

More Than Waffles

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BELGIAN WAFFLES 31

Plain, Sugar, or Cinnamon

Bacon & Cheddar

Baconutella

with bacon inside & nutella on top

Organic Oat Bran

with fresh fruit cup

Epic Protein

bananas, peanut butter & organic hemp seeds, 30 grams of protein

Nut Multi Grain

with fresh fruit cup

Organic Granola

with fresh fruit cup

Walnut & Pecan

topped with whipped cream

Lemon

lemon cream with whipped cream

Lemon Lover

lemon cream, wild blueberries, chopped pecans, with whipped cream

Peach

with whipped cream

Strawberry (Fresh in Season)

with whipped cream

Wild Blueberry

with whipped cream

Hot Apple

with whipped cream & cinnamon

Love

Dipped in dark Belgian chocolate, with strawberries, ice cream & with whipped cream. Available in Half & Whole

Tye's Oreo Cookies

oreo cookies inside and on top with ice cream, whipped cream and chocolate syrup

Turtle Waffle

dipped in dark Belgian chocolate with Vanilla ice cream, pecans, caramel & whipped cream. Available in Half & Whole

Nutella

Topped with bananas or strawberries. Add peanut butter for an extra charge

Banana Fudge

ice cream, whipped cream & fudge

Banana Honey

ice cream, whipped cream & nuts

Chocolate Chip

ice cream, fudge & whipped cream

Crazy Caramel

caramel, ice cream, nuts & whipped cream

Coconut Pecan Waffles

drizzled with caramel & whipped cream

Bicentennial

strawberries, wild blueberries, ice cream & whipped cream

Ultima

strawberries, wild blueberries, kiwi, nuts & whipped cream

Mariam's Almond Joy

coconut, nutella & almonds

Tommy's Peanut Butter Cup

dipped in Belgian chocolate, drizzled with peanut butter

Mint to Be

mint chip ice cream, fudge, whipped cream and andes mints

Caramel Apple

with apples, baked inside and on top, ice cream, pecans, caramel & whipped cream

Ghirardelli Dark Chocolate Waffle

Topped with Fresh strawberries, whipped cream & chocolate syrup

Maple Syrup (100% Pure)

Now Available. Available in 1.7 oz

PANCAKES 17

Plain

with fresh fruit cup

Bacon & Cheddar

Organic Oat Bran

with fresh fruit cup

Nut Multi Grain

with fresh fruit cup

Organic Granola

with fresh fruit cup

Banana Nut Multi Grain

Organic Gluten Free

made with almond milk, served with fresh fruit cup

Organic Gluten Free Buckwheat

made with almond milk, served with fresh fruit cup

Hot Apple

inside and on top with sprinkled cinnamon

Nutella

topped with bananas

Ghirardelli Dark Chocolate

with Chocolate chip

Wild Blueberry

inside and on top

Chocolate Chip

inside and on top

Coconut Pecan

drizzled with caramel

Almond Joy

coconut, nutella & almonds

Ultima

topped with strawberries, wild blueberries, kiwi & nuts

Oreo

oreo inside & on top, whipped cream & chocolate syrup

FRENCH TOAST 8

Classic

with fresh fruit cup

Waffle French Toast

with fresh fruit cup

Cinnamon Swirl Bread

with fresh fruit cup

Heavenly

drizzled with dark Belgian chocolate with strawberries & whipped cream

Gluten Free

with cinnamon & fruit cup

Caramel

with sliced bananas, whipped cream & chopped pecans

Peanut Butter Nutella Stuffed

choice of on cinnamon swirl or texas toast topped with banana

Ultima

strawberries, wild blueberries, kiwi, nuts & whipped cream

SAVORY CRÊPES 5

Ham & Cheese

scrambled with eggs, topped with melted cheddar

Elevie's

mushrooms, Greek olives, onions, mozzarella, scrambled with eggs, topped with melted mozzarella

Spinach Soufflé

topped with melted mozzarella

Ika's

organic spinach, turkey sausage, organic basil, garlic, mozzarella, feta, scrambled with eggs, topped with melted mozzarella

Beni

mediterranean chicken sausage, sun dried tomatoes, scrambled with eggs, topped with Hollandaise sauce

SWEET CRÊPES 6

Nutella

With strawberry or banana & whipped cream. Add peanut butter for an extra charge

Fresh Strawberry

with whipped cream

Hot Apple

with whipped cream & cinnamon

Wild Blueberry

with whipped cream

Lemon Cream

with whipped cream

Lemon Lover

lemon cream, wild blueberries, chopped pecan & whipped cream

BREAKFAST BURRITO 25

Plain

Cheddar Cheese

Mushroom & Cheddar Cheese

El Greco

scallions, parsley & feta cheese

Spanish

our own made spanish sauce (bell peppers, onion, celery, tomatoes & cilantro) cheese optional

Popeye

fresh organic spinach, mushrooms & mozzarella

Californian

avocado, bacon & cheddar

Ham or Bacon or Sausage

with cheddar

Milan

Italian sausage, onion, mozzarella & marinara

Farmers

fresh organic spinach, fresh organic basil, mushrooms & goat cheese

Denver

ham, bell peppers, onions & cheddar

Gourmet

mediterranean chicken sausage, mozzarella, mushrooms & cilantro

Spinach Soufflé

with mushrooms

Mediterranean

fresh organic basil, mushrooms, garlic, tomatoes, mozzarella & feta cheese

Avocado

with tomatoes, onions & cheddar

Veggie

mushrooms, tomatoes, onions, fresh organic spinach, bell pepper & mozzarella

Italian

Italian sausage, onions, tomatoes & cheddar

Chili

our own made beef chili with cheddar

Belgian

bacon, tomatoes, mushrooms & cheddar

Fajita

chicken breast, spanish sauce & cheddar

El Paso Scramble

ortega chiles, mushrooms & mozzarella

Salami Scramble

eggs, Italian salami, mushrooms & mozzarella, served with Belgian waffle

Protein Scramble

Eggs, burger patty, onions, bell peppers & cheddar served with cottage cheese. Waffle not included

Lox Scramble

With eggs & onions, served with home fries & a bagel with cream cheese. Waffle not included

Chorizo Scramble

Pork chorizo & eggs, cheese optional served with corn tortillas and home fries. Waffle not included

BREAKFAST COMBOS 4

Pancakes

2 eggs - with bacon sausage or ham

Belgian Waffle

2 eggs - with bacon, sausage or ham

The Big "G"

2 eggs - with bacon, sausage or ham, home fries & choice of toast

French Toast

2 eggs - with bacon, sausage or ham

POTATO DISHES 4

Veggie

home fries, mushrooms, bell peppers, grilled onions & cheddar

Mediterranean

home fries, organic spinach, organic basil, tomatoes, mushrooms, mozzarella, feta, garlic & olive oil

Ronnie's Scrumptious Breakfast

home fries, chopped bacon, grilled onions, melted cheddar, topped with two eggs over medium

Lanny's Chili Fries

home fries, with our own made chili, onions & melted cheddar

Eggs Benedict

2 poached eggs on an English muffin, with ham, Hollandaise sauce

Tuscan Benedict

2 poached eggs on whole grain toast with our own made bruschetta, topped with feta

Eggs Florentine

2 poached eggs on an english muffin, with spinach soufflé, Hollandaise sauce

Hash Benedict

corned beef hash, 2 poached eggs on an english muffin with Hollandaise sauce

The Waffler

poached eggs, avocado & bacon all topping a delicious waffle (Hollandaise optional)

Veggie Benedict

2 poached eggs on an english muffin, with fresh organic spinach, grilled tomatoes, Hollandaise

Lox Benedict

2 poached eggs, lox, Hollandaise sauce and capers on an english muffin

Waffle Benedict

2 poached eggs on a waffle, ham, Hollandaise sauce

Santa Fe Benedict

2 poached eggs on an english muffin, with grilled turkey, avocado, ortega chiles, with Hollandaise sauce

Oatmeal

made with low fat milk & served with fresh fruit cup (non-fat milk, oat milk, almond milk, or water upon request)

Organic Granola

with plain yogurt & strawberries or bananas

The Perfect Start

One multi grain pancake topped with low fat vanilla yogurt, strawberries, bananas & organic granola (just perfect!). On a waffle for an extra charge

Shake-Your-Shuka (Shakshuka)

3 poached eggs in our own made sauce (tomatoes, bell peppers, onions & cilantro) topped with feta & cilantro with choice of bread

Grilled Chicken & Waffle

grilled chicken breast inside and on top of a Belgian waffle, with fruit or home fries

Chilaquiles

corn tortilla chips scrambled with eggs, salsa & mozzarella, served with sour cream & fresh fruit or home fries

Hash & Eggs

corned beef hash, 2 eggs, bacon, home fries & half a Belgian waffle

Steak & Eggs

8 oz flat iron steak with eggs, home fries & half waffle

Encino Egg Whites Frittata

egg whites, broccoli, tomatoes, grilled onions, basil, garlic, feta & mozzarella served with fresh fruit, Cottage cheese or Ika's Salad

Healthy Choice

3 egg whites scrambled with tomatoes & fresh organic spinach. Served with toast & fresh fruit or low fat cottage cheese. Add chicken for an extra charge

KatieWich

sandwich with egg whites, turkey bacon, tomatoes & mozzarella on whole grain bread, served with fresh fruit, home fries or Ika's salad

Ham & Egg Sandwich

mixed greens, tomatoes & mayo served with fresh fruit, home fries or Ika's salad

The Ultimate Burrito

eggs, bacon, ham, home fries & cheddar, with fresh fruit cup or home fries

Lox Plate

lox, tomatoes, onions & capers, served with fresh fruit & a bagel with cream cheese

Gluten Free Breakfast Pasta

scrambled with eggs, organic basil & spinach, garlic, olive oil, feta & mozzarella

SOUPS & SALADS 14

Soup of the Day

Mon-fri only. Available in Cup, Bowl

House Salad

Available in Half order, Full order

Caesar Salad

Available in Half order, Full order

All Protein Salad

organic mixed greens, turkey, ham, egg salad, Greek olives, cucumbers, tomatoes, carrots, red onion & Mozzarella

Greek Salad

Romaine & mixed greens, tomatoes, parsley, scallions, cucumbers, Greek olives, feta cheese & tossed with our Greek dressing. Available in Half order, Full order

Mediterranean Salad

organic mixed greens, chicken breast, Greek olives tomatoes, red onion, organic basil, Romano cheese & balsamic vinaigrette

B.B.Q Chopped Chicken Breast Salad

romaine, tomatoes, red onion, cilantro, bacon or turkey bacon with B.B.Q sauce & ranch dressing

Daniella's Salad

organic mixed greens, baby spinach, chicken breast, avocado, sun dried tomatoes, almonds & mozzarella

Grilled Chicken Breast Salad

organic mixed greens, hard boiled eggs, avocado, tomatoes, Greek olives, sprouts & oil free teriyaki vinaigrette

Chinese Chicken Salad

romaine, cucumbers, chicken breast, mandarin oranges, sesame seeds, almonds & rice noodles

Tuna Salad

(white Albacore) organic mixed greens, tomatoes, cucumbers, Greek olives, red onions, carrots, chopped pecans

Summer Salad

organic mixed greens, baby spinach, chicken breast, strawberries, goat cheese, walnuts, pecans, red onion & balsamic vinaigrette

Happy Healthy Salad

organic mixed greens, turkey, turkey bacon, avocado, tomatoes, red onion, sprouts & mozzarella

Chef Penny's Tuscan Salad

organic mixed greens, chicken breast, avocado, tomatoes, almonds, mushrooms, cranberries, mozzarella, sprouts, parsley & scallions

LUNCH SPECIAL 1

Lunch Special

Half sandwich with a bowl of soup, house salad, or fresh fruit cup. Choice of: Tuna, Tuna Melt, BLT, Egg Salad, or Vegetarian sandwich

LUNCH DELIGHTS 6

Chicken Caesar Wrap

Greek Wrap with Chicken

organic mixed greens, romaine, tomatoes, parsley, scallions, cucumbers, Greek olives & feta cheese

Wrapper's Delight

turkey breast, organic mixed greens, bruschetta, feta cheese & avocado wrapped in a whole wheat tortilla

Ally's BBQ Chicken Quesadilla

grilled chicken breast, BBQ sauce, mozzarella, cilantro & red onions

Chicken Quesadilla

grilled onions, bell peppers, salsa & cheese

Tempa's Tacos

Three corn tortilla filled with melted mozzarella, avocado, tomatoes, cilantro and feta cheese. Add chicken breast for an extra charge

SANDWICHES 17

Grilled Cheese

Egg Salad

BLT

bacon, mixed greens, tomatoes & mayo

BLAT

bacon, mixed greens, avocado, tomatoes, mayo

Tuna

white albacore with garlic, dill, celery, mixed greens, tomatoes, mayo & sliced red onion

Vegetarian

avocado, sprouts, tomatoes, sliced red onion, cucumber your choice of cheese & mayo

Turkey

mixed greens, tomatoes & mayo

Turkey or Chicken Club

bacon, mixed greens, tomatoes, cheddar cheese & mayo

Healthy Club

turkey, turkey bacon, sprouts, mozzarella, tomatoes, avocado & mayo

Nicole's Breadless Sandwich

veggie patty, with mixed greens, avocado, red onions, tomato & mozzarella

Grilled Ham & Cheese

with tomatoes

Dijon Ham Melt

grilled ham, melted cheddar, tomatoes on grilled sourdough, with dijon mustard

Balsamic Chicken Breast

fresh spinach, mushrooms, mozzarella & balsamic vinaigrette

Tuna Melt

with mozzarella

Marci's Bruschetta Melt

our own made bruschetta, with mozzarella & avocado

Santa Fe Turkey Melt

grilled turkey, swiss cheese, ortega chilies & avocado, on grilled sourdough

Ray's Italian Melt

Italian sausage, marinara mozzarella & organic basil

BURGERS 8

Encino

mixed greens, tomato, onions & cheddar

Patty Melt

grilled onions & swiss cheese on grilled rye

Avocado

sprouts, tomato, onions & cheddar

BBQ

sautéed mushrooms & BBQ sauce

Bacon

mixed greens, tomato, onion & cheddar

Beef Chili

tomato, onion & cheddar

Spinach & Mushrooms

fresh organic spinach, sautéed mushrooms & cheddar cheese

Beyond Burgers - Plant Base

avocado, spinach, grilled onion

PASTA 3

Tomato Basil

fresh tomatoes, fresh organic basil, olive oil, garlic & romano cheese

Greek Pasta

chicken, sun dried tomatoes, marinara sauce, feta cheese, olive oil & garlic

Italian Sausage

roasted peppers, garlic, marinara sauce & romano cheese

WOOF BOWL FOR YOUR DOG 1

For Dog Only

pick 2: scrambled egg, bacon, ham or cottage cheese

SIDE ORDERS 24

Toast or Bagel

Cinnamon Swirl Toast - 1 Thick Slice

Cream Cheese

Natural Peanut Butter

Nutella

Cottage Cheese

Avocado

Tomato (Slices)

1 Egg

2 Eggs Any Style

Fresh Fruit Cup

Fresh Fruit Plate

Home Fries

Steamed Vegetables

Ika's Salad

Chopped cucumber, tomatoes, color pepper, red onion, garlic, olive oil, lemon and salt. Also available in bowl

(4) Bacon, (3) Sausage, or Ham

Turkey Sausage

Turkey Bacon

Tuna (Scoop)

Beef Chili (Cup)

Chicken Breast

Burger Patty

Lox

Dr Praeger's Plant Base Sausage

(Gluten free, soy free, 18 grams pure plant protein) comes with (2) sausages

CAPPUCCINO BAR 4

Espresso

Also available in double

Cappuccino

With vanilla, caramel, irish cream or hazelnut. Also available in double

Latte or Iced Latte

Also available in double

Mocha

Also available in double

BEVERAGES 12

Fresh Squeezed Orange Juice

Available in Small, Large

Fresh Red Grapefruit Juice

Available in Small, Large

Fruit Juices

Apple, Cranberry, Tomato. Available in Small, Large

Coffee or Tea

Hot Chocolate

topped with whipped cream

Vanilla or Chocolate Shake

Fresh Brewed Iced Tea

black, tropical

Coke, Diet Coke, Sprite, Dr. Pepper, Pink Lemonade, Fanta

Milk

Available in Small, Large

Chocolate Milk

Available in Small, Large

Green Planet

bottled natural spring water

Bottled Sparkling Water

MAIN 10

Waffle with Strawberries

Warm Belgian waffle topped with strawberries. Analysis does not include other accompaniments for waffle. Cal - 225, Fat (g) - 8, Sat F (g) - 0, Chol (mg) - 20, Sod (mg) - 275*, Carb (g) - 38, Fib (g) - 3, Pro (g) - 5, Fr/Veg (cup) - 1

Tuscan Benedict

Two poached eggs on a 9-grain toast with homemade bruschetta, topped with feta and fresh fruit. Cal - 460, Fat (g) - 22, Sat F (g) - 8, Chol (mg) - 445, Sod (mg) - 1100*, Carb (g) - 46, Fib (g) - 6, Sug (g) - 24, Pro (g) - 23, Fr/Veg (cup) - 2

Popeye Omelet - Special Request

Eggs with fresh spinach, mushrooms and mozzarella cheese. Request egg whites. Analysis does not include Belgian waffle. Cal - 195, Fat (g) - 9, Sat F (g) - 3, Chol (mg) - 15, Sod (mg) - 365*, Carb (g) - 9, Fib (g) - 3, Pro (g) - 20, Fr/Veg (cup) - 1.5

Mediterranean Omelet - Special Request

Eggs with fresh spinach, mushrooms and mozzarella cheese. Request egg whites. Analysis does not include Belgian waffle. Cal - 275, Fat (g) - 16, Sat F (g) - 7.5, Chol (mg) - 40, Sod (mg) - 625*, Carb (g) - 10, Fib (g) - 2, Pro (g) - 24, Fr/Veg (cup) - 1

KatieWich Breakfast Sandwich

9 grain bread with egg whites, bacon, tomatoes and mozzarella. Served with fresh fruit. Cal - 550, Fat (g) - 19, Sat F (g) - 6, Chol (mg) - 45, Sod (mg) - 980*, Carb (g) - 69, Fib (g) - 9, Sug (g) - 27, Pro (g) - 29, Fr/Veg (cup) - 1.5

Grainy Day Pancakes

Syrup not included in analysis. Sugar free syrup available upon request. Cal - 270, Fat (g) - 2.5, Sat F (g) - 0, Chol (mg) - 0, Sod (mg) - 380*, Carb (g) - 57, Fib (g) - 8, Sug (g) - 26, Pro (g) - 9, Fr/Veg (cup) - 1.5

Healthy Choice

Three egg whites scrambled with tomatoes and fresh spinach. Dry toast and fresh fruit are included in analysis. Cal - 430, Fat (g) - 8, Sat F (g) - 0.5, Chol (mg) - 0, Sod (mg) - 545*, Carb (g) - 71, Fib (g) - 10, Pro (g) - 22, Fr/Veg (cup) - 2

Mediterranean Salad

Lettuce, tomatoes, basil, red onion, chicken, and Romano cheese. Analysis does not include dressing (30 cal, 5 g fat per Tbs. balsamic vinaigrette). Cal - 410, Fat (g) - 9, Sat F (g) - 2.5, Chol (mg) - 175, Sod (mg) - 365*, Carb (g) - 12, Fib (g) - 4, Pro (g) - 68, Fr/Veg (cup) - 3

Grilled Chicken Salad - Special Request

Lettuce, tomatoes, avocado, black olives and teriyaki vinaigrette. Request salad without egg. Cal - 580, Fat (g) - 20, Sat F (g) - 4, Chol (mg) - 175, Sod (mg) - 1040*, Carb (g) - 30, Fib (g) - 7, Pro (g) - 69, Fr/Veg (cup) - 2

Spinach and Mushroom Vegetarian Burger

Vegetarian patty with spinach, mushrooms & cheddar cheese, served with fresh fruit (included in analysis). Cal - 620, Fat (g) - 16, Sat F (g) - 7.5, Chol (mg) - 30, Sod (mg) - 1250*, Carb (g) - 86, Fib (g) - 11, Pro (g) - 35, Fr/Veg (cup) - 2.5

GLUTEN SENSITIVE MENU 6

Breakfast Pasta

Organic Buckwheat Pancakes

Organic Multigrain Pancakes

French Toast

Chilaquiles

Made with corn Tortillas

Mediterranean Potatoes