineapple sherbet, and ice.

Citrus Sting

fresh orange juice, pineapple, blueberries, fresh banana, pineapple sherbet, and ice.

SEASONAL SMOOTHIES 4

Blue Razmanian

pineapple juice, peach juice, blue raspberry sherbet, pineapple sherbet, and ice.

Summertime Lime

pineapple juice, lime sherbet, pineapple, and ice.

Watermelon Whip

pineapple juice, watermelon, strawberries, strawberry sherbet, raspberry sherbet, and ice.

Very Vanilla

soymilk, nonfat frozen yogurt, and ice.

BERRY SMOOTHIES 7

Strawberry Scream

strawberry-apple juice, strawberries, fresh banana, nonfat frozen yogurt, strawberry sherbet and ice.

Strawberry Banana Incident

strawberry-apple juice, strawberries, fresh banana, nonfat frozen yogurt, and ice.

Berry Blast

raspberry juice, strawberries, blueberries, fresh banana, pineapple sherbet, and ice.

Raspberry Rapture

raspberry juice, raspberries, fresh banana, nonfat frozen yogurt, raspberry sherbet, and ice.

Cosmic Cranberry

cranberry juice, strawberries, blueberries, nonfat plain yogurt, raspberry sherbet, and ice.

Berry Skinny

raspberry juice, strawberries, nonfat plain yogurt, pineapple sherbet, and ice.

Banana Blues

strawberry-apple juice, fresh banana, blueberries, nonfat frozen yogurt, raspberry sherbet, and ice

TROPICAL SMOOTHIES 6

Hawaiian Storm

papaya-guava, and mango juices, peaches, fresh banana, pineapple sherbet, and ice.

Papaya Point

papaya-guava juice, strawberries, coconut, fresh banana, orange sherbet, and ice.

Colada Crush

papaya-guava juice, coconut, pineapple, fresh banana, nonfat frozen yogurt, pineapple sherbet, and ice.

Mango Madness

mango juice, peaches, strawberries, fresh banana, pineapple sherbet, and ice.

Peach Paradise

peach juice, peaches, fresh banana, orange sherbet, and ice.

Phunky Punch

papaya-guava juice, cranberry juice, strawberries, pineapple, orange sherbet, strawberry sherbet, and ice.

CITRUS SMOOTHIES 3

Orange Ecstasy

fresh orange juice, pineapple juice, strawberries, fresh banana, orange sherbet, and ice.

Pineapple Passion

pineapple juice, pineapple, fresh banana, pineapple sherbet, and ice.

Orange Creamsicle

fresh orange juice, nonfat frozen yogurt, orange sherbet, and ice.

POWER SMOOTHIES 4

Protein Banana Blend

30 grams of soy protein, soymilk, fresh banana, nonfat frozen yogurt, honey and ice.

32 Oz. Pure Protein

(low carb) 44 grams of whey protein in your choice of flavored eas myoplex (vanilla or chocolate), filtered water, nonfat frozen yogurt, and ice.

Raging Red Bull

red bull, fresh orange juice, strawberries, pineapple, fresh banana, pineapple sherbet, and ice.

Raging Red Bull (sugar Free)

sugar free red bull, fresh orange juice, strawberries, pineapple, fresh banana, pineapple sherbet, and ice.

SMOOTH SMOOTHIES 4

Peanut Butter Whirl

nonfat milk, peanut butter, banana, honey, nonfat frozen yogurt, and ice.

Soy Smash

soymilk, fresh banana, honey, choice of fruit (banana, strawberry, blueberry, or raspberry), and ice.

Chocolate Delight

soymilk, nonfat chocolate, nonfat frozen yogurt, and ice.

Cappuccino Cooler

nonfat milk, coffee, nonfat chocolate, nonfat frozen yogurt, and ice.