

Yas Restaurant

1138 Saratoga Ave 95129-3425 · +14082415115 · Updated: Jan 14, 2026

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APPETIZERS 14

Ash Reshte	\$9.95
A delightful soup made with a variety of herbs, vegetables, beans and noodles, topped with kashk (creamy sauce made of yogurt) & sautéed mint	
Kashk-o-Bademjan	\$14.95
Cooked pureed eggplant, topped with kashk, sautéed mint and fried onions	
Mirza Ghasemi	\$14.95
Grilled eggplant, tomatoes and eggs tossed with mixed spices and garlic	
Falafel	\$11.95
Made with fresh vegetables and beans. Served with yogurt sauce, lettuce and lavash bread	
Dolmeh	\$12.95
Stuffed grape leaves with rice, spices, special sauce, wrapped to perfection	
Sabzi	\$9.95
A variety of fresh herbs, mint, basil, feta cheese and soaked walnuts	
Tahdeeg	\$14.50
Crispy rice topped with stew of the day	
Humus	\$10.95
Mashed garbanzo beans, tahini, olive oil, garlic, paprika and spices	
Mast-o-Moosir	\$10.50
Creamy yogurt mixed with chopped shallots and pepper	
Mast-o-Khiar	\$9.95
Yogurt with finely diced cucumbers and mint. Great with everything!	
Salad Shirazi	\$9.95
Finely diced cucumbers, onions and tomatoes, mixed with our house dressing (olive oil, garlic powder, lemon juice and black pepper)	
Garden Salad	\$9.95
A fine blend of fresh tomatoes, carrots, cucumbers and lettuce with our delicious house ranch-dressing	
Rainbow Salad (Temporarily Not Available)	\$11.95
Mixed green, cherry tomatoes, beets corn, carrots, sunflower seed and balsamic vinaigrette dressing (add ground beef or ground chicken for extra charge)	
Torshi	\$8.95
Finely diced and marinated vegetables, aged in vinegar and spices	

KABOBS 11

Fillet Mignon (Barg)	\$27.95
Marinated fillet mignon, charbroiled to perfection	
Lamb (Barreh)	\$27.95
Marinated lamb fillet seasoned to perfection	
Ground Beef (Koobideh)	\$22.95
Ground beef kabobs, seasoned with onions and spices	
Chicken Breast Kabob (Joojeh)	\$24.50
Skewered pieces of chicken breast, marinated in our special sauce	
Chicken (Joojeh)	\$23.95
Tender pieces of marinated chicken	
Joojeh Koobideh	\$22.95
Ground chicken kabob, seasoned with onions, saffron and special spices	
Chicken/Bone-In	\$27.95
Two skewers of marinated Cornish hen, flavored with saffron, lemon and spices	
Chenjeh	\$27.95
Skewered beef fillet, marinated with delightful spices	
Shish Kabob	\$27.95
Cubed, marinated beef fillet, skewered with bell peppers and onions	
Ground Beef and Ground Chicken (Koobideh)	\$22.95
Fish Kabob	\$26.95
Broiled fillet of marinated salmon with onions and bell peppers	

KABOB COMBINATION 7

Yas Special (Chicken and Koobideh)	\$28.50
Yas Special (For Two)	\$56.95
A combination of three kabobs; chicken, fillet and ground beef, with rice and tomatoes	
Soltani (Fillet Mignon and Koobideh)	\$35.95
Koobideh and Vegetables	\$26.95
Chicken and Vegetables	\$27.95
Lamb and Chicken	\$40.95
Fillet Mignon and Chicken	\$40.95

KABOBS PER SKEWER 10

Koobideh	\$9.50
Chicken	\$17.50
Filet Mignon	\$24.95
Lamb	\$24.95
Chicken Breast	\$18.50
Onion	\$5.50
Tomato	\$5.50
Vegetarian	\$11.95
Plate of Rice	\$6.00
Special Rice Substitute	\$6.00
Bahgali polo, zereshk polo, shirin polo...	

VEGETARIAN 11

Shirin Polo	\$13.95
Orange peels, almonds, pistachios and saffron rice syrup mixed with basmati rice	
Albaloo Polo	\$13.95
Sour cherry and basmati rice	
Zeresh Polo	\$13.95
Tangy barberry and saffron topping on basmati rice	
Jewel Polo	\$18.95
A combination of our house specialty rices: one tangy barberry, sour cherry, and our sweet almond and orange peel pistachio rice.	
Rainbow Salad with Falafel	\$14.95
Mixed green, cheery tomatoes, beets corn, carrots, sunflower seed and balsamic vinaigrette dressing with three pieces of falafel	
Mirza Ghasemi with Basmati Rice	\$16.95
Kashk-o-Bademjan with Basmati Rice	\$16.95
Our cooked puree eggplant topped with kashk (persian yogurt), sautéed mint, and fried onion	
Baghali Polo	\$13.95
Ghameh Vegetarian with Basmati Rice	\$20.95
Stew made of yellow split peas, tomato sauce and mushrooms, cooked with our special spices, and served with basmati rice	
Fesenjan Vegetarian with Basmati Rice	\$21.95
Stew made of walnut and pomegranate sauce served with basmati rice	
Vegetarian Kabob with Basmati Rice	\$18.95
Charbroiled mushrooms, onions, zucchini and bell peppers	

HOUSE SPECIALS 4

Zereshk Polo with Steamed Chicken	\$23.95
Sweet and sour tangy barberry and saffron rice served with steamed chicken in tomato sauce	
Shirin Polo with Steamed Chicken	\$23.95
Sweet orange peels, almonds, pistachios and saffron mixed with rice served with steamed chicken in tomato sauce	
Albaloo Polo with Steamed Chicken	\$23.95
Sour cherry & saffron rice served with steamed chicken in tomato sauce	
Jewel Polo with Steamed Chicken	\$32.95
A combination of zereshk, shirin and albaloo polo	

CHEF'S SPECIAL OF THE DAY 4

Ghormeh Sabzi	\$21.95
Stew made with beef, vegetables, beans, herbs and plain basmati rice	
Ghaymeh	\$20.95
Stew made with beef and lentils — served with fries or eggplant and plain basmati rice	
Fesenjan	\$21.95
Stew made with chicken, walnuts, pomegranate sauce and served with basmati rice	
Baghali Polo served with Lamb Shank or Steamed Chicken	\$25.95
Basmati rice mixed with lima beans and dill weed, served with broiled lamb shank or steamed chicken	

DESSERTS 5

Bastani or Vanilla Ice-cream	\$8.00
Flavored Persian ice cream with chunks of pistachios	
Faloodeh	\$8.00
A truly delicious dessert prepared with tiny rice noodles	
Makhloot	\$12.00
A combination of bastani and faloodeh	
Zulbia and Bamiyeh	\$10.00
A unique Persian pastry	
Baglava	\$7.00
Two pieces of Traditional Middle Eastern pastry	

BEVERAGES 4

Pepsi / Diet Pepsi / Sprite	\$3.50
Orange Juice / Apple Juice / Cranberry Juice / Lemonade	\$5.00
Doogh (Yogurt Soda)	\$6.00

Persian Tea / Iced Tea

\$4.00