



BREAKFAST 17

Buttermilk, Cornmeal or Whole Grain Pancakes

AVAILABLE OPTIONS

Short Stack: \$7.50

Regular Stack: \$8.50

Fresh Berries: \$3.50

Orange-Rice Flour Pancakes w/ Blueberries

AVAILABLE OPTIONS

Short Stack: \$7.75

Regular Stack: \$8.75

Erica's French Toast

AVAILABLE OPTIONS

Short Stack: \$8.40

Regular Stack: \$10.00

Buttermilk or Corn Waffle

\$7.50

Potato Cheese Pancakes

AVAILABLE OPTIONS

Short Stack: \$10.00

Regular Stack: \$12.50

Doc's Delight

\$14.00

Our buttermilk waffle served with two eggs any style and two pieces of chicken apple sausage.

Vegan Burrito-To Go Only

\$7.50

Homefries, black beans, roasted tomato-corn salsa, zucchini and spinach wrapped in a flour tortilla.

Breakfast Burrito-To Go Only

\$8.00

Chicken apple sausage, black beans, jack cheese, scrambled eggs & an avocado-tomato salsa wrapped in a flour tortilla

Down South

\$14.00

Two cornmeal pancakes with turkey sausage, salsa and two eggs scrambled with cheese.

North East

\$14.00

Fresh red beets, sweet potatoes, new potatoes, red onions, bacon, topped with sour cream and green onions. Served with two eggs any style and your choice of bread.

Manhattan Plate	\$16.00
Two eggs scrambled with lox and green onions. Served with homefries and a choice of bagel with cream cheese, cucumbers, red onion, tomato and capers.	
Yukon Gold Hash	\$14.00
Sweet potatoes and white potatoes, sweet bell peppers, corn, apples and onions topped with sour cream and green onions. Served with two eggs any style and your choice of bread.	
Straus Organic Yogurt with Muesli	\$9.00
Yogurt with a hearty mixture of oats, almonds, pumpkin seeds, coconut, flax seeds and dried fruit and topped with fresh fruit.	
Midwest	\$18.00
Two potato cheese pancakes served with two eggs any style, grilled tomatoes & our house-smoked pork chop.	
Curry Tofu Scramble	\$13.00
Tofu marinated in curry, garlic, ginger and tamari, sautéed with green onions, mushrooms, corn, spinach and bell peppers. Served with home fries and your choice of bread.	
Emily's Egg Plate	AVAILABLE OPTIONS
Two eggs any style served with home fries and your choice of bread.	\$10.00
	Add Bacon, Chicken Apple Sausage, or Turkey Sausage:
	\$2.00
Spinach, Bacon & Cheese Omelet	\$13.75
Served with home fries and your choice of bread.	

HOT & COLD FOOD 6

Tuna Melt	\$13.75
House-made tuna salad with peperoncini's & cheddar cheese on your choice of bread. Served with potato salad.	
Hamburger or Victory Burger (Turkey)	\$13.00
Served on a hamburger bun with lettuce, tomato, pickled onions, sweet pickles & fries or potato salad.	
Grilled Meatloaf Sandwich	\$14.50
Our classic meatloaf served with sweet peppers, onions, and chipotle aioli served on your choice of bread with french fries or potato salad	
Turkey Club	\$12.75
House roasted turkey topped with bacon, tomato, lettuce and pesto aioli and served on your choice of bread with potato salad.	
Steak Sandwich	\$14.25
Marinated and grilled flank steak with jack cheese, gilled sweet peppers, onions and pesto-jalapeño cilantro. Served with potato salad or fries.	
Sandwich of the Day	\$9.00
Wrapped and ready to go. Please call for today's special. Sandwich does not come with a side.	

DINNER ENTRÉES: 8

Grilled Flank Steak with a Chimichurri Sauce

BBQ Baby Back Ribs

Half-Roasted Chicken

Rick & Ann's Beef Meatloaf

Grilled Portobello Mushroom

Vegetarian Lasagna

Lemon Ricotta Ravioli w/ Lemon Herb Cream Sauce

Grilled Salmon with Chimichurri Sauce

add \$3

SIDES 9

Mashed Potatoes with Gravy

Asparagus

Oven-Roasted Wedge Potatoes

Honey Roasted Carrots

Vegetable Medley

Broccoli

Roasted Vegetable Quinoa

Caesar Salad

Green Salad with White Wine Vinaigrette

ADD APPETIZERS 5

Shrimp Ceviche with House-Made Corn Chips

AVAILABLE OPTIONS

Quart: \$40.00

Pint: \$22.00

Sautéed Garlic Shrimp with Cocktail Sauce

\$18.00

Rack of BBQ Baby Back Ribs

\$30.00

Fried Chicken Strips with Ranch Dressing

\$14.00

Shrimp & Sweet Potato Cakes with Cajun Remoulade

\$13.00

ADD DESSERT 3

Chocolate Mousse with Whipped Cream	\$7.00
Lemon Mousse with Whipped Cream	\$7.00
Assorted Dessert Bars	\$5.00