

The Basics

319 N Front St 28401-3908 · +19103431050 · Updated: Jan 14, 2026

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MAIN 13

Healthy Start

\$15.75

yogurt, granola, fruit, sauteed spinach and a pot of hot tea

Southern Benedict

\$15.00

buttermilk biscuit, over easy eggs, house smoked ham, sausage gravy with side

Migas

\$14.75

traditional mexican scramble with peppers, onions, tortillas, cheddar and ranchero with 1 side

Two Eggs Any Style

\$13.00

your choice of 2 sides

Southern Grits

AVAILABLE OPTIONS

stoneground grits topped with sauteed vidalias, tomatoes and feta with 1 side

\$14.25

Add Shrimp: \$7.75

Blueberry Oatmeal Pancakes

AVAILABLE OPTIONS

with maple syrup and walnut butter

\$15.00

Add Real Maple Syrup: \$0.75

French Toast

AVAILABLE OPTIONS

full order plus one side

\$13.00

Add Real Maple Syrup: \$0.75

Mediterranean Scramble

\$15.00

tomatoes, onions, spinach and feta topped with a balsamic reduction plus one side

Shrimp and Grits

\$16.00

shrimp poached in a veggie and bacon cajun BBQ sauce over stoneground grits

The B.E.L.T.

\$14.75

Classic BLT with Housemade mayo and a fried egg on top served with one side

Steak and Eggs

\$21.00

4 ounce steak cooked to order with two eggs cooked your way and choice of one side

Avocado Toast

\$15.75

wheat toast with scrambled egg whites, tomato basil vinaigrette, bell peppers, avocado fan

Add Ons

\$2.75

Add Avocado 2.75 Add housemade hot sauce. .50

BISCUITS 7

Bacon, Egg And Cheese	\$6.75
Smoked Ham, Egg and Cheese	\$6.75
Sausage, Egg And Cheese	\$6.75
Egg and Cheese Biscuit	\$6.25
Fried Chicken Biscuit	\$9.75
with mayo, lettuce and tomato	
Biscuit and Sausage Gravy	\$7.25
Biscuit Add On	\$0.50
Add Pickles. .50 Add Pimento Cheese 2.75 Add Avocado. 2.50 Add Cheese. .75 Add Homemade Hot Sauce. .50 Add Tomato. .75 Add Homemade Mayo. .50 Add Apple Butter. .50 Add Homemade Jam. .50	

SIDES 13

Potato Cake	\$4.25
Grits	AVAILABLE OPTIONS
	\$4.25
	Add Cheese: \$0.75
Big Biscuit	\$4.25
Toast	\$4.25
White, Wheat, or gluten free (+1.00)	
Bacon	\$4.25
Turkey Bacon (+.50)	
French Toast	\$4.25
Yogurt Du Jour	AVAILABLE OPTIONS
	\$4.25
	Add Granola: \$0.25
Two Eggs	\$4.25
Fresh Fruit	AVAILABLE OPTIONS
	\$4.25
	Add: \$0.50
Sauteed Spinach	\$4.25
Mac and Cheese	AVAILABLE OPTIONS
	\$4.25
	\$0.25
Blueberry Pancake	\$4.25
add .50	

Sweet Treat	\$5.25
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BEVERAGES 6

Hot Tea	\$3.25
Orange Juice	\$3.25
Apple, Pineapple, Cranberry or Grapefruit Juice	\$3.25
Coffee	\$3.25
Milk	\$3.25
Soda or Iced Tea	\$3.25

APPETIZERS 6

Crab Cakes	\$19.75
ginger spiced with traditional tartar sauce	
Fried Oysters	\$17.75
local oysters with cornmeal breading and jalapeno aioli	
Southern Canape	\$11.00
Choose 3: deviled eggs, spiced pecans, pimento cheese, homemade guacamole, bread and butter pickles, cream cheese and pepper jelly, herbed goat cheese or fresh fruit	
Warm Spinach Dip	\$12.75
homemade dip served with toasted french bread	
Fried Green Tomatoes	\$11.25
with onion relish and honey dijon	
Chicken Wings	\$11.00
six wings tossed in Jamaican seasoning with ranch for dipping	

SANDWICHES 5

Pimento Cheese Sandwich	\$13.75
chilled Southern classic on toasted bread with your choice of side	
Grateful Bread	\$14.75
toasted ciabatta with grilled zucchini, fresh mozzarella, tomato, lettuce and tomato basil vinaigrette, with your choice of side	
Fried Chicken BLT	\$16.75
with homemade mayonnaise on your choice of bread and one side	
Classic BLT	\$13.00
on your choice of bread with one side	

Fried Green Tomato Sandwich	\$15.75
on ciabatta bread with bacon, honey dijon and lettuce, with your choice of side	

SOUPS AND SALADS 3

Carolina Cobb Salad	\$14.75
spiced chicken, bleu cheese, bacon, devilled egg, guacamole	
Spinach Salad	\$12.00
with spiced pecans, goat cheese, and sliced apple	
Chicken Salad	\$14.75
smoked chicken with mayo, almonds, celery and herbs on a bed of greens with gluten-free crackers and your choice of dressing	

ENTREES 5

Shrimp And Grits	\$16.00
stoneground grits topped with shrimp poached in a Cajun BBQ sauce	
Meatloaf	\$15.25
with mashed potatoes and gravy and your choice of one side	
Smoked Pork Bbq	\$16.25
house smoked pulled pork with slaw, bbq sauce and your choice of 2 sides	
Pesto Encrusted Salmon	\$24.50
with tomato basil risotto and grilled asparagus	
Filet Mignon - avail after 5 p	\$29.00
crowned with herbed cheese, with wild mushroom demi, mashed potatoes and green beans	

VEGETABLES AND SIDES 15

Fried Okra	\$4.25
Stoneground Grits	\$4.25
Potato Cake	\$4.25
Collard Greens	\$4.25
Mashed Potatoes	\$4.25
Asparagus	AVAILABLE OPTIONS
	\$4.25
	Add: \$0.50
Green Beans	\$4.25
Mac 'n Cheese	AVAILABLE OPTIONS
	\$4.25
	Add: \$0.50

Side Salad	\$4.25
Fresh Fruit	AVAILABLE OPTIONS \$4.25 Add: \$0.50
Sauteed Spinach	\$4.25
Wild Mushroom Risotto	AVAILABLE OPTIONS \$4.25 \$0.75
Fried Green Tomatoes	\$4.75
Sweet Treat	\$5.00
Cole Slaw	\$4.25

DESSERTS 5

Today's Special Dessert	\$7.00
ask your server	
Coca-cola Cake	\$7.00
classic recipe with scoop of ice cream	
Tonight's Special Cheesecake	\$7.00
ask your server for details	
Glass Of Champagne	\$6.50
lovely spanish cava	
Tonight's Special Dessert	\$7.00
ask your server	

BREAKFAST DISHES 11

Migas	\$14.75
Mexican Scramble with tortilla chips, tomatoes, bell peppers, onions, jalapeños, topped with cheddar cheese and ranchero sauce	
Spinach Feta Grill	\$16.25
thick cut French bread with poached eggs, creamy spinach and feta sauce, artichoke hearts and feta cheese crumbles	
Crab Cake Benedict	\$19.25
ginger spiced crab cakes topped with poached eggs, bacon and hollandaise	
Mediterranean Scramble	\$15.00
fresh spinach, tomatoes, onions, topped with feta cheese and balsamic reduction	

Steak and Eggs	\$21.00
4 ounce steak with eggs your style plus one side	
Southern Grits	AVAILABLE OPTIONS
stoneground grits topped with sweet onions, tomatoes, and garlic, sprinkled with feta crumbles	
	\$14.25
	Add Shrimp: \$7.75
Two Eggs Any Style	\$13.00
with two sides	
Southern Benedict	\$15.00
buttermilk biscuit topped with coca-cola smoked ham, two over easy eggs, and sausage gravy	
Blueberry Oatmeal Pancakes	AVAILABLE OPTIONS
with walnut butter and syrup	
	\$15.00
	Add Real Maple Syrup:
	\$0.75
French toast	AVAILABLE OPTIONS
with syrup and one side	
	\$12.75
	Add Real Maple Syrup:
	\$0.75
Healthy Start	\$15.75
yogurt, fruit, sautéed spinach, and granola with pot of hot tea	

SALADS AND SANDWICHES 6

Carolina Cobb Salad	\$14.75
smoked chicken on mixed greens with bacon, bleu cheese, tomato, cucumber, bacon bits, deviled egg and guacamole	
Veggie Salad	AVAILABLE OPTIONS
Mixed field greens topped with tomato, cucumber, bell peppers, carrots and fresh zucchini	
	\$12.00
	Add Chicken: \$6.75
	Add Shrimp: \$7.75
	Add Steak: \$15.00
Spinach Salad	AVAILABLE OPTIONS
fresh spinach with goat cheese, spiced pecans and fresh apples	
	\$11.75
	Add Chicken: \$6.75
	Add Shrimp: \$7.75
	Add Steak: \$15.00
Chicken Salad Sandwich	\$15.75
on choice of bread with lettuce and tomato	
BLT	\$14.25
with homemade mayo on choice of bread	
Grateful Bread	\$14.75
grilled zucchini on ciabatta bread with fresh mozzarella, tomatoes, lettuce and tomato basil vinaigrette	

SOUTHERN FAVORITES 4

Meatloaf	\$15.25
with mashed potatoes and gravy and one side	
Smoked Pork BBQ	\$15.00
with Eastern NC BBQ sauce and slaw as a sandwich with one side	
Smoked Pork BBQ Platter	\$16.25
with Cole slaw and Eastern NC BBQ sauce as a platter with two sides	
Shrimp and Grits	\$16.00
local shrimp in a Cajun tomato and bacon sauce over stoneground grits	

SIDE ITEMS 2

Sides	\$4.25
side salad stoneground grits cole slaw fresh fruit (+.50) mac and cheese (+.50) mashed potatoes fried okra French toast blueberry oatmeal pancake (+.50) bacon turkey bacon (+.50) sautéed spinach sausage two eggs big biscuit (add sausage gravy +2.50) potato cake today's special yogurt fried green tomatoes (+.50) white or wheat toast	
Add Ons	\$0.50
Add Cheese .50 Add Avocado. 2.50 Apple Butter. .50 Homemade Hot Sauce. .50	