



THE JUICES 16

1. Carrot, Coconut	\$10.00
Sweet and creamy, dense with amino acids from the cream of fresh-pressed, mature coconut meat	
2. Carrot, Apple, Ginger	\$10.00
This classic blend is the perfect balance of spicy and sweet. Packed with vitamin A from beta-Carotene rich carrots, excellent for eye health and glowing skin	
3. Apple, Celery, Kale, Romaine, Parsley, Lemon, Ginger	\$10.00
The quintessential green juice. A delicious mix of greens, lemon and a touch of ginger	
4. Green Apple, Lemon, Kale, Triple Ginger	\$10.00
Tart with a hint of sweet and a huge kick of spicy. Ginger promotes good digestion, detoxifies the body and boosts the immune system	
5. Apple, Beet, Beet Greens, Lemon, Ginger	\$10.00
Rich and complex in flavor. This very serious concoction is a potent blood and liver purifier	
6. Green Apple, Cucumber, Kale, Romaine, Parsley, Lemon	\$10.00
Lemony and refreshing. This thirst-quencher is dense with alkalizing greens and antibacterial lemon	
7. Celery, Cucumber, Kale, Romaine, Parsley, Mint	\$10.00
The refreshing hint of mint makes this all-green concoction pleasantly palatable. Dense with chlorophyll, this green juice promotes oxygen transport, purifying the blood, liver, lymphs and cells and alkalizing the body	
8. Pineapple, Green Apple, Cucumber, Parsley, Mint	\$10.00
Tart and tropical. An excellent digestive aid and anti-inflammatory	
9. Pineapple, Strawberry, Orange, Cucumber, Beet	\$10.00
Our version of a classic fruit punch. Sweet, tangy, lite and juicy	
10. Orange, Grapefruit, Lemon, Lime	\$10.00
Tangy and thirst-quenching. A blast of antibacterial, immune-boosting vitamin C	
11. Blueberry, Cranberry, Apple, Kale	\$10.00
Sweet, tart, and hearty. Antioxidant-dense, improving memory and promoting younger-looking skin	
12. Red Cabbage, Apple, Lemon	\$10.00
Delicate and drinkable. An excellent source of vitamin E, vitamin C and vitamin A to boost the immune system	
13. Strawberry, Apple, Coconut	\$10.00
Deliciously sweet and creamy. This concoction is made with amino acid-rich, electrolyte-filled coconut cream	
14. Fuji Apple, Lemon, Triple Ginger	\$10.00
Spicy, sweet lemonade. A serious dose of antibacterial, antiviral, immune-boosting, intestine-stimulating, appetite-suppressing ginger!	

15. Cucumber, Romaine, Spinach, Parsley	\$10.00
This lite and refreshing phytonutrient-dense green juice is hydrating and nourishing	
16. Orange, Beet, Ginger, Turmeric	\$10.00
Tangy and robust. A perfect all-around detoxifier and cleanser. With the double-acting anti-inflammatory action of both ginger and turmeric	

THE MILKS 7

Almond Milk	\$11.00
Almonds, Dates, Vanilla, Sea Salt. This rich, creamy, sweet nut milk is chock-full of vitamins, minerals and protein	
Chocolate, Almond Milk	\$11.00
100% Cacao, Almond, Dates, Vanilla, Sea Salt. We added organic, fair-trade, 100% cacao to our almond milk for an antioxidant-rich, mood-enhancing chocolatey treat	
Coconut, Almond Milk	\$11.00
Young Thai Coconut Water, Almond Milk. Lite and thirst-quenching. Electrolytes and protein make this concoction a perfect post-workout treat	
Coconut Boost Coffee	\$11.00
Cold-Brew Coffee, Coconut Milk, Coconut, Butter, MCT Oil, Cacao. A vegan take on the now classic "Bullet Proof Coffee"	
Cold-Brew, Almond Milk	\$11.00
Cold-Brew Coffee, Almonds, Dates, Vanilla, Sea Salt. Local and organic dark roast coffee beans are perfectly cold-brewed and slightly sweetened with our creamy house-made Almond Milk	
Green Milk	\$11.00
Cashew, Spinach, Kale, Coconut-Cream, Dates, Vanilla, Sea Salt. Sweet Greens and creamy cashew with cold-pressed, mature coconut cream gives this milk its silky-rich texture	
Golden Milk with Chia	\$11.00
Cashew, Almond, Turmeric, Cinnamon, Ginger, Chia, Dates, Vanilla, Sea Salt. Anti-inflammatory turmeric and ginger, energizing dates and fiber-filled chia seeds for a delicious, nutritious, and satisfying treat	

THE SHOTS 3

Ginger, Lemon, Cayenne, Maple	AVAILABLE OPTIONS
	2 oz: \$4.00
	Bottle (8 oz): \$16.00
Today's Special Shot	AVAILABLE OPTIONS
	2 oz: \$4.00
	Bottle (8 oz): \$16.00
E3 Live	AVAILABLE OPTIONS
wild-harvested blue-green algae	1 oz: \$4.00
	Bottle (16 oz): \$32.00

THE WATER 3

Cucumber, Mint Alkaline Water	\$3.00
100% Young Thai Coconut Water	\$6.00
Charcoal Lemonade	\$10.00
Activated Coconut Charcoal, Lemon, Coconut Sugar, H2O. Charging and steam-activating coconut shells creates tiny creates tiny absorptive pores that bind to and draw out impurities and toxins	

SMOOTHIES 2

The Smoothie	\$13.00
Any Juice or Milk Plus Cream	
The Smoothie Bowl	\$10.00
Any Cream Plus Almond Milk and 2 Toppings	

THE TOPPINGS 11

Fresh Berries
Bananas
Sliced Almonds
Walnuts
Pepitas
Coconut
Goji Berries
Cacao Nibs
Protein Powder
Hemp
Gluten-Free Granola

THE GRUB 8

Cream - Pint	\$10.00
Ice Cream Pint	
Maca Balls	\$5.00
Organic, raw, gluten free, GMO free, vegan energy balls	
Omega Balls	\$5.00
Organic, raw, gluten free, GMO free, vegan energy balls	
Organic, Raw, Vegan Cheesecake - Special Changes Daily	\$7.00
raw, organic, vegan, non-dairy "cheesecake"	

Raw Slaw, Julienne of Beet, Carrot, Jicama, Kale, Tossed In Lemon Juice and Olive Oil	\$7.00
Raw Slaw	
Salad, Organic Greens	\$7.00
Mix of organic greens	
Today's Chia Pudding	\$7.00
Chia pudding and fresh fruit	
Veggies Wrapped In Collard Greens - Ingredients Change Daily	\$7.00
raw, organic vegetables wrapped in collard greens	

THE CREAM - NON DAIRY 4

Coconut, Date	AVAILABLE OPTIONS
Coconut Meat, Coconut Water, Coconut Oil, Dates, Vanilla, Sea Salt	Scoop: \$4.00
	Pint: \$10.00
Banana, Almond	AVAILABLE OPTIONS
Bananas, Almonds, Dates, Vanilla, Sea	Scoop: \$4.00
	Pint: \$10.00
Vanilla, Cashew	AVAILABLE OPTIONS
Cashew, Dates, Vanilla, Sea	Scoop: \$4.00
	Pint: \$10.00
Today's Special Cream	AVAILABLE OPTIONS
	Scoop: \$4.00
	Pint: \$10.00