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## CHIPS 8

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**Doritos® Nacho Cheese**

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**Lay's® Oven Baked Original**

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**Miss Vickie's® Original Recipe**

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**Miss Vickie's® All Dressed Up**

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**Miss Vickie's® Sea Salt & Malt Vinegar**

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**Lay's Classic®**

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**SunChips® Harvest Cheddar**

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**Ruffles® All Dressed**

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## FOUNTAIN DRINKS 1

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**Fountain Beverage**

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## SOUPS 1

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**Soups**

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## CLASSIC SANDWICHES 11

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**Veggie Delite®**

Crispy, crunchy and classically delicious. The Veggie Delite® is proof that a veggie sandwich can be high in flavour. Try a delicious combination of lettuce, tomatoes, green peppers, cucumbers and onions. Customize it with your choice of condiments on the bread of your choice.

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**Grilled Chicken**

Who doesn't love grilled chicken? Made with mouth-watering Canadian farm-raised chicken and topped with your favourite veggie freshly sliced in restaurant, all on our freshly baked bread.

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**Sweet Onion Chicken Teriyaki**

Our Sweet Onion Chicken Teriyaki is stuffed with teriyaki-glazed chicken strips and fresh veggies, topped with our NEW Sweet Onion Teriyaki sauce.

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**Rotisserie-Style Chicken**

Try our juicy, Rotisserie-style Chicken, made with seasoned chicken and topped with lettuce, spinach, tomatoes, cucumber, green peppers, and red onions. Your tastebuds will thank you later!

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## **Crispy Chicken**

Try our crispy chicken sandwich made with seasoned chicken breast, processed white cheddar cheese, lettuce, tomatoes, red onions, pickles, and smoky honey mustard sauce. Limited time only at participating restaurants.

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## **Italian B.M.T.®**

There's a trip to Italy in every bite. This all-time Italian classic is packed with Genoa salami, spicy pepperoni, and deli-style Black Forest ham made with pork raised on Canadian farms. Get it topped with your favourite veggies freshly sliced in restaurant on your choice of freshly baked bread, and you'll be saying "grazie!"

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## **Black Forest Ham**

A classic that never goes out of style. Made with pork raised on Canadian farms, our deli-style Black Forest ham has never been better. Load it up with all your favourite veggies freshly sliced in restaurant, on your choice of freshly baked bread. Yum!

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## **Turkey Breast**

Simple, yet always bursting with flavour. Dive into our deli-style turkey breast sandwich made with turkey raised on Canadian farms and topped with your favourite veggies freshly sliced in restaurant!

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## **Tuna**

You'll love every bite of our classic tuna sandwich. 100% wild caught tuna blended with creamy mayonnaise then topped with your choice of crisp, fresh veggies. 100% delicious.

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## **Cold Cut Combo**

Are you a meat-lover? Then you'll love our Cold Cut Combo! One bite into these delicious deli meats, topped with crisp vegetables and served on your choice of bread and you'll be addicted.

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## **Steak & Cheese**

Hot, tender, shaved steak, served on the bread of your choice. It's just bursting with flavour! Toast your bread to add even more great taste!

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## **BREAKFAST** 6

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### **Egg & Bacon**

Our Egg & Bacon sandwich will leave you wanting seconds. Made with Canadian eggs, tasty Maplewood smoked bacon made from pork raised on Canadian farms and processed white cheddar.

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### **Egg & Cheese**

Once you try our Egg & Cheese sandwich, you'll never look back. Made with Canadian eggs, and processed white cheddar. So good.

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### **Egg & Ham Sidekick**

Taste the joy of breakfast at any time of the day. Made with Canadian eggs, deli-style Black Forest ham made with pork raised on Canadian farms, processed white cheddar, and your choice of veggies freshly sliced in store. Simply delicious. At participating Restaurants. Extras/Add-ons add'l. Plus tax.

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### **Egg & Ham**

You'll love every bite of our Egg & Ham sandwich. Made with Canadian eggs, deli-style Black Forest ham made with pork raised on Canadian farms, and processed white cheddar. Simply delicious.

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### **Egg & Cheese Sidekick**

Once you try our Egg & Cheese Sidekick, you'll never look back. Made with Canadian eggs, processed white cheddar and toasted on our potato bun. So good. At participating restaurants. Plus tax.

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### **Egg & Bacon Sidekick**

Our Egg & Bacon Sidekick will leave you wanting seconds. Made with Canadian eggs, tasty bacon, and processed white cheddar toasted on our potato bun. At participating restaurants. Plus tax.

**#6 Teriyaki Crunch**

We added some crunch to this sweet & savoury favourite! The Teriyaki Crunch sandwich comes with teriyaki-glazed chicken strips, lettuce, spinach, tomatoes, cucumbers, green peppers, red onions, double the processed cheddar cheese, the satisfying crunch of our NEW crispy onions and topped with our NEW Sweet Onion Teriyaki sauce.

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**#5 Chicken Rancher**

A fan favourite gets some added zing. The Chicken Rancher features Canadian farm-raised chicken and pork, made with rotisserie-style chicken and Maplewood Smoked Bacon, topped with lettuce, spinach, tomatoes, cucumbers, green peppers, red onions, twice the shredded Monterrey Jack and cheddar, and the zesty kick of our Peppercorn Ranch dressing.

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**#4 Kickin' Chicken**

Ready to spice up your life? Take a bite of the Kickin' Chicken, featuring seasoned chicken breast topped with Creamy Sriracha, lettuce, tomatoes, banana peppers, and a double-kick of Habanero Jack cheese.

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**#7 Green Goddess Chicken**

Want a taste of heaven? Try our Green Goddess Chicken, made with Canadian farm-raised rotisserie-style chicken, topped with lettuce, spinach, tomatoes, cucumbers, green peppers, red onions, Smashed Avocado and double the processed cheddar cheese before being drizzled with our House Sandwich sauce and the cool, refreshing blend of herbs in our Green Goddess Dressing.

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**BOTTLED BEVERAGES** 15

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**Gatorade® Zero Berry**

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**Tropicana® Orange Juice**

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**Pepsi®**

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**Diet Pepsi®**

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**Pepsi® Zero Sugar**

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**blackberrybubly™**

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**Tropicana® Apple Juice**

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**Brisk® Lemon Iced Tea**

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**Aquafina® Water**

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**Gatorade® Cool Blue™**

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**G2® Fruit Punch**

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**limebubly™**

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**Tropicana® Lemonade**

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**7UP®**

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**Pure Leaf Lemon Iced Tea**

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**blackberrybubly™**

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**Tropicana® Apple Juice**

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**Aquafina® Water**

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**limebubly™**

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**Tropicana® Lemonade**

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**Tropicana® Orange Juice**

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## **SIGNATURE GRILLED RICE WRAPS 4**

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### **Southwest Steak & Avocado**

Get a taste of Tex-Mex for those on the go. Our Southwest Steak & Avocado Signature Rice Wrap is made with Canadian seasoned steak, Smashed Avocado, a selection of fresh veggies, a blend of seasoned brown, red & wild rice, topped with an extra kick with the classic Southwest Chipotle sauce and sweet and tangy Banana Peppers. Grilled Wrap option available at participating restaurants.

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### **Green Goddess Veggie**

Fresh veggies and great flavour, all wrapped into one. The Green Goddess Signature Rice Wrap features a blend of seasoned brown, red & wild rice, paired with your favourite crisp veggies, Smashed Avocado and drizzled in the Green Goddess Dressing which adds a tangy taste with a blend of herbs. Grilled option available at participating restaurants.

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### **Crispy Chicken Bacon & Peppercorn Ranch**

A crispy addition to a Subway® favourite for those on the go. The Crispy Chicken Bacon & Peppercorn Ranch Signature Rice Wrap features crispy seasoned chicken breast, Maplewood Smoked Bacon, delicious shredded monterey jack cheese and a blend of seasoned brown, red & wild rice, topped with fresh veggies and the zesty kick of our Peppercorn Ranch dressing. Grilled option available at participating restaurants.

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### **Sweet Onion Chicken Teriyaki**

Sweet and savoury, for those on the go! Our Sweet Onion Chicken Teriyaki Signature Rice Wrap is stuffed with teriyaki glazed chicken strips, a selection of fresh veggies and a blend of seasoned brown, red & wild rice, and topped with Sweet Onion sauce. Grilled Wrap option available at participating restaurants.

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## **SIDEKICKS 2**

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### **Egg & Ham Sidekick**

Taste the joy of breakfast at any time of the day. Made with Canadian eggs, deli-style Black Forest ham made with pork raised on Canadian farms, processed white cheddar, and your choice of veggies freshly sliced in store. Simply delicious. At participating Restaurants. Extras/Add-ons add'l. Plus tax.

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### **Egg & Cheese Sidekick**

Once you try our Egg & Cheese Sidekick, you'll never look back. Made with Canadian eggs, processed white cheddar and toasted on our potato bun. So good. At participating restaurants. Plus tax.

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## **COOKIES 1**

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### **Cookies**

As delicious as our sandwiches are, our cookies are always a great addition to a delicious meal. Tender and moist, it is the perfect way to complement your meal.

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## **SALADS 7**

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## **Sweet Onion Chicken Teriyaki**

Everything but the bread! Turn any one of your favourite sandwiches into a salad. Add crunch to your meal with lettuce, red onions, tomatoes, cucumbers and much more!

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## **Turkey Breast**

Everything but the bread! Turn any one of your favourite sandwiches into a salad. Add crunch to your meal with lettuce, red onions, tomatoes, cucumbers and much more!

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## **Cold Cut Combo**

Everything but the bread! Turn any one of your favourite sandwiches into a salad. Add crunch to your meal with lettuce, red onions, tomatoes, cucumbers and much more!

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## **Tuna**

Everything but the bread! Turn any one of your favourite sandwiches into a salad. Add crunch to your meal with lettuce, red onions, tomatoes, cucumbers and much more!

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## **Veggie Delite®**

Everything but the bread! Turn any one of your favourite sandwiches into a salad. Add crunch to your meal with lettuce, red onions, tomatoes, cucumbers and much more!

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## **Black Forest Ham**

Everything but the bread! Turn any one of your favourite sandwiches into a salad. Add crunch to your meal with lettuce, red onions, tomatoes, cucumbers and much more!

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## **Steak & Cheese**

Everything but the bread! Turn any one of your favourite sandwiches into a salad. Add crunch to your meal with lettuce, red onions, tomatoes, cucumbers and much more!

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## **SUBWAY® SERIES** 14

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### **#6 Teriyaki Crunch**

We added some crunch to this sweet & savoury favourite! The Teriyaki Crunch sandwich comes with teriyaki-glazed chicken strips, lettuce, spinach, tomatoes, cucumbers, green peppers, red onions, double the processed cheddar cheese, the satisfying crunch of our NEW crispy onions and topped with our NEW Sweet Onion Teriyaki sauce.

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### **#11 Green Goddess**

Embrace a refreshing new take on a Subway® staple. Your favourite crisp veggies including lettuce, spinach, tomatoes, cucumbers, green peppers, red onions and Smashed Avocado drizzled in House Sandwich Sauce and our Green Goddess Dressing with a bright and fresh blend of herbs, now covered in twice as much processed cheddar cheese.

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### **#14 Little Italy**

Transport your tastebuds to Bel Paese with the Little Italy. Featuring Rotisserie-style chicken, this delicioso sub is lettuce, spinach, tomatoes, cucumbers, green peppers, red onions, plus mozzarella and parmesan cheese before being drizzled with the zing of Garlic Aioli, our House Sandwich sauce and delicious Pesto, just to remind you of nonna's place.

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### **#5 Chicken Rancher**

A fan favourite gets some added zing. The Chicken Rancher features Canadian farm-raised chicken and pork, made with rotisserie-style chicken and Maplewood Smoked Bacon, topped with lettuce, spinach, tomatoes, cucumbers, green peppers, red onions, twice the shredded Monterey Jack and cheddar, and the zesty kick of our Peppercorn Ranch dressing.

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### **#8 Steak'n Bacon**

There's no mis-steak-ing your new favourite club sandwich. Steak'n Bacon comes with Maplewood Smoked bacon and Canadian seasoned beef, topped with lettuce, tomatoes, spicy Chipotle sauce, our Peppercorn Ranch, and a double helping of Habanero Jack cheese for an added kick.

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## #2 Great Canadian Club

Love the taste of Canada? Join the Club! Enjoy our Great Canadian Club, with Deli-Style turkey and ham, Maplewood Smoked bacon, made from Canadian farm-raised turkey and pork, topped with twice the Canadian cheddar cheese, lettuce, tomatoes, and our Smoky Honey Mustard sauce for some added zest, eh?

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## #12 Mozzarella Bella

Meet Mozzarella Bella, a twist on classics you'd find back in Tuscany. This deliciously light and tasty sandwich starts with the perfect combination of spinach and tomatoes, adds mozzarella and parmesan, then covers it all in our House Sandwich sauce and a tasty helping of Pesto. Che Bella!

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## #3 Turkey Rancher

Saddle up and head for deliciousness. The Turkey Rancher features Canadian farm-raised turkey and Maplewood Smoked bacon, topped with twice the helping of Canadian cheddar cheese, lettuce, tomatoes, red onions, and the zesty kick of our Peppercorn Ranch dressing. Giddy up!

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## #10 Steak "N" Egg

Time to get crackin'! The Steak "N" Egg is made with Canadian Beef and scrambled Canadian egg before being topped with a two-fer of processed cheddar cheese, tomatoes, spinach, and the added kick of our Chipotle sauce.

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## #4 Kickin' Chicken

Ready to spice up your life? Take a bite of the Kickin' Chicken, featuring seasoned chicken breast topped with Creamy Sriracha, lettuce, tomatoes, banana peppers, and a double-kick of Habanero Jack cheese.

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## #13 Supremo

Get ready to MEAT your match. The Supremo is topped with salami, Deli-Style ham and pepperoni made from Canadian farm-raised pork, NEW capicola, lettuce, tomatoes, red onions, banana peppers, our House Sandwich Sauce, and a doppio dose of processed cheddar cheese. Fantastico!

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## #1 Canuck Classic

Get a taste of Canada with a twist. Featuring our Maplewood Smoked bacon and Deli-Style ham, made with Canadian farm-raised pork, topped with lettuce, tomatoes, red onions, pickles and covered in twice as much Canadian Cheddar Cheese, then topped with our Smoky Honey Mustard and mayonnaise.

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## #9 Stampede Brisket

Ready for a brisket worthy of any rodeo? The Stampede Brisket starts with delicious beef brisket tossed in BBQ sauce, adds green peppers, red onions and a double helping of Canadian cheddar cheese, then finishes off with a crunch from our NEW crispy onions and a drizzle of our Smoky Honey Mustard and Sweet & Smoky BBQ sauce. Yee-haw!

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## #7 Green Goddess Chicken

Want a taste of heaven? Try our Green Goddess Chicken, made with Canadian farm-raised rotisserie-style chicken, topped with lettuce, spinach, tomatoes, cucumbers, green peppers, red onions, Smashed Avocado and double the processed cheddar cheese before being drizzled with our House Sandwich sauce and the cool, refreshing blend of herbs in our Green Goddess Dressing.

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## DRINKS 15

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**Pepsi®**

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**Diet Pepsi®**

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**Pepsi® Zero Sugar**

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**blackberrybubly™**

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**Tropicana® Apple Juice**

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**Brisk® Lemon Iced Tea**

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**Aquafina® Water**

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**Gatorade® Cool Blue™**

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**G2® Fruit Punch**

---

**limebubly™**

---

**Tropicana® Lemonade**

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**7UP®**

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**Pure Leaf Lemon Iced Tea**

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**Gatorade® Zero Berry**

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**Tropicana® Orange Juice**

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## **ITALIANOS** 3

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### **#12 Mozzarella Bella**

Meet Mozzarella Bella, a twist on classics you'd find back in Tuscany. This deliciously light and tasty sandwich starts with the perfect combination of spinach and tomatoes, adds mozzarella and parmesan, then covers it all in our House Sandwich sauce and a tasty helping of Pesto. Che Bella!

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### **#13 Supremo**

Get ready to MEAT your match. The Supremo is topped with salami, Deli-Style ham and pepperoni made from Canadian farm-raised pork, NEW capicola, lettuce, tomatoes, red onions, banana peppers, our House Sandwich Sauce, and a doppio dose of processed cheddar cheese. Fantastico!

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### **#14 Little Italy**

Transport your tastebuds to Bel Paese with the Little Italy. Featuring Rotisserie-style chicken, this delicioso sub is lettuce, spinach, tomatoes, cucumbers, green peppers, red onions, plus mozzarella and parmesan cheese before being drizzled with the zing of Garlic Aioli, our House Sandwich sauce and delicious Pesto, just to remind you of nonna's place.

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## **DELI** 3

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### **#2 Great Canadian Club**

Love the taste of Canada? Join the Club! Enjoy our Great Canadian Club, with Deli-Style turkey and ham, Maplewood Smoked bacon, made from Canadian farm-raised turkey and pork, topped with twice the Canadian cheddar cheese, lettuce, tomatoes, and our Smoky Honey Mustard sauce for some added zest, eh?

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### **#3 Turkey Rancher**

Saddle up and head for deliciousness. The Turkey Rancher features Canadian farm-raised turkey and Maplewood Smoked bacon, topped with twice the helping of Canadian cheddar cheese, lettuce, tomatoes, red onions, and the zesty kick of our Peppercorn Ranch dressing. Giddy up!

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### **#1 Canuck Classic**

Get a taste of Canada with a twist. Featuring our Maplewood Smoked bacon and Deli-Style ham, made with Canadian farm-raised pork, topped with lettuce, tomatoes, red onions, pickles and covered in twice as much Canadian Cheddar Cheese, then topped with our Smoky Honey Mustard and mayonnaise.

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## **KIDS' PAK® MEAL** 3

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## Turkey Breast

You no longer have to sacrifice nutrition or flavour when you're short on time. Includes a delicious GoGo squeeZ® Apple with a bottled water to wash it down for a meal that kids will love.

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## Black Forest Ham

You no longer have to sacrifice nutrition or flavour when you're short on time. Includes a delicious GoGo squeeZ® Apple with a bottled water to wash it down for a meal that kids will love.

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## Veggie Delite®

You no longer have to sacrifice nutrition or flavour when you're short on time. Includes a delicious GoGo squeeZ® Apple with a bottled water to wash it down for a meal that kids will love.

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## STEAK 3

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### #9 Stampede Brisket

Ready for a brisket worthy of any rodeo? The Stampede Brisket starts with delicious beef brisket tossed in BBQ sauce, adds green peppers, red onions and a double helping of Canadian cheddar cheese, then finishes off with a crunch from our NEW crispy onions and a drizzle of our Smoky Honey Mustard and Sweet & Smoky BBQ sauce. Yee-haw!

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### #8 Steak'n Bacon

There's no mis-steak-ing your new favourite club sandwich. Steak'n Bacon comes with Maplewood Smoked bacon and Canadian seasoned beef, topped with lettuce, tomatoes, spicy Chipotle sauce, our Peppercorn Ranch, and a double helping of Habanero Jack cheese for an added kick.

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### #10 Steak "N" Egg

Time to get crackin'! The Steak "N" Egg is made with Canadian Beef and scrambled Canadian egg before being topped with a two-fer of processed cheddar cheese, tomatoes, spinach, and the added kick of our Chipotle sauce.

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## NON-FOOD ITEMS 1

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### Generic Toy

## SIDES 13

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### Ruffles® All Dressed

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### Cookies

As delicious as our sandwiches are, our cookies are always a great addition to a delicious meal. Tender and moist, it is the perfect way to complement your meal.

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### Chocolate Chunk

Cookie, Chocolate Chunk

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### Chocolate Chip with M&M's® Candies

As delicious as our sandwiches are, they are even better when paired with the perfect side and drink. Our sides run from salty to sweet and from fit to indulgent. With such a variety of drinks to choose from, there's truly something for every taste.

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### Doritos® Nacho Cheese

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### Lay's® Oven Baked Original

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### Miss Vickie's® Original Recipe

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## Miss Vickie's® All Dressed Up

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### Double Chocolate

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## Miss Vickie's® Sea Salt & Malt Vinegar

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### Lay's Classic®

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## White Chip Macadamia Nut

White Chip Macadamia Nut Cookies

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## SunChips® Harvest Cheddar

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## SIGNATURE RICE BOWLS 4

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### Sweet Onion Chicken Teriyaki

Sweet and savoury, all in a convenient bowl! Our Sweet Onion Chicken Teriyaki Signature Rice Bowl is stuffed with teriyaki glazed chicken strips, a selection of fresh veggies and a blend of seasoned brown, red & wild rice, and topped with Sweet Onion sauce.

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### Southwest Steak & Avocado

Get a taste of Tex-Mex all in a convenient bowl. Our Southwest Steak & Avocado Signature Rice Bowl is made with Canadian seasoned steak, Smashed Avocado, a selection of fresh veggies, a blend of seasoned brown, red & wild rice, topped with an extra kick with the classic Southwest Chipotle sauce and sweet and tangy Banana Peppers.

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### Crispy Chicken Bacon & Peppercorn Ranch

A crispy addition to a Subway® favourite all in a convenient bowl. The Crispy Chicken Bacon & Peppercorn Ranch Signature Rice Bowl features crispy seasoned chicken breast, Maplewood Smoked Bacon, delicious shredded monterey jack cheese and a blend of seasoned brown, red & wild rice, topped with fresh veggies and the zesty kick of our Peppercorn Ranch dressing.

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### Green Goddess Veggie

Fresh veggies and great flavour, all in a convenient bowl. The Green Goddess Signature Rice Bowl features a blend of seasoned brown, red & wild rice, paired with your favourite crisp veggies, Smashed Avocado and drizzled in the Green Goddess Dressing which adds a tangy taste with a blend of herbs.

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## VEGGIE 2

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### #11 Green Goddess

Embrace a refreshing new take on a Subway® staple. Your favourite crisp veggies including lettuce, spinach, tomatoes, cucumbers, green peppers, red onions and Smashed Avocado drizzled in House Sandwich Sauce and our Green Goddess Dressing with a bright and fresh blend of herbs, now covered in twice as much processed cheddar cheese.

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### #12 Mozzarella Bella

Meet Mozzarella Bella, a twist on classics you'd find back in Tuscany. This deliciously light and tasty sandwich starts with the perfect combination of spinach and tomatoes, adds mozzarella and parmesan, then covers it all in our House Sandwich sauce and a tasty helping of Pesto. Che Bella!

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## UNDER \$5 MENU 6

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### Honey Mustard Ham Sidekick

Sweet and savoury is an undefeated combination. Made with pork raised on Canadian farms, our deli-style Black Forest ham, processed white cheddar cheese, lettuce, tomato, red onion, pickles and our smoky honey mustard served warm and toasty on a potato bun. At participating Restaurants. Extras/Add-ons addt'l. Plus tax.

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### **Crispy Chicken Sidekick**

Try our crispy chicken sidekick made with seasoned chicken breast, lettuce, pickles, and smoky honey mustard sauce served warm and toasty on our potato bun. At participating restaurants. Extras/Add-ons add'l. Plus tax.

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### **Egg & Ham Sidekick**

Taste the joy of breakfast at any time of the day. Made with Canadian eggs, deli-style Black Forest ham made with pork raised on Canadian farms, processed white cheddar, and your choice of veggies freshly sliced in store. Simply delicious. At participating Restaurants. Extras/Add-ons add'l. Plus tax.

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### **Savoury Turkey Ranch Sidekick**

You had me at ranch. Try the Savoury Turkey Ranch, made with deli-style turkey raised on Canadian farms, processed white cheddar cheese, spinach, tomato and peppercorn ranch sauce served warm and toasty on a potato bun. At participating Restaurants. Extras/Add-ons add'l. Plus tax.

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### **Egg & Cheese Sidekick**

Once you try our Egg & Cheese Sidekick, you'll never look back. Made with Canadian eggs, processed white cheddar and toasted on our potato bun. So good. At participating restaurants. Plus tax.

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### **Egg & Bacon Sidekick**

Our Egg & Bacon Sidekick will leave you wanting seconds. Made with Canadian eggs, tasty bacon, and processed white cheddar toasted on our potato bun. At participating restaurants. Plus tax.

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