

Cafe Shambala

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HOT DRINKS 2

Coffee	\$1.00
Chai	\$1.50

TEA POTS 6

Herbal	\$1.75
Peppermint	\$1.75
Jasmine	\$1.75
Lemon	\$1.95
Tibetan	\$2.50
Green Tea	\$1.75

COLD DRINKS 5

Bottled Iced Tea	\$1.50
Iced Chai	\$1.50
All Soft Drinks	\$1.00
Lassi (Yogurt)	\$2.50
Fruit Lassi	\$2.99

SMOOTHIES 6

Play Ground Punch	\$2.99
Island Passion	\$2.99
Funky Monkey	\$2.99
Peach-A-Boo	\$2.99
Fuzzy Freeze	\$2.99
Raspberry	\$2.99

SOUPS 7

Lentil Soup	\$2.00
Bean Soup	\$2.00
Vegetable Soup	\$2.50
Tomato Soup	\$2.50
Tomato Egg Drop Soup	\$2.50
Hot & Sour Soup Veggie	\$2.50
Hot & Sour Soup Chicken	\$2.50

SALADS 3

Tofu Salad	\$2.00
Mixed Vegetable Salad	\$2.50
Tibetian Salad	\$2.75

VEGETARIAN DISHES 27

Tofu Noodle Soup	\$6.50
Veggie Noodle Soup	\$6.50
Veggie Chow Mein	\$6.50
Tofu Chow Mein	\$6.50
Singapore Tofu Noodle	\$6.75
Singapore Veggie Noodle	\$6.75
Veggie Fried Rice	\$5.99
Tofu Fried Rice	\$6.25
Fried Beans With Rice	\$6.50
Mixed Vegetable With Rice	\$6.75
Steamed Vegetable With Rice	\$6.50
Tofu And Vegetable Curry With Rice	\$6.75
Sweet And Sour Tofu And Vegetable	\$6.99
Tofu And Spinach Curry With Rice	\$6.75
Spicy Potato	\$5.99

Spicy Tofu	\$5.50
Sweet And Sour Tofu	\$5.99
Broccoli And Cauliflower Saute With Rice	\$6.50
Eggplant Saute With Rice	\$6.99
Spinach And Hot Garlic With Rice	\$6.75
Sweet And Sour Peas And Tofu With Rice	\$6.99
Sweet And Sour Mushroom And Cauliflower	\$6.99
Curried Peas And Tofu With Rice	\$6.75
Potato And Spinach Saute With Rice	\$6.50
Spinach And Mushroom With Rice	\$6.75
Shambala Vegetarian Plate	\$6.99
Tigmo / Rice	\$2.00

ENTREES 13

Chicken Noodle Soup Large	\$6.75
Beef Noodle Soup Large	\$6.75
Egg Noodle Soup Large	\$6.75
Chicken Chow Mein	\$6.75
Singapore Chicken Noodle	\$6.99
Beef Chow Mein	\$6.75
Egg Chow Mein	\$6.75
Chicken Fried Rice	\$6.50
Beef Fried Rice	\$6.50
Egg Fried Rice	\$6.50
Chicken And Broccoli With Rice	\$6.99
Beef Broccoli With Rice	\$7.50
Chicken And Mushroom With Rice	\$6.99

SHAMBALA SPECIALTIES 18

Chicken Fried Noodle	\$7.75
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Beef Fried Noodle	\$7.75
Tofu Fried Noodle	\$7.75
Veggie Fried Noodle	\$7.50
Singapore Fried Noodle Chicken	\$7.75
Sweet And Sour Chicken	\$7.75
Beef Mushroom With Rice	\$7.50
Beef Curry With Rice	\$7.75
Chicken Curry Beef Rice	\$7.75
Lamb Curry With Rice	\$7.99
Beef Chili With Rice	\$7.75
Chicken Chili With Rice	\$7.75
Beef Fhingsha With Rice	\$7.75
Chicken Fhingsha With Rice	\$7.75
Veggie Fried Mo-Mo (7 Pieces)	\$6.99
Beef Fried Mo-Mo (7/8 Pieces)	\$6.99
Veggie Mo-Mo (7 Pieces)	\$6.75
Beef Mo-Mo (7/8 Pieces)	\$6.75

DESSERTS 4

Ice Cream	\$2.00
Kheer (Rice Pudding)	\$2.00
Gulab Jamun	\$2.00
Dresil (Sweet Rice)	\$2.00