

Roots Juicebar

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[View online menu](#)



MYROOTS JUICEBAR 9

Vegan Cake	\$8.95
Marquesa	\$8.95
Choco Hazelnut	
Coconut Tres Leches	
Inbite Brownie	\$4.95
Inbite Hazelnut Cookie	\$3.95
Palmiers	\$6.95
Plantain Chips	\$3.00
Mini Cookies	\$6.95

FAMILY HEALTHY FOOD 3

Family Soup **\$23.95**

Butternut Cream Soup, Broccoli Cream Soup, Cauliflower Soup, Lentil Soup, Tomato Cream Soup, Vital Green Cream Soup

Family Protein **\$23.95**

Lentils, Frijoles, Curry Chickpea

Family High-Fiber **AVAILABLE OPTIONS**

Quinoa bowl: \$17.95

Wild Rice & Mushrooms:
\$17.95

Vegetables: \$10.95

Brown Rice: \$10.95

HEALTHY BAGELS, EMPANADAS AND MORE 1

Avocado & Cashew Cheese Bagel **\$7.95**

Avocado Bagel: Select Healthy honey-cracked wheat bagel or sesame bagel + spinach + smashed avocado. Cashew Cheese: Select Healthy honey-cracked wheat bagel or sesame bagel + cashew cream cheese + spinach

EMPANADAS 4

Supreme	\$6.95
Tasty empanada of kale + spinach + quinoa + mushrooms + a touch of onion + green and red pepper	
Tropical	\$6.95
Tasty empanada of black beans + quinoa + corn sweet + plantain	
Spinach	\$6.95
Tasty empanada of spinach + onion + red peppers + green peppers	
Mushrooms	\$6.95
Tasty empanada of mushrooms + onion + red pepper + green pepper	

HEALTHY STUFFED AREPA ¹

Healthy Stuffed Arepa	\$10.95
Arepa made from pre-cooked cornmeal with a touch of chia, being a perfect source of energy at any time. Choose up 2 of these fabulous fillings: Vegan Revoltillo, Vegan Mozzarella, Vegan Cheddar, Avocado Cream	

MYROOTS BREAKFAST ¹

MyRoots Breakfast	\$12.95
Tasty Vegan Revoltillo with chives and tomato, accompanied by roasted arepa with quinoa, avocado, arugula, tomato and sweet ripe plantains	

TOASTS ²

Mixed berry	\$11.00
(blueberry, strawberry, blackberry) marmalade with coconut flakes	
Peanut butter and banana	\$11.00

OATMEAL ¹

Delicious oatmeal	\$10.95
Delicious oatmeal with coconut milk and coconut sugar + flaxseed + chia + hemp seeds + topped with coconut chips + almonds flakes + blueberry + goji berries + banana + strawberry	

MOM'S SOUPS AND CREAMS ¹

Vital Green	\$10.95
Energizing and delicious green vegetables	

SOUPS ⁴

Butternut	\$10.95
Tasty and healthy butternut squash + sweet potatoes + onion + carrot + red pepper + pumpkin seeds	
Cauliflower	\$10.95
Cauliflower cream soup + curry + nutmeg + carrot + onion + garlic + french herbs + black pepper + celery	

Tomato **\$10.95**
Refreshing and exquisite tomato cream soup + onion + garlic + carrots + celery + red pepper + basil + black pepper

Lentil **\$10.95**
Tasty homemade lentil soup

HEALTHY FOOD/SALAD BOWL 2

Zoodle Bowl **\$12.95**
Healthy zucchini noodles with tasty vegan bolognese sauce + cherry tomato. Additional: Pesto Sauce 1.95

Cinnamon Ripe Plantains **\$4.95**
Naturally Sweet Plantain slices with Cinnamon powder

BOWLS 6

Fajita **\$12.95**
Satisfactory wild rice bowl + red bell pepper + mushroom crimini + guacamole + hot sauce (optional)

Curry Chickpea **\$12.95**
Tasty bowl of chickpeas + onion + leek + red bell pepper + coriander + bay + curry + ginger + sesame grains + freshly ground black pepper + chia seeds + accompanied by brown rice + avocado + cherry tomato + balsamic vinegar sauce

Frijoles **\$12.95**
Integral bowl with kidney beans + brown rice + asparagus + avocado + tomato

Spaghetti **\$12.95**
Choose between exquisite vegan pasta sauteed with chopped garlic and with pesto sauce + mushroom + dry tomatoes + chia + tomato cherry or tasty vegan bolognese sauce

Quinoa **\$12.95**
Healthy quinoa + red bell pepper + mushroom crimini + sweet potato + carrots + broccoli + zucchini + avocado + cherry tomato

Full Lentil Bowl **\$12.95**
Full Lentil Bowl + brown rice + broccoli + carrots + zucchini + sweet potato

SALADS 2

Super Food Salad **\$11.95**
Kale + spinach + cucumber + celery + carrot + cherry tomato + beet + avocado + pumpkin seeds + cranberries + hemp seeds + chia seeds + spicy avocado vinaigrette

Delicious and Fresh Salad **\$11.95**
Kale + spinach + arugula + cucumber + carrot + kalamata olive + tomato cherry + vegan mozzarella + almond flakes + balsamic dressing

SIDES 3

SIDES 1.95 Each **\$1.95**
Asparagus | Brown Rice | Broccoli | Carrots | Beans | Lentils | Quinoa | Sweet Potato | Cherry Tomato | Zucchini | Red Beans | Pesto Sauce | Potato Chips | Tortilla Chips

SIDES 2.50 Each **\$2.50**

Guac | Mushrooms | Spicy Mushrooms | Picadillo | Avocado

SIDES 3.50 Each **\$3.50**

Cashew cream cheese | Veggies (Large Side) | Vegan Bolognese | Wild Rice

BITES & SNACKS 5

Beyond Burger **\$14.95**

Plant-based burger, without GMOs, soy, or gluten. Accompanied with tomato, spinach, with side of chips potatoes

Panini **\$11.95**

Bread made with 100% organic wheat flour, roasted mushroom with caramelized onions + tomato cherry + arugula and side of potato chips

Nuggets **\$9.95**

Made with selected proteins from grains and legumes, coated in a crispy golden crumb to create a flavorsome snack & Chips potatoes

Focaccia **\$11.95**

2 crispy focaccia topped with slices of a delicious vegan sausage sautéed with onion + arugula + cherry tomato

Wraps **\$12.95**

Select 1 of 4 delicious protein: lentils, beans, cheakpea or quinoa. All accompanied with spinach, tomato, carrots, olive oil, organic vegenaise, wrapped in a delicious spinach pita bread with side of chia & quinoa organic chips

SUPERFOOD SMOOTHIE BOWL 1

Acai Bowl **AVAILABLE OPTIONS**

Organic blend of acai + strawberry + blueberry + banana + almond milk, topped with hemp-flax granola + coconut flakes + kiwi + blueberry + strawberry + banana + chia seeds + coconut flakes + almonds L/24 Oz: \$13.95
M/16 Oz: \$12.95

SUPERFOOD SMOOTHIES 15

Elevation **AVAILABLE OPTIONS**

Kale + spinach + avocado + spirulina + chlorella + maca + cinnamon + date + himalayan pink salt + banana + coconut water L/20 Oz: \$10.95
M/12 Oz: \$9.95

Chocofruit **AVAILABLE OPTIONS**

Almond milk + chocolate vegan ice cream + banana + cocoa + strawberry + cinnamon L/20 Oz: \$10.95
M/12 Oz: \$9.95

Passion Roots **AVAILABLE OPTIONS**

Orange juice + passion fruit vegan ice cream + mango + lime juice + chia seeds L/20 Oz: \$10.95
M/12 Oz: \$9.95

Wellness **AVAILABLE OPTIONS**

Orange juice + kale + spinach + green grape + green apple + pineapple + ginger + flaxseed L/20 Oz: \$10.95
M/12 Oz: \$9.95

PB & J	AVAILABLE OPTIONS
Blueberry + organic peanut butter + date + flaxseed + almond milk + banana	L/20 Oz: \$10.95 M/12 Oz: \$9.95
Very Berry	AVAILABLE OPTIONS
Almond milk + blueberry vegan ice cream + blueberry + pineapple + banana + green apple + ginger	L/20 Oz: \$10.95 M/12 Oz: \$9.95
Lil Noah	AVAILABLE OPTIONS
Almond milk + blueberry + strawberry + pineapple + banana + agave	L/20 Oz: \$10.95 M/12 Oz: \$9.95
Coffee Smooth	AVAILABLE OPTIONS
Almond milk + dates + coffee vegan ice cream + banana + coffee shot + ice	L/20 Oz: \$10.95 M/12 Oz: \$9.95
Acai	AVAILABLE OPTIONS
Almond milk + blueberry + strawberry + pineapple + banana + agave	L/20 Oz: \$10.95 M/12 Oz: \$9.95
Crave	AVAILABLE OPTIONS
Dates + vanilla syrup + banana + almond butter + cinnamon + cacao + almond milk	L/20 Oz: \$10.95 M/12 Oz: \$9.95
Green & Protein	AVAILABLE OPTIONS
Kale + spinach + peanut butter + hemp seed + banana + almond milk	L/20 Oz: \$10.95 M/12 Oz: \$9.95
Tropic	AVAILABLE OPTIONS
Banana + almond milk + pineapple + coconut water + chia seeds + coconut vegan ice cream	L/20 Oz: \$10.95 M/12 Oz: \$9.95
Citrus Plus	AVAILABLE OPTIONS
Mango + pineapple + banana + flaxseed + bee pollen + orange juice	L/20 Oz: \$10.95 M/12 Oz: \$9.95
Pitaya	AVAILABLE OPTIONS
Organic pitaya + pineapple + mango + banana + almond milk	L/20 Oz: \$10.95 M/12 Oz: \$9.95
Hot Mango	AVAILABLE OPTIONS
Mango + orange juice + goji berries + cayenne + turmeric + lime + coconut water	L/20 Oz: \$10.95 M/12 Oz: \$9.95

COLD PRESS JUICES & SHOTS 9

Dragon W4	\$8.95
Watermelon + ruby red grapefruit + strawberry + lime	
Cash Mylk	\$8.95
Cashew + chia + date + vanilla + cinnamon + nutmeg + himalayan pink salt	

Rise & Shine A3	\$8.95
Apple + carrot + lemon + ginger	
Love Potion D3	\$8.95
Dragon fruit + pineapple + apple + coconut water + lime + ginger	
Verde K8	\$8.95
Kale + spinach + swiss chard + apple + parsley+ celery + bok choy + lime	
Got the Beet B4	\$8.95
Beet + apple + celery + lemon	
Power P3	\$8.95
Pineapple + mint + pear + apple	
Ginger Shot	\$6.95
Ginger + lemon + agave	
Turmeric Shot	\$6.95
Turmeric + orange + lemon	

COFFEE & MORE 17

Americano	\$2.50
Cappuccino	\$4.95
Mocha	\$4.95
Caramel Macchiato	\$4.95
Cortadito	\$2.50
Double Espresso	\$2.50
Latte	\$4.95
Vanilla Latte	\$4.95
Ice Mocca	\$4.95
Iced Caramel Macchiato	\$4.95
Iced Coffee	\$4.50
Iced Latte	\$4.95
Iced Vanilla Latte	\$4.95
Water	\$3.25
Hot Tea	\$3.95
Ice Tea	\$3.95

Fresh Orange Juice

\$7.95