



YUMM! BOWLS 8

Deluxe Toppings

Deluxe Toppings on all Yumm! Bowls®: Sliced Avocado, Diced Tomato, Cilantro, Black Olives, Cheddar Cheese, Sour Cream

Original

Organic Brown Rice, Yumm! Sauce®, Organic Black Beans, Fresh Mild Red Salsa, Deluxe Toppings

AVAILABLE OPTIONS

Small: \$9.00
Medium: \$10.50
Large: \$12.00

Jazzy®

Thai Jasmine Rice, Yumm! Sauce®, Organic Red Beans, Fresh Mild Red Salsa, Deluxe Toppings

AVAILABLE OPTIONS

Small: \$9.00
Medium: \$10.50
Large: \$12.00

Hot 'n' Jazzy® (Spicy!)

Thai Jasmine Rice, Yumm! Sauce®, Organic Red Beans, Jalapeño Sesame Salsa, Deluxe Toppings

AVAILABLE OPTIONS

Small: \$9.00
Medium: \$10.50
Large: \$12.00

Smoky (Mild heat)

Organic Brown Rice, Yumm! Sauce®, Our own Chipotle Chili, Fresh Mild Red Salsa, Deluxe Toppings

AVAILABLE OPTIONS

Small: \$9.00
Medium: \$10.50
Large: \$12.00

Chilean Zucchini™

Organic Brown Rice, Yumm! Sauce®, Our own Chilean Zucchini™ Stew, Fresh Mild Red Salsa, Deluxe Toppings

AVAILABLE OPTIONS

Small: \$9.00
Medium: \$10.50
Large: \$12.00

Edamame

Organic Brown Rice, Yumm! Sauce®, Organic Edamame, Nori, Deluxe Toppings

AVAILABLE OPTIONS

Small: \$9.00
Medium: \$10.50
Large: \$12.00

Yumm! Baby® (No beans about it!)

Thai Jasmine Rice, Yumm! Sauce®, Extra Avocado, Deluxe Toppings

AVAILABLE OPTIONS

Small: \$9.00
Medium: \$10.50
Large: \$12.00

WHAT'S A YUMM! BOWL? 1

What's a Yumm! Bowl?

Our famous Original has: Organic Brown Rice, Yumm! Sauce®, Organic Black Beans, Cheddar Cheese, Fresh Mild Red Salsa, Black Olives, Tomato, Avocado, Sour Cream, Cilantro. Sub Cauliflower Rice for \$1.50

YUMM! BOWL® ADD-ONS 11

Sub Cauli Rice \$1.50

Small (96 cal) | Medium (121 cal) | Large (145 cal)

All-Natural Chicken \$2.50

Southwest (98 cal) or Original (80 cal)

Organic Tofu \$2.50

Southwest (160 cal) or Original (93 cal)

Organic Tempeh \$2.50

Add Soup \$2.50

Nori \$1.00

roasted, salted seaweed

Pepitas \$1.00

roasted, salted pumpkin seeds

Slivered Almonds \$1.00

blanched, unsalted

Café Yumm!® Crispy Noodles \$1.00

Jalapeño Sesame Salsa \$1.00

Substitute Organic Nonfat Yogurt for Sour Cream

(39 cal)

MORE WAYS TO YUMM! 4

Yumm! Wrap® (You'll Need a Fork.) \$13.00

Large Yumm! Bowl® of your choice Folded into a grilled, open-face tortilla with melted cheddar

Yumm! Wrappit® (A Hand-Held Meal!) \$12.00

Medium Yumm! Bowl® of your choice Rolled up tight in a warm tortilla

Yumm! 'n' Greens® \$12.00

Small Yumm! Bowl® of your choice Served on a bed of organic field greens and crowned with tortilla chips

Yumm! Bento®

Organic Brown Rice or Thai Jasmine Rice. Served with our creamy ginger Asian Cole Slaw, a Skewer, and a side of Yumm! Sauce®

AVAILABLE OPTIONS

BBQ Organic Tofu: \$12.00
Teriyaki Organic Tempeh: \$12.00
Teriyaki All-Natural Chicken:
\$13.00

SALAD 3

AvoCrunch Salad™**\$11.00**

Organic Field Greens, Tomato, Carrots, Red Cabbage, Crispy Noodles (Gluten Free), Sliced Avocado, Slivered Almonds, Cilantro, Sweet Ginger Miso Dressing

Southwest Salad**AVAILABLE OPTIONS**

Organic Field Greens, Black Beans, Diced Tomato, Sliced Avocado, Diced Onion, Pepitas, Cilantro. Served with fresh mild red salsa and choice of dressing (+90 - 150 cal)

All-Natural Chicken:

\$12.50

Organic Tofu: \$12.50

Side Salad**\$5.50**

Organic Field Greens, Tomato, Red Cabbage, Carrots, Red Onion. Choice of Dressing (+90 - 150 cal)

SALAD ADD-ONS 5**Sliced Avocado****\$1.00****Cheddar Cheese****\$1.00****All-Natural Chicken****\$2.50**

Southwest (98 cal) or Original (80 cal)

Organic Tofu**\$2.50**

Southwest (160 cal) or Original (93 cal)

Organic Tempeh**\$2.50****SOUP** 1**House Soups****AVAILABLE OPTIONS**

Served with baguette roll and butter

Cup: \$7.00

Bowl: \$9.00

SOUP ADD-ONS 4**Diced Red Onion****\$0.50****Cheddar Cheese****\$1.00****Deluxe Toppings****\$3.00**

Avocado, Tomato, Cilantro, Olives, Cheddar Cheese, and Sour Cream

Sour Cream or Organic Nonfat Yogurt**\$1.00**

(46 | 7 cal)

GRILLED ITEMS 3**Southwest Wrap™****AVAILABLE OPTIONS**

Cheddar Cheese, Avocado, Tomato, Fresh Mild Red Salsa, Cilantro, Folded into a grilled, open-face tortilla with melted cheddar

All-Natural Chicken:

\$13.00

Organic Tofu: \$12.00

Deluxe Quesadilla **\$11.00**

White or Whole Wheat Tortilla, Cheddar Cheese, Diced Tomatoes, Olives, Sliced Avocado, Cilantro. Served with fresh mild red salsa and sour cream on the side. (883 | 863 cal)

Cheese Quesadilla **\$7.50**

White or Whole Wheat Tortilla Served with fresh mild salsa and sour cream on the side. (790 | 770 cal)

YUMM! KIDS™ 5

Original Kid Yumm! Bowl® **\$4.50**

Organic Brown Rice, Organic Black Beans, Yumm! Sauce®, Cheddar Cheese. Served in a bigger bowl to help kids avoid the "Oops!"

AvoKiddo™ Yumm! Bowl® **\$4.50**

Thai Jasmine Rice, Yumm! Sauce®, Cheddar Cheese, Fresh Sliced Avocado. Served in a bigger bowl to help kids avoid the "Oops!"

Organic Rice & Beans **\$3.50**

Organic Brown Rice, Organic Black Beans, Beautiful, Delicious, Nourishing™. Served in a bigger bowl to help kids avoid the "Oops!"

Teriyaki Chicken & Rice **\$6.50**

Teriyaki All-Natural Chicken, Thai Jasmine Rice, Teriyaki Sauce. Served in a bigger bowl to help kids avoid the "Oops!"

Kid Quesadilla **\$5.50**

White or Whole Wheat Tortilla, Cheddar Cheese. Unlike Cheese Quesadilla, does not include salsa and sour cream

ADD-ONS FOR YUMM! KIDS 6

All-Natural Chicken **\$2.50**

Organic Tofu, Original **\$2.50**

Fresh Avocado Slices **\$1.00**

Shredded Cheddar **\$1.00**

Diced Tomato **\$1.00**

Black Olives **\$1.00**

SKEWERS 3

Teriyaki Tempeh **\$4.50**

Organic Tempeh

BBQ Tofu **\$4.50**

Organic Tofu

Teriyaki Chicken **\$5.00**

All-Natural Chicken

COOKIES 4

Chocolate Chip Cookie **\$3.50**

Organic whole wheat flour

Ginger Spice Cookie **\$3.50**

Vegan and wheat-free

Oatmeal Raisin Cookie **\$3.50**

Organic oat flour

Chocolate-Dipped Cookie

Add \$0.50 (+78 cal)

DRINKS 5

Café Yumm!® Organic Coffee **\$3.00**

(0 cal)

Organic Herbal Teas **\$3.00**

(0 cal)

Freshly Brewed Iced Tea **\$2.50**

(0 cal)

Fresh Strawberry Lemonade **\$3.00**

Bottled Beverages, Beer, and Wine

See display case. Beer and wine may not be available at all locations

FOUNTAIN DRINKS 6

Pepsi

Dr. Pepper

Starry Lemon Lime

Mug Root Beer

Diet Pepsi

Diet Dr. Pepper

YUMM! CASSEROLES [™] 7

Original

Organic brown rice, organic black beans, fresh mild red salsa, Original Yumm! Sauce®, Deluxe Toppings.

AVAILABLE OPTIONS

Large: \$85.00

Small: \$50.00

Jazzy

Thai jasmine rice, organic red beans, fresh mild red salsa, Original Yumm! Sauce®, Deluxe Toppings.

AVAILABLE OPTIONS

Large: \$85.00

Small: \$50.00

Hot 'n' Jazzy® (Spicy!)

Thai jasmine rice, organic red beans, Jalapeño Sesame Salsa, Original Yumm! Sauce®, Deluxe Toppings.

AVAILABLE OPTIONS

Large: \$85.00

Small: \$50.00

Yumm! Baby® (No beans about it!)

Thai jasmine rice, extra avocado, Original Yumm! Sauce®, Deluxe Toppings.

AVAILABLE OPTIONS

Large: \$85.00

Small: \$50.00

Smoky (Mild heat)

Organic brown rice, our own Chipotle Chili, fresh mild red salsa, Original Yumm! Sauce®, Deluxe Toppings.

AVAILABLE OPTIONS

Large: \$85.00

Small: \$50.00

Edamame

Organic brown rice, green soybeans (Non-GMO), Original Yumm! Sauce®, Deluxe Toppings. Topped with nori.

AVAILABLE OPTIONS

Large: \$85.00

Small: \$50.00

Chilean Zucchini™

Organic brown rice, our zucchini-corn-tomato stew, fresh mild red salsa, Original Yumm! Sauce®, Deluxe Toppings.

AVAILABLE OPTIONS

Large: \$85.00

Small: \$50.00

PLATTERS 3

BBQ Tofu Platter

\$40.00

Organic tofu glazed with BBQ sauce. Choose a platter of skewers or bite-size pieces. Serves 10 - 12 as a side dish.

Teriyaki Tempeh Platter

\$40.00

Organic tempeh glazed with teriyaki sauce. Choose skewers or bite-size pieces. Serves 10 - 12 as a side dish.

Teriyaki Chicken Platter

\$40.00

All Natural chicken glazed with teriyaki sauce. Sliced chicken serves 10 - 12 as a side dish.

BEVERAGES 8

Organic Juices

Smoothies

Sodas

Kombucha

Fresh Strawberry Lemonade

Freshly Brewed Ice Tea

Café Yumm! Organic Coffee

Numi® Herbal Teas

CAFÉ YUMM!® ORIGINAL COOKIES 3

Chocolate Chip

Oatmeal Raisin

Ginger Spice