

# Roam Cafe

260 Park Ave 14607-2724 · +15853604165 · Updated: Jan 14, 2026

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## APPETIZERS 15

|                                                                                                             |                          |
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| <b>Arancini</b>                                                                                             | <b>\$7.00</b>            |
| breaded risotto balls stuffed with mozzarella, topped with house blush sauce                                |                          |
| <b>Meatball</b>                                                                                             | <b>\$8.00</b>            |
| hand rolled beef and sausage meatball baked and topped with house marinara                                  |                          |
| <b>The Pair</b>                                                                                             | <b>\$13.00</b>           |
| one arancini, one meatball                                                                                  |                          |
| <b>Calamari</b>                                                                                             | <b>\$14.00</b>           |
| fresh from Point Judith, Rhode Island lightly fried, served with marinara and cucumber wasabi dipping sauce |                          |
| <b>Warm Pretzels</b>                                                                                        | <b>\$8.00</b>            |
| pretzels brushed with butter and served with mustard or cheese dipping sauces                               |                          |
| <b>Buffalo Chicken Thighs</b>                                                                               | <b>\$9.00</b>            |
| 'House Favorite!' baked and fried, topped with house-made Buffalo sauce and crumbled bleu cheese            |                          |
| <b>Buffalo Fried Cauliflower</b>                                                                            | <b>\$9.00</b>            |
| <b>Crispy Artichoke Hearts</b>                                                                              | <b>\$9.00</b>            |
| lightly breaded and fried, served with a cajun dipping sauce                                                |                          |
| <b>Crab Cake</b>                                                                                            | <b>AVAILABLE OPTIONS</b> |
| house-recipe crab cake seared to perfection and drizzled with aioli sauce                                   |                          |
| One: \$8.00                                                                                                 |                          |
| Two: \$15.00                                                                                                |                          |
| <b>Bruschetta Trio Focaccia</b>                                                                             | <b>\$12.00</b>           |
| basil pesto & fresh roam ricotta; blue cheese & honey; chèvre, tomato & herb oil                            |                          |
| <b>Zucchini Cakes*</b>                                                                                      | <b>\$8.00</b>            |
| seared and topped with caramelized onions and garnished with crispy bacon                                   |                          |
| <b>Duck Quesadilla</b>                                                                                      | <b>\$13.00</b>           |
| pulled duck confit duck meat with cranberry sage mascarpone cheddar, served with scallion crème             |                          |
| <b>Spinach Artichoke Dip</b>                                                                                | <b>\$10.00</b>           |
| a blend of spinach, Spanish artichokes and artisanal cheeses oven baked and served with flat bread chips    |                          |
| <b>Polenta Pomodora</b>                                                                                     | <b>\$11.00</b>           |
| fried sundried tomato and artichoke polenta served over marinara with parmesan and asiago cheese            |                          |

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| <b>Share Plate</b>                                                          | <b>\$19.00</b> |
| chef's selections of cured meats, aged cheeses, olives and fresh vegetables |                |

**SOUP & SALADS** 10

**Soup of the Day**

ask server for daily creation; available in cup | bowl

|                                             |                          |
|---------------------------------------------|--------------------------|
| <b>Creamy Tomato &amp; Artichoke Bisque</b> | <b>AVAILABLE OPTIONS</b> |
|                                             | Cup: \$4.50              |
|                                             | Bowl: \$6.50             |

|                                                                            |                          |
|----------------------------------------------------------------------------|--------------------------|
| <b>House</b>                                                               | <b>AVAILABLE OPTIONS</b> |
| mixed greens, cucumber, tomato, pepperoncini, red onion, house vinaigrette | Half: \$5.00             |
|                                                                            | Full: \$8.00             |

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| <b>Paleo</b>                                                                              | <b>AVAILABLE OPTIONS</b> |
| baby spinach, tomato, hard boiled egg, almonds, red onion in a bacon and herb vinaigrette | Half: \$7.00             |
|                                                                                           | Half: \$11.00            |

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| <b>Popeye</b>                                                                               | <b>AVAILABLE OPTIONS</b> |
| baby spinach, tomato, mushroom, craisins, roasted red pepper, almonds, honey dijon dressing | Half: \$7.00             |
|                                                                                             | Full: \$11.00            |

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| <b>Arugula</b>                                                                                                                   | <b>\$10.00</b> |
| arugula and greens with charred grape tomatoes and crispy pancetta in a honey bourbon vinaigrette topped with herbed goat cheese |                |

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| <b>Caesar</b>                                                                        | <b>AVAILABLE OPTIONS</b> |
| crisp romaine tossed with creamy caesar dressing, baked croutons and shaved parmesan | Half: \$8.00             |
|                                                                                      | Full: \$12.00            |

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| <b>Calamari</b>                                                                                                                           | <b>\$16.00</b> |
| fresh Rhode Island calamari crispy fried over mixed greens with mediterranean olives and tomatoes, drizzled with cucumber wasabi dressing |                |

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| <b>Grilled Steak</b>                                                                                                                          | <b>\$16.00</b> |
| beef tenderloin tips served over grilled romaine dressed with balsamic vinaigrette, topped with crispy onion strings and crumbled blue cheese |                |

|                                                                                                                      |                          |
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| <b>Winter</b>                                                                                                        | <b>AVAILABLE OPTIONS</b> |
| baby greens, marinated beets, feta cheese, red onions and roasted sunflower seeds in a red wine tarragon vinaigrette | Half: \$6.50             |
|                                                                                                                      | Full: \$10.00            |

**SALADS ADDITION** 7

|                      |               |
|----------------------|---------------|
| <b>Chicken Salad</b> | <b>\$5.00</b> |
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| <b>Crab Cake</b> | <b>\$8.00</b> |
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|------------------------|---------------|
| <b>Chicken Breast*</b> | <b>\$6.00</b> |
|------------------------|---------------|

|                              |               |
|------------------------------|---------------|
| <b>Beef Tenderloin Tips*</b> | <b>\$7.00</b> |
| <b>Grilled Shrimp*</b>       | <b>\$6.00</b> |
| <b>Calamari</b>              | <b>\$6.00</b> |
| <b>Tofu</b>                  | <b>\$3.00</b> |
| fried or paleo rub           |               |

SANDWICHES 8

|                                                                                                                                                                           |                |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|
| <b>Grilled Chicken</b>                                                                                                                                                    | <b>\$14.00</b> |
| 8 oz. NYS natural chicken breast on a fresh roll topped with cheddar and bacon, dressed with roasted garlic jalapeño aioli                                                |                |
| <b>Prime Rib</b>                                                                                                                                                          | <b>\$14.00</b> |
| Angus Reserve shaved prime rib, melted mozzarella, caramelized onions and au jus on a fresh roll. We proudly feature Angus Reserve Steaks                                 |                |
| <b>Turkey BLT</b>                                                                                                                                                         | <b>\$14.00</b> |
| house-roasted turkey, crispy bacon, herb mayo, lettuce, tomato on a fresh roll                                                                                            |                |
| <b>Cranberry Almond Chicken Salad Wrap</b>                                                                                                                                | <b>\$13.00</b> |
| served with lettuce and tomato in a herb tortilla wrap                                                                                                                    |                |
| <b>Meatball</b>                                                                                                                                                           | <b>\$12.00</b> |
| house made meatball, mozzarella, marinara sauce on focaccia bread                                                                                                         |                |
| <b>Chicken Parmesan</b>                                                                                                                                                   | <b>\$13.00</b> |
| breaded and seared chicken breast topped with marinara and melted mozzarella cheese on fresh focaccia bread                                                               |                |
| <b>Lentil Burger</b>                                                                                                                                                      | <b>\$13.00</b> |
| house prepared vegetarian patty on fresh roll dressed with 1000 island dressing caramelized onions, provolone and spinach or topped with your choice of 2 burger toppings |                |
| <b>Avenue Burger</b>                                                                                                                                                      | <b>\$14.00</b> |
| hand pressed beef patty topped with mixed greens and choice of 2 other toppings                                                                                           |                |

SIDES 11

|                                    |
|------------------------------------|
| <b>Sauteed Garlic Spinach*</b>     |
| <b>Sauteed Zucchini*</b>           |
| <b>Baked Mac &amp; Cheese</b>      |
| <b>Smashed Red Potatoes</b>        |
| <b>Garlic Parmesan Fries</b>       |
| <b>Sweet Potato Mash*</b>          |
| <b>Marinated Artichoke Hearts*</b> |

Tomato & Cucumber Salad\*

Brown Rice & Quinoa Blend

Seasoned Sweet Potato Fries

Green Beans with Almonds\*

ENTREES 12

Stockyard Sirloin \$25.00

10 oz. aged Angus Reserve, grilled to order, served with your choice of two sides

Chef's Cut Steak

daily Chef selections

Pork Chop \$21.00

10 oz. Premium grade boneless, house-brined loin chop, topped with apple honey lime salsa or Paleo rubbed served with two sides of your choice

Smothered Chicken \$19.00

grilled chicken breast topped with sauteed mushrooms, onions, peppers and topped with crispy bacon, served with your choice of two sides

Organic Norwegian Salmon \$21.00

8 oz. seared salmon filet, topped with your choice of citrus caper compound butter or Paleo rub, served with your choice of two sides

Sweet & Spicy Stir Fry \$15.00

medley of peppers, onion, green beans and broccoli in a savory brown garlic sauce over rice and quinoa, dressed with sriracha and scallions

Balsamic Vegetable Sauté \$15.00

medley of sautéed market vegetables served over brown rice and quinoa, topped with a balsamic reduction

Pesto Chicken \$18.00

grilled chicken and diced tomatoes in a pesto cream sauce over tri-color cheese tortellini

Gnocchi con Funghi AVAILABLE OPTIONS

potato and cheese gnocchi tossed in a mushroom cream sauce with pancetta, green peas and shredded parmesan cheese \$18.00  
With Gluten Free: \$20.00

Four Cheese Ravioli \$18.00

tossed with house blush sauce, basil and onion

Butternut Squash Ravioli \$18.00

sautéed spinach, red onion and cranberry tossed in a sage brown butter sauce, topped with shredded asiago

Chicken Parmesan \$18.00

breaded and baked chicken breast cutlet, topped with marinara, mozzarella, and parmesan cheese served over linguini

ENTREES ADDITION 5

|                      |        |
|----------------------|--------|
| Crumbled Blue Cheese | \$2.00 |
| Sauteed Mushrooms*   | \$2.00 |
| Caramelized Onions*  | \$2.00 |
| Crab Cake            | \$8.00 |
| Grilled Shrimp*      | \$6.00 |

ARTISAN PIZZA 10

|                                                                                                                                 |         |
|---------------------------------------------------------------------------------------------------------------------------------|---------|
| White                                                                                                                           | \$14.00 |
| extra virgin olive oil and garlic, grilled chicken, artichokes, spinach, mozzarella, fresh ricotta                              |         |
| Bella                                                                                                                           | \$13.00 |
| crimini mushrooms in an oregano asiago oil, caramelized onions, shredded mozzarella                                             |         |
| Roam                                                                                                                            | \$14.00 |
| red sauce, sausage, pepperoni, mushroom, mozzarella, pepperoncini                                                               |         |
| Pepperoni                                                                                                                       | \$13.00 |
| Meatball                                                                                                                        | \$14.00 |
| red sauce, parmesan, caramelized onions, sliced home-made meatball                                                              |         |
| Veggie Pesto                                                                                                                    | \$13.00 |
| pesto sauce, zucchini, olives, artichoke hearts, roasted red peppers, onions and mozzarella cheese                              |         |
| Buffalo Chicken                                                                                                                 | \$14.00 |
| buffalo sauce, pulled chicken thighs mozzarella, topped with gorgonzola cheese and scallions                                    |         |
| New Yorker                                                                                                                      | \$14.00 |
| extra virgin olive oil and garlic, mozzarella, sausage, broccoli, charred grape tomatoes                                        |         |
| Pancetta Feta                                                                                                                   | \$13.00 |
| red sauce, mozzarella, bacon, caramelized onion, crispy pancetta and feta cheese                                                |         |
| Rustica                                                                                                                         | \$12.00 |
| grilled eggplant, stewed peppers and onions, charred grape tomatoes, topped with fresh herbs, olives and extra virgin olive oil |         |

DAILY SPECIALS 3

|                                                                                                  |                   |
|--------------------------------------------------------------------------------------------------|-------------------|
| Friday "Fish Fry"                                                                                | \$17.00           |
| Available after 5 p.m. Belgian beer-battered haddock                                             |                   |
| Saturday "Angus Reserve Prime Rib"                                                               | AVAILABLE OPTIONS |
| Available after 5 p.m. Slow-roasted, hand-cut Prime Rib. We proudly feature Angus Reserve Steaks | \$25.00           |
|                                                                                                  | \$30.00           |
| Sunday "Champagne Brunch"                                                                        |                   |
| A la carte brunch menu and \$2 mimosas                                                           |                   |

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| <b>Mimosas</b>                                                                                                                         | <b>\$2.00</b>  |
| You can't just have one                                                                                                                |                |
| <b>The Hangover Breakfast Pizza</b>                                                                                                    | <b>\$12.00</b> |
| Hand-made dough, topped with eggs, Mozzarella and cheddar cheese, sliced ham, crispy bacon, mushrooms, and onions                      |                |
| <b>Meat Lover's Breakfast Pizza</b>                                                                                                    | <b>\$12.00</b> |
| Hand-made dough, topped with eggs, Mozzarella cheese, sausage, bacon, caramelized onions, and roasted red peppers                      |                |
| <b>Veggie Breakfast Pizza</b>                                                                                                          | <b>\$10.50</b> |
| Hand-made dough, topped with eggs, Mozzarella cheese, tomato, zucchini, and a drizzle of basil pesto                                   |                |
| <b>Chef's Eggs Benedict</b>                                                                                                            | <b>\$11.00</b> |
| Toasted English Muffin, poached eggs, hollandaise sauce served with home fries and a simple citrus salad                               |                |
| <b>Omelette, Toast, and Homefries</b>                                                                                                  | <b>\$9.25</b>  |
| Bacon, cheddar, mushrooms, and mozzarella; Swiss, spinach, artichoke and red onion; Sausage, red pepper, caramelized onion, mozzarella |                |
| <b>Steak and Eggs</b>                                                                                                                  | <b>\$18.00</b> |
| 10 oz. Stockyard Sirloin, 2 eggs served any style, toast and homefries                                                                 |                |
| <b>Ham and Cheddar Croissant Sandwich</b>                                                                                              | <b>\$8.00</b>  |
| Grilled Ham, fried eggs, and melted cheddar on a toasted croissant . Served with a side of homefries                                   |                |
| <b>Housemade Quiche</b>                                                                                                                | <b>\$8.00</b>  |
| Ask your server for the daily selection. Served with a simple citrus salad                                                             |                |
| <b>Chocolate Chip and Banana Pancakes</b>                                                                                              | <b>\$9.00</b>  |
| Served with caramel maple syrup and fresh fruit                                                                                        |                |
| <b>Zucchini Cakes and Homefries</b>                                                                                                    | <b>\$8.00</b>  |
| Topped with caramelized onions and crispy bacon (paleo friendly: switch fresh fruit for the homefries)                                 |                |
| <b>French Toast</b>                                                                                                                    | <b>\$7.50</b>  |
| Thick cut cinnamon Texas toast fresh from Great Harvest Bakery topped with butter, maple syrup, and confectioner sugar                 |                |
| <b>Two Eggs, Bacon, Toast, and Homefries</b>                                                                                           | <b>\$8.00</b>  |
| <b>Tofu Scramble, Toast, and Homefries</b>                                                                                             | <b>\$9.25</b>  |
| Lightly seasoned seared tofu with scallions, parsley, and tomatoes                                                                     |                |
| <b>Fruit Salad Parfait</b>                                                                                                             | <b>\$7.00</b>  |
| Fresh fruit layered with Greek Yogurt, almonds, granola, and honey                                                                     |                |