

# Zen West

5916 York Rd 21212-3028 · +14103233368 · Updated: Jan 14, 2026

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## APPETIZERS 8

### Guacamole

AVAILABLE OPTIONS

L: \$6.25

S: \$4.25

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### Chili Con Queso

in texas this is considered health food, served with chips

AVAILABLE OPTIONS

Bowl: \$4.95

Cup: \$3.25

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### Grilled Chicken Wings

one pound of dry rubbed mesquite grilled wings, served with blue cheese dressing and celery sticks

**\$6.95**

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### Tamales

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### Smoked Chicken Nachos

topped with diced smoked chicken breast, refried beans, chili con queso, guacamole, sour cream, black olives, pico de gallo and jalapenos

**\$8.95**

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### West Texas Cowboy Nachos

topped with our spicy texas chili, chili con queso, guacamole, sour cream, black olives, pico de gallo and jalapenos

**\$8.95**

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### Skinny Chef Nachos

topped with grilled portabellas and seasonal veggies, black beans, chili con queso, roasted con relish, pico de gallo, guacamole and sour cream

**\$7.95**

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### Calamari

lightly battered and flash fried, served with a side of chipotle ranch and ranchera sauce

**\$7.95**

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## APPETIZERS - QUESADILLAS 3

### Blackened Chicken

grilled blackened chicken, pico de gallo, our own 4 cheese mix chipotle ranch dressing, topped with sour cream

**\$8.25**

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### The Crab And Corn

stuffed with jumbo lumb crabmeat, roasted corn relish and our 4 cheese mix, topped with guacamole and pico de gallo

**\$9.95**

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### The Happy Hollow

grilled portabellas and seasonal veggies, pico de gallo, black beans and our 4 cheese mix, topped with sour cream

**\$7.95**

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## SOUP AND CHILI 2

### Seasonal Soup

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## Texas Chili

made the right way with beef, shiner bock beer, chipotles in adobe, topped with chopped onions and cheese

## AVAILABLE OPTIONS

Bowl: \$4.95

Cup: \$3.95

## SALADS 6

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### The House

**\$3.95**

choose the dressing

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### Tijuana Caesar

**\$4.75**

crisp romaine lettuce and seasoned croutons tossed in a tangy caesar dressing, topped with shaved parmesan and roasted corn relish

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### Tijuana Caesar With Blackened Chicken

**\$7.75**

crisp romaine lettuce and seasoned croutons tossed in a tangy caesar dressing, topped with shaved parmesan and roasted corn relish

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### Tijuana Caesar With Fajita Beef

**\$8.50**

crisp romaine lettuce and seasoned croutons tossed in a tangy caesar dressing, topped with shaved parmesan and roasted corn relish

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### Tijuana Caesar With Grilled Jumbo Shrimp

**\$8.75**

crisp romaine lettuce and seasoned croutons tossed in a tangy caesar dressing, topped with shaved parmesan and roasted corn relish

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### The Chalupa Of Good Fortune

**\$9.95**

two corn tortillas with shredded lettuce, black beans, roasted corn relish, our 4 cheese blend, pico de gallo and diced smoked chicken, topped with chipotle ranch, eat and prosper

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## SANDWICHES 5

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### 1/2 Pound Sirloin Burger

**\$7.95**

it a cheeseburger

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### Queso Bacon Guacamole Burger

**\$8.95**

### Bbq Pork Carnitas

**\$7.50**

our version of a bbq pork sandwich

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### Grilled Portabella Sandwich

**\$7.95**

topped with zucchini, squash, feta cheese and sprouts, served with rice and black beans

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### Fried Chicken Sandwich

**\$8.95**

topped with melted cheese and hickory smoked bacon, fried chicken heaven

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## FAJITAS 4

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### Steak

**\$15.95**

### Chicken

**\$13.95**

### Potabella

**\$12.95**

### Shrimp

**\$16.95**

## OUR SAUCES 4

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## Ancho Chile

mild dark red sauce made from ancho chiles and spices

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## Chipotle

smoky and spicy red sauce made from roasted jalapenos

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## Tomatillo

a mild, tangy sauce made from fresh tomatillos, garlic and cilantro

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## Ranchera

mild red sauce made from roasted tomatos and chiles

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## ENCHILADAS 3

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<b>Classic Chicken</b>	<b>\$9.25</b>
<b>Portabella And Spinch</b>	<b>\$9.25</b>
<b>Cheese</b>	<b>\$8.25</b>

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## BURRITOS 5

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<b>Fajita Steak</b>	<b>\$8.95</b>
<b>Grilled Chicken</b>	<b>\$8.95</b>
<b>Carnitas</b>	<b>\$8.95</b>
<b>Portabella And Veggies</b>	<b>\$7.95</b>
<b>Giant Jasons Belly Buster Burrito</b>	<b>\$8.95</b>

seasoned ground sirloin, roasted corn relish, black beans, jalapenos, topped with chili con queso

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## TACOS 6

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<b>Seasoned Ground Sirloin</b>	<b>\$6.95</b>
<b>Chicken</b>	<b>\$7.95</b>
<b>Grilled Portabella And Seasoned Vegetables</b>	<b>\$7.95</b>
<b>Steak</b>	<b>\$9.95</b>
<b>Grilled Shrimp</b>	<b>\$9.95</b>
<b>Mahi Mahi Fish Tacos</b>	<b>\$10.95</b>

two soft flour tortillas filled with grilled, blackened mahi mahi and cabbage slaw then topped with a tangy ranchera sauce, served with green rice black beans, sour cream and pico de gallo

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## BIG TEXAS ENTREES 6

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## Chicken Fried Steak

**\$14.95**

steak dipped in buttermilk then battered in our super secret batter mix and fried crispy on the outside and juicy on the inside, topped with a backwoods country cream gravy and served with poblano cheese smashed potatoes and corn on the cob

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## Blackened Catfish Platter

**\$12.95**

catfish fillet blackened in a cast iron skillet then topped with a tangy cajun cream sauce, served with red rice and cole slaw

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## The Panhandle Pork Plate

**\$12.95**

medallions of tender and juicy pork loin, dry rubbed in oklahoma bobs famous recipe, topped with ranchera sauce, served with red rice and vegetables

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## Carnitas Rancheros

**\$13.95**

slow cooked pork marinated in oranges, garlic and other top secret roadhouse spices, sauteed with scallions and cilantro, served with flour tortillas, rice and beans, sour cream, pico de gallo and guacamole

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## Bbq Ribs

**\$20.95**

a full rack of pork ribs smoked over mesquite wood, served texas style with our bbq sauce served on the side, served with cole slaw and fries

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## Bbq Chicken Platter

**\$12.95**

two bone-in chicken breasts grilled and basted with our own bbq sauce, served with poblano-cheese smashed potatoes and corn on the cob

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## SIDE DISHES 8

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### Poblano Cheese Smashed Potatos

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### Red Rice

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### Green Rice

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### Cole Slaw

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### Chorizo Cheese Grits

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### Beer Batter Fries

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### Black Beans

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### Fresh Fish Of The Day

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## DESSERT 1

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### Fresh Dessert Prepared Daily

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