



VEGETABLE JUICES 11

Green Lemonade

Ginger, spinach, cucumber, celery, fresh apple juice, fresh lemon juice. Nutropeps Add-Ins: Vegetable Protein, Bee Pollen, Chia Seeds, Lecithin, Spirulina, Flax Seeds, Multi-Vitamin, Organic Maca Powder, Peanut Butter, Whey Protein, Calcium, Cayenne, Hemp Seeds, Oat Bran, Ginseng, Almond Meal, Almond Butter (\$1); Honey (\$0.75)

AVAILABLE OPTIONS

- Small: \$5.50
- Medium: \$6.50
- Large: \$7.50

Vata's Delight

Beet, cucumber, carrots. Nutropeps Add-Ins: Vegetable Protein, Bee Pollen, Chia Seeds, Lecithin, Spirulina, Flax Seeds, Multi-Vitamin, Organic Maca Powder, Peanut Butter, Whey Protein, Calcium, Cayenne, Hemp Seeds, Oat Bran, Ginseng, Almond Meal, Almond Butter (\$1); Honey (\$0.75)

AVAILABLE OPTIONS

- Small: \$4.25
- Medium: \$5.25
- Large: \$6.25

Pitta Perfect

Celery, cucumber, fresh apple. Nutropeps Add-Ins: Vegetable Protein, Bee Pollen, Chia Seeds, Lecithin, Spirulina, Flax Seeds, Multi-Vitamin, Organic Maca Powder, Peanut Butter, Whey Protein, Calcium, Cayenne, Hemp Seeds, Oat Bran, Ginseng, Almond Meal, Almond Butter (\$1); Honey (\$0.75)

AVAILABLE OPTIONS

- Small: \$4.25
- Medium: \$5.25
- Large: \$6.25

Kapha Pacifier

Ginger, beets, celery, carrot. Nutropeps Add-Ins: Vegetable Protein, Bee Pollen, Chia Seeds, Lecithin, Spirulina, Flax Seeds, Multi-Vitamin, Organic Maca Powder, Peanut Butter, Whey Protein, Calcium, Cayenne, Hemp Seeds, Oat Bran, Ginseng, Almond Meal, Almond Butter (\$1); Honey (\$0.75)

AVAILABLE OPTIONS

- Small: \$4.25
- Medium: \$5.25
- Large: \$6.25

Euphoria

Beets, carrots, fresh apple. Nutropeps Add-Ins: Vegetable Protein, Bee Pollen, Chia Seeds, Lecithin, Spirulina, Flax Seeds, Multi-Vitamin, Organic Maca Powder, Peanut Butter, Whey Protein, Calcium, Cayenne, Hemp Seeds, Oat Bran, Ginseng, Almond Meal, Almond Butter (\$1); Honey (\$0.75)

AVAILABLE OPTIONS

- Small: \$4.25
- Medium: \$5.25
- Large: \$6.25

Rejuvenator

Parsley, beets, carrots, garlic. Nutropeps Add-Ins: Vegetable Protein, Bee Pollen, Chia Seeds, Lecithin, Spirulina, Flax Seeds, Multi-Vitamin, Organic Maca Powder, Peanut Butter, Whey Protein, Calcium, Cayenne, Hemp Seeds, Oat Bran, Ginseng, Almond Meal, Almond Butter (\$1); Honey (\$0.75)

AVAILABLE OPTIONS

- Small: \$4.25
- Medium: \$5.25
- Large: \$6.25

The Green Thing (Beautiful Skin)

Aloe Vera, Parsley, celery, cucumber, Mint, Apple, spirulina. Nutropeps Add-Ins: Vegetable Protein, Bee Pollen, Chia Seeds, Lecithin, Spirulina, Flax Seeds, Multi-Vitamin, Organic Maca Powder, Peanut Butter, Whey Protein, Calcium, Cayenne, Hemp Seeds, Oat Bran, Ginseng, Almond Meal, Almond Butter (\$1); Honey (\$0.75)

AVAILABLE OPTIONS

- Medium: \$7.50
- Large: \$9.00

Super-7

Ginger, parsley, beets, bell pepper, celery, cucumber, carrots. Nutropeps Add-Ins: Vegetable Protein, Bee Pollen, Chia Seeds, Lecithin, Spirulina, Flax Seeds, Multi-Vitamin, Organic Maca Powder, Peanut Butter, Whey Protein, Calcium, Cayenne, Hemp Seeds, Oat Bran, Ginseng, Almond Meal, Almond Butter (\$1); Honey (\$0.75)

AVAILABLE OPTIONS

- Medium: \$6.50
- Large: \$7.50

C.A.G.S.	AVAILABLE OPTIONS
Hand-squeezed lemon juice, ginger, fresh apple juice, garlic, honey. Nutropeps Add-Ins: Vegetable Protein, Bee Pollen, Chia Seeds, Lecithin, Spirulina, Flax Seeds, Multi-Vitamin, Organic Maca Powder, Peanut Butter, Whey Protein, Calcium, Cayenne, Hemp Seeds, Oat Bran, Ginseng, Almond Meal, Almond Butter (\$1); Honey (\$0.75)	Small: \$5.50 Medium: \$6.50 Large: \$7.50

DETOX	AVAILABLE OPTIONS
Kale, spinach, celery, cucumber, BrainON, fresh apple. Nutropeps Add-Ins: Vegetable Protein, Bee Pollen, Chia Seeds, Lecithin, Spirulina, Flax Seeds, Multi-Vitamin, Organic Maca Powder, Peanut Butter, Whey Protein, Calcium, Cayenne, Hemp Seeds, Oat Bran, Ginseng, Almond Meal, Almond Butter (\$1); Honey (\$0.75)	Medium: \$7.50 Large: \$9.00

Anti-FLU	AVAILABLE OPTIONS
Grape Fruit, Orange Juice, Ginger, Lemon Juice, Honey	Medium: \$6.50 Large: \$7.50

MAIN 14

Banana Smoothie	\$7.00
Fresh banana, organic soy milk, fat-free yogurt (optional). Includes one serving size of any Nutropep and an optional choice of fat-free frozen yogurt or organic raw agave at no additional charge. Bowl Add-Ins: Add Blueberries, Add Hemp Seeds, Add Organic Maca Powder, Add Chia Seeds, Add Sunflower Seeds, Add Coconut, Add Dates, Add Chocolate Chips, Add Peanut Butter Chips, Add Peanut Butter Crumbs, Add Almonds, Add Bee Pollen, Add Almond Meal (\$1); Add Honey (\$0.75)	

Strawberry Smoothie	\$7.00
Fresh strawberry, our own raspberry juice, fat-free yogurt (optional). Includes one serving size of any Nutropep and an optional choice of fat-free frozen yogurt or organic raw agave at no additional charge	

Mango Smoothie	\$7.00
Fresh mango, hand-squeezed OJ, fat-free yogurt (optional). Includes one serving size of any Nutropep and an optional choice of fat-free frozen yogurt or organic raw agave at no additional charge	

Ma's Special	\$7.00
Fresh banana, fresh strawberry, hand-squeezed OJ, fat-free yogurt (optional). Includes one serving size of any Nutropep and an optional choice of fat-free frozen yogurt or organic raw agave at no additional charge	

Fruit Blend	\$7.00
Fresh banana, fresh strawberry, fresh pineapple, hand-squeezed OJ, fat-free yogurt (optional). Includes one serving size of any Nutropep and an optional choice of fat-free frozen yogurt or organic raw agave at no additional charge	

Tropical Smoothie	\$7.00
Fresh mango, fresh pineapple, fresh papaya, hand-squeezed OJ, fat-free yogurt (optional). Includes one serving size of any Nutropep and an optional choice of fat-free frozen yogurt or organic raw agave at no additional charge	

Crazy-4-Berries	\$7.00
Fresh strawberry, fresh banana, blueberry, raspberry, boysenberry, fresh made raspberry juice. Includes one serving size of any Nutropep and an optional choice of fat-free frozen yogurt or organic raw agave at no additional charge	

Singapore Sling	\$7.00
Fresh pineapple, fresh strawberry, hand-squeezed OJ, non-fat orange sherbet (optional). Includes one serving size of any Nutropep and an optional choice of fat-free frozen yogurt or organic raw agave at no additional charge	

Pink Squirrel	\$7.00
Fresh banana, fresh strawberry, fresh made raspberry juice. Includes one serving size of any Nutropep and an optional choice of fat-free frozen yogurt or organic raw agave at no additional charge	

Energizer	\$7.00
Fresh banana, fresh carrot juice, fresh apple juice, protein powder, non-fat frozen yogurt. Includes one serving size of any Nutropep and an optional choice of fat-free frozen yogurt or organic raw agave at no additional charge	
Pina Colada	\$7.00
Fresh banana, fresh pineapple, coconut, our own papaya juice, non-fat frozen yogurt. Includes one serving size of any Nutropep and an optional choice of fat-free frozen yogurt or organic raw agave at no additional charge	
Vata's Smoothie	\$7.00
Fresh banana, blueberry, fresh papaya, our own papaya juice. Includes one serving size of any Nutropep and an optional choice of fat-free frozen yogurt or organic raw agave at no additional charge	
Kapha's Choice	\$7.00
Fresh banana, dried dates, fresh apple juice. Includes one serving size of any Nutropep and an optional choice of fat-free frozen yogurt or organic raw agave at no additional charge	
Pitta Mix	\$7.00
Fresh pineapple, fresh mango, coconut, hand-squeezed OJ. Includes one serving size of any Nutropep and an optional choice of fat-free frozen yogurt or organic raw agave at no additional charge	

ORGANIC SHOTS 7

Wheatgrass Shot	\$2.25
Ginger Shot	\$2.25
BrainOn Shot	\$3.75
Aloe Shot	\$2.25
The Flight	\$7.50
A combination of wheatgrass, ginger and BrainOn shots	
Turmeric Shot	\$3.25
Chia Shot	\$3.25

ENERGY BOWLS 8

Acai Classic	AVAILABLE OPTIONS
Pure organic acai pulp blended with organic soy milk and banana, topped with fresh fruit and organic gluten-free hemp granola. Served in a 32 oz. bowl. Choose between hungry size and mega size	Hungry Size: \$8.95
	Mega Size: \$15.95
Ironman	AVAILABLE OPTIONS
Pure organic acai pulp blended with bananas, organic blueberries, organic soy milk and organic peanut butter, topped with fresh fruit and organic gluten-free hemp granola. Served in a 32 oz. bowl. Choose between hungry size and mega size	Hungry Size: \$9.95
	Mega Size: \$16.95
Lotta Beta	AVAILABLE OPTIONS
Pure organic acai pulp blended with bananas, organic apples, strawberries, beets, spinach, topped with fresh fruit and organic gluten-free hemp granola. Served in a 32 oz. bowl. Choose between hungry size and mega size	Hungry Size: \$9.95
	Mega Size: \$16.95

Rise & Shine	AVAILABLE OPTIONS
Pure organic acai pulp blended with bananas, organic espresso, dark cacao and organic soy milk, topped with fresh fruit and organic gluten-free hemp granola. Served in a 32 oz. bowl. Choose between hungry size and mega size	Hungry Size: \$9.95 Mega Size: \$16.95
Pitaya Classic	AVAILABLE OPTIONS
Pure organic pitaya mixed with organic almond milk and banana, topped with fresh fruit and organic gluten-free hemp granola. Served in a 32 oz. bowl. Choose between hungry size and mega size	Hungry Size: \$8.95 Mega Size: \$15.95
Nutty Dragon	AVAILABLE OPTIONS
Pure organic pitaya mixed with organic peanut butter, organic soy milk, peaches and mango, topped with fresh fruit and organic gluten-free hemp granola. Served in a 32 oz. bowl. Choose between hungry size and mega size	Hungry Size: \$9.95 Mega Size: \$16.95
Managua	AVAILABLE OPTIONS
Pure organic pitaya mixed with organic blueberries, strawberries, organic rice milk and fresh spinach, topped with fresh fruit and organic gluten-free hemp granola. Served in a 32 oz. bowl. Choose between hungry size and mega size	Hungry Size: \$9.95 Mega Size: \$16.95
South Pacific	AVAILABLE OPTIONS
Pure organic pitaya mixed with organic apple, ginger, boysenberries, strawberries and fresh kale, topped with fresh fruit and organic gluten-free hemp granola. Served in a 32 oz. bowl. Choose between hungry size and mega size	Hungry Size: \$9.95 Mega Size: \$16.95

JUICES 5

Apple Juice	AVAILABLE OPTIONS
We make our fresh juices one customer at a time	Small: \$4.25 Medium: \$5.25 Large: \$6.25
Carrot Juice	AVAILABLE OPTIONS
We make our fresh juices one customer at a time	Small: \$4.25 Medium: \$5.25 Large: \$6.25
Watermelon Juice	AVAILABLE OPTIONS
We make our fresh juices one customer at a time	Small: \$4.00 Medium: \$5.00 Large: \$6.00
Orange Juice	AVAILABLE OPTIONS
We make our fresh juices one customer at a time	Small: \$4.25 Medium: \$5.25 Large: \$6.25
Grape Fruit	AVAILABLE OPTIONS
We make our fresh juices one customer at a time	Small: \$4.25 Medium: \$5.25 Large: \$6.25

SPECIALTY SANDWICHES 4

Turkey Swiss Sandwich	\$7.75
Turkey, Swiss cheese, fresh tomatoes, spinach, alfalfa sprouts, mustard, mayo on whole wheat bread	

Vegetarian Sandwich	\$7.75
Swiss cheese, cucumber slices, fresh tomatoes, avocado, baby spinach, alfalfa sprouts, mustard, mayo, pesto on whole wheat bread	

Hummus Sandwich	AVAILABLE OPTIONS
Homemade hummus, fresh tomatoes, avocado, baby spinach and alfalfa sprouts on whole wheat bread	\$7.75
	Add Turkey: \$1.50

Albacore Tuna Sandwich	\$7.75
A scoop of house albacore tuna mix, fresh tomatoes, alfalfa sprouts, baby spinach, mustard, mayo over whole wheat bread	

PLATTERS 3

Kaboose Lunch Platter	AVAILABLE OPTIONS
Scoop of homemade hummus, scoop of our own albacore tuna mix, cucumber and tomato slices, side of fresh fruit, served with warm pita pockets	\$8.95
	Sub Gluten-Free Bread: \$1.00

Spicy Baja Quesadilla	AVAILABLE OPTIONS
Jack and Cheddar cheese, jalapeños in a chipotle tortilla with a side of organic salsa, sour cream and guacamole. Served with organic tortilla chips	\$8.50
	Sub Gluten-Free Bread: \$1.00
	Add Grilled Chicken: \$1.50

Greek Quesadilla	AVAILABLE OPTIONS
Jack and Cheddar cheese, Feta cheese, black olives, in a chipotle tortilla, with a side of organic salsa, sour cream and guacamole. Served with organic tortilla chips	\$8.50
	Sub Gluten-Free Bread: \$1.00
	Add Grilled Chicken: \$1.50

GOURMET WRAPS 5

California Wrap	\$8.95
Swiss cheese, turkey, brown rice, black beans, tomatoes, avocado, red onions, baby spinach, served in a chipotle tortilla. Served with your choice of kettle chips or fresh fruit	

Asian Wrap	\$8.75
Turkey, fresh minced ginger, almonds, shredded coconut, Mandarin orange, sun-dried tomatoes, alfalfa sprouts, sesame sauce and baby spinach. Served on spinach tortilla. Served with your choice of kettle chips or fresh fruit	

Mediterranean Wrap	\$8.95
Homemade hummus, red bell pepper, sun-dried tomatoes, fresh tomatoes, artichoke hearts, Feta cheese, black olives and baby spinach, all in a tomato basil tortilla. Served with your choice of kettle chips or fresh fruit	

Albacore Tuna Wrap	\$8.75
House albacore tuna mix, Swiss cheese, sesame seeds, fresh tomatoes, baby spinach, all in a chipotle tortilla, mustard and mayo. Served with your choice of kettle chips or fresh fruit	

Veggie Wrap	\$8.95
Swiss cheese, brown rice, cucumbers, apples, tomatoes, avocado, red bell pepper, artichoke hearts, red onions, almonds, baby spinach, served in a spinach tortilla, mustard, mayo and pesto. Served with your choice of kettle chips or fresh fruit	

SALADS 3

Garden Quinoa Bowl		AVAILABLE OPTIONS
Organic quinoa, black beans, Romaine lettuce, red cabbage, carrots, fresh tomatoes, avocado, salsa, shredded vegan Jack/Cheddar cheese. Can sub brown rice for quinoa		\$8.50
		Add Grilled Chicken:
		\$1.50
Tossed Green Kale Salad		AVAILABLE OPTIONS
Organic kale, celery, cucumber, apples, tomatoes, walnuts, organic olive oil and pomegranate vinegar		\$8.50
		Add Grilled Chicken:
		\$1.50
Maui Fruit Salad		\$7.95
Fresh strawberries, bananas, melon topped with low-fat cottage cheese, honey and sunflower seeds		