



SALADS 1

Taco Salad

greens, cheese, pico de gallo, black beans with a cilantro lime dressing

CALI BURRITO SPECIALTIES 9

The Big Sur

steak, pinto beans, rice, ranchero sauce and cheese

The Old Monterey

chicken, black beans, rice, cheese and quacamole

The El Dorado

pork, pinto beans, rice, ranchero sauce and cheese

The Mendocino

ground beef, pinto beans, rice, cheese and pico de gallo

The Cortez

sauteed shrimp, zesty pepper sauce, white rice, pinto beans and cabbage

The Humboldt

smoked tofu, black beans, brown rice, sour cream & cheese

The Cambria

grilled veggies, black beans, brown rice, guacamole & cheese

The Nepenthe

falafel, rice, black beans, pickles, tahini sauce

The Shasta

seitan, zesty pepper sauce, brown rice, black beans and cabbage

BUILD YOUR OWN BURRITO OR RICE BOWL 5

Pick A Tortilla

flour or whole wheat

Select A Rice

white cilantro-lime or brown rice

Decide Upon A Bean

black or pinto

Choose A Protein

served all day. scrambled egg, tofu scramble, falafel, smoked tofu, grilled veggies, ground beef, steak, pork, chorizo, chicken, shrimp

Concerned About Carbs?

save a tortilla, do a bowl! all the ingredients in a burrito without the toritilla

TACOS 5

The San Diego

deep fried fish and shredded cabbage

The Sonoma

ground beef, cheese and lettuce

The Santa Barbara

chicken, lettuce, guacamole and cheese

The Santa Cruz

smoked tofu, cheese and cabbage

The Zeda

pork, cheese, and lettuce

QUESADILLAS 5

The Purest

our cali cheese blend

The Manresa

steak, grilled veggies, and cheese

The Carmel

ground beef and cheese

The Capitola

chicken and cheese

The Cardiff

smoked tofu, grilled veggies, and cheese

SIDES 5

Chips

homemade mix of corn and flour tortillas

Guacamole

8 oz. of our freshly made guac

Rice And Bean Combo

select a rice: white cilantro-lime or brown rice decide upon a bean: black or pinto

Side Of Potatoes

Salsa