

# Sugar Hill Cafe

410 W 145th St 10031-5220 · +12122342024 · Updated: Jan 14, 2026

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## GRAB & GO (TO GO) 8

**C-Train Sandwich** \$5.00

Fried medium or scrambled egg, cheddar cheese on brioche bun (spicy chipotle mayo optional)

**B-Train Sandwich** \$7.00

2 fried medium or scrambled eggs, cheddar cheese, bacon on brioche bun (spicy chipotle mayo optional)

**Croissant Sandwich** \$5.00

Smoked ham & mozzarella cheese on plain croissant

**Yogurt Parfait** AVAILABLE OPTIONS

Layered creamy Greek yogurt, granola, assorted fruit sweetened with honey \$5.00

Bowl Add: \$1.00

**Bagel Sandwich** \$5.50

Fried medium or scrambled egg, cheddar cheese on any type of bagel

**New Yorker** \$8.00

Smoked nova salmon, cream cheese on any type of bagel

**Hamilton Classic** \$9.00

Smoked nova salmon, fried medium or scrambled egg, cheddar cheese on any type of bagel

### Assorted Pastries

Bagels, Croissants, Scones, Cookies from various purveyors

## BREAKFAST 7

**Sugar Hill Classic** \$10.00

2 eggs any style, buttered toast, home fries, house salad

**Ooo la La! French Toast** \$10.00

French brioche loaf slices on a bed of organic California almond slices, blueberry compote, seasonal fruit, drizzled with powdered sugar and caramel

**Cali Omelette** \$11.00

Organic spinach & feta cheese omelette, buttered toast, home fries, house salad

**Green Omelette** \$11.00

Open faced omelette with scallions and parsley, buttered toast, home fries, house salad

**Italian Omelette** \$11.00

Heirloom tomato and basil, eggs white omelette, buttered toast, home fries, house salad

|                                                                                                      |                |
|------------------------------------------------------------------------------------------------------|----------------|
| <b>Korean Omelette</b>                                                                               | <b>\$11.00</b> |
| Kimchi and mozzarella cheese omelette, buttered toast, home fries, house salad                       |                |
| <b>Create Your Own Omelette</b>                                                                      | <b>\$11.00</b> |
| Choose any two (2) options from our "additional sides" menu, buttered toast, home fries, house salad |                |

**BREAKFAST - ADDITIONAL SIDES** 10

|                        |                |
|------------------------|----------------|
| <b>Extra Eggs</b>      | <b>\$1.00</b>  |
| <b>Tomato</b>          | <b>\$1.00</b>  |
| <b>Bacon</b>           | <b>\$3.00</b>  |
| <b>Cheddar Cheeses</b> | <b>\$1.00</b>  |
| <b>Mushroom</b>        | <b>\$1.00</b>  |
| <b>Avocado</b>         | <b>\$1.00</b>  |
| <b>Bell Peppers</b>    | <b>\$1.00</b>  |
| <b>Home Fries</b>      | <b>\$2.50</b>  |
| <b>Onion</b>           | <b>\$10.50</b> |
| <b>House Salad</b>     | <b>\$2.50</b>  |

**SANDWICHES & PANINIS** 5

|                                                                                                    |                          |
|----------------------------------------------------------------------------------------------------|--------------------------|
| <b>Jalapesto Chicken Sandwich</b>                                                                  | <b>\$10.00</b>           |
| Chicken breast, homemadejalapeno pesto, organic onion soubise, mozzarella cheese on ciabatta bread |                          |
| <b>Tuna Panini</b>                                                                                 | <b>AVAILABLE OPTIONS</b> |
| Wild caught American tuna salad, heirloom tomato, mixed green on ciabatta bread                    |                          |
|                                                                                                    | \$9.00                   |
|                                                                                                    | Add Cheese: \$1.00       |
| <b>Turkey &amp; Cheese Panini</b>                                                                  | <b>AVAILABLE OPTIONS</b> |
| Smoked turkey, swiss cheese, heirloom tomato, mixed green on pressed sourdough                     |                          |
|                                                                                                    | \$9.00                   |
|                                                                                                    | Add Bacon: \$2.00        |
|                                                                                                    | Add Avocado: \$1.00      |
|                                                                                                    | Add Pesto: \$1.00        |
| <b>Ham &amp; Cheese Panini</b>                                                                     | <b>AVAILABLE OPTIONS</b> |
| Smoked ham, mozzarella cheese, heirloom tomato, mixed green on pressed sourdough                   |                          |
|                                                                                                    | \$9.00                   |
|                                                                                                    | Add Bacon: \$2.00        |
|                                                                                                    | Add Avocado: \$1.00      |
|                                                                                                    | Add Pesto: \$1.00        |

| Grilled Cheese                                       |  | AVAILABLE OPTIONS   |
|------------------------------------------------------|--|---------------------|
| Cheddar cheese and swiss cheese on pressed sourdough |  | \$6.00              |
|                                                      |  | Add Bacon: \$2.00   |
|                                                      |  | Add Avocado: \$1.00 |
|                                                      |  | Add: Pesto: \$1.00  |
|                                                      |  | Add Tomato: \$0.50  |

PLATES 5

|                                                                                                                                      |                              |
|--------------------------------------------------------------------------------------------------------------------------------------|------------------------------|
| Avocado Toast                                                                                                                        | \$10.00                      |
| Homemade guac topped with feta cheese, sunflower seeds on freshly baked multigrain Pullman toast & house salad                       |                              |
|                                                                                                                                      |                              |
| The Eggsquisite Avo Toast                                                                                                            | \$12.00                      |
| 2 eggs any style on homemade guac on freshly baked multigrain Pullman toast & house salad                                            |                              |
|                                                                                                                                      |                              |
| The Sofishticated Avo Toast                                                                                                          | \$11.00                      |
| Smoked nova salmon over homemade guac on freshly baked multigrain Pullman toast & house salad                                        |                              |
|                                                                                                                                      |                              |
| House Salad                                                                                                                          | AVAILABLE OPTIONS            |
| Organic mixed greens, cucumber, cherry tomatoes, shredded carrots, with homemade rosemary sherry vinegar, shallot and honey dressing | \$7.00                       |
|                                                                                                                                      | Add Chicken / Tuna / Turkey: |
|                                                                                                                                      | \$3.00                       |
|                                                                                                                                      | Add Avocado: \$1.00          |
|                                                                                                                                      | Add Feta Cheese: \$1.00      |
|                                                                                                                                      |                              |
| Salmon on Bagel                                                                                                                      | \$9.00                       |
| Open faced bagel, cream cheese, topped with smoked nova salmon, red onion, capers & house salad                                      |                              |

AFTER HOURS MENU 5

|                                                                                                                |         |
|----------------------------------------------------------------------------------------------------------------|---------|
| Grilled Cheese & Tomato Bisque Combo                                                                           | \$10.00 |
| Cheddar cheese and swiss cheese on pressed sourdough and bowl of tomato bisque soup                            |         |
|                                                                                                                |         |
| Chicken Salad Wrap                                                                                             | \$9.00  |
| Cranberry walnut chicken salad, heirloom tomato, mixed green on honey wheat or whole wheat tortilla wrap       |         |
|                                                                                                                |         |
| Tuna Salad Wrap                                                                                                | \$9.00  |
| Wild caught America tuna salad, heirloom tomato, mixed green on honey wheat or whole wheat tortilla wrap       |         |
|                                                                                                                |         |
| Salmon on Bagel                                                                                                | \$9.00  |
| Open-faced bagel, cream cheese, topped with smoked nova salmon, red onion, capers & house salad                |         |
|                                                                                                                |         |
| Avocado Toast                                                                                                  | \$10.00 |
| Homemade guac topped with feta cheese, sunflower seeds on freshly baked multigrain Pullman toast & house salad |         |

ARTISANAL COFFEE 10

| Coffee          | AVAILABLE OPTIONS                           |
|-----------------|---------------------------------------------|
| Single origin   | S: \$2.50<br>M: \$3.00                      |
| Americano       | \$3.25                                      |
| Espresso        | \$3.00                                      |
| Double shot     |                                             |
| Macchiato       | \$3.50                                      |
| Cortado         | \$3.75                                      |
| Latte           | \$4.50                                      |
| Mocha / Caramel | \$5.00                                      |
| Iced Coffee     | AVAILABLE OPTIONS<br>S: \$3.50<br>L: \$4.25 |
| Cold Brew       | AVAILABLE OPTIONS<br>S: \$3.75<br>L: \$4.25 |
| Nitro Cold Brew | AVAILABLE OPTIONS<br>S: \$4.50<br>L: \$5.25 |
| Seasonal        |                                             |

ARTISANAL NON COFFEE 3

|                       |                                       |
|-----------------------|---------------------------------------|
| Matcha Latte          | \$4.75                                |
| Chai / Turmeric Latte | \$4.50                                |
| Hot Chocolate         | AVAILABLE OPTIONS<br>\$3.50<br>\$4.25 |

SPECIALTY DRINKS 3

|                      |        |
|----------------------|--------|
| Lavender Agave Latte | \$5.00 |
| Peppermint Mocha     | \$5.00 |
| Vanilla Caramel      | \$5.00 |

MILK OPTIONS 4

|                     |  |
|---------------------|--|
| Dairy               |  |
| Whole / Skim-Incl'd |  |

|                                  |        |
|----------------------------------|--------|
| Non Dairy                        | \$0.50 |
| Almond, Macadamia, Datly         |        |
| Add Ice                          | \$0.50 |
| Extra Shot                       | \$1.50 |
| BELLOCQ TEA 8                    |        |
| Bellocq Breakfast                | \$3.00 |
| The Earl Gray                    | \$3.00 |
| Jasmine Silver Needles           | \$3.00 |
| Siam Basil Lemongrass            | \$3.00 |
| Phoenix                          | \$3.00 |
| Oolong                           |        |
| Sencha                           | \$3.00 |
| Green                            |        |
| Chamomile                        | \$3.00 |
| Corazon de Cienfuegos (Hibiscus) | \$3.00 |

|                       |                   |
|-----------------------|-------------------|
| ICED TEA 2            |                   |
| Bellocq Breakfast     | AVAILABLE OPTIONS |
|                       | S: \$3.50         |
|                       | L: \$4.25         |
| Corazon de Cienfuegos | AVAILABLE OPTIONS |
|                       | S: \$3.50         |
|                       | L: \$4.25         |

|                                  |        |
|----------------------------------|--------|
| FRESHLY SQUEEZED CITRUS DRINKS 4 |        |
| Orange Juice                     | \$4.00 |
| Lemoneda                         | \$4.50 |
| Arnold Palmer                    | \$5.00 |
| Matcha Lemonade                  | \$5.50 |

|                 |        |
|-----------------|--------|
| BEVERAGES 4     |        |
| Bottled Water   | \$1.75 |
| Sparkling Water | \$2.25 |

|                                                                                                                                                      |                |
|------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|
| <b>San Pellegrino</b>                                                                                                                                | <b>\$2.25</b>  |
| <b>Coke</b>                                                                                                                                          | <b>\$3.00</b>  |
| Glass Bottled                                                                                                                                        |                |
| <b>BEER</b> 4                                                                                                                                        |                |
| <b>Narragansett Lager</b>                                                                                                                            | <b>\$5.00</b>  |
| <b>Downeast Cider</b>                                                                                                                                | <b>\$6.00</b>  |
| <b>Allagash White, Lagunitas IPA</b>                                                                                                                 | <b>\$7.00</b>  |
| <b>Golden Monkey Ale</b>                                                                                                                             | <b>\$8.00</b>  |
| <b>RED</b> 2                                                                                                                                         |                |
| <b>Pinot Noir</b>                                                                                                                                    | <b>\$8.00</b>  |
| <b>Bordeaux</b>                                                                                                                                      | <b>\$8.00</b>  |
| <b>WHITE</b> 2                                                                                                                                       |                |
| <b>Pinot Grigio</b>                                                                                                                                  | <b>\$8.00</b>  |
| <b>Sauvignon Blanc</b>                                                                                                                               | <b>\$8.00</b>  |
| <b>BUBBLY</b> 2                                                                                                                                      |                |
| <b>Mimosa Champagne + Orange Juice</b>                                                                                                               | <b>\$8.00</b>  |
| <b>Hibiscus Champagne</b>                                                                                                                            | <b>\$9.00</b>  |
| Hibiscus Tea, Champagne - Fruit Cocktail                                                                                                             |                |
| <b>SPECIAL</b> 1                                                                                                                                     |                |
| <b>Mimosa / Hibiscus Champagne</b>                                                                                                                   | <b>\$25.00</b> |
| Bottle Of Champagne & Orange Juice I Hibiscus Cocktail Yields 6 Drinks                                                                               |                |
| <b>MAIN</b> 13                                                                                                                                       |                |
| <b>Sugar Hill Classic</b>                                                                                                                            | <b>\$12.00</b> |
| 2 eggs any style, buttered toast, home fries, house salad                                                                                            |                |
| <b>Ooo la La! French Toast</b>                                                                                                                       | <b>\$12.00</b> |
| French brioche loaf slices on a bed of organic California almond slices, blueberry compote, seasonal fruit, drizzled with powdered sugar and caramel |                |
| <b>Eggs Bennie</b>                                                                                                                                   | <b>\$13.00</b> |
| Two poached eggs over an English muffin, Canadian bacon homemade tarragon hollandaise sauce, home fries, house salad                                 |                |

|                                                                                                                            |                |
|----------------------------------------------------------------------------------------------------------------------------|----------------|
| <b>Eggs Blackstone</b>                                                                                                     | <b>\$13.00</b> |
| Two poached eggs and bacon on roasted rosemary plum tomatoes, homemade tarragon hollandaise sauce, home fries, house salad |                |
| <b>Norwegian Eggs</b>                                                                                                      | <b>\$14.00</b> |
| Two poached eggs over an English muffin, smoked nova salmon, homemade tarragon hollandaise sauce, home fries, house salad  |                |
| <b>Cali Omelette</b>                                                                                                       | <b>\$14.00</b> |
| Organic spinach & feta cheese omelette, buttered toast, home fries, house salad                                            |                |
| <b>Green Omelette</b>                                                                                                      | <b>\$14.00</b> |
| Open faced omelette w/ scallions and parsley, buttered toast, home fries, house salad                                      |                |
| <b>Italian Omelette</b>                                                                                                    | <b>\$14.00</b> |
| Heirloom tomato and basil eggs white omelette, buttered toast, home fries, house salad                                     |                |
| <b>Korean Omelette</b>                                                                                                     | <b>\$14.00</b> |
| Kimchi and mozzarella cheese omelette, home fries, house salad                                                             |                |
| <b>Avocado Toast</b>                                                                                                       | <b>\$11.00</b> |
| Homemade guac topped with feta cheese and sunflower seeds on freshly baked multigrain toast, house salad                   |                |
| <b>The Eggsquisite Avo Toast</b>                                                                                           | <b>\$13.00</b> |
| 2 eggs any style on homemade guac on freshly baked multigrain Pullman toast, house salad                                   |                |
| <b>The Sofishticated Avo Toast</b>                                                                                         | <b>\$14.00</b> |
| Smoked nova salmon over homemade guac on freshly baked multigrain Pullman toast, house salad                               |                |
| <b>Create Your Own Omelette</b>                                                                                            | <b>\$14.00</b> |
| Choose any two (2) options from our "additional sides" menu, buttered toast, home fries, house salad                       |                |

**ADDITIONAL SIDES** 10

|                       |               |
|-----------------------|---------------|
| <b>Extra Egg</b>      | <b>\$1.50</b> |
| <b>Tomato</b>         | <b>\$1.00</b> |
| <b>Bacon</b>          | <b>\$2.00</b> |
| <b>Cheddar Cheese</b> | <b>\$1.50</b> |
| <b>Mushroom</b>       | <b>\$1.50</b> |
| <b>Avocado</b>        | <b>\$1.50</b> |
| <b>Bell Peppers</b>   | <b>\$1.50</b> |
| <b>Home Fries</b>     | <b>\$2.50</b> |
| <b>Onion</b>          | <b>\$0.50</b> |
| <b>House Salad</b>    | <b>\$3.00</b> |