



MAC & CHEESE - NOSH ¹²

All American Nosh **\$4.75**

american and cheddar cheese.

4 Cheese Nosh **\$6.25**

cheddar, muenster, gruyere and pecorino.

Cheeseburger Nosh **\$6.25**

cheddar, american, ground beef.

Napoletana Nosh **\$6.25**

fresh mozzarella, roasted tomatoes, roasted garlic and fresh basil

Mediterranean Nosh **\$7.25**

goat cheese, sauteed spinach, kalamata olives and roasted garlic

La Mancha Nosh **\$7.25**

manchego, fresh fennel and onions.

Alpine Nosh **\$7.25**

gruyere and slab bacon.

Parisienne Nosh **\$7.25**

brie, figs, roasted shiitake mushrooms and fresh rosemary.

Cajun Nosh **\$7.25**

cheddar, pepper jack, andouille sausage, green pepper, onions, celery and garlic.

Garden Lite Nosh **\$7.25**

lite cheddar, parmesan, roasted cauliflower, portobello mushrooms, roasted garlic, broccoli and scallions.

Masala Nosh **\$7.25**

cheddar, american, tomatoes, ginger, onions, cilantro, cumin and various indian spices.

Buffalo Chicken Nosh **\$7.25**

cheddar, american with boneless chicken pieces and buffalo wing sauce.

MAC & CHEESE - MAJOR MUNCH ¹²

All American Major Munch **\$7.75**

american and cheddar cheese.

4 Cheese Major Munch	\$9.75
cheddar, muenster, gruyere and pecorino.	
Cheeseburger Major Munch	\$9.75
cheddar, american, ground beef.	
Napoletana Major Munch	\$9.75
fresh mozzarella, roasted tomatoes, roasted garlic and fresh basil.	
Mediterranean Major Munch	\$10.75
goat cheese, sauteed spinach, kalamata olives and roasted garlic.	
La Mancha Major Munch	\$10.75
manchego, fresh fennel and onions.	
Alpine Major Munch	\$10.75
gruyere and slab bacon.	
Parisienne Major Munch	\$10.75
brie, figs, roasted shiitake mushrooms and fresh rosemary.	
Cajun Major Munch	\$10.75
cheddar, pepper jack, andouille sausage, green pepper, onions, celery and garlic.	
Garden Lite Major Munch	\$10.75
lite cheddar, parmesan, roasted cauliflower, portobello mushrooms, roasted garlic, broccoli and scallions.	
Masala Major Munch	\$10.75
cheddar, american, tomatoes, ginger, onions, cilantro, cumin and various indian spices.	
Buffalo Chicken Major Munch	\$10.75
cheddar, american with boneless chicken pieces and buffalo wing sauce.	

MAC & CHEESE - MONGO ¹²

All American Mongo	\$13.50
american and cheddar cheese.	
4 Cheese Mongo	\$17.00
cheddar, muenster, gruyere and pecorino.	
Cheeseburger Mongo	\$17.00
cheddar, american, ground beef.	
Napoletana Mongo	\$17.00
fresh mozzarella, roasted tomatoes, roasted garlic and fresh basil.	
Mediterranean Mongo	\$19.00
goat cheese, sauteed spinach, kalamata olives and roasted garlic.	
La Mancha Mongo	\$19.00
manchego, fresh fennel and onions.	

Alpine Mongo	\$19.00
gruyere and slab bacon.	
Parisiene Mongo	\$19.00
brie, figs, roasted shiitake mushrooms and fresh rosemary.	
Cajun Mongo	\$19.00
cheddar, pepper jack, andouille sausage, green pepper, onions, celery and garlic.	
Garden Lite Mongo	\$19.00
lite cheddar, parmesan, roasted cauliflower, portobello mushrooms, roasted garlic, broccoli and scallions.	
Masala Mongo	\$19.00
cheddar, american, tomatoes, ginger, onions, cilantro, cumin and various indian spices.	
Buffalo Chicken Mongo	\$19.00
cheddar, american with boneless chicken pieces and buffalo wing sauce.	

DARE TO BUILD YOUR OWN (CHEESE ONLY) 9

Build Your Own Mac Nosh	\$6.75
Build Your Own Mac Major Munch	\$10.25
Build Your Own Mac Mongo	\$17.50
Gluten Free Build Your Own Mac Major Munch	\$13.25
Gluten Free Build Your Own Mac Nosh	\$8.25
Gluten Free Build Your Own Mac Mongo	\$23.50
Multi-grain Build Your Own Mac Nosh	\$7.25
Multi-grain Build Your Own Mac Major Munch	\$11.25
Multi-grain Build Your Own Mac Mongo	\$19.50

DARE TO BUILD YOUR OWN (CHEESE AND MIX-INS) 9

Build Your Own Mac Nosh	\$8.25
Build Your Own Mac Major Munch	\$12.50
Build Your Own Mac Mongo	\$20.75
Gluten Free Build Your Own Mac Nosh	\$9.75
Gluten Free Build Your Own Mac Major Munch	\$15.50
Gluten Free Build Your Own Mac Mongo	\$26.75
Multi-grain Build Your Own Mac Nosh	\$8.75

Multi-grain Build Your Own Mac Major Munch **\$13.50**

Multi-grain Build Your Own Mac Mongo **\$22.75**

VEGAN (PLAIN) 3

Vegan Nosh **\$6.25**

coconut milk, rice flour, potato flour, palm oil, organic palm .shortening, marmite, salt and pepper.

Vegan Major Munch **\$9.75**

coconut milk, rice flour, potato flour, palm oil, organic palm .shortening, marmite, salt and pepper.

Vegan Mongo **\$17.00**

coconut milk, rice flour, potato flour, palm oil, organic palm .shortening, marmite, salt and pepper.

VEGAN (WITH MIX-INS) 3

Vegan Nosh With Mix-ins **\$7.75**

Vegan Major Munch With Mix-ins **\$12.00**

Vegan Mongo With Mix-ins **\$20.25**

SIDES 4

Mixed Green Salad **\$3.75**

made fresh every day right here in our restaurant. a great complement to the extreme cheesiness of our macs!

Brownie **\$3.00**

Cookie **\$2.00**

peanut butter, chocolate chip or sugar.

Cape Cod Potato Chips **\$1.50**
