

Cafe on Park

3831 Park Blvd 92103-3609 · +16192937275 · Updated: Jan 14, 2026

[View online menu](#)



APPETIZERS 6

Breaded Calamari	\$7.95
with a chili cream sauce	
Crispy Crab Rolls	\$7.95
w/barbeque chili sauce	
Shrimp and Vegetable Soup	\$6.50
Mixed Greens, Cashews, Goat Cheese & Roasted Red Pepper Vinaigrette	\$5.95
Spinach Salas	\$7.75
with feta cheese, red onion, almonds, dried cranberries and a balsamic vinaigrette	
Tomato Salad	\$7.50
with balsamic vinaigrette and griddled parmesan cheese	

SALADS 6

Smoked Salmon Quesadilla, Spring Greens and Goat Cheese	\$11.95
with blackberry vinaigrette	
Spring Greens	\$9.95
with grilled chicken, sliced pears, caramelized red onions, orasted red peppers, pine nuts and garlic balsamic vinaigrette	
Cafe Cobb Salad	\$9.95
spring green layered with artichoke hearts, tomatoes, havarti swiss, avocado, hard boiled eggs and turkey breast	
Oriental Salad with Crab Cakes	\$11.95
spring greens, cabbage, frsh vegetables, sprouts and cashews, tossed in a sesame-honey dressing	
Pecan Salad	\$8.95
mixed greens with pears, honey roasted pecans, gorgonzola cheese crumbels with a rice wine vinaigrette	
Spinach Salad	\$16.95
with grilled swordfish, andarin oranges, almonds, gorgonzola cheese and mango dressing	

CAFE BURGERS 4

Avocado, Salsa & Gorgonzola Cheese	\$9.95
Bacon, Tomato & Cream Cheese	\$9.95

Mushroom, Havarti Swiss & Chili Mayo **\$9.95**

Grilled Onion, Jalapeno & Smoked Mozzarella **\$9.95**

SANDWICHES 7

Steak Sandwich **\$10.25**

with sauteed onions and red peppers served on french bread

Grilled Chicken Breast Sandwich **\$9.50**

served on a wheat bun w/sprouts, tomato & red onion with chili mayo

Turkey, Bacon and Cheddar Club **\$9.50**

with smoked bacon slices & tillamook cheddar cheese

Haas Avocado Slices & Harvati Swiss **\$8.95**

with tomato & sprouts

Breaded Calamari On Sourdough **\$9.95**

with roasted red peppers and chili mayo

Grilled Cheese, Avocado & Tomato On Sourdough **\$8.50**

Black Beans and Rice **\$8.50**

served with a cheese quesadilla, salsa fresca and jalapeno cream sauce

MEAT 6

Pan Seared Chicken Breast **\$12.95**

with mushrooms, spinach, wild rice and a marsala cream sauce

Chorizo Meatloaf **\$11.50**

with garlic mashed potatoes, charred tomato and rosemary gravy

Roasted Turkey Breast **\$11.50**

with garlic mashed potatoes, stuffing, cranberry sauce and rosemary gravy

Turkey Vegetable Pot Pie In a Herb Crust **\$11.50**

with rosemary gravy

Pork Chops **\$15.50**

with smoked mozzarella, red peppers, corn mashed potatoes and a barbeque cream sauce

New York Stea **\$19.95**

with a gorgonzola sauce, grilled vegetables and garlic mashed potatoes

PASTAS 7

Pork Tenderloin and Asparagus **\$15.50**

served with penne pasta and sun dried tomato pesto

Free Form Lasagna	\$14.50
with chicken, spinach, mushrooms, smoked mozzarella cheese and marinara sauce	
Salmon and Artichoke Hearts Pasta, Tomatoes and Capers	\$16.50
with a garlic citrus cream sauce	
Macaroni & Cheese In a Classic Sharp Cheddar Sauce	AVAILABLE OPTIONS
served w/grilled bread.	\$8.25
	Add Grilled Chicken: \$3.95
	Add Add Meatloaf: \$4.25
	Add Add Ham: \$3.75
Smoked Chicken	\$9.95
with penne pasta, bacon, tomato, spinach and a chili cream sauce	
Fried Pasta	\$9.50
with fresh basil, fresh tomatoes, feta cheese and black pepper scrambled with two eggs	
Sauteed Shrimp Pasta, Red Peppers, Spinach, Tomato, Basil	\$13.95
with garlic white wine sauce	

FISH 6

Tuna Melt	\$9.95
with our house grilled tuna salad served openfaced with melted havarti swiss atop grilled focaccia bread served with wild greens in vinaigrette	
Swordfish Stuffed	\$19.95
with rock shrimp, topped iwth spciy cream sauce and veggies	
Sea Bass Stuffed	\$19.95
with crab meat, topped iwth a marsala cream sauce and served with sauteed vegetables and wild rice	
Grilled Salmon and Vegetable Burrito	\$10.95
with mango salsa and black beans	
Spicy Bar-B-Que Crab Cakes	\$15.95
with mashed potatoes and vefetables	
Roasted Butternut Squash	\$13.95
with shrimp risotto on a bed of sauteed greens	

DESSERTS 3

Bread Pudding of the Day	\$5.95
Cheesecake of the Day	\$5.95
Cobbler of the Day	\$5.95