

Wolfnights

99 Rivington St Corner of Ludlow Street 10002-2201 · +18774976403 · Updated: Jan 14, 2026

[View online menu](#)



WRAPS 12

C. Howling	\$14.99
C. Mowgli	\$12.99
C. Carnivores Delight	\$13.99
C. Little Red Riding Hood	\$11.99
C. The Beast	\$14.99
C. Dire Wolf	\$15.99
C. Ghost	\$14.50
C. Brothers Grimm	\$13.99
C. Once Bitten	\$14.99
C. Pink Moon	\$15.75
C. Underworld	\$15.99
Utensils	\$0.34

SIDES 4

Wolf Attack Platter	\$120.00
Tater Tots Platter	\$75.00
C.Steak Fries	\$65.00
Chips Combo	\$10.00

BBQ crunch chips, BBQ potato chips, Sweet potato chips

SALAD 14

Quinoa Salad	\$149.99
feta, kohlrabi, cilantro, scallions, toasted pumpkin seeds, w/ citrus sumac vinaigrette	
Beet Salad (v, gf)	\$119.99
arugula, scallion, toasted pumpkin seed, w/ citrus sumac vinaigrette	

Arugula & Toasted Sunflower Seed Salad (v, gf, k)	\$119.99
edamame, shallot, melon, scallion, zatar, w/ citrus sumac vinaigrette	
Arugula & Apple Salad	\$7.99
cilantro, cashew, edamame, sumac, w/ citrus sumac vinaigrette	
C. Howling Salad	\$149.00
C. Mowgli Salad	\$129.00
C. Carnivores Delight Salad	\$139.00
C. The Pack Salad	\$149.00
C. The Beast Salad	\$149.00
C. Once Bitten Salad	\$149.00
C. Dire Wolf Salad	\$159.00
C. Underworld Salad	\$159.00
C. Brothers Grimm Salad	\$139.00
C. Pink Moon Salad	\$159.00

C.BOWLS 12

Quinoa Platter	\$140.00
Whole Wheat Pearl Couscous Bowl	\$95.00
C. Howling Bowl	\$120.00
C. Mowgli Bowl	\$120.00
C. Carnivores Delight Bowl	\$120.00
C. Teen Wolf Bowl	\$120.00
C. The Beast Bowl	\$120.00
C. Once Bitten Bowl	\$120.00
C. Dire Wolf Bowl	\$120.00
C. Underworld Bowl	\$120.00
C. Brothers Grimm Bowl	\$120.00
C. Pink Moon Bowl	\$120.00

C.SAUCES 12

12 oz Sesame Sauce	\$5.00
12oz Chipotle Aioli	\$5.00
12oz Mint & Yogurt	\$5.00
12oz Mustard Horseradish	\$5.00
12oz Chilly Mayo	\$5.00
12oz Big Bad Wolf- Hot	\$5.00
12oz Sage Aioli	\$5.00
12oz Dill & Garlic	\$5.00
12oz Coconut Vanilla	\$5.00
12oz Green Sesame	\$5.00
12oz Wolf Ketchup	\$5.00
12oz Citrus Sumac Vinaigrette	\$5.00

C. DESSERT 2

Nutella & Cashew platter	\$49.99
Chocolate And Basil Milkshake (Per Person)	\$7.95

C. BEVERAGES 6

Boylan Soda	\$3.25
Pure Greens	\$9.50
Bottled Water	\$2.15
Peach Snapple Iced Tea	\$3.25
Soda	\$2.15
Organic Tea	\$3.75

9FOLD PROMOTION 2

Free Sunflower Seed Salad	
Free Arugula & Toasted Sunflower Seed Salad	

C. DELIVERY 2

Delivery Fee 1	\$19.99
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Delivery Fee 2

\$49.99

BOWL 24

Howling Bowl (GFO, KO)

\$13.99

Grilled Chicken with Fried Pickle, Feta, Melon, And Mint & Yogurt Sauce.

Mowgli Bowl (VO, GF, KO)

\$12.50

Grilled Cauliflower with Spicy Pickled Pineapple, Shallots, BBQ Potato Chips and Sage Aioli.

Carnivores Delight Bowl (GF, K)

\$14.99

Grilled steak wrapped in date & pumpkin seed dough fried egg, sumac onions, pickles, mustard horseradish sauce

Himalayan Bowl (V)

\$15.99

Grilled Seitan & Kholarbi topped with spicy pickled pineapple, sumac onions, cilantro, toasted pumpkin seed, vegan red chili aioli

The Beast Bowl (GFO, KO)

\$15.99

Grilled Steak with BBQ Crunch, Blue Cheese, Marinated Green Olives, Cilantro and Red Chili Mayo.

Once Bitten Bowl (VO, GF, KO)

\$15.50

Grilled Portobello with green papaya slaw, Beets, Sweet Potato Chips, sage aioli.

Underworld Bowl (GF, K)

\$15.99

Grilled steak wrapped in original flour dough. granny smith apples, pickles, toasted cashew nuts, goat cheese, sesame sauce

Brothers Grimm Bowl (GF, KO)

\$13.99

Grilled Chicken with Pickled Shitake Mushrooms, Raisins, Plantain Chips, Pickles and Chipotle Aioli Sauce.

Pink Moon Bowl (KO, GFO)

\$15.99

Grilled Shrimp with green papaya slaw, Kohlrabi, Pickled Jalapenos, Fried Pickles, and Coconut Vanilla Sauce.

Dire Wolf Bowl

\$15.99

Fried Chicken with Lamb Bacon, Green Papaya Slaw, Melted Cheddar, Spicy Pickled Shipka Peppers and Wolf Ketchup.

Ghost Bowl (V, GF, KO)

\$14.99

Quinoa and Sunflower Seed with Grilled Portobello, Shallot, Edamame Scallion, Zatar, Citrus Sumac Vinaigrette.

Little Red Riding Hood Bowl (V,GF,K)

\$11.99

Arugula and Edamame with Shallots, Melon, Scallion, Zaatar, Citrus Sumac Vinaigrette

Howling Bowl (GFO, KO) ☐☐

\$16.99

grilled chicken fried pickles, feta, melon, mint & yogurt sauce

The Beast Bowl (GFO, KO) ☐☐

\$18.50

grilled steak topped with bbq crunch, blue cheese, marinated green olives, cilantro, red chili mayo

Dire Wolf Bowl ☐☐

\$18.50

fried chicken topped with lamb bacon, melted cheddar, green papaya slaw, spicy pickled shipka peppers, wolf ketchup®

Brothers Grimm Bowl (GF, KO)

\$15.99

grilled chicken wrapped in chestnut & chili dough pickled shitake mushrooms, raisins, pickles, plantain chips, chipotle aioli

The Pack Bowl (GF,KO)	\$14.99
Scrambled eggs and lamb bacon melted cheddar, sumac onions, tater tots, pickled jalepeno, chipotle aioli	
Underworld Bowl (GF, K)	\$15.99
Grilled steak wrapped in original flour dough. granny smith apples, pickles, toasted cashew nuts, goat cheese, sesame sauce	
Pink Moon Bowl (KO, GFO) ☐	\$15.50
Grilled Shrimp with green papaya slaw, Kohlrabi, Pickled Jalapenos, Fried Pickles, and Coconut Vanilla Sauce.	
Once Bitten Bowl (VO, GF, KO)	\$15.50
Grilled Portobello with green papaya slaw, Beets, Sweet Potato Chips, sage aioli.	
Mowgli Bowl (VO, GF, KO)	\$12.50
Grilled Cauliflower with Spicy Pickled Pineapple, Shallots, BBQ Potato Chips and Sage Aioli.	
Himalayan Bowl (V)	\$15.99
Grilled Seitan & Kholarbi topped with spicy pickled pineapple, sumac onions, cilantro, toasted pumpkin seed, vegan red chili aioli	
Ghost Bowl (V, GF, KO)	\$14.99
Quinoa and Sunflower Seed with Grilled Portobello, Shallot, Edamame Scallion, Zatar, Citrus Sumac Vinaigrette.	
Little Red Riding Hood Bowl (V,GF,K)	\$11.99
arugula & edamame topped with shallot, melon, toasted pumpkin seed, scallion, zatar, citrus sumac vinaigrette	

DRINKS 12

Coke	\$1.99
Diet Coke	\$1.99
Sprite	\$1.99
Poland Spring Water	\$1.99
Peach Snapple tea	\$3.50
Ginger Ale	\$3.75
Black Cherry	\$3.75
Spindrift Raspberry	\$3.50
Spindrift Grapefruit	\$3.50
Spindrift Lime	\$3.50
Tap Water	
Sparkling Seltzer Water	\$1.99

KIDS MENU 7

Fried Chicken Tenders w/wolf ketchup®	\$9.99
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Wolfnights® Grilled Cheese	\$7.50
melted cheddar, wrapped in a plain dough, w/ wolf ketchup	
Nutella & Cashew Wrapped in a Plain Dough	\$4.50
Protein Wrapped in a Plain Dough	\$9.99
pick a protein, mixed greens, onions, pickles, w/ wolf ketchup®	
Protein Wrap as a Bowl	\$9.99
pick a protein, mixed greens, onions, pickles, w/ wolf ketchup®	
Fresh Veggie Sticks (v, gf, k)	\$3.25
kohlrabi, w/ tahini .	

6oz Protein

AVAILABLE OPTIONS

- \$4.99
- 6oz grill cauliflower: \$4.99
- 6oz scrambled eggs: \$4.50
- 6oz grill chicken: \$5.99
- 6oz steak: \$7.99
- 6oz seitan: \$7.99
- 6oz grill portobello: \$7.50
- 6oz mix quinoa: \$7.50
- 6oz shrimp: \$8.99
- 6oz lamb bacon: \$10.99

EXTRA 48

Apples	\$1.00
bbq chips	\$1.00
bbq crunch	\$1.00
Big Bad Wolf	\$1.50
Blue cheese	\$2.00
Cauliflower	\$2.00
Grilled Chicken	\$2.99
3oz Chipotle Aioli	\$1.50
Cilantro	
3oz Coconut Vanilla	\$1.50
Diced beet	\$1.00
Egg	\$1.75
Feta cheese	\$2.99

Fresh jalapeno	
Fried chicken	\$2.99
Fried pickles	\$1.00
Goat cheese	\$3.50
Green papaya slaw	\$1.50
Grilled cashews	\$1.50
Lamb Bacon	\$3.99
Melon	\$1.00
Melted cheddar	\$2.99
3oz Mint & Yogurt Sauce	\$1.50
3oz Mustard Horseradish	\$1.50
Olives	\$1.50
Pickled jalapeno	\$1.00
Pickled pineapple	\$1.25
Pickles	\$1.00
Plantain chips	\$1.00
Portobello	\$3.00
Raisin	\$1.00
3oz Red Chilli Mayo	\$1.50
3oz Sage Aioli	\$1.50
Scallions	\$0.50
3oz Sesame	\$1.50
Shallot	\$0.50
Shitake mushrooms	\$1.50
Shrimp	\$3.99
3oz Side sauce	\$1.50
smoke it (wolfnights)	\$0.50
Spicy pickled shipka	\$0.75

Steak	\$4.99
Sunflower seed	\$1.25
Sweet potato chips	\$1.00
White onion	\$0.50
Wolf Attack inside	\$3.95
3oz Wolf ketchup	\$1.50
Scrambled Eggs	\$2.99

WOLFNIGHTS® DOUGH 10

Side of Date & Pumpkin Seed Dough	\$1.99
Side of Fennel Seed Dough	\$1.99
Side of Turmeric Dough	\$1.99
Side of Beet & Chia Seed Dough	\$1.99
Side of Ginger Dough	\$1.99
Side of Chestnut & Chili Dough	\$1.99
Side of Plain Flour Dough	\$1.99
Side of Whole Wheat Dough	\$1.99
Side of Gluten Free Dough	\$4.50
Side of Keto (Almond Flour) Dough	\$4.50

SIDE OF PROTEIN OR VEGGIES (COPY) 23

6oz lamb bacon	\$10.99
6oz grill cauliflower	\$4.99
6oz Grilled Chicken	\$5.99
6oz steak	\$7.99
6oz grill portobello	\$7.50
6oz shrimp	\$8.99
6oz seitan	\$7.99
6oz scrambled eggs	\$4.50
6oz mix quinoa	\$7.50

3oz edamame	\$2.99
3oz green olives	\$1.99
3oz shipka Peppers	\$1.99
3oz green papaya slaw	\$1.50
3oz spicy pickled pineapple	\$1.50
3oz feta cheese	\$1.99
3oz goat cheese	\$3.50
3oz blue cheese	\$1.99
3oz fresh jalapeño	\$1.50
3oz pickled Jalapeño	\$1.50
3oz pickles	\$0.99
3oz sumac onions	\$0.99
3oz pickled shitake mushroom	\$3.75
3oz cashew	\$3.75

PROMOTION 3

Birthday/Hotel Rivington

Student/Veterans/Uniform officer

Wolf Moon

GOURMET WRAPS - CARNIVORES 7

The Beast Wrap (GFO, KO) ☐☐ **\$14.99**

grilled steak wrapped in turmeric dough bbq crunch, blue cheese, marinated green olives, cilantro, red chili mayo

Dire Wolf ☐☐ **\$14.99**

fried chicken wrapped in ginger dough lamb bacon, melted cheddar, green papaya slaw, spicy pickled shipka peppers, wolf ketchup®

Brother's Grimm Wrap (GFO, KO) **\$12.99**

grilled chicken wrapped in chestnut & chili dough pickled shitake mushrooms, raisins, pickles, plantain chips, chipotle aioli

Carnivores Delight Wrap (GFO, KO) **\$13.99**

grilled steak wrapped in date & pumpkin seed dough fried egg, sumac onions, pickles, mustard horseradish sauce

The Pack Wrap (GFO, KO) **\$12.99**

scrambled eggs & lamb bacon wrapped in chestnut & chili dough melted cheddar, sumac onions, tater tots, pickled jalapeno, chipotle aioli

Underworld Wrap (GFO, KO) \$14.99

grilled steak wrapped in original flour dough granny smith apples, pickles, toasted cashew nuts, goat cheese, tahini

Howling Bowl (GFO, KO) \$12.99

Grilled Chicken with Fried Pickle, Feta, Melon, And Mint & Yogurt Sauce.

GOURMET WRAPS - VEGETARIAN & SEAFOOD 3

Pink Moon Wrap (GFO, KO) \$14.99

grilled shrimp wrapped in beet & chia seed dough kohlrabi, green papaya slaw, pickled jalapeno, fried pickles, sage aioli

Once Bitten Wrap (VO, GFO, KO) \$14.50

grilled portobello wrapped in beet & chia seed dough green papaya slaw, goat cheese, beets, sweet potato chips, sage aioli.

Mowgli Wrap (VO, GFO, KO) \$11.50

Grilled Cauliflower Wrapped in a Fennel Seed Dough. Spicy pickled pineapple, shallot, bbq potato chips, sage aioli

GOURMET WRAPS - VEGAN 3

Himalayan \$14.99

grilled seitan & kohlrabi wrapped in a ginger dough spicy pickled pineapple, sumac onions, cilantro, toasted pumpkin seed, vegan red chili aioli

Ghost Wrap (GFO, KO) \$13.99

quinoa & pumpkin seed wrapped in whole wheat dough grilled portobello, shallot, edamame, scallion, zatar, citrus sumac vinaigrette

Little Red Riding Hood Wrap (GFO, KO) \$10.99

arugula & edamame wrapped in whole wheat dough shallot, melon, toasted pumpkin seed, scallion, zatar, citrus sumac vinaigrette

BOWLS - VEGETARIAN & SEAFOOD 3

Pink Moon Bowl (KO, GFO) \$14.50

Grilled Shrimp with green papaya slaw, Kohlrabi, Pickled Jalapenos, Fried Pickles, and Coconut Vanilla Sauce.

Once Bitten Bowl (VO, GF, KO) \$13.50

Grilled Portobello with green papaya slaw, Beets, Sweet Potato Chips, sage aioli.

Mowgli Bowl (VO, GF, KO) \$11.50

Grilled Cauliflower with Spicy Pickled Pineapple, Shallots, BBQ Potato Chips and Sage Aioli.

BOWLS - VEGAN 2

Ghost Bowl (V, GF, KO) \$13.99

Quinoa and Sunflower Seed with Grilled Portobello, Shallot, Edamame Scallion, Za'atar, and Citrus Sumac Vinaigrette.

Little Red Riding Hood Bowl (V,GF,K) \$10.99

arugula & edamame topped with shallot, melon, toasted pumpkin seed, scallion, zatar, citrus sumac vinaigrette

BEVERAGES 11

Coke	\$2.50
Diet Coke	\$2.50
Sprite	\$2.50
Poland Spring Water	\$2.50
Seltzer	\$2.50
Peach Snapple Iced Tea	\$3.00
Peach Snapple Iced Tea Diet	\$3.00
Ginger Ale	\$4.50
Black Cherry	\$4.50
Spindrift Raspberry	\$4.00
Spindrift Grapefruit	\$4.00

ADD AN EXTRA 3OZ SIDE SAUCE 10

3oz Chipotle Aioli	\$1.75
3oz Mint Yogurt Sauce	\$1.75
3oz Tahini Sauce (V)	\$1.75
3oz Mustard Horseradish	\$1.75
3oz Sage Aioli	\$1.75
3oz Red Chilli Mayo	\$1.75
3oz Wolf ketchup	\$1.75
3oz Big Bad Wolf (Spicy)® Sauce (V)	\$1.75
3oz Citrus Sumac Vinaigrette (V)	\$1.75
3oz Vegan Red Chili Aioli	\$1.75

SIDE OF PROTEIN OR VEGGIES 23

6oz lamb bacon	\$10.99
6oz grill cauliflower	\$2.99
6oz Grilled Chicken	\$5.99
6oz steak	\$7.99
6oz grill portobello	\$7.50

6oz shrimp	\$8.99
6oz seitan	\$7.99
6oz scrambled eggs	\$4.50
6oz mix quinoa	\$7.50
3oz edamame	\$2.99
3oz green olives	\$1.99
3oz shipka Peppers	\$1.99
3oz green papaya slaw	\$1.50
3oz spicy pickled pineapple	\$1.50
3oz feta cheese	\$1.99
3oz goat cheese	\$3.50
3oz blue cheese	\$1.99
3oz fresh jalapeño	\$1.50
3oz pickled Jalapeño	\$1.50
3oz pickles	\$0.99
3oz sumac onions	\$0.99
3oz pickled shitake mushroom	\$3.75
3oz cashew	\$3.75

GOURMET WRAP AS A BOWL 12

Howling As Bowl.	\$13.95
Mowgli As a Bowl.	\$11.95
Carnivores Delight As a Bowl.	\$12.98
The Pack As a Bowl.	\$11.97
The Beast As a Bowl.	\$13.95
Once Bitten As a Bowl.	\$13.95
Underworld As a Bowl.	\$12.95
Brothers Grimm As a Bowl.	\$11.97
Pink Moon As a Bowl.	\$13.95

Dire Wolf As a Bowl.	\$14.95
Ghost As a Bowl.	\$12.95
Little Red Riding Hood As a Bowl.	\$10.99

WOLFNIGHTS MIX 22

Carnivore Mix 1	\$151.90
Carnivore Mix 2	\$151.90
Pescatarian Mix	\$152.92
Vegetarian Wrap Mix	\$120.94
Vegan Wrap Mix (All necessary vegan substitutions made)	\$144.92
Simple Mix (Please select your desired protein	\$99.99

Pick a protein x10. Each protein is served with mixed greens, onions, pickles, and Wolf Ketchup®.

Build your own Mix

Mowgli GO	\$11.99
Once Bitten GO	\$13.99
Ghost GO	\$13.99
Little Red Riding Hood GO	\$11.99
Mowgli GO	\$11.99
Once Bitten GO	\$13.99
Ghost GO	\$13.99
Little Red Riding Hood GO.	\$11.99
Underworld GO	\$13.99
Carnivores Delight GO	\$12.99
Dire Wolf GO	\$14.99
Howling Go	\$13.99
Brothers Grimm GO	\$12.99
The Beast GO	\$13.99
The Pack GO	\$12.99

GOURMET WRAPS- CARNIVORES WRAPS 8

Howling Wrap (GFO, KO) ☐☐**\$15.99**

grilled chicken wrapped in date & pumpkin seed dough fried pickles, feta, melon, mint & yogurt sauce

The Beast Wrap (GFO, KO) ☐☐**\$17.50**

grilled steak wrapped in turmeric dough bbq crunch, blue cheese, marinated green olives, cilantro, red chili mayo

Dire Wolf ☐☐**\$17.50**

fried chicken wrapped in ginger dough lamb bacon, melted cheddar, green papaya slaw, spicy pickled shipka peppers, wolf ketchup®

Carnivores Delight Wrap (GFO, KO)**\$16.50**

grilled steak wrapped in date & pumpkin seed dough fried egg, sumac onions, pickles, mustard horseradish sauce

The Pack Wrap (GFO, KO)**\$16.50**

scrambled eggs & lamb bacon wrapped in chestnut & chili dough melted cheddar, sumac onions, tater tots, pickled jalapeno, chipotle aioli

Underworld Wrap (GFO, KO)**\$17.50**

grilled steak wrapped in original flour dough granny smith apples, pickles, toasted cashew nuts, goat cheese, tahini

Brother's Grimm Wrap (GFO, KO)**\$14.99**

grilled chicken wrapped in chestnut & chili dough pickled shitake mushrooms, raisins, pickles, plantain chips, chipotle aioli

Order Attention Required

AVAILABLE OPTIONS

	\$0.50
Add Fresh Jalapeno:	\$0.50
Bed of Arugula:	\$1.00
Bed of Quinoa:	\$1.00
Add a fried Egg:	\$1.99
Add Side of Shipka:	\$1.95
3oz Side of Mint & Yogurt:	\$1.99
3oz Side of Sage Aioli:	\$1.99
3oz Side of Mustard Horseradish:	\$1.99
3oz Side of Sesame:	\$1.99
3oz Side of Red Chili Mayo:	\$1.99
3oz Side of Chipotle Aioli:	\$1.99
3oz Side of Wolf ketchup:	\$1.99
3oz Side of Big Bad wolf:	\$1.99
3oz Side of Citrus Sumac Vinaigrette:	\$1.99
3oz Side of Vegan Red Chili Aioli:	\$1.99
Add 2 Fried Eggs:	\$2.99
Add Edamame:	\$2.99
Add Melted Cheddar Cheese:	\$3.50
Add Feta & Za'atar:	\$3.50
Add Goat Cheese & Jalapeno:	\$3.50
Wolf Attack inside:	\$3.99
Add Grilled Chicken:	\$4.50
Add Lamb Bacon:	\$4.50
Add 2 Fried Chicken Tenders:	\$4.99
Add Quinoa:	\$4.50
Add Scrambled Eggs:	\$4.25
Add Seitan:	\$5.99
Add Grill Steak:	\$5.99
Add Grilled Portobello:	\$5.50
Add Grilled Shrimp:	\$6.50

GOURMET WRAPS- VEGETARIAN & SEAFOOD WRAPS 3

Pink Moon Wrap (GFO, KO) ☐☐ **\$17.50**

grilled shrimp wrapped in beet & chia seed dough kohlrabi, green papaya slaw, pickled jalapeno, fried pickles, sage aioli

Mowgli Wrap (VO, GFO, KO) **\$14.50**

grilled cauliflower wrapped in fennel seed dough spicy pickled pineapple, shallot, bbq potato chips, sage aioli

Once Bitten Wrap (VO, GFO, KO) **\$16.50**

grilled portobello wrapped in beet & chia seed dough green papaya slaw, goat cheese, beets, sweet potato chips, sage aioli

GOURMET WRAPS- VEGAN WRAPS 3

Himalayan (V) ☐☐ **\$18.50**

grilled seitan & kohlrabi wrapped in a ginger dough spicy pickled pineapple, sumac onions, cilantro, toasted pumpkin seed, veganredchiliaioli

Ghost Wrap (V, GFO, KO) **\$17.50**

quinoa & pumpkin seed wrapped in whole wheat dough grilled portobello, shallot, edamame, scallion, zatar, citrus sumac vinaigrette

Little Red Riding Hood Wrap (V, GFO, KO) **\$13.50**

arugula & edamame wrapped in whole wheat dough shallot, melon, toasted pumpkin seed, scallion, zatar, citrus sumac vinaigrette

GOURMET BOWLS- CARNIVORES BOWLS 7

Howling Bowl (GFO, KO) ☐☐ **\$16.99**

grilled chicken fried pickles, feta, melon, mint & yogurt sauce

The Beast Bowl (GFO, KO) ☐☐ **\$18.50**

grilled steak topped with bbq crunch, blue cheese, marinated green olives, cilantro, red chili mayo

Dire Wolf Bowl ☐☐ **\$18.50**

fried chicken topped with lamb bacon, melted cheddar, green papaya slaw, spicy pickled shipka peppers, wolf ketchup®

Carnivores Delight Bowl (GF, K) **\$17.50**

grilled steak fried egg, sumac onions, pickles, mustard horseradish sauce

The Pack Bowl (GF,KO) **\$17.50**

scrambled eggs & lamb bacon melted cheddar, sumac onions, tater tots, pickled jalapeno, chipotle aioli

Underworld Bowl (GF, K) **\$18.50**

grilled steak wrapped in original flour dough granny smith apples, pickles, toasted cashew nuts, goat cheese, tahini

Brothers Grimm Bowl (GF, KO) **\$15.99**

grilled chicken wrapped in chestnut & chili dough pickled shitake mushrooms, raisins, pickles, plantain chips, chipotle aioli

GOURMET BOWLS- VEGETARIAN & SEAFOOD BOWLS 3

Pink Moon Bowl (KO, GFO) ☐☐ **\$18.50**

grilled shrimp topped with kohlrabi, green papaya slaw, pickled jalapeno, fried pickles, sage aioli

Mowgli Bowl (VO, GF, KO) **\$15.50**

grilled cauliflower topped on spicy pickled pineapple, shallot, bbq potato chips, sage aioli

Once Bitten Bowl (VO, GF, KO) **\$17.50**

grilled portobello wrapped in beet & chia seed dough green papaya slaw, goat cheese, beets, sweet potato chips, sage aioli.

GOURMET BOWLS- VEGAN BOWLS 3

Himalayan Bowl (V) ☐☐ **\$19.50**

grilled seitan & kohlrabi topped with spicy pickled pineapple, sumac onions, cilantro, toasted pumpkin seed, veganredchiliaioli

Ghost Bowl (V, GF, KO) **\$17.50**

quinoa & pumpkin seed grilled portobello, shallot, edamame, scallion, zatar, citrus sumac vinaigrette

Little Red Riding Hood Bowl (V,GF,K)**\$14.50**

arugula & edamame shallot, melon, toasted pumpkin seed, scallion, zatar, citrus sumac vinaigrette

6OZ PROTEIN 9

6oz steak	\$9.99
6oz Grilled Chicken	\$7.99
6oz shrimp	\$10.99
6oz lamb bacon	\$12.99
6oz seitan	\$9.99
6oz grill cauliflower	\$6.99
6oz grill portobello	\$9.50
6oz mix quinoa	\$8.50
6oz scrambled eggs	\$6.25

3OZ SAUCE 10

3oz Chipotle Aioli	\$1.99
3oz Mint Yogurt Sauce	\$1.99
3oz Sesame Sauce (V)	\$1.99
3oz Mustard Horseradish	\$1.99
3oz Sage Aioli	\$1.99
3oz Red Chilli Mayo	\$1.99
3oz Wolf ketchup	\$1.99
3oz Big Bad Wolf (Spicy)® Sauce (V)	\$1.99
3oz Citrus Sumac Vinaigrette (V)	\$1.99
3oz Vegan Red Chili Aioli	\$1.99