

# Salata

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## SALAD CHOICE 3

regular salad \$10.00

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small salad \$9.00

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wrap \$9.25

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## MEAL ADD-ONS 4

tomato basil soup **AVAILABLE OPTIONS**

8 oz cup: \$3.00  
12 oz bowl: \$4.00

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chipotle white bean soup **AVAILABLE OPTIONS**

8 oz cup: \$3.00  
12 oz bowl: \$4.00

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drinks **AVAILABLE OPTIONS**

20 fl oz \$2.50

black china tea: \$2.50  
plum cinnamon tea: \$2.50  
tropical green tea: \$2.50  
raspberry lemonade: \$2.50  
peach lemonade: \$2.50  
prickly pear limeade: \$2.50

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cookies **AVAILABLE OPTIONS**

\$1.25  
chocolate chunk: \$1.25  
oatmeal raisin: \$1.25  
white chocolate macadamia nut: \$1.25  
peanut butter: \$1.25

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## LETTUCES 5

salata mix

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romaine

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spring mix

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spinach

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kale

**VEGETABLES** 29

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**carrots**

**cucumbers**

**broccoli**

**mushrooms**

**tomatoes**

**green bell peppers**

**jicama**

**snow peas**

**radishes**

**edamame**

**red onions**

**bean sprouts**

**sun-dried tomatoes**

**cabbage**

**pea sprouts**

**cilantro**

**corn**

**beets**

**kidney beans**

**green peas**

**black olives**

**black beans**

**chick peas**

**green olives**

**fresh jalapeños**

**banana peppers**

pepperoncini

artichoke hearts

\$1.00

avocado

\$1.00

## FRUITS 7

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pineapples

strawberries

mandarin oranges

apples

grapes

raisins

dried cranberries

## CHEESE AND NUTS 7

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mixed cheese

feta cheese

blue cheese

parmesan cheese

walnuts

almonds

pumpkin seeds

## OTHER 3

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Pasta

chopped egg

chopped bacon

## DRESSINGS 10

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fresh herb vinaigrette

buttermilk ranch

ginger lime vinaigrette

classic caesar

spicy chipotle ranch

balsamic vinaigrette

honey mustard

lemon vinaigrette

fat-free mango

fat-free sun-dried tomato

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## PROTEIN 5

falafel \$3.59

quinoa \$3.59

herb-marinated chicken \$3.59

pesto chicken \$3.59

spicy chipotle chicken \$3.59

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## PREMIUM PROTEIN 5

krabmeat \$4.59

salmon \$4.79

seafood mix \$4.59

shrimp \$4.79

turkey \$3.59

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## BREADS AND TORTILLAS 9

multigrain croissant

baked pita chips

whole wheat tortilla

southwestern tortilla

cool cucumber tortilla

thai ginger tortilla

texas bbq tortilla

**croutons**

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**sesame sticks**

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