

The Gnarly Barley

7431 S Orange Ave 32809-6056 · +14077309566 · Updated: Jan 14, 2026

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BITES 8

Pretzels & Beer Cheese

\$6.99

Two Olde Hearth Beer Grain Pretzels w/ House Beer Cheese for Dipping

Hummus

\$6.99

Served with Warm Pita Bread Points

Gnarly House Tacos

\$2.99

One Soft Flour Tortilla Filled with Pico De Gallo, Sour Cream, Monterey Jack Cheese, and Your Choice of Protein. Taco Proteins: Black Bean, Shredded Pork, Shredded Chicken, Chipotle Brisket \$0.50

Buffalo Taco

\$3.99

1x flour tortilla, shredded chicken, buffalo sauce, lettuce, jalapeños, blue cheese crumbles

Gnar-BQ Taco

\$3.99

1x flour tortilla, shredded pork, tangy coleslaw, gnar-bq sauce, shredded monterey jack cheese

Zak Taco

\$3.99

1x flour tortilla, black beans, red onions, arugula, avocado, goat cheese, fiesta lime ranch

Snack Attacks

\$7.99

A Basket Filled with Warm Kettle Chips, Melted Blue Cheese, Topped with Pico De Gallo and Your Choice of Protein. Snack Attacks: Black Bean, Shredded Pork, Shredded Chicken, Chipotle Brisket

Mega Snack Attack

\$12.99

Double the Sized Snack Attack with All Four Proteins (Brisket, Pork, Chicken, and Black Bean) and Blue Cheese, Pico De Gallo, Sour Cream, Tiger Sauce, and Avocado

FLATBREADS 4

DaVegginator

\$8.99

a baked naan bread with house hummus, red onions, provolone, arugula, cucumbers, carrots, and house IPAioli

Jalapeno Popper Flatbread

\$8.99

baked naan, cream cheese, fresh jalapeños, monterey jack, cilantro, fiesta lime ranch, limes

Chicken Vinaigrette

\$8.99

baked naan, shredded chicken, goat cheese, red onions, balsamic vinaigrette

The Californian

\$8.99

baked naan. turkey, bacon, provolone, lettuce, tomato, ranch, avocado

SALADS 5

Little Chef's Salad	\$8.99
Fresh Greens, Chopped Ham, Turkey, Roast Beef, Tomato, Red Onion, Bacon Crumbles, Monterey Jack Cheese and Your Choice of Dressing	
Greens & Beans	\$8.99
Fresh Greens, Carrots, Red Onion, Bacon Crumbles, Monterey Jack Cheese and Your Choice of Dressing	
Walnut Salad	\$8.99
Fresh Greens, Walnuts, Cranberries, Apples, Goat Cheese, Balsamic Vinaigrette	
Coconut-Cashew Salad	\$8.99
Fresh Greens, Turkey, Provolone, Red Onions, Toasted Coconut, Cashews, Avocado, and Cilantro Vinaigrette Dressing	
Side Salad	\$2.99
Fresh Greens, Green Onion, Tomato, Monterey Jack, and Your Choice of Dressing	

SUBS 9

Barley Brisket Bacon	\$9.99
Brisket, bacon, cheddar, red onion, tomato, mayo	
Johnnie Mac n' Cheese	\$9.99
Roast beef, mac n' cheese, red onion, mayo, side au' jus	
South Orange Bahn Mi	\$9.99
Roasted pork, pickled red onion, carrots, cilantro, cucumbers, cabbage, and sriracha	
#38	\$8.99
Turkey, ham, bacon, provolone, honey mustard, tiger sauce	
B.S.wich	\$8.99
Brisket, provolone, red onion, tangy cole slaw	
Buffalo Chicken	\$8.99
Buffalo Chicken, provolone, jalapeno, ranch, or gnarly blue cheese	
Gnarly Dip	\$8.99
Roast beef, swiss, red onion, tiger sauce, side au' jus	
Guac-A-Doodle-Do	\$8.99
Shredded chicken, swiss, avocado, red onion, arugula, ranch	
Gnar-BQ Sandwich	\$8.99
(Kaiser roll) shredded pork, apple, red onion, provolone, tangy cole slaw, gnar bq sauce	

PRESSED 'WICHES 7

Cubano	\$9.99
Pressed sub, house pork, ham, swiss, pickled jalapenos, spicy mustard	
TBCC	\$8.99
Turkey, bacon, cream cheese, 'nuff said	

Big Time Fiesta **\$8.99**

Turkey, black beans, jalapenos, tomato, red onion, provolone, fiesta lime ranch

BBLT **\$7.99**

Bacon, gnarly blue cheese, tomato, arugula

Veggie Monster **\$7.99**

Cream cheese, cucumbers, apples, arugula, tomato, red onion, provolone, thousand island dressing

Great Grilled Cheese **\$7.99**

Served with a dipper of tomato bisque, mix and match your choice of cheeses: Cheddar, provolone, swiss, monterey jack, blue cheese, cream cheese, goat cheese (\$0.99 extra)

Grown Up Grilled Cheese **\$8.99**

Cheddar, swiss, goat cheese, bacon, apple, tomato, thousand island dressing

SIDES 6

Uncle Steve's Mac n' Cheese

AVAILABLE OPTIONS

super cheesy, you won't be disappointed

Small: \$1.99

Large: \$3.99

Jalapeno Mac n' Cheese

AVAILABLE OPTIONS

an underground favorite, now on the menu!

Small: \$1.99

Large: \$3.99

Smashed Potato Salad

AVAILABLE OPTIONS

A mustard base salad, loaded with bacon

Small: \$1.99

Large: \$3.99

Tangy House Cole Slaw

AVAILABLE OPTIONS

A sweet, vinegar based cole slaw

Small: \$1.99

Large: \$3.99

Zak's Black Beans

AVAILABLE OPTIONS

w/ onions and jalapenos and vegan friendly!

Small: \$1.99

Large: \$3.99

Tomato Bisque Cup

\$3.99

MOM'S SPECIAL 1

Mom's Special

\$7.99

1/2 any sandwich (excluding Gnar-bq) + small side or side salad (please message salad dressing if picking side salad). Choice of Sandwich: Barley Brisket Bacon, Johnnie Mac n' Cheese, South Orange Bahn Mi, #38, B.S.wich, Buffalo Chicken, Gnarly Dip, Guac-A-Doodle-Do, Cubano, TBCC, Big Time Fiesta, BBLT, Veggie Monster, Great Grilled Cheese, Grown Up Grilled Cheese. Choice of Side: Uncle Steve's Mac n' Cheese, Jalapeno Mac n' Cheese, Smashed Potato Salad, Tangy House Cole Slaw, Zak's Black Beans, Tomato Bisque Cup \$0.99, Side Salad

DRINKS 10

Coke	\$1.99
Diet Coke	\$1.99
Sprite	\$1.99
Pibb Xtra	\$1.99
Powerade Mountain Blast	\$1.99
Lemonade	\$1.99
Sweet Tea	\$1.99
Unsweet Tea	\$1.99
Topo Chico Bottle	\$2.50
1x 11.5oz bottle Topo Chico sparkling mineral water	
Bottled Water	\$1.50

CANNED BEERS (21+) | PICKUP / TAKEOUT ONLY 24

Bell's Oberon American Wheat Ale	AVAILABLE OPTIONS
16oz can 5.8% abv (Must Show Valid ID at Pickup)	Single: \$2.49
	4 Pack: \$7.99
Cigar City Guayabera Pale Ale	AVAILABLE OPTIONS
12oz can 5.5% abv (Must Show Valid ID at Pickup)	Single: \$2.49
	6 Pack: \$10.99
Cigar City Jai Alai	AVAILABLE OPTIONS
12oz can 7.5% abv (Must show valid ID at pickup)	Single: \$2.49
	12 Pack: \$20.99
Cigar City Tampa Lager	AVAILABLE OPTIONS
12oz can 4.5% abv (Must Show Valid ID at Pickup)	Single: \$2.49
	6 Pack: \$9.99
Delirium Tremens Belgian Strong Ale	AVAILABLE OPTIONS
16.9oz can 8.5% abv (Must Show Valid ID at Pickup)	Single: \$4.99
	4 Pack: \$18.99
Founders All Day IPA	AVAILABLE OPTIONS
12oz can 4.5% abv (Must Show Valid ID at Pickup)	Regular: \$1.99
	15 Pack: \$24.99
Green Bench Happy Hermit Pale Ale	AVAILABLE OPTIONS
12 oz can 4.9% abv (21+ Must Have Valid ID at Pickup)	Single: \$2.99
	6 Pack: \$10.99

Green Bench Push It Gose

12 oz can 4.0% abv (21+ Must Have Valid ID at Pickup)

AVAILABLE OPTIONS

Single: \$2.99

6 Pack: \$10.99

Hidden Springs Deja Moo Milk Stout

16oz can 6.1% abv (Must Show Valid ID at Pickup)

AVAILABLE OPTIONS

Single: \$2.99

4 Pack: \$10.99

Hidden Springs ZFG Pale Ale

16oz can 5.4% abv (Must Show Valid ID at Pickup)

AVAILABLE OPTIONS

Single: \$2.99

4 Pack: \$10.99

Ivanhoe Park Hop Silo DIPA

16 oz can 9.5% abv (21+ Must Have Valid ID at Pickup)

AVAILABLE OPTIONS

Single: \$2.99

4 Pack: \$10.99

Lord Hobo Brewing Hobo Five DIPA

16 oz can 10.0% abv (21+ Must Have Valid ID at Pickup)

AVAILABLE OPTIONS

Single: \$4.49

4 Pack: \$15.99

Lost Coast Tangerine Wheat Ale

12oz can 5.5% abv (Must Show Valid ID at Pickup)

AVAILABLE OPTIONS

Single: \$2.49

6 Pack: \$10.99

Narragansett Lager

16oz can 5.0% abv (Must Show Valid ID at Pickup)

AVAILABLE OPTIONS

Single: \$1.99

6 Pack: \$9.99

The Ravenous Pig Lone Palm Golden Ale

16 oz can 4.9% abv (21+ Must Have Valid ID at Pickup)

AVAILABLE OPTIONS

Single: \$2.99

4 Pack: \$10.99

The Ravenous Pig Working Man Porter

16 oz can 6.7% abv (21+ Must Have Valid ID at Pickup)

AVAILABLE OPTIONS

Single: \$2.99

4 Pack: \$10.99

The Ravenous Pig Laid Up Lager

16 oz can 4.5% abv (21+ Must Have Valid ID at Pickup)

AVAILABLE OPTIONS

Single: \$2.99

4 Pack: \$10.99

The Ravenous Pig Five Points IPA

16oz can 7.4% abv (Must Show Valid ID at Pickup)

AVAILABLE OPTIONS

Single: \$2.99

4 Pack: \$11.99

Swamp Head Tropical Vibes Wheat Ale

12oz can 4.5% abv (Must Show Valid ID at Pickup)

AVAILABLE OPTIONS

Single: \$2.49

6 Pack: \$10.99

Sun Lab Can You See It Hazy IPA

16oz can 7.5% abv hazy ipa (Must Show Valid ID at Pickup)

AVAILABLE OPTIONS

Single: \$4.99

4 Pack: \$18.99

Sun Lab Fruits of the Palm Sour Ale

16oz can 4.5% abv sour ale w/ acai, dates, & coconut (Must Show Valid ID at Pickup)

AVAILABLE OPTIONS

Single: \$4.99

4 Pack: \$18.99

Untitled Art Rocket Popsicle Sour Ale

16oz can 5.0% abv sour ale w/ blueberry, lemon, & cherry (Must Show Valid ID at Pickup)

AVAILABLE OPTIONS

Single: \$4.99

4 Pack: \$18.99

Upland Champagne Velvet Pilsner

12oz can 5.5% abv (Must Show Valid ID at Pickup)

AVAILABLE OPTIONS

Regular: \$1.99

12 Pack: \$18.99

Urban Artifact Epicurean Spicy Pickle Ale

16oz can 4.3% abv gose style ale w/ cucumbers, sea salt, fresh dill, and pepper blend (Must Show Valid ID at Pickup)

\$4.49

BEER GROWLERS (21+) | PICKUP / TAKEOUT ONLY 5

Ivanhoe Park Brewing Bungalow Witbier

witbier, disposable growler 4.8% abv (Must Show Valid ID at Pickup)

AVAILABLE OPTIONS

32oz: \$10.00

64oz: \$15.00

Calusa Brewing Zote IPA

new england ipa, 7.5% abv, disposable growler, (Must Show Valid ID at Pickup)

AVAILABLE OPTIONS

32oz: \$10.00

64oz: \$15.00

Oviedo Brewing Rooster's Rising Coffee Stout

coffee stout, disposable growler 5.5% abv (Must Show Valid ID at Pickup)

AVAILABLE OPTIONS

32oz: \$11.00

64oz: \$18.00

B Nektar Punk Lemonade Cider

lemon and raspberry cider, disposable growler 6.3% abv (Must Show Valid ID at Pickup)

AVAILABLE OPTIONS

32oz: \$16.00

64oz: \$25.00

First Magnitude Drift Brown Ale

disposable growler 5.0% abv (Must Show Valid ID at Pickup)

AVAILABLE OPTIONS

32oz: \$10.00

64oz: \$15.00

APPS 4

Popcorn

Ask us about the flavor of the day!

\$4.00

Pretzel N' Dip

2x BIG warm pretzels served w/ spicy mustard & pimento beer cheese

\$9.00

Fried Cheese Curds

Scray Cheese cheddar curds, deep fried & served w/ ranch & marinara

\$8.00

Snack Attack Fries

waffle fries topped with house pulled pork, melty blue cheese, fresh pico de gallo, & tiger sauce

\$12.00

SAMMIS 9

Barley Brisket Bacon	\$12.00
chipotle brisket, bacon, cheddar, tomato, red onion, mayo	
#38	\$12.00
ham, turkey, bacon, provolone, honey mustard, tiger sauce	
Cubano Fuego	\$10.00
ham, dr pepper pork, swiss, spicy mustard, house pickled jalapenos	
Beefwrecked	\$11.00
house roast beef simmered in au jus, swiss, horseradish mayo	
BBLT	\$11.00
thick sourdough, gnarly blue cheese, bacon, butter lettuce, tomato	
Chicken Sammi	\$8.00
Fried chicken thigh, thick pickles, sweet chili mayo. Ask about our vegan version!	
Biggie's Bomb-Mi	\$10.00
A Deli Fresh Threads creation: a house made orange chicken thigh sammi topped w/ pickled coleslaw, carrots, cucumbers, & sweet chili mayo!	
Grilled Cheese	AVAILABLE OPTIONS
thick sourdough, swiss, cheddar, monterey jack	\$8.00
	Add Tomato: \$0.50
	Add Bacon: \$2.50
Veggie Monster	AVAILABLE OPTIONS
thick sourdough, cream cheese, tomato, red onion, cucumber, apples, butter lettuce, provolone, & house 1000 island	\$9.00
	Add Vegan Chicken:
	\$4.00

TACOS 2

OG Brisket Taco	\$4.50
A gnarly original! Flour tortilla, brisket, pico de gallo, sour cream, cheese	
Chicken Tinga	\$3.50
flour tortilla, smoky chicken, pickled onion, avocado sauce, cilantro	

DRAFTS 16

Tripping Animals Lolita DIPA, Hazy DIPA, 8% ABV	\$9.00
Sierra Nevada Powder Day IPA, DDH, IPA, 7.7% ABV	\$7.00
Equilibrium X Great Notion Juice=Juice (Batch 3) Hazy DIPA, 8.5% ABV	\$12.00
Central 28 up River Pale Ale, American Pale Ale, 6% ABV	\$6.00
Proof Lager, German Lager, 5.4% ABV	\$6.00

Tripping Animals Limonada de Kiwi y Fresca, Strawberry Kiwi Sour, 6% ABV	\$8.50
Allagash White Ale, Witbier, 6.1% ABV	\$7.00
Ellipsis Brewing Fruit Punch Project, Marshmallow, Coconut, Fruit Punch Sour Ale, 4% ABV	\$9.00
Untitled Art Florida Seltzer, Blood Orange Pomegranate Seltzer, 5% ABV	\$7.00
Bells Best Brown, Brown Ale, 5.8% ABV	\$6.00
Stone Brewing Xocoveza Tres Leches, Imperial Stout, 8.5% ABV	\$8.00
Sweetwater Almond Milk Stout, Sweet Stout, 5.4% ABV	\$7.00
Brouwerij Huyghe Delirium Tremens, Belgian Golden Strong, 8.5% ABV	\$12.00
Cider Boys Grand Mimosa, Apple & Orange Cider, 5% ABV	\$7.00
Civil Society Beach, Boat, Repeat, Hopped Blonde Ale, 4.9% ABV	\$7.00
Lagunitas Unrefined Shugga', Strong Ale, 10% ABV	\$7.00

CANS 13

Bells Two Hearted, American IPA, 7.5% ABV	\$5.50
Capt Lawrence Citra Dreams, Hazy IPA, 7% ABV	\$5.00
Lost Coast Tangerine Wheat, Wheat Ale, 5.2% ABV	\$5.00
Oyster City Raspberry Hibiscus Berliner, Fruited Berliner Weiss, 4.7% ABV	\$5.50
Playalinda Robonaut Red, American Red Ale, 5.3% ABV	\$5.50
Left Hand Milk Stout, Nitro, Milk Stout, 6% ABV	\$6.50
Upland Champagne Velvet, Pre-Prohibition Pilsner, 5% ABV	\$5.50
Ivanhoe Park Parkhopp'r, Pilsner, 5% ABV	\$5.50
Quantum Leap Pedalers Hard Cider, Apple Cider, 6.8% ABV	\$7.00
Narragansett, Lager, 5% ABV	\$4.00
Modelo, Mexican Lager, 4.5% ABV	\$5.00
Miller High Life, Adjunct Lager, 4.6% ABV	\$3.50
High Noon, Vodka Seltzer (Various Flavors), 4.5% ABV	\$5.00

COCKTAILS ON TAP 8

Paloma	\$10.00
camarena tequila, grapefruit, lime, amaro	

Ology Gin N' Tonic	\$10.00
classic gin n' tonic using Ology Distillery New World Gin	
Old Fashioned	\$10.00
old forester 100, orange bitters, orange peel, cherry	
Negroni	\$11.00
campari, tanqueray, sweet vermouth, orange peel	
Zombie	\$13.00
pussers naval rum, white grapefruit, cinnamon, lime, plantation rum floater	
Cherry Lime Mule	\$10.00
titos, cheery juice, house lime-ade, ginger beer	
Classic Marg	\$10.00
olmeca altos reposado, lime, triple sec	
Mezcal Marg	\$10.00
illegal joven mezcal, passionfruit liqueur, agave, lime	

WINE ⁶

Cabernet Sauvignon, Juggernaut, CA, 14.5% ABV	\$10.00
Pinot Noir, Mark West Black Label, CA, 13.5% ABV	\$10.00
Sauvignon Blanc, Mohua, NZ, 12.5% ABV	\$10.00
Chardonnay, Fenwick Springs, CA, 13% ABV	\$8.00
Rosé, Can Sumoi la Rosa, ES, 11% ABV	\$11.00
Brut, Francois Montand, FR, 11% ABV	\$11.00