

Parrilla Grill

635 NW 14th St 97703-2419 · +15416179600 · Updated: Jan 14, 2026

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PARRILLA'S BOUNTY OF BEVERAGES! 3

Topo Chico **\$2.00**

Best bubble water

Coca cola **\$2.00**

12 oz

Seasonal Agua Fresca **\$3.00**

inquire on phone or at cart for more information

OUR GREAT PROTEIN OPTIONS 3

Grilled Chicken

Our chicken is organic and locally sourced from the Willamette Valley and then marinated in vinegar and spices and grilled daily

Braised Pork

We serve local pork from Hills Meats out of Pendleton, Oregon.

Vegitarian

Ask about seasonal veggies and vegan options

SALSA 3

Roasted Medium

Chili Corn

Stash Habanero Hot Sauce

WRAPS OR BOWLS 5

Hefe's Fish Tacos **\$12.00**

Three fresh, hand breaded fish fillets, served in flour tortillas with spinach and cabbage, and topped with spicy aioli and organic corn salsa

Fish Burrito **\$13.00**

All the same great ingredients as the fish tacos with the addition of seasoned rice and heirloom black beans

El Torito Salad **\$8.00**

Romaine, creamy cilantro dressing, toasted pepitas, cotija cheese, corn tortilla strips, and shaved raddish

Classic

\$8.00

Seasoned rice, heirloom black beans, Tillamook cheese, sour cream, shaved cabbage and your choice of salsa.

Fajita

\$9.00

Chared bell peppers and onions. Seasoned rice, heirloom black beans, shaved cabbage, Tillamook cheese, sour cream, choice of salsa

KIDS MENU ¹

Bambino Bean & Cheese Burrito

\$3.00

Local organic black or pinto beans, rice if you like, and cheddar jack cheese. Add protein

SIDE ORDERS ³

Chips and Salsa

\$3.00

House made chips and Salsa

Side of Rice and Your Choice of Beans

\$3.00

Side of Guacamole

\$4.00

SEASONAL SOUPS ¹

Parrilla's Clam Chowder

AVAILABLE OPTIONS

Cup: \$4.00

Bowl: \$7.00

Quart: \$14.00