

Tai Chi

2031 Polk St 94109-2519 · +14154416758 · Updated: Jan 14, 2026

[View online menu](#)



APPETIZERS 15

Shanghai Spring Roll	\$4.95
with chicken	
Crispy Drumsticks	\$5.75
Fried Won Ton	\$4.50
Green Onion Pancake	\$3.50
with peanut sauce	
Emperor's Chicken Salad	\$7.50
Steam Dumpling	\$4.95
Tea Smoked Duck Salad	\$8.25
Seaweed Roman Salad	AVAILABLE OPTIONS
	Small: \$4.50
	Large: \$7.50
Crab Cheese Cake	\$5.25
Vegetarian Egg Roll	\$4.95
Duo Teh	\$4.95
pot stickers (6)	
Fried Prawns	\$6.95
Bbq Rib	\$7.50
Edamame	\$3.00
Spicy Wing*	\$6.50

SOUPS 12

Chicken Corn Soup	\$6.25
Hot And Sour Soup (hunan)*	\$5.75
Spinach Meat Ball Soup	\$5.25
Hunan Wor Noodle Soup (hot)*	\$8.25

Mushroom Chicken Noodle Soup	\$7.50
Won Ton Soup	\$6.25
with pork or chicken or beef	
Sizzling Rice Soup	\$6.25
Spinach And Bean Curd Soup	\$5.25
Shrimp Noodle Soup (hot)*	\$7.75
Spicy Beef Noodle Soup*	\$7.50
Won Ton Soup	\$5.75
Hunan Wor Wonton*	\$8.50
SEAFOOD 20	
Mango Shrimp	\$11.50
Hunan Prawns*	\$10.50
Walnut Prawns	\$11.50
Mu Shi Shrimp	\$10.50
includes 4 crepes	
Sizzling Rice Shrimp*	\$10.50
Shrimp With Snow Peas	\$10.50
Kung Pao Squid (hot)*	\$10.50
Shrimp*	\$10.50
with black mushroom and bamboo shoots	
Hunan Scallop Or Fish	\$10.95
Hunan Three Delight*	\$11.95
shrimp, fish, scallop	
Asparagus Shrimp	\$11.50
Chinese Green*	\$10.50
with scallop or shrimp	
Shrimp With Broccoli	\$10.50
Hunan Spicy Sauce Shrimp (hot)*	\$10.50
Sweet And Sour Shrimp Or Fish	\$10.50
Kung Pao Shrimp (hot)*	\$10.50

Hunan General Tsuo's Prawn (hot)*	\$10.50
Shrimp Or Scallop	\$10.50
with black bean sauce	
Shrimp With Braised Green Bean	\$10.50
Curry Seafood Bowl	\$13.95
shrimp, fish, scallop, squid, mussel	

BEEF AND LAMB 18

Asparagus With Beef	\$10.50
cooked with black bean sauce	
Beef With Black Bean Sauce	\$9.95
Szechuan Beef*	\$9.25
cooked with fresh vegetables	
Beef With Bean Curd	\$9.95
Hunan Mongolian Beef*	\$9.95
Snow Peas Beef	\$9.95
Beef With Chinese Greens	\$9.95
Beef With Tomato	\$9.95
Hot Sauteed Lamb*	\$10.95
with satay sauce	
Green Bean With Beef	\$9.95
Curry Lamb	\$10.95
Oyster Sauce Broccoli Beef	\$9.95
Hunan Spicy Sauce With Beef*	\$9.95
Hunan Mongolian Lamb*	\$10.95
thai slices of beef or lamb cooked with green onions and hot red peppers	
Hunan Hot And Sour Beef*	\$9.95
Beef With Ginger	\$9.95
cooked with fresh vegetables	
Mu Shi Beef	\$9.50
includes 4 crepes	
Spicy Shang Tung Beef*	\$9.95

VEGETARIAN SPECIAL 16

Lo Han Chat (hot)*	\$7.75
bamboo shoot, iced green bean curd, with mushrooms, baby young com. fried tofu with greens	
Black Mushroom	\$7.75
with tender greens	
Mixed Vegetable Deluxe	\$7.75
Oyster Sauce With Broccoli	\$7.25
Spinach With Bamboo Shoot	\$7.75
Black Mushroom	\$7.75
with tofu and snow peas	
Tender Greens With Garlic Sauce	\$6.95
Hunan Tofu*	\$7.25
Hot And Sour Cabbage (spicy Hot)*	\$6.50
Bean Curd Family Style (hot)*	\$7.75
Dry Braised Green Bean (hot)*	\$7.25
Hot Spicy Eggplant*	\$7.75
Red Cooked Eggplant	\$7.75
Szechuan Tofu (hot)*	\$7.25
Mu Shi Vegetables	\$7.95
includes a crepe	
Three Mushrooms With Asparagus	\$9.25

RICE PLATE 8

Mixed Vegetable Fried Rice	\$5.95
Shrimp Fried Rice	\$6.95
Curry Chicken And Shrimp Fried Rice	\$6.95
Steamed Rice	\$1.00
Pork Fried Rice Or Chicken Or Beef Or Bbq Pork	\$5.95
Young Chow Fried Rice	\$6.95
Ta Chi Special Plate (hot)*	\$8.25
Brown Rice	\$1.00

CHOW FUN ³

Black Bean Sauce Beef Chow Fun **\$7.25**

Mixed Vegetable Chow Fun **\$7.25**

Three Ingredients Seafood **\$8.25**

with garlic sauce