

List Restaurant

2226 1st Ave 98121-1615 · +12064411000 · Updated: Jan 14, 2026

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THE FOOD 18

Organic Tomato Salad	\$6.00
gorgonzola cheese	
Flatbread	\$9.00
feta cheese, cranberries, pinenuts	
Baked Broccoli And Cauliflower	\$7.00
Eggplant Parmigiana	\$9.00
Organic Angus Beef Burger, Fries	\$10.00
Spicy Meatballs	\$9.00
Gnocchi	\$11.00
with black truffle cream	
Sea Salt And Pepper Calamari	\$9.00
Cannelloni	\$8.00
with spinach and ricotta	
Grilled Caesar Salad	\$7.00
shaved reggiano	
Arugola, Mozzarella And Shaved Reggiano	\$8.00
Green Salad	\$8.00
goat cheese and pear	
Seasonal Mushrooms & Roasted Onion Chicken	\$10.00
Local Fresh Mussels	\$12.00
wine broth, crostini	
Grilled Chilean Sea Bass	\$14.00
msc certified	
Bacon Wrapped Wild Florida Prawns	\$13.00
Grilled Octopus Salad	\$10.00
citrus emulsion	

Seared Ahi Tuna

honey-ginger sauce

\$13.00**FEATURED DISHES** 5

Rack Of Lamb

new zealand natural and grass fed, marinated and grilled. spicy butter gnocchi

\$13.00**Natural Beef Shoulder Tenderloin**

a generous cut of tasty washington beef, grilled to medium rare. served with frites

\$12.00**Natural Top Sirloin**

bacon wrapped and grilled washington top sirloin. arugola salad

\$10.00**Spicy Calamari And Beans**

pan sauteed calamari and white beans

\$8.00**Wild Mushroom Puree Soup**

house made with porcini mushroom

\$4.00