



GOOD MORNING 10

Early Bird Sandwich	\$4.75
Egg, Tomato, Avocado; Mayo on English Muffin Bread; Bacon or Turkey	
New Mexico Burrito	\$5.00
Egg, Potatoes, Cheese, Avocado, Bacon; Homemade Green Salsa	
Egg White Bite	\$5.50
Egg Whites w/ Spinach; Feta. Served with a side of Tomato & Whole Wheat Toast	
Lox	\$8.50
House Cured Salmon, Capers, Cream Cheese, Tomato; Red Onion on Everything Bagel	
Croissant Sandwich	\$8.50
Egg, Cheese; Bacon	
Yummy Yummy in My Tummy	\$3.50
Warm Nutella; Fresh Bananas on Toasted Bread	
Steel-Cut Oatmeal	\$3.50
Bagel + Cream Cheese	\$3.25
Granola + Fruit + Yogurt	\$3.75
Banana	\$0.75

PASTRIES 1

Homemade Muffins	\$3.00
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SMOOTHIES 2

Fruit	AVAILABLE OPTIONS
Yogurt; Protein; Any Combo of: Bananas, Blueberries, Strawberries; Pineapple	16 oz: \$4.25
	20 oz: \$4.75
Green	AVAILABLE OPTIONS
All of the following: Avocado, Coconut, Apples, Banana, Kiwi, Mango, Pineapple, Spirulina, Chlorella, Broccoli, Spinach, Algae, Garlic, Barley Grass, Wheatgrass, Ginger, Tomato, Parsley; Yogurt	16oz: \$6.00
	20oz: \$6.50

WICHCRAFT 8

Stacked Turkey

Turkey, Tomato, Lettuce, Avocado, Provolone, Dijon Mustard; Mayo

The OMG

Prosciutto, Mascarpone, Fig; Honey

Caprese

Melted Fresh Mozzarella, Basil, Tomato, Balsamic; Olive Oil

Juicy Roast Beef

RB, Melted Muenster, Tomato; Creamy Horseradish Sauce

Crispy BLT

Bacon, Lettuce, Tomato; Mayo (Add Avocado \$0.70)

Veggie-tarian

Tomato, Cucumber, Greens, Avocado, Provolone; Cream Cheese

Le Grande Tuna

White Tuna, Tomato, Apple, Provolone; Greens

Turkey Cranberry

Turkey, Cranberry, Cream Cheese, Lettuce; Tomato

SALAD + SOUP 5

The Chop

\$8.50

Chicken or Tuna, Greens, Avocado, Tomato, Egg, Bacon; Bleu Cheese Dressing

Chicken Raspberry

\$8.25

Chicken, Greens, Walnut, Apples, Gorgonzola; Raspberry Vinaigrette

Caprese

AVAILABLE OPTIONS

Fresh Mozzarella, Basil, Tomato; Balsamic; Olive Oil

\$6.50

Add Prosciutto or Salami: \$2.00

House

\$3.50

Mixed Greens, Cucumber, Tomatoes; House Vinaigrette

Soup of the Moment

AVAILABLE OPTIONS

Small: \$4.00

Large: \$5.50

SWEET TREATS 1

Nutella Cheesecake

\$6.00

Almond Crust; Mascarpone Filing; Nutella Topping

STARTERS 6

Hummus	\$8.00
Garlic; Pesto; Roasted Peppers w/ Lavash; Veggies	
Creamy Artichoke + Spinach Dip	\$8.00
Served w/ Artisan Toasted Bread	
Olive Bowl	
Assortment Citrus Martinated Olives prepared in-house	
Cheese Plate	\$14.00
Selected Cheeses; Fruits; Nuts	
Antipasto Plate	\$12.00
Selected Meats; Cheeses; Pickled Stuff	
Antipasto Salad	\$15.00
Selected Meats; Cheeses; Pickled Stuff	

BRUSCHETTA 24

Fresh Mozzarella

Basil

Tomato

Prosciutto

Mascarpone

Figs

Honey

Feta

Olives

Sun-Dried Tomato

Pepperoncini

Salami

Pesto

Tomato

Gorgonzola

Figs

Brie

Apples

Honey

Tomato

Garlic

Basil

Goat Cheese

Cranberry Relish

SMALL PLATES 5

Lobster Mac-n-Cheese

AVAILABLE OPTIONS

Appetizer: \$14.00

Dinner: \$18.00

Turkey Burger Sliders

\$12.00

Brie, Baked Apples, Bacon; Chips

Crab Cakes

\$13.00

Fresh Lump Crab, Roasted Corn Relish, Sage Vinaigrette; Arugula

Crispy Lavosh Pizza of the Moment

Roast Beef Sliders

\$11.00

RB, Creamy Horseradish, Muenster Cheese, Au Jus; Chips

SALADS 5

Cured Salmon Salad

\$13.00

House Cured Salmon, Beets, Goat Cheese, Walnuts; Poppyseed Dressing

House

\$4.50

Mixed Greens; Cucumber; Tomatoes; Balsamic Vinaigrette

Caprese

\$8.25

Fresh Mozzarella; Basil; Tomato

Chicken Raspberry

\$9.75

Chicken, Greens, Walnut, Apple, Gorgonzola; Raspberry Vinaigrette

The Chop

\$9.75

Chicken or Tuna, Greens, Avocado, Tomato, Egg, Bacon; Bleu Cheese Dressing

SANDWICHES 4

Stacked Turkey

Tomato, Lettuce, Avocado, Provolone, Mustard; Mayo

Veggie-tarian

Tomato, Cucumber, Greens, Avocado; Provolone; Cream Cheese

Tuna Melt

White Tuna, Tomato, Apple, Greens; Provolone

Open-Face Grilled Cheese

Fresh Mozzerella; Pesto; Tomato