

Lula Bagel

816 Nostrand Ave 11216 · +17187780581 · Updated: Jan 14, 2026

[View online menu](#)



HOT DRINKS 7

12 oz Steamed Chai Latte With Honey	\$4.00
1lb Whole Coffee Beans	\$16.00
Organic Fair Trade Blend	
12oz Latte	\$5.00
16oz Hot Chocolate	\$5.00
Made with Homemade Hazel Nut whipped toppings.	
16 oz House Blend Coffee	\$3.25
16oz Americano	\$4.50
8oz Cup Cappuccino	\$4.75

BAGELS 17

Build Your Own Bagel	\$1.75
Bagel with Butter	\$2.75
Bagel with Cream Cheese	\$3.50
Bagel with Cream Cheese & Jelly	\$3.75
Bagel with Tofu Cream Cheese	\$3.75
Bagel by the Piece	\$1.50
Classic Bagel	\$4.50
Cream cheese with tomato.	
#1 Whitefish Bagel	\$8.75
Whitefish salad with tomato and scallions	
#2 Salmon Bagel	\$10.25
Lox with cream cheese, red onion, capers and dill.	
#3 Avocado Delight Bagel	\$7.00
Avocado, olive oil, salt and pepper.	

#4 Organic Egg Salad Bagel	\$7.00
Organic egg Salad, tomato and chives	
#5 Tuna Bagel	\$8.50
Tuna, avocado and tomato.	
#6 Mediterranean Bagel	\$7.75
Hummus, tomato, red onion and organic boiled egg.	
#7 Chipotle Chicken Salad Bagel	\$8.50
Chipotle Chicken Salad, hummus, cucumber and red onion	
#8 Organic Fried Egg with Avocado	\$9.25
With mayo, tomato, avocado and cheddar cheese.	
#9 Grilled Bagel	\$8.25
Ham or turkey, cheddar and tomato grilled on panini press.	
#10 Grilled Mozzarella Bagel	\$8.50
Mozzarella, pesto, tomato.	

PRESSED SANDWICHES 10

#1 Grilled Cheddar & Tomato Sandwich	\$8.25
On 7-grain.	
#2 Grilled Mozzarella, Tomato & Pesto Sandwich	\$9.00
On Ciabatta.	
#3. Grilled Cheddar, Ham & Tomato Sandwich	\$9.00
On 7-grain or ciabatta.	
#4 Grilled Hummus & Avocado Sandwich	\$8.00
With roasted peppers and pesto on 7-grain.	
#5 Grilled Turkey Sandwich	\$9.75
Mozzarella, roasted red peppers, pesto and garlic mayo on ciabatta.	
#6 Organic Hard Boiled Egg Sandwich	\$8.50
Tomato, hard boiled egg, avocado and mayo on toasted 7-grain.	
#7 Tuna Sandwich	\$9.50
Tomato, hard-boiled egg, pickles and mayo on toasted ciabatta.	
#8 Peanut Butter & Jelly Sandwich	\$4.75
Bunne moummen raspberry jam and crunchy organic peanut butter.	
#9 Grilled Chicken Avocado Sandwich	\$9.50
Tomato, mayo on a toasted ciabatta.	
#10 Tuna Melt	\$9.25
Tuna, cheddar cheese and tomato on 7-grain.	

COLD DRINKS 12

Cold Brew Iced Coffee	\$4.75
Spearmint Iced Tea	\$4.75
San Pellegrino	\$2.50
24 oz. Poland Spring	\$1.75
Red Jacket Raspberry Apple Juice	\$3.50
GUS Cola	\$3.00
Spearmint Lemonade	\$4.75
Arnold Palmer	\$4.75
Aranciata	\$2.50
Fresh Squeezed Orange Juice	\$4.00
16 oz. Iced Chai	\$4.50
Gus Star Ruby Grapefruit	\$3.00

BRUNCH 8

Spinach Tomato Quiche	\$7.00
Artichoke & Mushroom Quiche	\$7.00
White Moustache Date Yogurt	\$6.75
Breakfast Empanada	\$6.75
Spinach, Free Range Eggs, Local Sharp Cheddar, Potato Hash with Toasted White Sesame Seeds.	
Goat Cheese & Herb Quiche	\$7.00
Organic Granola & Yogurt	\$8.00
With berries and honey.	
White Moustache Sour Cherry Yogurt	\$6.75
Grilled Ham and Cheese Croissant	\$5.50

LUNCH SPECIAL 4

Salad of the Day with Quiche	\$12.00
Chicken caesar salad with romaine lettuce, cherry tomatoes, red onion, grilled chicken, croutons, and caesar dressing	
Soup of the Day	\$6.75
Served with bread. Please call restaurant for soup of the day.	

Salad of the Day with Quiche **\$9.25**

Chicken caesar salad with romaine lettuce, cherry tomatoes, red onion, grilled chicken, croutons, and caesar dressing

Soup & Quiche **\$11.00**

Please call restaurant for soup of the day

DELI 18

Kerygold Butter **\$6.50**

1/2 pound

Plain Cream Cheese **\$5.00**

Plain Tofu Cream Cheese **\$6.00**

Veggie Cream Cheese **\$5.75**

Scallion Cream Cheese **\$5.75**

Olive Cream Cheese **\$5.75**

Cranberry Raisin Cream Cheese **\$5.75**

Nutella Coconut Cream Cheese **\$5.75**

Sun Dried Tomato Cream Cheese **\$5.75**

Dill Cream Cheese **\$5.75**

Celery Red Onion Tofu Cream Cheese **\$7.25**

Jalapeno Tofu Cream Cheese **\$7.25**

Lox Cream Cheese * **\$8.00**

Organic Egg Salad **\$8.00**

Chicken Chipotle Salad **\$8.00**

Whitefish Salad * **\$7.50**

Tuna Salad **\$8.00**

Smoked Scottish Salmon * **\$3.50**

Price per ounce

COOKIES AND TREATS 15

Banana Chocolate Bread **\$3.50**

Carrot Bread **\$3.50**

Dulche de Leche Cookie **\$1.50**

Chocolate Rugelach	\$1.50
Chocolate Chip Cookie	\$1.00
Brownie	\$4.00
Gluten Free Trail Mix Bar	\$3.25
Mixed Berry Granola bar	\$3.25
Currant and Oats Scones	\$3.25
Chocolate Almond Croissant	\$5.00
Almond Croissant	\$5.00
Chocolate Croissant	\$3.50
Plain Croissant	\$3.25
Strawberry Tart with Vanilla Custard	\$5.25
Aussie Bites	\$1.50

Rolled oats, dried apricots, raisins sunflower seeds, flex seeds, and shredded coconut.

CHIPS ⁴

Jalapeno Kettle Chips	\$2.00
Sea Salt Kettle Chips	\$2.00
Sea Salt and Vinegar Kettle Chips	\$2.00
New York Cheddar Kettle Chips	\$2.00