

# Love Life Cafe

2616 NW 5 Ave Love Life Wellness Centerter 33127-4111 · +13054564148 · Updated: Jan 14, 2026

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## BREAKFAST 4

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### Egg & Cheese Croissantwich

**\$11.00**

Vegan croissant, just egg patty, cheddar "cheese", served with a side of golden fries

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### The Miami Breakfast

**\$15.50**

scrambled "egg", jackfruit "carne", black beans, plant power arepa

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### Spinach & "Cheese" Omelet

**\$12.50**

served with choice of side

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### Avocado Toast

**AVAILABLE OPTIONS**

Zak the Baker bread, avocado, sweet potato herb fries, "parm" crumble, superfood basil dressing, served with a side kale salad

\$11.00

Gluten Free: \$1.00

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## SOUPS & SALADS 7

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### Sancocho Soup

**\$6.50**

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### Curry Lentil Soup

**\$6.50**

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### Love Life Salad

**\$16.50**

kale, mixed greens, organic quinoa, roasted veggies, cherry tomatoes, garbanzo beans, cucumber, carrots, plantains, hemp seeds, pumpkin seeds, avocado, "parm" crumble, superfood basil dressing

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### Taco Salad

**\$16.50**

kale salad, lentil walnut "meat", organic quinoa, garbanzo beans, cherry tomatoes, alfalfa sprouts, pico de gallo, avocado, smoked tortilla chips, cashew cream, lemon garlic dressing

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### Good Karma

**\$14.50**

mixed greens, organic quinoa, superfood hummus, avocado, roasted veggies, cherry tomatoes, carrots, alfalfa sprouts, superfood basil dressing

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### Kale Salad

**\$10.50**

kale, "parm" crumbles, lemon garlic dressing

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### Wynwood Salad

**\$14.50**

mixed greens, avocado, meatless balls, plantains, roasted onions, pico de gallo, carrots, alfalfa sprouts, pumpkin seeds, spicy mango dressing

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## BURGERS 4

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## Voted "Best Veggie Burger in America"

\$17.00

Superfood patty, homemade guacamole, pickles, plant based cheddar, marinated kale, cilantro aioli. Served with a side of herb golden potato fries

## Cheeseburger 1.0

\$13.99

Beyond Meat patty, lettuce, tomatoes, pickles, onions, "cheddar cheese", ketchup & mustard. Served with a side of herb golden potato fries

## Curry Kind Burger

\$15.00

Superfood patty, lettuce, tomato, pickled onions, avocado, curry aioli. Served with a side of herb golden potato fries

## BBQ Pulled Jackfruit Sandwich

\$14.50

Kale slaw, shredded bbq jackfruit, L'Artisan bun, cilantro aioli, pickled onions. Served with a side of herb golden potato fries

## PLANT POWERED AREPAS <sup>2</sup>

### Love Life Arepa

\$14.00

black bean sofrito, avocado, cilantro aioli sauce

### La Arepa Pelua

\$14.00

shredded jackfruit meat, cheddar "cheese" and plantains

## PIZZA <sup>4</sup>

### La Pizza

\$12.75

tomodoro sauce, roasted veggies, roasted onions, cherry tomatoes, nuzzarella, "parm" crumble, fresh basil

### Pizza Diabola

\$14.00

tomodoro sauce, roasted peppers, roasted onions, lentil walnut "meat", nuzzarella, "parm" crumble

### Pizza Verde

AVAILABLE OPTIONS

cashew cream, spinach, basil-pesto, "parm" crumble

\$12.75

Add Nuzzarella: \$1.50

### BBQ Chicken Pizza

\$14.95

shredded jackfruit bbq chicken, nuzzarella, pomo sauce, cilantro

## BOWLS <sup>3</sup>

### Curry Bowl

\$14.50

organic basmati brown rice, curry lentil soup, marinated kale, avocado, parm crumble

### El Chamo Bowl

\$14.50

organic basmati brown rice, black beans, shredded jackfruit meat mechada, plantains, avocado, Guasacaca sauce, cilantro aioli

### Picadillo Bowl

\$14.50

Organic brown rice, Beyond "Meat", black beans, sweet plantains, avocado, salsa, tomatoes, cilantro

## BURRITOS <sup>2</sup>

<b>The El New Burrito</b>	<b>\$14.00</b>
whole wheat wrap, organic basmati brown rice, shredded jackfruit meat "mechada", lettuce, plantains, pico de gallo, sour cashew cream served with a side salad	
<b>Cuban Burrito</b>	<b>\$14.00</b>
whole wheat wrap, black bean sofrito, lettuce, organic basmati brown rice, sweet plantains, tomatoes, avocado, sour cashew cream, cilantro aioli sauce served with a side salad	
<b>TACOS</b> 2	
<b>The LL Tacos</b>	<b>\$12.75</b>
(3) corn tortillas, lentil walnut "meat", pico de gallo, mixed greens, guacamole, spread, cashew cream, fresh salsa	
<b>Jackfruit Carnitas</b>	<b>\$13.00</b>
(3) corn tortillas, mixed greens, shredded jackfruit meat mechada, pickled onions, sliced avocados, spicy mango dressing	
<b>EVERYTHING ELSE</b> 4	
<b>Zucchini Pasta</b>	<b>\$9.50</b>
spiralized zucchini noodles, "parm" crumble, pomo sauce	
<b>Mac &amp; Cheese</b>	<b>\$10.50</b>
lentil macaroni, home made alfredo cheesy sauce, "parm" crumble	
<b>Quesadilla</b>	<b>\$14.00</b>
whole wheat wrap, sautéed kale, black beans, sweet potatoes, shredded "cheese", lentil walnut meat and a sour cream drizzle	
<b>Choripan</b>	<b>\$15.00</b>
beyond meat sausage on a fresh baked baguette, chimichurri, mustard aioli, pickled onions, avocado, potatoes, "parm crumble" and a side salad	
<b>SIDES</b> 9	
<b>Side Salad</b>	<b>\$4.50</b>
mixed greens, carrots, cherry tomato, cucumber, alfalfa sprouts, lemon garlic dressing	
<b>Side Kale Salad</b>	<b>\$4.50</b>
kale, "parm" crumble, lemon garlic dressing	
<b>Meatless Balls (2)</b>	<b>\$6.00</b>
served with pomodoro sauce, "parm" crumble & basil	
<b>Sweet Potato Herb Fries</b>	<b>\$4.00</b>
served with cilantro aioli sauce	
<b>Superfood Veggie Patty</b>	<b>\$7.00</b>
<b>Beyond "Meat" Patty</b>	<b>\$5.00</b>
<b>Golden Herb Fries</b>	<b>\$3.00</b>
served with ketchup	

**Loaded Fries** **\$7.50**  
golden bakes fries, love life cheddar cheese, lentil walnut meat

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**Cashew Cream Plantains** **\$6.00**  
baked sweet plantains and a cashew cream drizzle

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## DESSERTS 4

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**Guava Rose Cheesecake** **\$8.00**  
Guava cheesecake infused with rose water. Celestial chunk cookie crust, cashew, guava, coconut milk, house-made vanilla syrup, lemon, pink salt

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**Mudslide Cheesecake** **\$8.00**  
coffee-chocolate and vanilla swirl cheesecake

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**Apple Cobbler** **\$8.00**  
Baked apples in almond cake and orange blossom syrup. Fuji apples, coconut sugar, cane sugar, cinnamon, cloves, lemon, orange blossom, coconut oil, sorghum flour, almond meal, brown rice flour, vanilla, coconut milk, salt, pecans

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**Brownie or Chocolate Chunk Cookie a la Mode** **\$9.00**  
coconut-almond and vanilla base ice cream

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## SMOOTHIES 6

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**Almond Butter Bliss** **\$8.00**  
almond "milk", coconut water, banana, almond butter, dates, pink himalayan salt

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**Tropical Flow** **\$8.00**  
almond "milk", mixed berries, mango, pineapple & dates

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**Green Life** **\$8.00**  
coconut water, banana, kale, spinach, cucumber, cold pressed ginger, lemon juice & Bee Free Honee

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**Purple Dream** **\$9.00**  
coconut water, mango, pineapple, pitaya & chia seeds

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**Green Island** **\$9.00**  
coconut water, orange juice, spinach, pineapple, banana & spirulina

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**Sunshine Spice** **\$10.00**  
orange juice, pineapple, cold pressed turmeric, cold pressed ginger, lemon juice & Bee Free Honee

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## SMOOTHIE BOWLS 2

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**Organic Acai Bowl** **\$11.00**  
acai berry blend topped with berries, banana, coconut flakes, cacao nibs, granola, and mango puree

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**Red Dragon Bowl** **\$12.00**  
pitaya blend topped with chia seeds, hemp seeds, goji berries & banana

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## ADD ONS 9

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**Protein**

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**Ground Flax Seeds**

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**Cacao Nibs**

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**Granola**

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**Hemp Seeds**

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**Chia Seeds**

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**Coconut Flakes**

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**Cold Pressed Ginger**

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**Cold Pressed Turmeric**

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## **SUPERFOODS** 5

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**Maca**

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**Spirulina**

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**Goji Berries**

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**Moringa Leaf Powder**

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**E3 Live**

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