

Ruth's Diner

4160 E Emigration Canyon Rd 84108-1764 · +18015825807 · Updated: Jan 14, 2026

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FAVORITES 10

Ruth's Famous Mile High Biscuits and Country Gravy*

a recession special

AVAILABLE OPTIONS

\$7.84

Add Bacon, Sausage or Ham For:

\$2.95

Breakfast Burrito*

\$11.54

A large flour tortilla filled with scrambled eggs, chorizo sausage, onions, green peppers, cheese, and topped with ranchero sauce. Served with pinto beans

Huevos Rancheros*

\$10.64

Corn tortillas topped with two eggs, ranchero sauce and cheddar cheese. Served with pinto beans

Ruth's Breakfast Combo*

\$9.94

pancakes or French toast, two farm fresh eggs, two strips of bacon and hash browns

Skinny Burrito*

\$9.64

a flour tortilla filled with eggbeaters scrambled with roasted red peppers, topped with ranchero sauce and served with a side of pinto beans & cottage cheese

Sunrise Spuds*

AVAILABLE OPTIONS

our hash browns with mushrooms, cheddar cheese, pico de gallo and guacamole

\$9.34

Make It Vegan Style: \$8.24

Fresh Atlantic Salmon Hash*

\$13.84

fresh salmon sautéed with red bell peppers, capers and red onions, fresh dill, shredded potatoes topped with hollandaise sauce and served with two eggs

Corned Beef Hash*

\$10.84

Ruth's traditional recipe of tender corned beef brisket, green peppers, onions, hash browns and spices, served with two farm fresh eggs any style

Migas*

\$10.64

Two eggs scrambled with chorizo sausage, onions, green peppers, cheddar cheese and corn tortillas. Served with a warm flour tortilla, guacamole, sour cream, pico de gallo, Spanish rice and pinto beans

Ruth's Big Breakfast*

\$11.54

Ruth's hash browns topped with cheddar cheese, two eggs, two pieces of bacon and a sausage patty

RUTH'S BENEDICTS 4

Salmon Benedict*

\$13.69

poached eggs on grilled Parmesan polenta with broiled salmon, fresh spinach, salsa fresca and hollandaise sauce

Eggs Benedict*	\$12.34
poached eggs on English muffins with Canadian bacon, tomato and hollandaise sauce	
Pulled Pork Benedict*	\$12.94
poached eggs on green chile cheese cornbread, "Holy Smokes BBQ" pulled pork and hollandaise sauce	
Chicken Fried Steak Benedict*	\$13.34
English muffin topped with chicken fried steak, sausage gravy, poached eggs and hollandaise sauce	

3 EGG OMELETTES 8

King of Hearts*	\$11.14
artichoke hearts, mushrooms, fresh garlic, Monterey jack and Parmesan cheese	
Fresh Asparagus*	\$10.74
fresh asparagus, tomatoes, smoked gouda cheese and hollandaise sauce	
Mexican*	\$11.44
chorizo sausage, onion, serrano peppers, sour cream, avocado and cheddar cheese	
Spinach*	\$11.24
fresh spinach, Monterey jack cheese, mushrooms, tomatoes, bacon and sour cream	
Pork Chile Verde*	\$12.64
open faced omelette topped with Ruth's pork chile verde, monterey jack cheese and sour cream	
Nacho's Fresh Roasted Poblano*	\$11.99
Bacon, scallions, fresh roasted poblano salsa, sour cream and cheddar cheese	
Italian*	\$12.94
prosciutto ham, pepperoni, red onion, spinach, fresh basil, parmesan and mozzarella cheeses, topped with marina	
Crab & Avocado*	\$13.49
snow crab meat, avocado, tomato, green onion and cream cheese, topped with hollandaise sauce	

THE LIGHTER SIDE 6

Cinnamon Roll French Toast	\$8.74
cinnamon roll dipped in vanilla egg batter, grilled and served with lemon cream cheese and warm maple syrup	
French Toast	AVAILABLE OPTIONS
Two pieces of thick sliced bread dipped in cinnamon, vanilla egg batter, grilled, topped with cinnamon powdered sugar. Served with warm maple syrup	
	\$6.84
	Add Strawberries or Bananas:
	\$1.50
Buttermilk Pancakes	AVAILABLE OPTIONS
three thick, fluffy buttermilk cakes served with butter and warm maple syrup	
	\$6.84
	Add Strawberries or Bananas:
	\$1.50

Banana Walnut French Toast	\$9.04
Ruth's fresh made banana walnut bread, dipped in vanilla egg batter, grilled and topped with bananas and walnuts. Served with warm maple syrup	
Oatmeal	\$4.64
brown sugar, diced apple, cranraisins and walnuts	
The Patio Parfait	\$5.99
berries and bananas layered with vanilla yogurt and granola, served in a parfait glass	

EGGS PLUS 7

Two Eggs*	\$5.99
farm fresh eggs any style	
Bacon or Sausage with Two Eggs*	\$8.84
Chicken Apple Sausage & Eggs*	\$9.99
3 chicken apple sausage links and two eggs	
Ham Steak with Two Eggs*	\$10.24
Chicken Fried Steak & Eggs*	\$12.04
Breaded beef cutlet with Ruth's country gravy. Served with two eggs	
Teriyaki Flank Steak & Eggs*	\$13.89
Teriyaki marinated flank steak, charbroiled and served with two eggs	
Red Trout & Eggs*	\$12.64
Cajun spiced filet, grilled and topped with salsa fresca. Served with two eggs	

FEATURED ITEMS 3

Quiche of the Day*	\$8.19
fresh baked quiche—ask your server for today's preparation, served with fresh fruit	
Breakfast Sandwich*	\$8.49
two fried eggs with bacon, ham, cheddar cheese, lettuce, tomato and mayonnaise on toasted sourdough bread, choice of side	
Early Bird Special* (No Substitutions)	\$5.69
Served 8 a.m. to 9 a.m. only. Two pancakes, two eggs, hash browns, one sausage patty and one strip of bacon	

FOR OUR VEGAN FRIENDS 2

Trevor's Potato Burrito	\$8.84
Hash browns, pinto beans, guacamole, and sautéed mushrooms wrapped in a flour tortilla and topped with ranchero sauce. Served with fresh fruit	

Teriyaki Vegetable Stir Fry*	AVAILABLE OPTIONS
A blend of julienned vegetables, (beets, broccoli, cauliflower, brussel sprouts, carrots, kale and radicchio) snow peas, water chestnuts and bean sprouts tossed with teriyaki sauce served with jasmine rice cake	\$10.64
	Add Chicken, Garden Burger or Shrimp Skewer:
	\$3.49

APPETIZERS 9

Chips & Salsa Fresca	AVAILABLE OPTIONS
	\$4.40
	Add Side of Guacamole:
	\$3.64
Shrimp Sugar Cane Skewers*	\$9.99
Two sugar cane skewers of five shrimp each, lemon pepper spiced, charbroiled and served with Ruth's Honey Sauce	
Grilled Parmesan Polenta*	\$8.69
Grilled Parmesan polenta served with Mediterranean bruschetta	
Deep-Fried Mac and Cheese	\$8.14
Grandma Claire's mac and cheese, breaded, deep-fried and served with marinara sauce	
Quesadilla	\$9.94
two crisp flour tortillas filled with cheddar and Monterey jack cheese, mushrooms, onions, olives, and tomatoes topped with ranchero sauce and sour cream	
Roasted Red Pepper Hummus Platter	\$11.99
served with grilled garlic naan/bread, prosciutto ham, pepperoni, kalamata olives, chargrilled artichoke hearts, pepperoncini, feta cheese and roasted marinated tomatoes	
Buffalo Wings*	\$10.54
deep-fried and coated with your choice of Ruth's secret bleu cheese hot sauce or sweet and spicy plum sauce, served with celery, carrots and bleu cheese dressing	
Deep Fried Pickles & Okra	\$6.64
with Ruth's special sauce	
Grilled Artichoke	\$8.14
with roasted garlic lemon aioli	

SALADS 6

Smoked Salmon*	\$14.04
Ruth smokes her own salmon, tosses it with greens, toasted almonds, red onions and capers in a salsa vinaigrette	
Chinese Chicken*	\$13.14
mixed greens, charbroiled teriyaki-marinated chicken, rice noodles, olives, red peppers, bean sprouts, mushrooms, water chestnuts, scallions, almonds, mandarin oranges and snow peas in a ginger sesame oil dressing	

Cobb*	\$13.64
mixed fresh greens with choice of dressing, topped with grilled chicken breast, tomato, avocado, bleu cheese, hard boiled eggs and bacon	
Fresh Roasted Beet & Spinach*	AVAILABLE OPTIONS
oven roasted beets, fresh spinach, roasted walnuts, red onions, diced tomatoes and feta cheese	\$11.14
tossed in a honey Dijon red wine vinaigrette	Add Chicken or Skewer of Shrimp:
	\$3.49
Chicken Cashew Salad*	\$11.49
fresh roasted chicken, apples, grapes, celery, green onions and cashews tossed with Dijon mayonnaise	
Fresh Veggie & Quinoa Salad*	AVAILABLE OPTIONS
A blend of julienned vegetables, (beets, broccoli, cauliflower, brussel sprouts, carrots, kale and raddichio) tossed with quinoa, feta cheese, roasted pumpkin seeds and lemon vinaigrette	\$11.69
	Add Chicken or Skewer of Shrimp:
	\$3.49

SANDWICHES 8

The Reuben	AVAILABLE OPTIONS
tender corned beef brisket with sauerkraut, Swiss cheese and thousand island dressing on grilled rye bread	\$10.14
	Substitute Half a Sandwich with Soup or Salad:
	\$8.59
Fresh Turkey & Avocado Sandwich	AVAILABLE OPTIONS
sliced-honest-togoodness fresh roasted turkey breast, provolone cheese, avocado, lettuce, tomatoes, red onions and mayonnaise on toasted sour dough bread	\$9.84
	Substitute Half a Sandwich with Soup or Salad:
	\$8.59
Club Sandwich	AVAILABLE OPTIONS
the classic triple-decker: fresh roasted turkey breast with ham, bacon, lettuce, tomato and mayonnaise on toasted sourdough	\$10.14
	Add Guacamole: \$0.85
"Holy Smoke's" Pulled Pork Sandwich	\$9.99
served on a toasted bun with side of Ruth's bbq sauce	
Southern Fried Chicken Sandwich*	\$11.14
boneless chicken breast dipped in buttermilk breadcrumbs, deep fried and tossed with Ruth's honey sauce on a toasted ciabatta roll with bleu cheese coleslaw	
Teriyaki Chicken Sandwich*	\$11.49
Grilled teriyaki marinated chicken breast, served on a brioche roll with cheddar cheese, lettuce, tomato and red onions with bleu cheese dressing	
Salmon BLT*	\$12.14
grilled salmon, bacon, lettuce, tomato and pesto mayo on a toasted ciabatta roll	
Veggie Sandwich	\$9.54
roasted red peppers, red onions, cucumbers, tomatoes, spinach, smoked gouda cheese and chipotle mayo on a toasted ciabatta roll	

LUNCH FAVORITES 4

Grandma Claire's Baked Mac And Cheese*		AVAILABLE OPTIONS
better than Mama used to make		\$10.94
		Add Chicken: \$3.49
Teriyaki Chicken*		\$12.64
charbroiled marinated chicken breast with light teriyaki glaze, side salad and vegetables		
Fresh Atlantic Salmon*		\$14.64
ask about today's preparation		
Halibut and Chips		\$14.64
three pieces of ale battered Alaskan Halibut deep fried and served with French fries, tartar and cocktail sauces		

LUNCH FAVORITES - ENCHILADAS 3

Vegetable	\$10.14
sautéed vegetables, corn tortillas, ranchero sauce, salsa fresca, sour cream, cheddar and jack cheese	
Chicken	\$12.74
braised chicken, scallions, corn tortillas, ranchero sauce, salsa fresca, sour cream, cheddar cheese	
Chili Verde	\$12.74
tender pork, rice and green chili wrapped in a flour tortilla topped with jack cheese, salsa fresca and sour cream	

RUTH'S BURGERS 9

Hamburger*	\$8.84
Cheeseburger*	\$9.84
with melted Swiss, cheddar or provolone cheese	
Aussie Burger*	\$12.84
with lettuce, tomato, red onion, grated beet root, grilled pineapple, cheddar cheese, chipotle mayo and an over easy egg, on toasted ciabatta roll	
This-is-Almost-the-Place Burger*	\$10.94
with melted Swiss cheese and sautéed fresh mushrooms	
Cajun Bacon Bleu Burger*	\$11.34
with crisp bacon, bleu cheese crumbles and a side of Ruth's bbq sauce	
Meat Loaf Burger*	\$10.34
Ruth's meat loaf charbroiled and served with provolone cheese, shredded lettuce, mayonnaise and Ruth's bbq sauce	
Ruth's Deluxe Pork Burger*	\$12.94
fresh ground pork mixed with serrano peppers and garlic, broiled, topped with fresh corned beef brisket, grilled red onions, Swiss cheese and thousand island dressing	
Turkey Burger*	\$10.14
6 oz turkey burger charbroiled, topped with avocado, cheddar cheese, lettuce, tomato, mayonnaise on a brioche roll	

Garden Burger*	\$10.04
vegetable patty topped with guacamole, sprouts, lettuce, tomato and Swiss cheese on a fresh baked bun	

JUST FOR KIDS 5

Teddy Bear Pancake	
served with fresh fruit, with a whipped cream smile and banana eyes for kids only (no age limit)	

Chicken Fried Fish Sticks	
three pollock strip fillets breaded, deep fried and served with tartar sauce and fresh fruit	

Grandma Claire's Mac and Cheese	
served with fresh fruit	

Cheese Quesadilla	
Monterey jack and cheddar cheese melted in a flour tortilla	

Chicken Fingers	
two fried chicken tenders, served with French fries, bbq sauce and ranch dressing	

RUTH'S FAMOUS DESSERTS 6

Erik's Hot Fudge Brownie	\$6.99
a fresh baked walnut brownie with vanilla ice cream, hot fudge, whipped cream	

Ruth's Chocolate Malt Pudding	\$4.99
Before Jell-o, all puddings were made this way. Rich semi-sweet chocolate, barley malt syrup, heavy cream, egg yolks, sugar and vanilla served with a generous swirl of whipped cream	

Raspberry Crème Brûlée	\$6.99
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Ruth's Banana Walnut Bread Pudding	\$6.99
served warm with a caramel pecan bourbon sauce	

Root Beer Float	\$4.99
bottle of IBC root beer and a glass of Tropical Dreams vanilla ice cream; enjoy	

Dessert of the Day	
ask your server what Ruth made today	

COLD BEVERAGES 4

Soft Drinks/Tea	\$2.49
Coca Cola, Diet Coke, Coke Zero, Sprite, Ginger Ale, Dr. Pepper, Lemonade, Hot Tea, Brewed Iced Tea, Raspberry Iced Tea	

Milk	\$2.29
whole, skim, chocolate or soy milk	

Juice	AVAILABLE OPTIONS	
	Fresh Squeezed Orange or Grapefruit Juice:\$3.39	
	Cranberry, Pineapple, Apple or V8 Juice: \$2.99	
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IBC Bottled Root Beer		\$2.59
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HOT BEVERAGES 7		
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Hot Chocolate		\$2.49
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Hot Tea		\$2.49
bottomless cup of assorted tea		
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Coffee		\$2.49
bottomless cup of Ruth's fresh ground coffee		
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Espresso	AVAILABLE OPTIONS	
		Single: \$2.49
		Double: \$2.99
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Cappuccino		\$4.79
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Latte		\$4.79
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Mocha		\$4.79
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SOUTH OF THE BORDER 3		
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Chili Verde Burrito		\$15.64
tender pork, rice and green chili in a flour tortilla, topped with sour cream and jack cheese		
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Vegetable Enchiladas		\$12.34
sautéed vegetables, ranchero sauce, pico de gallo, sour cream, cheddar and jack cheese		
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Chicken Enchiladas		\$14.84
braised chicken, scallions, ranchero sauce, pico de gallo, sour cream, cheddar cheese		
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DINNER ENTREES 15		
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Pot Roast		\$16.04
the classic comfort of tender braised beef with natural gravy, mashed potatoes and sautéed vegetables		
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Ruth's Meat Loaf		\$14.64
a Diner family tradition served with mashed potatoes, gravy and sautéed vegetables		
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Fresh Atlantic Salmon*		\$17.74
ask about today's preparation		
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Chicken Fried Steak*		\$16.14
breaded beef steak smothered in country gravy, served with mashed potatoes, and sautéed vegetables		
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Chicken Parmesean*	\$15.14
marinated chicken breast, breaded, pan grilled, topped with marinara sauce, mozzarella and Parmesean cheeses, served with fresh vegetables and linginue tossed in alfredo sauce	
Halibut and Chips*	\$18.14
three pieces of ale battered Alaskan halibut, deep-fried and served with french fries, tartar and cocktail sauces	
Grilled Idaho Red Trout*	\$19.14
cajun spiced red trout, grilled and topped with three jumbo shrimp in a lemon cream sauce, roasted red potatoes and fresh asparagus spears	
Fresh Asparagus & Farfalle Pasta*	AVAILABLE OPTIONS
farfalle pasta sautéed with fresh asparagus and roasted marinated tomatoes in a garlic butter white wine sauce, fresh basil and feta cheese	\$14.64
	Add Chicken or a Skewer of Shrimp:
	\$3.49
Erik's Raspberry Chicken*	\$17.34
A Sandy City favorite, marinated boneless chicken breast, charbroiled, topped with raspberry sauce, fresh raspberries and served with rice pilaf and vegetables	
Ribeye Steak*	\$22.14
12oz Choice ribeye steak, broiled and basted with garlic butter. Topped with buttermilk fried onions, roasted red potatoes and vegetables	
Jambalaya*	\$18.99
four shrimp, chicken and andouille sausage sautéed with bell peppers, celery and onions in a creole spiced tomato sauce served over Spanish rice	
Cajun Chicken Linguine*	\$16.64
- diced chicken breast, sautéed with mushrooms in a creamy cajun alfredo sauce and topped with diced fresh tomatoes, green onions and parmesan cheese	
Grandma Claire's Baked Mac and Cheese*	AVAILABLE OPTIONS
better than Mama used to make	\$13.14
	Add Chicken: \$3.49
Teriyaki Flank Steak*	\$17.14
7 oz teriyaki marninated flank steak charbroiled and served with mashed potatoes and vegetables	
Coconut Curry Shrimp*	\$19.14
Six jumbo shrimp sautéed with bell peppers, mushrooms and red onions in a coconut curry cream sauce, jasmine rice cakes and fresh vegetables	

EARLY BIRD SPECIAL 1

Ruth's Meatloaf & Macaroni and Cheese*	\$10.49
One piece of Ruth's grilled meatloaf with gravy, macaroni and cheese and sautéed vegetables. Served with choice of soup or salad	