

Date & Thyme

829 Fleming St 33040-6903 · +13052967766 · Updated: Jan 14, 2026

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BREAKFAST & LUNCH 11

AVOCADO TOAST

\$12.00

local artisan bread, sliced avocado, cayenne hemp hearts, olive oil, sea salt & pepper, served with pickled veggies & lime

BREAKFAST WRAP

\$12.00

organic eggs, sliced avocado, house salsa, mojo sauce, mixed greens

BREAKFAST BAGEL

\$12.00

organic eggs, sliced tomato, red onion, avocado, spinach and herb mayo on a toasted whole grain bagel

BREAKFAST PLATE

\$13.00

organic scrambled eggs, roasted sweet potatoes, sliced tomato, lemon kale, pesto, toasted local bread, vegan butter, house jam

JUICE BAR BURGER

\$16.00

house veggie burger, lettuce, tomato, red onion, garlic pickles, awesome sauce, served with chips & superfood slaw

PESTO GARDEN WRAP

\$16.00

cucumber, tomato, avocado, red onion, cabbage, carrots, spice pepitas, cayenne hemp hearts, mixed greens, herb mayo, house pesto

THE JERK WRAP

\$16.00

house veggie burger, avocado, cabbage, carrots, lemon kale, quinoa & brown rice, jerk aioli

PB & JAM

\$8.00

creamy organic peanut butter and house made jam on toasted whole grain bread

VEGGIE SPRING ROLL

\$17.00

cabbage, carrots, cucumbers, red onion, avocado, curried cashews, house sweet chili sauce, mixed greens, on a grain-free wrap

THE CHICKEN CLUB

\$17.00

grilled chicken, tomato, onion, herb mayo, awesome sauce, house pickles, carrot bacon, mixed greens, on your choice of a bun or wrap

THE SUBLIME BOWL

\$17.00

simmered black beans, roasted sweet potatoes, quinoa & brown rice, lemon kale, avocado, cabbage, carrots, pickled hot peppers, mojo sauce, cashew lime crema

ORGANIC SMOOTHIE BOWLS 3

ACAI BOWL

\$14.00

acai, raspberry, strawberry, blueberry & banana blended with house made coconut milk, topped with house made granola, coconut flakes, goji berries & cacao nibs

GREEN BOWL	\$14.00
mango, pineapple, banana & spinach blended with house made coconut milk and green spirulina, topped with house granola, coconut, chia seeds, and golden berries	
BLUE HYDRATION BOWL	\$16.00
mango, pineapple & banana blended with coconut water and a blue spirulina blend, topped with house granola, coconut, chia seeds, and fresh fruit	
SMOOTHIES 12	
PURPLE JUNGLE	\$13.00
acai, blueberry, raspberry, strawberry, banana, goji berries, coconut milk	
CITRUS C	\$12.00
banana, mango, pineapple, fresh ginger, lemon, orange juice	
HAPPY MONKEY	\$11.00
peanut butter, banana, coconut milk	
TROPICAL GREEN	\$12.00
mango, pineapple, banana, spinach, fresh cilantro, lemon, filtered water	
BERRY BLISS	\$12.00
banana, strawberry, blueberry, raspberry, apple juice	
PIÑA COLADA	\$12.00
pineapple, mango, banana, coconut milk	
MANGO MOJITO	\$15.00
mango, lime, fresh mint, coconut water	
STRAWBERRIES & CREAM	\$15.00
strawberry, dates, vanilla, coconut milk	
GREEN WARRIOR	\$14.00
kale, pineapple, mango, banana, coconut oil, chia seeds, vegan green protein, coconut milk	
CHOCO MACA SHAKE	\$14.00
banana, cacao powder, cacao nibs, maca, vegan chocolate protein, coconut milk	
BRAIN FOOD	\$14.00
banana, espresso, brain octane oil, lions mane, dates, vanilla, coconut milk	
STRAWBERRY BANANA	\$11.00
banana, strawberry, coconut milk	

JUICES 9

LIVING GARDEN
cucumber, celery, kale, parsley, lemon

GREEN IMMUNITY	
celery, kale, green apple, cucumber, garlic	
SWEET GREEN	
green apple, cucumber, kale	
HOT PINK	
beet, apple, cucumber, lime, cayenne	
DAILY DETOX	
beet, carrot, celery, lemon	
CARROT ZING	
carrot, green apple, ginger	
CUCUMBER COOLER	
cucumber, mint, lime, frozen pineapple	
PURE CELERY	\$14.00
PURE CARROT	\$14.00
COFFEE 16	
HOT TEA	\$4.00
DAILY ICED TEA	\$4.00
COFFEE	\$5.00
COLD-BREW	\$7.00
ESPRESSO	\$4.00
DOUBLE ESPRESSO	\$6.00
AMERICANO	\$5.00
CAPPUCCINO	\$7.00
LATTE	\$7.00
MOCHA LATTE	\$7.00
MATCHA LATTE	\$7.00
CHAI LATTE	\$7.00
HOT CHOCOLATE	\$5.00
GOLDEN MILK	\$7.00
turmeric, cinnamon, cardamom, ginger, black pepper, vanilla & honey with coconut milk, hot or iced	

MAGIC MUSHROOM LATTE	\$8.00
single shot of espresso with milk of choice & superfood mushroom powder, hot or iced	
ISLAND MOCHA	\$8.00
single shot of espresso with milk of choice, housemade chocolate syrup, almond & coconut, hot or iced	