

# Rocco's Sports Tavern

null · +18189859876 · Updated: Jan 14, 2026

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## APPETIZERS 5

- Rocco's Italian Fries** **\$5.95**  
tossed in italian seasoning and fresh basil served with garlic aioli.
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- Mozzarella En Carrozza** **\$9.95**  
served with tomato sauce and fresh basil.
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- Seven Cheese Mac-n-cheese** **\$10.95**  
baked with mozzarella, provolone, jack, brie, cheddar, american and parmegian cheese with garlic alfredo sauce.
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- Jumbo Tender Artichoke** **\$9.95**  
steamed and served with garlic aioli, spicy poblano dip and lemon dressing.
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- Rocco's Famous Wings** **\$9.95**  
"bbq" pr "hot" style served with celery sticks, and blue cheese dressing.

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## SALADS 5

- Our Favorite House Salad** **\$10.95**  
mix baby greens, romaine lettuce and radicchio tossed with roasted pimentos, green olive, fresh tomato, in balsamic vinaigrette dressing topped with fresh buffalo mozzarella.
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- The Caesar** **\$10.95**  
crisp romaine lettuce, tangy creamy caesar dressing, imported parmesan and house baked croutons.
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- Grilled Salmon Salad** **\$14.95**  
mixed baby greens, romaine lettuce and radicchio tossed with tomato, green apple, dijon vinaigrette and garnished with lemon curd.
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- The Greek** **\$12.95**  
crispy romaine lettuce, celery, cucumber, tomato, red onion, feta cheese, kalamata olives a pinch of oregano and balsamic vinaigrette.
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- Rocco's Spinach Salad** **\$12.95**  
fresh baby spinach, fresh fennel, shaved red onion, crisp green apple, spiced and candied pecans with goat cheese tossed in house made bacon mango dressing.

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## BURGERS & SANDWICHES 5

- The Prime Rib Dip** **\$14.95**  
thinly sliced prime rib loaded into a crisp french roll then "dipped" in aus jus, served with creamed horseradish.
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- Italian Sausage, Peppers And Onion Hero** **\$11.95**  
a new york feast tradional served on a crisp hero roll.
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**Housemade Meatball Parmegian Hero** **\$10.95**

our secret recipe meatball served in a soft onion roll with tomato sauce and melted mozzarella cheese.

**Eggplant Parmegian** **\$10.95**

baked eggplant parmegian on toasted foccacia.

**Johnny's Fathers Favorite Italian Hero** **\$10.95**

ham, salami, cappacola, provolone, lettuce, tomato, red onion, on a crisp hero roll with red wine vinaigrette

## ITALIAN FAVORITES 7

**Spaghetti Marinara** **\$12.95**

imported italian spaghetti tossed and topped with our slow simmered tomato sauce and fresh basil.

**Spaghetti Bolognese** **\$15.95**

imported italian spaghetti tossed and topped with our house made beef bolognese sauce.

**House Baked Eggplant Parmagiana** **\$15.95**

just like mama's made served with spaghetti.

**Rocco's Five Cheese Ravioli Lasagna** **\$15.95**

baked layers of cheese ravioli, ricotta cheese, mozzarella, provolone, jack, romano with house made tomato sauce.

**Linguini With "back East" Littleneck Clams** **\$17.95**

imported italian linguini tossed with fresh, in the shell clams with olive oil, garlic, white wine or tomato sauce.

**Garlic Bread** **AVAILABLE OPTIONS**

served with slow simmered marinara sauce

\$3.95

Add Melted Mozzarella:

\$5.95

**Minestrone Soup** **AVAILABLE OPTIONS**

Cup: \$3.95

Bowl: \$5.95

## ENTREES 3

**Sizzling Boneless Chicken Breast** **\$16.95**

a perfectly marinated skinless chicken breast chargilled and served on a sizzling platter with peppers and onion.

**Sizzling Sausage Peppers And Onions** **\$16.95**

a new york feast favorite on a sizzle platter, served with side of pasta.

**Sizzling Herb Salmon** **\$19.95**

a fresh filet of salmon hand rubbed with garlic, olive, oil and herbs on a sizzle platter with peppers and onions, served with side od pasta.