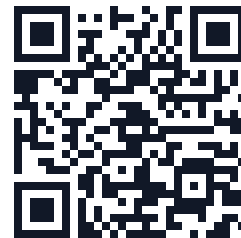


# Squat and Gobble

2263 Chestnut St 94123-2607 · +14152926688 · Updated: Jan 14, 2026

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## BREAKFAST SPECIALS 12

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### Crab Cake Florentine \$10.95

two crab cakes, two poached eggs & sautéed spinach served on an english muffin, topped with hollandaise sauce & served with our "famous" rosemary garlic potatoes

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### Eggs Benedict \$10.75

two poached eggs & grilled canadian bacon on an english muffin, topped with hollandaise sauce & served with our "famous" rosemary garlic potatoes

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### Eggs Florentine \$9.95

two poached eggs, sautéed spinach & grilled tomatoes served on an english muffin, topped with hollandaise sauce & served with our "famous" rosemary garlic potatoes

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### Huevos Rancheros \$9.75

two eggs over easy, cheddar & corn tortillas, topped with our spicy ranchero sauce & served with black beans & jalapeño sour cream

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### Breakfast Burrito \$10.95

eggs, chorizo, onions, peppers, avocado, pepper jack cheese, ranchero & green tomatillo sauce, mexican salsa, jalapeño sour cream, served over black bean chili & topped with crispy tortilla strips

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### Croissant Sandwich \$9.75

two eggs scrambled with ham & cheddar cheese in a warm croissant, served with our "famous" rosemary garlic potatoes

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### Crunchy Granola AVAILABLE OPTIONS

with milk or yogurt

\$5.95

With Bananas & Strawberries:

\$7.90

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### Bagel & Lox \$6.95

toasted bagel topped with cream cheese, smoked salmon, capers, red onions & tomatoes

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### Blueberry Pancakes \$8.95

stack of three buttermilk pancakes topped with blueberry compote, powdered sugar & whipped cream

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### Buttermilk Pancakes \$7.95

stack of three with powdered sugar & whipped cream

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### French Toast \$7.95

two thick slices of challah bread with fresh strawberries, powdered sugar & whipped cream

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### Belgian Waffle \$7.95

fresh strawberries, powdered sugar & whipped cream

## SOUP 3

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### French Onion

**\$7.25**

crispy swiss cheese, herb crostini

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### Soup Of The Day

**AVAILABLE OPTIONS**

Cup: \$3.95

Bowl: \$5.95

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### Veggie Black Bean Chili

**AVAILABLE OPTIONS**

Cup: \$4.50

Bowl: \$6.50

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## BIG SALADS 7

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### House

**AVAILABLE OPTIONS**

baby mixed greens, cucumbers, carrots, cherry tomatoes & sun-dried tomato vinaigrette dressing

Half: \$4.95

Full: \$7.50

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### Caesar

**AVAILABLE OPTIONS**

romaine hearts, herb croutons, shredded parmesan cheese & homemade caesar dressing

Half: \$5.50

Full: \$7.95

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### Asian Grilled Chicken

**\$10.95**

shredded romaine hearts, bean sprouts, cucumbers, red onions, red peppers, asian noodles, peanuts, cilantro, basil, mint & sweet sesame soy dressing

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### Salmon Cobb

**\$11.25**

mixed greens with romaine hearts, fresh grilled salmon, gorgonzola, fresh bacon, herb croutons, avocado, cherry tomatoes, sliced eggs & sun-dried tomato vinaigrette dressing

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### Greek

**\$9.95**

romaine hearts, roma tomatoes, cucumber, feta cheese, shaved red onion, kalamata olives, grilled herb flat bread, fresh herbs, lemon olive oil & oregano dressing

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### Mexican Grilled Chicken

**\$10.95**

romaine hearts, cheddar cheese, avocado, crispy tortilla strips, black beans, roasted corn, red onions, red peppers, roma tomatoes, jalapeño sour cream, cilantro & lemon cumin vinaigrette dressing

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### Roasted Beet & Arugula

**\$10.50**

maple glazed walnuts, red onions, cherry tomatoes, mandarin oranges, feta cheese, tart dried cherries & balsamic dressing

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## OMELETTES 5

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### South Of The Border

**\$10.75**

pepper jack cheese, black bean chili & avocado topped with salsa, jalapeño sour cream & cilantro

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### Fillmore

**\$10.75**

sautéed bell peppers, mushrooms, tomatoes, ham & melted cheddar cheese

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## Nor-cal Grilled Chicken

\$10.75

apple sausage, sun-dried tomatoes, broccoli, avocado, mushrooms & pepper jack cheese, topped with & homemade salsa & jalapeño sour cream

## Bourbon Street

\$10.75

homemade spicy sausage, sautéed spinach, peppers, onions, mushrooms, roasted tomatoes, pepper jack cheese & cajun aioli

## Castro

\$10.75

feta cheese, tomatoes, spinach & kalamata olives

## EGGS 3

### Eye Opener

\$6.25

two eggs, any style

### Eye Opener With Meat

\$8.95

choice of bacon, ham, canadian bacon or aidells chicken apple sausage

### Triple Gobble

#### AVAILABLE OPTIONS

two egg, two buttermilk pancakes & your choice of canadian bacon, bacon, ham or aidells chicken

\$9.25

apple sausage

Substitute Waffle Or French Toast:

\$2.50

## SCRAMBLERS 3

### Smoked Salmon

\$10.75

cream cheese, green onions & tomatoes, topped with norwegian smoked salmon

### Milan

\$10.75

italian sausage, spinach, mushrooms, onions, tomatoes & parmesan cheese, topped with pesto sauce

### Santa Fe

\$10.75

pepper jack cheese, mushrooms, peppers, onions, black beans, corn & avocado, topped with tomatillo salsa, jalapeño sour cream, crispy tortilla strips & cilantro

## PASTA 6

### Chicken Peppardelle

\$10.50

fresh chicken breast, sautéed broccoli, garlic & onion, served in a traditional alfredo sauce

### Seafood Linguini

\$12.95

sautéed mussels, tiger prawns, baby clams, shallots & parsley in a lemon, garlic & white wine butter sauce

### Angus Beef Rigatoni

\$10.95

sautéed beef tenderloin, onions, mushrooms & garlic, served in a traditional stroganoff sauce

### Grilled Salmon Fusilli

\$11.95

grilled salmon filet, sautéed sun-dried tomatoes, onions, mushrooms, garlic & fresh pesto cream sauce

### Spaghetini With Prawns

\$11.50

grilled tiger prawns, sautéed roma tomatoes, sliced garlic, extra virgin olive oil & fresh basil

## Sausage Trottole

**\$10.75**

pan seared italian sausage, mushrooms, roasted garlic, roasted tomatoes, baby arugula, fresh basil, chili flakes & grated parmesan cheese

## BURGERS 4

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### Angus Chuck Burger

**\$9.95**

1/2 lb. all natural angus chuck, tomatoes, lettuce, red onions & pickle slices, served on a grilled kaiser bun

### Turkey Burger

**\$10.25**

seasoned with herbs & spices, roasted tomatoes, green leaf lettuce, grilled red onions, cranberry aioli, served on a grilled foccacia bun

### Western Burger

**\$12.95**

1/2 lb. all natural angus chuck, choice of cheese, crispy bacon, onion strings & bbq sauce, served on a grilled kaiser bun

### Southwest Veggie Burger

**\$9.95**

homemade veggie patty with black beans, cilantro, chick peas, fire roasted corn, chili verde & red peppers, topped with roasted tomatoes & spicy chipotle aioli, served on a grilled foccacia bun

## SAVORY CREPES 9

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### Veggie Fajita

**\$9.95**

caramelized peppers, onions, mushrooms, roasted corn, cilantro, black beans, jalapeño sour cream & pepper jack cheese, topped with homemade ranchero & tomatillo sauce & crispy tortilla strips

### Mama Mia

**\$10.50**

mozzarella, parmesan & cottage cheese, onions, mushrooms, spinach, eggplant, & tomatoes, topped with marinara sauce

### Marina

**\$10.75**

salmon, spinach, onions, capers, mozzarella cheese, kalamata olives, sun dried tomatoes & pesto

### Philly Cheese Steak

**\$10.75**

grilled angus beef, melted american cheese, caramelized mushrooms, onions & peppers

### Italian

**\$10.75**

italian sausage, sautéed onions, mushrooms, spinach, roasted tomatoes, scrambled eggs & mozzarella topped with pesto

### Zorba The Greek

**\$10.50**

cheddar & feta cheese, onions, spinach, tomatoes, mushrooms, roasted eggplant, kalamata olives & cucumber yogurt mint sauce

### Bbq Chicken

**\$10.75**

cheddar cheese, caramelized peppers, onions, roasted corn, cilantro & homemade bbq sauce

### Chicken Pesto

**\$10.75**

roasted chicken breast, mozzarella, onions, pesto & sun- dried tomatoes

### Florentine

**\$9.25**

cheddar cheese, onions, spinach & cottage cheese

## SANDWICHES 5

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<b>Grilled Reuben</b>	<b>\$10.95</b>
"roberts corned beef", swiss cheese, homemade sauerkraut & fresh russian dressing, served on sliced rye	
<b>Grilled Fresh Salmon</b>	<b>\$10.95</b>
homemade tartar sauce, baby arugula, caramelized onions & sliced tomatoes, served on a focaccia bun	
<b>Gobble Club</b>	<b>\$10.50</b>
turkey pastrami, crispy bacon, fresh arugula, tomatoes & homemade cranberry aioli, served on grilled herb flat bread	
<b>Grilled Chicken Breast</b>	<b>\$10.75</b>
mozzarella cheese, arugula, tomatoes & pesto, served on a focaccia bun	
<b>Angus Cheese Steak</b>	<b>\$10.50</b>
grilled angus beef, melted american cheese, caramelized mushrooms, onions & peppers, served on a warm hoagie roll	

## WOK KITCHEN 7

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<b>Mee Goreng</b>	<b>\$9.95</b>
sautéed cabbage, tomatoes, onions, potatoes, tofu, garlic, ginger, giant shanghai noodles, spicy syracha fish sauce & crispy onion strings	
<b>Thai Chicken</b>	<b>\$10.75</b>
curry chicken breast, peas, potatoes, carrots, thai yellow coconut curry sauce, served with your choice of steamed jasmine white or brown rice	
<b>Blazing Beef</b>	<b>\$11.95</b>
marinated beef tenderloin strips, green onions, japanese eggplant, bok choy, chinese chili's, chili sambal, fresno peppers, bean sprouts, served with hand cut rice noodles	
<b>Kung Pao Chicken</b>	<b>\$10.95</b>
chicken breast, peanuts, chinese chilis, fresno peppers, green onions, served with your choice of steamed jasmine white or brown rice	
<b>Pad Thai Chicken</b>	<b>\$11.95</b>
chicken breast, tofu, fresno peppers, peanuts, bean sprouts, green onions, chinese chili's, hand cut rice noodles, homemade pad thai sauce	
<b>Fragrant Chicken Stir Fry</b>	<b>\$10.95</b>
baby bok choy, carrots, onions, broccoli, onions, bean sprouts, peppers, cabbage, ginger, garlic, basil, shitake mushrooms, cilantro, & fragrant sauce, served with steamed jasmine or brown rice	
<b>Prawns &amp; Giant Shanghai Noodles In Broth</b>	<b>\$12.95</b>
baby bok choy, bamboo shoots, shitake mushrooms, fresno peppers, bean sprouts, cabbage, green onion shoots, water chestnuts, garlic, ginger, baby spinach, carrots, chili sauce & fragrant lemongrass coconut broth	

## DESSERT CREPES 4

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<b>Smores Decadence</b>	<b>\$7.50</b>
chunks of moist dark fudge chocolate brownie, peanut butter & marshmallows, topped with chocolate & caramel sauce, toasted marshmallows & graham cracker crumbles	
<b>Whole Thing</b>	<b>\$6.95</b>
fresh bananas, maple glazed walnuts, brown sugar, cinnamon, nutella chocolate, powdered sugar & whipped cream	

## Strawberry Nutella

fresh strawberries, nutella chocolate, powdered sugar & whipped cream

### AVAILABLE OPTIONS

\$6.95

Add Bananas: \$1.00

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## Apple Crumble

fresh granny smith apples, granola & brown sugar crumble filling

**\$6.95**