

Rick's Nutmeg Grille

70 E Main St 06790-5428 · +18604828520 · Updated: Jan 14, 2026

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RAYS HOMEMADE SOUPS 1

New England Clam Chowder Or Soup Of The Day

cup or bowl

SALADS 8

Traditional Caesar Salad With Garlic Croutons & Grated Romano

small or large, served with rays homemade caesar dressing

Caesar Salad With Fresh Grilled Chicken Breast

served with rays homemade caesar dressing

Caesar Salad With Fresh Caribbean Jerk Spiced Or Cajun Chicken Breast

served with rays homemade caesar dressing

The Cobb Salad

fresh grilled chicken breast, chopped bacon, boiled egg, tomatoes, cucumbers, crumbled blue cheese, black olives and guacamole served over fresh greens with rays homemade blue cheese dressing

House Salad With Your Choice Of Dressing

small or large chopped bacon, boiled egg, roasted peppers, black olives, bermuda onions, tomatoes, cucumbers and croutons served over fresh greens

The Chefs Salad With Your Choice Of Dressing

smoked turkey, ham, swiss cheese, boiled egg, chopped bacon, tomatoes, cucumbers, bermuda onions and croutons served over fresh greens

Spinach Salad

chopped bacon, boiled egg, bermuda onions, tomatoes and cucumbers served over fresh spinach with rays homemade honey mustard or balsamic vinaigrette .

The Scoop Salad

your choice of tuna or chicken salad served over fresh greens with tomatoes, cucumbers, black olives, red onions and croutons with your choice of dressing

BREADS 7

10" Hero/grinder Roll

Hard Roll

White

Bagel

- Multigrain
- Rye
- English Muffin

CHEESE 4

- American
- Provolone
- Swiss
- Swiss Cheddar

SPREAD 7

- Mayo
- Honey Mustard
- Dijon Mustard
- Yellow Mustard
- Oil & Vinegar
- Chipotle Mayo
- Hot Sauce

TYPE 6

- Ham
- Smoked Turkey
- Fresh Chicken Salad
- Tuna Salad
- Egg Salad
- Bacon

ANY-WAY-YOU-LIKE SANDWICHES 1

- Hero Or Sandwich
- served with chips & pickle spear .

FROM RAYS GRILL 5

Heres The Beef

one-half pound fresh ground beef, lettuce, tomato and bermuda onions served on a hard roll with french fries and pickle

Grilled Fresh Chicken Breast Sandwich

served on a hard roll served with lettuce, tomato, french fries and pickle

Grilled Sweet Italian Sausage Hero

served on a 10 grinder roll with provolone cheese, grilled onions, roasted peppers, chips and pickle

Melt

tuna or chicken salad, smoked turkey breast, or ham on grilled rye or multi-grain with tomato, swiss cheese, chips and pickle

Triple Decker

smoked turkey breast, honey ham or chicken salad with bacon, lettuce, tomato, mayo, french fries and pickle

HOT SAUCE 6

Green Leaf Lettuce

Tomatoes

Black Olives

Pickles

Bermuda Onions

Roasted Peppers

ADDITIONAL TOPPINGS 7

Bacon

Cheese

Grilled Onions

Crumbled Blue Cheese

Portabella Mushrooms

Cajun Spice

Roasted Peppers