

# Pingala Cafe & Eatery

1 Mill St 05401-1530 · +18025400110 · Updated: Jan 14, 2026

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## BREAKFAST 3

### Breakfast Sammy Deluxe

\$7.00

Herby tofu, melty American, aioli, hash brown, english muffin

### French Toast Puffs

\$8.00

Balled and baked French toast, ginger butter, maple berry compote

### Brunchwrap Supreme

\$12.00

Herby tofu, melty American, aioli, carrot bakin', hash brown, n' avo, tomato, jalapeno, cilantro, tostada, grilled tortilla

## SHAREABLES 5

### Nacho Cheesier Nachos

AVAILABLE OPTIONS

Homemade dortio dust on corn chips with chili, cashew queso, n' avo, tomato, pickled jalapeno & cilantro

\$8.00

Suggested Add On: Ground Impossible:

\$3.00

### Mcnuggies

\$6.00

4pc nuggz and house made sauce for dippin

### Dumplings

\$7.00

Wheat wrappers stuffed w/ tofu & veggies. Served on greens and slathered in Korean BBQ

### Broccoli Bites

\$7.00

Steamed and smothered with your choice of sauce combo: Buffalo & Dilly Ranch OR Thai Peanut & Korean BBQ

### Fresh Rolls

\$6.00

Rice paper wraps filled with greens, pickled veggies, and rice noodles. Served w/ peanut sauce

## BURGERS 3

### Bakin' N' Avocado Burger

\$12.00

Smoked carrot bakin', house made ranch, n'avocado mash, melty American, lettuce, tomato, crispy onion

### Napoleon Dynamite

\$12.00

Pickled jalapeno, chipotle aioli, tater-tot hashbrown, smoked cashew cheese sauce, lettuce, tomato, crispy onions

### Rick Reuben Burger

\$12.00

House made sauerkraut, special sauce, smoked cashew cheese sauce, lettuce, tomato, crispy onions

## DAWGS 3

<b>Krauty by Nature</b>	<b>\$10.00</b>
Smoked carrot plus special sauce, house made sauerkraut, tomato, crispy onions	
<b>Bahn-Me</b>	<b>\$11.00</b>
Smoked carrot plus roasted tofu, chipotle aioli, ginger pickled veggies, fresh cilantro, Korean BBQ sauce, toasted cocncut crunch	
<b>Chili Cheese</b>	<b>\$12.00</b>
Smoked carrot plus house made chili, chopped Impossible burger, cashew cheese sauce, pickled jalapenos, fresh cilantro	

## SIDES 3

<b>Greens</b>	<b>\$4.00</b>
w/ ranch, tomato, Gluten Free croutons	
<b>Mac n' Cheeze</b>	<b>\$6.00</b>
elbow pasta w/ creamy cashew chz	
<b>Extra Sauce</b>	<b>\$0.50</b>

## WRAPS 6

<b>Crunchwrap Supreme</b>	<b>\$12.00</b>
Guy Fieri's favorite. Seasoned rice, cashew queso, chili, n' avo, tomato, pickled jalapeno, cilantro, tostada. Suggested add on sauce for dipping: chipotle aioli	
<b>Buffalo Mac Crunchwrap</b>	<b>\$12.00</b>
Buff-chix with mac-n-cashew cheese, corn tostada, n' avocado mash, greens, tomato, house made ranch	
<b>Caesar Salad Wrap</b>	<b>\$12.00</b>
Greens, smoked carrot bakin', herby tofu, gluten free croutons, creamy dressing, n' avocado, tomato, crispy onion	
<b>Rooster Wrap</b>	<b>\$12.00</b>
Maple-sriracha tofu, greens, dilly ranch, tomato, crispy onions, toasted sunflower seed crunch	
<b>Buddha Boi Wrap</b>	<b>\$11.00</b>
Brown rice, smoky carrot, ginger pickled veggies, greens, cilantro, steamed broccoli, peanut sauce	
<b>Buffalo Kickin' Broccoli Wrap</b>	<b>\$11.00</b>
Chopped buffalo broccoli, n' avocado mash, greens, croutons, tomato, ranch, crispy onions	

## KIDS CORNER 2

<b>Mabel's Table</b>	<b>\$7.00</b>
Choice of a grilled cheesiness (Gluten Free) OR flour tortilla quesadilla. Served with an orange slice and steamed broccoli OR chips	
<b>McMy Way</b>	<b>\$9.00</b>
Choice of a teese burger, Carrot dawg, OR 3pc McNuggies. Served with an orange slice and steamed broccoli OR chips	

## SHAKES & SMOOTHIES 5

<b>Berry Bliss Smoothie</b>	<b>\$8.00</b>
Banana, berries, maple syrup oat mylk	
<b>Green is Good Smoothie</b>	<b>\$8.00</b>
Banana, oat mylk, greens, maple syrup, spirulina	
<b>Funky Monkey Shake</b>	<b>\$9.00</b>
Banana, oat milk, peanut butter, cacao, toasted coconut, protein powder	
<b>PB&amp;Jelly Jam Shake</b>	<b>\$8.00</b>
Banana, oat milk, peanut butter, mixed berries, maple syrup	
<b>Dirty Chai Shake</b>	<b>\$8.00</b>
Banana, coffee, chai, cashews, oat mylk, cinnamon	

## MAIN 10

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<b>Broccoli Bites</b>	<b>\$35.00</b>
peanut sauce, sunflower crunch	
<b>Fresh Rolls</b>	<b>\$35.00</b>
rice paper, veggies, peanut sauce	
<b>Dumplings</b>	<b>\$35.00</b>
wonton paper, kale, tofu, Korean BBQ sauce	
<b>Chips &amp; Dip</b>	<b>\$35.00</b>
house salsa, cashew queso & guacamole	
<b>Caesar Salad*</b>	<b>\$45.00</b>
tofu, croutons, eggplant bacon, tahini dressing	
<b>Carrot Salad</b>	<b>\$45.00</b>
pickled veg, walnuts, peanut dressing	
<b>Sesame Noodle Salad</b>	<b>\$45.00</b>
cabbage, carrot, broccoli, cilantro	
<b>Enchilada Bake</b>	<b>\$55.00</b>
tempeh, sweet potato, beans, mole sauce	
<b>Alfredo Mac Bake*</b>	<b>\$55.00</b>
cashew cream, steamed greens, bread crumb topping	
<b>Sandwich Box</b>	<b>\$75.00</b>
five falafel wraps, five burritos, pickles, chips	