



LUNCH AND DINNER 16

Jerk Chicken

B B Q Chicken

Curry Chicken

Stew Chicken

Stew Peas

Bake Chicken

Oxtail

Curry Goat

Brown Stew Fish

Steamed Fish

Slice Fish

Steamed Fish with Crackers

Shrimp Chop Suey

Coconut Rundown

Chicken Chop Suey

Fish or Shrimp Steamed in Coconut

SOUP 6

Goat Head

Chicken Foot

Plain Chicken

Red Peas

Gungo Peas

