



INDIVIDUALLY PACKAGED STIR-FRY 6

Spicy Garlic

Freshly made egg white noodles, roasted chicken, bell peppers, broccoli, red onions, pineapples, parsley and our spicy garlic sauce.

Garlic Butter Chicken

Freshly made egg white noodles, roasted chicken, snow peas, scallions, mushrooms, toasted sesame seeds, chili crisps, and our garlic butter sauce.

Sesame Garlic

Freshly made whole wheat noodles, roasted steak, mushrooms, broccoli, scallions, toasted sesame seeds and our sesame garlic sauce.

Sweet Soy Five Spice

Brown rice, turkey meatballs, green beans, red onions, toasted sesame seeds and our sweet soy five spice sauce.

Garlic Butter Shrimp

Freshly made egg white noodles, roasted shrimp, snow peas, scallions, mushrooms, toasted sesame seeds, chili crisps, and our garlic butter sauce.

Red Coconut Curry (v, gf)

Rice noodles, roasted tofu, pineapples, jalapeños, carrots, scallions, cilantro and our red coconut curry sauce.

INDIVIDUALLY PACKAGED SALAD 5

Greek Out

Chopped romaine, roasted chicken, crunchy chickpeas, feta cheese, grape tomatoes, red onions, Kalamata olives, banana peppers, and Mediterranean herbs, served with tuscan herb dressing.

Asian Sesame Ginger

Organic arugula, roasted tofu, roasted mushrooms, roasted broccoli, roasted walnuts, whole wheat noodles and topped with parmesan crisps, served with Asian sesame ginger dressing.

Cobb

Chopped romaine, roasted chicken, hard boiled egg, crispy bacon, apples, grape tomatoes, avocado, and crumbled blue cheese, served with white balsamic vinaigrette.

Kale Chicken Caesar

Curly kale, roasted chicken, grape tomatoes, cucumbers, seasoned croutons, shaved parmesan, fresh lime, and seasoned breadcrumbs served with Classic Caesar dressing.

Classic Shrimp Caesar

Chopped romaine, roasted shrimp, seasoned croutons, shaved parmesan, and seasoned breadcrumbs, served with Classic Caesar dressing.

PLATTERS 9

Spicy Garlic Stir-fry Platter

Your choice of base with roasted chicken, bell peppers, broccoli, red onions, pineapples, parsley, and our spicy garlic sauce (Gluten-Free with brown rice)

AVAILABLE OPTIONS

Small: \$65.00

Large: \$129.00

Freshly Made Egg White Noodles: \$0.00

Freshly Made Whole Wheat Noodles:
\$0.00

Brown Rice: \$0.00

Sesame Garlic Stir-fry Platter

Your choice of base with roasted beef, mushrooms, broccoli, scallions, sesame seeds, and our sesame garlic sauce

AVAILABLE OPTIONS

Small: \$65.00

Large: \$129.00

Freshly Made Egg White Noodles: \$0.00

Freshly Made Whole Wheat Noodles:
\$0.00

Brown Rice: \$0.00

Sweet Soy Five Spice Stir-fry Platter

Brown rice, turkey meatballs, green beans, red onions, sesame seeds, and our sweet soy five spice sauce

AVAILABLE OPTIONS

Small: \$65.00

Large: \$129.00

Red Coconut Curry Stir-fry Platter

Your choice of base with roasted tofu, pineapples, jalapeños, carrots, scallions, cilantro, and our red coconut curry sauce. We recommend brown rice for this dish to make it vegan and gluten-free. Served with additional sauce on the side.

AVAILABLE OPTIONS

Small: \$65.00

Large: \$129.00

Freshly Made Egg White Noodles: \$0.00

Freshly Made Whole Wheat Noodles:
\$0.00

Brown Rice: \$0.00

Garlic Butter Chicken Stir-fry Platter

Your choice of base with roasted chicken, snow peas, scallions, mushrooms, toasted sesame seeds, chili crisps, and our garlic butter sauce. We recommend egg white noodles for this dish. Served with additional sauce on the side.

AVAILABLE OPTIONS

Small: \$65.00

Large: \$129.00

Freshly Made Egg White Noodles: \$0.00

Freshly Made Whole Wheat Noodles:
\$0.00

Brown Rice: \$0.00

Cobb Salad Platter

Chopped romaine with roasted chicken, hard-boiled egg, crispy bacon, apples, grape tomatoes, avocado, and crumbled blue cheese. Served with white balsamic vinaigrette on the side and complimentary focaccia bread. Gluten-free.

AVAILABLE OPTIONS

Small: \$55.00

Large: \$99.00

Asian Sesame Ginger Salad Platter

Freshly made whole wheat noodles & organic arugula with roasted broccoli, roasted mushrooms, parmesan crisps, and roasted walnuts. Served with asian sesame ginger dressing on the side and complimentary focaccia bread. Vegetarian.

AVAILABLE OPTIONS

Small: \$55.00

Large: \$99.00

Greek Out Salad Platter

Chopped romaine with crunchy chickpeas, feta cheese, grape tomatoes, cucumbers, red onions, kalamata olives, banana peppers, and mediterranean herbs. Served with tuscan herb dressing on the side and complimentary focaccia bread. Vegetarian and Gluten-free.

AVAILABLE OPTIONS

Small: \$55.00

Large: \$99.00

Kale Chicken Caesar Salad Platter

Curly kale with roasted chicken, grape tomatoes, cucumbers, seasoned croutons, shaved parmesan, and seasoned breadcrumbs. Served with classic caesar dressing on the side and complimentary focaccia bread.

AVAILABLE OPTIONS

Small: \$55.00

Large: \$99.00

PACKAGES 6

Stir-Fry with Side Salad for 12

Includes your choice of 2 small stir-fry platters and 1 small salad platter.

AVAILABLE OPTIONS

\$185.00

Spicy Garlic Stir-fry Platter: \$0.00

Sesame Garlic Stir-fry Platter: \$0.00

Sweet Soy Five Spice Platter: \$0.00

Red Coconut Curry Stir-fry Platter: \$0.00

Garlic Butter Chicken Stir-fry Platter:

\$0.00

Cobb Salad Platter: \$0.00

Asian Sesame Ginger Salad Platter: \$0.00

Kale Chicken Caesar Salad Platter: \$0.00

Greek Out Salad Platter: \$0.00

Stir-fry with Side Salad for 30

Includes your choice of 2 large stir-fry platters, 1 small stir-fry platter and 1 large salad platter

AVAILABLE OPTIONS

\$422.00

Spicy Garlic Stir-fry Platter: \$0.00

Sesame Garlic Stir-fry Platter: \$0.00

Sweet Soy Five Spice Stir-fry Platter:

\$0.00

Red Coconut Curry Stir-fry Platter: \$0.00

Garlic Butter Chicken Stir-fry Platter:

\$0.00

Cobb Salad Platter: \$0.00

Greek Out Salad Platter: \$0.00

Asian Sesame Ginger Salad Platter: \$0.00

Kale Chicken Caesar Salad Platter: \$0.00

Stir-fry with Side Salad for 50

Includes your choice of 4 large stir-fry platters and 2 large salads platters

AVAILABLE OPTIONS

\$714.00

Spicy Garlic Stir-fry Platter: \$0.00

Sesame Garlic Stir-fry Platter: \$0.00

Sweet Soy Five Spice Stir-fry Platter:

\$0.00

Red Coconut Curry Stir-fry Platter: \$0.00

Garlic Butter Chicken Stir-fry Platter:

\$0.00

Cobb Salad Platter: \$0.00

Greek Out Salad Platter: \$0.00

Asian Sesame Ginger Salad Platter: \$0.00

Kale Chicken Caesar Salad Platter: \$0.00

Stir-fry, Honeybar, with Side Salad for 12

Includes your choice of 2 small stir-fry platters, 1 small salad platter and individual honeybars

AVAILABLE OPTIONS

\$264.08

Spicy Garlic Stir-fry Platter: \$0.00

Sesame Garlic Stir-fry Platter: \$0.00

Sweet Soy Five Spice Stir-fry Platter:

\$0.00

Red Coconut Curry Stir-fry Platter: \$0.00

Garlic Butter Chicken Stir-fry Platter:

\$0.00

Cobb Salad Platter: \$0.00

Greek Out Salad Platter: \$0.00

Asian Sesame Ginger Salad Platter: \$0.00

Kale Chicken Caesar Salad Platter: \$0.00

Stir-fry, Honeybar, with Side Salad for 30

Includes your choice of 2 large stir-fry platters, 1 small stir-fry platter, 1 large salad platter and individual honeybars

AVAILABLE OPTIONS

\$619.70

Spicy Garlic Stir-fry Platter: \$0.00

Sesame Garlic Stir-fry Platter: \$0.00

Sweet Soy Five Spice Stir-fry Platter:

\$0.00

Red Coconut Curry Stir-fry Platter: \$0.00

Garlic Butter Chicken Stir-fry Platter:

\$0.00

Cobb Salad Platter: \$0.00

Greek Out Salad Platter: \$0.00

Asian Sesame Ginger Salad Platter: \$0.00

Kale Chicken Caesar Salad Platter: \$0.00

Stir-fry, Honeybar, with Side Salad for 50

Includes your choice of 4 large stir-fry platters, 2 large salads platters and individual honeybars

AVAILABLE OPTIONS

\$1,043.50

Spicy Garlic Stir-fry Platter: \$0.00

Sesame Garlic Stir-fry Platter: \$0.00

Sweet Soy Five Spice Stir-fry Platter:

\$0.00

Red Coconut Curry Stir-fry Platter: \$0.00

Garlic Butter Chicken Stir-fry Platter:

\$0.00

Cobb Salad Platter: \$0.00

Greek Out Salad Platter: \$0.00

Asian Sesame Ginger Salad Platter: \$0.00

Kale Chicken Caesar Salad Platter: \$0.00

SIDES 1

Focaccia Bread

\$0.99

Serves 1

DESSERTS 3

Honeybar

\$5.90

Serves 1 | Individually prepared honeybar with fresh fruit and local honey

Brownie

\$2.99

Serves 1

Brownie Platter

\$17.00

Serves 12

DRINKS 7

Bottled Spring Water

\$2.59

Serves 1

Grapefruit La Croix Sparkling Water

\$2.19

Serves 1

Lemon La Croix Sparkling Water

\$2.19

Serves 1

Diet Coke

Serves 1

Sprite

Serves 1

Beverage Bundle

Serves 6. Includes assorted La Croix and Spring Water.

Soft Drink Bundle

Serves 6. Includes assorted bottled soft drinks.

SUGGESTED STIR-FRY 7

Sesame Garlic

Freshly made whole wheat noodles, roasted steak, mushrooms, broccoli, scallions, toasted sesame seeds, and our sesame garlic sauce.

Sweet Soy Five Spice

Brown rice, turkey meatballs, green beans, red onions, toasted sesame seeds, and our sweet soy five spice sauce.

Red Coconut Curry (v, gf)

Rice noodles, roasted tofu, pineapples, jalapeños, carrots, scallions, cilantro, and our red coconut curry sauce.

Spicy Garlic

Freshly made egg white noodles, roasted chicken, bell peppers, broccoli, red onions, pineapples, parsley, and our spicy garlic sauce.

Garlic Butter Chicken

Freshly made egg white noodles, roasted chicken, snow peas, scallions, mushrooms, toasted sesame seeds, chili crisps, and our garlic butter sauce.

Garlic Butter Shrimp

Freshly made egg white noodles, roasted shrimp, snow peas, scallions, mushrooms, toasted sesame seeds, chili crisps, and our garlic butter sauce.

Chicken Parm Stir-fry

Freshly made egg white noodles, roasted chicken, grape tomatoes, bell peppers, red onions, seasoned breadcrumbs, parsley, shaved parmesan, and our tomato basil sauce.

SUGGESTED SALAD 5

Asian Sesame Ginger

Organic arugula, roasted tofu, roasted mushrooms, roasted broccoli, roasted walnuts, freshly made whole wheat noodles and topped with parmesan crisps, served with Asian sesame ginger dressing.

Classic Shrimp Caesar

Chopped romaine, roasted shrimp, seasoned croutons, shaved parmesan, and seasoned breadcrumbs, served with Classic Caesar dressing.

Greek Out (gf)

Chopped romaine, roasted chicken, crunchy chickpeas, feta cheese, grape tomatoes, red onions, Kalamata olives, banana peppers, and Mediterranean herbs, served with Tuscan Herb dressing.

Cobb (gf)

Chopped romaine, roasted chicken, hard boiled egg, crispy bacon, apples, grape tomatoes, avocado, and crumbled blue cheese, served with white balsamic vinaigrette.

Kale Chicken Caesar

Curly kale, roasted chicken, grape tomatoes, cucumbers, seasoned croutons, shaved parmesan, fresh lime, and seasoned breadcrumbs served with Classic Caesar dressing.

CYO 3

CYO Stir-Fry

Customize your dish with our freshly made noodles, add-ins, garnishes and select from our signature sauces. Three add-ins and two garnishes included, additional extra.

CYO Salad

Select from different bases + house dressings, choose up to 3 add-ins + 2 garnishes.

CYO Honeybar

Create your own delicious snack or dessert using fresh fruit, a garnish and a local honey ranging from wildflower, buckwheat or clover.

HG LIFESTYLE 8

Paleo Salad

Organic baby spinach, roasted chicken, cucumber, scallions, strawberries, blueberries, avocado, and roasted walnuts, served with olive oil and balsamic vinegar.

Keto Salad

Curly kale, roasted chicken, crispy bacon, grape tomatoes, red onions, shaved parmesan, and avocado, served with Tuscan herb dressing.

Whole Salad

Chopped romaine, roasted shrimp, grape tomatoes, red onions, jalapeños, cilantro, and avocado, topped with a squeeze of lime.

High Protein Salad

Chopped romaine, roasted chicken, double hard-boiled egg, grape tomatoes, red onions, carrots, and roasted walnuts, served with olive oil + balsamic vinegar.

Paleo Stir-fry

Curly kale, roasted chicken, broccoli, bell peppers, red onions, and our spicy garlic sauce.

Keto Stir-fry

Curly kale, double roasted steak, grape tomatoes, scallions, fried onions, fresh lime, and our sesame garlic sauce (light).

High Protein Stir-fry

Curly kale, double roasted steak, grape tomatoes, scallions, fried onions, fresh lime, avocado, and our sesame garlic sauce.

The Vegan Sesame Garlic Stir-fry

Freshly made whole wheat noodles, roasted tofu, mushrooms, broccoli, scallions, toasted sesame seeds, and our sesame garlic sauce.

HONEYBAR 5

The Cobbler Honeybar

Maple yogurt, roasted pears, roasted apples, streusel crumble, and whipped cream.

Fruit + Granola

Strawberries, blueberries, apple, grapes, granola, coconut shavings and our local buckwheat honey.

Brownie Crumble Honeybar

Strawberries, grapes, dark chocolate chips, brownie crumbles, whipped cream and our local clover honey.

Cheesecake Honeybar

Strawberries, blueberries, streusel crumble, and our Cheesecake filling.

Apple Pie Honeybar

Apples, roasted apples, streusel crumble, candied pecans, whipped cream, and our local wildflower honey.

KIDS MENU 3

Kid's Garlic Butter + Parm

Freshly made egg white noodles tossed with garlic butter sauce and covered with shaved parmesan. Includes a side of seasonally selected fruit.

Kid's CYO Salad

Create your own salad with fresh greens, protein, veggies, and dressing. Includes a side of seasonally selected fruit.

Kid's CYO Stir-Fry

Create your own stir-fry with protein, veggies, sauce and brown rice, egg white noodles, or whole wheat noodles.

BEVERAGES 7

Bottled Spring Water

Hydration is key! Pure spring water, bottled just for us.

Lemon La Croix Sparkling Water

Sparkling water with a touch of lemon.

Grapefruit La Croix Sparkling Water

Sparkling water with a hint of grapefruit, aka pamplemousse (french for 'grapefruit').

Mexican Coca-Cola

Classic Coca-Cola sweetened by pure cane sugar.

Diet Coke

Diet Coke is the perfect balance of crisp + refreshing. It's your deliciously fizzy go-to companion. The beverage you can count on.

Sprite

The classic lemon-lime. Sprite Original is made caffeine free with 100% natural flavors.

Honest Kids Organic Apple Juice

Organic apple juice with no artificial or added sugars.

EXTRAS 9

Brownie

Indulge in a richly decadent chocolate taste. Our Double Chocolate brownie is crafted with Ghirardelli chocolate chips and cocoa for an ultra rich, moist and chewy treat.

Herbed Focaccia Bread (v)

Made by tribeca oven with a small-batch, handcrafted approach. their dough = all-natural ingredients without preservatives or additives. using a blend of marjoram, thyme + sage, our herbed focaccia is baked in-store daily.

Egg White Noodles (uncooked)

A sleeve containing five of our 5 oz-wt portions of our egg white noodles. Perfect for making honeygrow at home! See the honeygrow website for cooking recommendations.

Whole Wheat Noodles (uncooked)

A sleeve containing five of our 5 oz-wt portions of our whole wheat noodles. Perfect for making honeygrow at home! See the honeygrow website for cooking recommendations.

Red Coconut Curry Sauce (bottle)

An 8 oz-fl squeeze bottle of sauce. Bottled to order. Perfect for making honeygrow at home! See the honeygrow website for cooking recommendations.

Sesame Garlic Sauce (bottle)

An 8 oz-fl squeeze bottle of sauce. Bottled to order. Perfect for making honeygrow at home! See the honeygrow website for cooking recommendations.

Spicy Garlic Sauce (bottle)

An 8 oz-fl squeeze bottle of sauce. Bottled to order. Perfect for making honeygrow at home! See the honeygrow website for cooking recommendations.

Sweet Soy Five Spice Sauce (bottle)

An 8 oz-fl squeeze bottle of sauce. Bottled to order. Perfect for making honeygrow at home! See the honeygrow website for cooking recommendations.

Classic Caesar Dressing (bottle)

An 8 oz-fl of dressing. Bottled to order. Perfect for making honeygrow at home! See the honeygrow website for cooking recommendations.
