

Elements Eatery And Bar

3310 Lake Tahoe Blvd, South Lake Tahoe, CA 96150-7910 · +15306509004 · Updated: Jan 14, 2026

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SALADS & SOUPS 9

Citrus Burrata

\$18.00

Citrus wheels, seasonal fruit, arugula, mixed greens & burrata with a house citrus vinaigrette. Drizzled with balsamic glaze and topped with seeds.

House Salad

\$14.00

Spring mix, arugula, tomato, fried capers, croutons and red onion with your choice of ranch, bleu, 1000 island, chipotle ranch, or vinaigrette.

Wedge Salad

\$14.00

A wedge of baby iceberg topped with bleu cheese dressing, bacon, tomatoes and red onions.

Big Bowl of Pozole

\$14.00

A large bowl of our take on pozole with pork, hominy, beef, cabbage, onion, radish, lime, and hot sauce (salsa pozolera). Served with chips.

Rotating Soup

\$8.00

Rotating soup. Ask your server!

Classic Caesar

\$15.00

Crispy romaine, parmesan, carrots, and croutons doused with house-made caesar.

Southwest Taco Salad

\$18.00

Spring mix with roasted corn, bell peppers, black beans, house-made chipotle ranch dressing and topped with cheddar and our al pastor.

Root Salad

\$17.00

Arugula, beets, carrots, radish, apple, and pears tossed in our citrus vinaigrette.

Plantain & Spinach Bowl

\$17.00

A bed of spinach topped with al pastor, patacones (fried plantains), cilantro rice, and black beans. Drizzled with crema and avocado sauce.

SHAREABLES 11

Fried Plantains

\$14.00

Patacones. Green plantains double fried and smashed. Lightly salted and served with curtido (Mexican slaw) and a side of avocado sauce.

Taquitos

\$11.00

3 taquitos stuffed with shredded adobo chicken. Topped with crema, cotija, lettuce and red salsa.

Shrimp Ceviche	\$15.00
A spicy red shrimp ceviche with shrimp, sesame seeds, hibiscus salsa macha, red onions, & apples served with our house-made chips.	
Quesadilla	\$13.00
Large flour tortilla stuffed with jack cheese, and herbs. Comes with a side of guacamole & salsa.	
Cheesy Monster Fries	\$16.00
House fries topped with our queso cheese sauce, al pastor, grilled onions and jalapenos, & 1000 island. A hot gooey mess of goodness.	
Chips & Queso	\$6.00
House-made chips and our beer cheese for dipping.	
Beer Cheese Nachos	AVAILABLE OPTIONS
House-made tortilla chips topped with our special Estrella Jalisco beer & guajillo queso, beans, guacamole, jalapenos, pico de gallo, and crema.	Regular: \$18.00
	Family Size: \$32.00
Chips & Salsa	\$6.00
House-made chips and our fresh made daily salsa.	
Chips & Guac	\$10.00
House-made chips and hand smashed guacamole.	
Dip Platter	\$20.00
Large tray of chips with salsa, guacamole, black beans, and house-made beer cheese to dip with friends.	
Seared Panela	\$15.00
Panela pan fried and sizzling with olive oil, and served with fresh handmade tortillas and your choice of green, red, or salsa macha.	

SANDWICHES 10

Pastor Reuben	\$23.00
Our marinated and slow roasted pastor on rye bread with jack cheese, Latin slaw, and house-made sauce.	
Brisket Dip	\$23.00
Braised, spiced, and marinated brisket on a french roll with jack cheese. Served with fries and latin au jus (consome).	
Habanero Burrito	\$20.00
Large flour tortilla hugging a blend of cheddar, house-made rice and beans, guac, habanero salsa and pastor. Topped with avocado sauce.	
B.L.A.T.	\$17.00
The classic BLAT served on sourdough. Thick bacon, lettuce, heirloom tomatoes, and avocado with house-made aioli.	
Smash Burger	\$24.00
Two quarter-pound patties with cheddar stacked on a pretzel bun with romaine, tomato, onion, and our house-made 1000 island sauce. Served with fries and a pickle.	
Birria Bao	\$20.00
3 fluffy, folded bao filled with marinated birria beef, latin slaw and avocado sauce.	

Chicken Caesar Wrap	\$21.00
Grilled or adobo chicken tossed with our caesar salad and wrapped in a flour tortilla. Comes with our seasoned fries.	
Steak Sandwich	\$24.00
Chopped steak grilled and then smothered with jack cheese, bell peppers, mushrooms, onions, and topped with chipotle ranch and avocado sauce. Served on a french roll. Our take on a philly.	
Chorizo Torta	\$23.00
A classic Mexican sandwich. Chorizo and jalapenos on a french roll with beans, panela, lettuce, tomato and onion.	
Hot Chicken Sandwich	\$23.00
Fried chicken tossed in our house made buffalo on thick cut brioche bread with jack cheese, romaine, red onion and our fresh ranch.	

ENTREES 6

Enchiladas	\$19.00
3 cheese stuffed flour enchiladas. Topped with red, green, or mole salsa, crema, cotija, cheddar, diced onion and served with cilantro rice and beans.	
Tacos	\$4.25
Al Pastor: onion, cilantro, and tomatillo salsa. Adobo Chicken: lettuce, salsa, cotija. Veggie: beans, squash, zucchini, mushroom, onion, pico, and queso cotija. Chorizo: \$.50 guac, and lettuce Mole Chicken: \$1.00 pickled onion, sesame seeds, radish, cotija. Birria: \$1.00 onion, cilantro, and salsa pozolera. Shrimp: \$1.25 latin slaw, avocado sauce, cilantro. Steak: \$1.25 onion, cilantro, and tomatillo salsa. Chilean Sea Bass: \$2.25 house sesame sauce, latin slaw, avocado sauce.	
Rice Bowl	\$24.00
Cilantro rice topped with mixed veggies, pico de gallo, guac, salsa verde and adobo chicken, grilled chicken, or al pastor.	
Lomo Saltado (Stir Fry)	\$25.00
Our take on a Peruvian dish of steak, peppers, tomatoes, onions, and chile stir fried with our house-made hoisin. Served with fries and cilantro lime rice.	
Mole Chicken	\$23.00
Shredded chicken tossed in our house-made mole and topped with cotija, sesame, pickled onion and radish. Served alongside rice and tortillas.	
Fajitas/Fiesta Fajitas	AVAILABLE OPTIONS
Al pastor, Adobo Chicken, or Veggies sauteed with bell pepper, mushroom and onion with melted cheese on top. Served with guacamole, handmade tortillas, cilantro rice and beans. Or make it family style!	Regular: \$26.00
	Family Style: \$48.00

BREAKFAST - SAVORY 14

Brekkie Burrito	\$16.50
Stuffed with brekkie tots, scrambled eggs, bacon, cheddar, pico de gallo, guacamole, and crema.	
Avocado Toast	\$14.00
Sliced sourdough bread with avocado, tomatoes, scrambled eggs, and herbs served with tots.	
Breakfast Tacos	\$13.00
Two homemade corn tortillas filled with scrambled eggs, cheddar, onion, tomato and jalapeno with either bacon, pastor, or sauteed veggies.	

Scrambles	\$17.00
Denver: Eggs scrambled with pastor, bell peppers, onions & cheddar Chorizo: Eggs scrambled with chorizo, bell peppers, onions, jalapeno & cheddar Ortega: Green Ortega chiles, mushrooms, onions & jack Veggie: Eggs scrambled with sauteed mushrooms, squash, onions & jack	
Black Beans & Rice	\$18.00
Our mashup of gallo pinto and patacones. Rice, black beans, fried plantains, side of spicy slaw, and served with two eggs.	
Classic Breakfast	\$15.00
Simple and perfect. Your choice of eggs, thick cut bacon, brekkie tots and an english muffin.	
Biscuits & Gravy	\$14.00
A biscuit smothered in our special house pastor and bacon gravy served with eggs your way.	
Rami’s Chimichanga	\$18.00
Scrambled eggs, jalapenos, pico de gallo, chorizo, guacamole, and brekkie tots, wrapped in a flour tortilla. Drizzled with crema.	
Chilaquiles	\$16.00
Tortilla chips covered in house-made red, green, or mole salsa, cotija, onion, cilantro & crema served with eggs of your choice and a side of house beans.	
Benedict	AVAILABLE OPTIONS
Eggs Benedict one of three way with our special tomatillo hollandaise and served with brekkie tots. Traditional with al pastor, poached eggs, and english muffin California with tomatoes and avocado All the Way with both combined	Traditional/California:
	\$18.00
	All the Way: \$21.00
THE BBG	\$21.00
The benedict biscuits & gravy. Our biscuits and gravy topped with poached eggs, hollandaise, pastor, and a side of brekkie tots.	
Tamale & Eggs	\$18.00
Your choice of chicken or beef banana leaf wrapped tamale that is topped with crema and served with two eggs, tots, and a side of salsa.	
Asada & Eggs	\$21.00
Marinated steak served with eggs of your choice, brekkie tots, and guacamole.	
Huevos Rancheros	\$17.00
Tostadas topped with house made beans, cheese, eggs, salsa, & pico de gallo. Comes with brekkie tots.	

BREAKFAST - SWEET 5

Horchata French Toast	\$16.00
Thickly-sliced brioche dipped in our house-made horchata and egg batter. Dusted with powdered sugar and served with real maple syrup & two eggs your way.	
Buttermilk Pancakes	\$15.00
House made buttermilk pancakes made the old-fashioned way, served with real maple syrup & two eggs.	
Classic Waffle	\$13.00
Thick belgian waffle with seasonal fruit, strawberry whipped cream and served with two eggs.	

Chicken & Waffle	\$16.00
Savory fried chicken breast tenders on a thick belgian waffle served with your choice of hot honey and/or maple syrup.	
Oats & Nuts	\$11.00
Oats, nuts and seeds topped with your choice of steamed milk, berries, cinnamon and chia seeds.	

COFFEE & TEA 12

Espresso	\$4.00
A double shot of espresso with three perfect layers. Body, heart & crema	
Cafe de Olla	\$5.50
Lightly sweetened, cinnamon and citrus spiced coffee	
Chantico	\$5.25
Raw cacao, dutch cocoa, vanilla bean with half & half	
Cubano	\$4.75
A short espresso drink sweetened with condensed milk and topped with cinnamon	
Horchata Latte	\$6.50
House-made creamy horchata with espresso. Steamed or Iced.	
Matcha Latte	\$6.00
Ceremonial-grade and lightly sweetened matcha mixed with your choice of milk.	
Drip Coffee	\$4.50
Traditional drip coffee from around the world. Organic and fair trade	
Mocha	\$6.00
Steamed milk, Dutch cocoa, and espresso. The perfect combination.	
Hot Tea	\$4.00
Whole leaf, biodegradable bags. English Breakfast, Earl Grey, Jasmine Green, Peppermint, or Chamomile.	
Chai Latte	\$6.50
House-made masala chai blend with steamed milk	
Golden Chai	\$6.50
Caffeine free with turmeric, ginger, spices & milk	
Hot Chocolate	\$5.25
Responsibly-sourced, lightly sweetened Dutch cocoa and steamy milk.	

12 OZ COLD PRESSED JUICES 6

Tahoe Blue	\$12.00
Pineapple, Apple, Lemon, Ginger, Blue Spirulina	
Emerald Bay	\$12.50
Kale, Spinach, Parsley,Celery, Cucumber, Apple, Lime	

El Dorado	\$12.50
Orange, Lemon, Turmeric, Black Pepper, Golden Beet, Carrot	
Pretty	\$12.00
Jicama, Strawberry, Apple, Mint, Hibiscus	
Sunshine	\$12.00
Pineapple, Ginger, Jicama, Bell Pepper, Apple	
Royal	\$12.00
Purple Beets, Carrots, Apple, Lemon	

FRESH PRESSED JUICE 4

Fresh Squeezed Orange Juice	AVAILABLE OPTIONS
	8 oz: \$6.00
	16 oz: \$12.00
Fresh Squeezed Grapefruit Juice	AVAILABLE OPTIONS
	8 oz: \$6.00
	16 oz: \$12.00
Fresh Pressed Apple Juice	AVAILABLE OPTIONS
	8 oz: \$6.00
	16 oz: \$12.00
Fresh Squeezed Lemonade	AVAILABLE OPTIONS
	8 oz: \$6.00
	16 oz: \$12.00