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## SIGNATURE SALADS 12

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### Vermont Maple Blueberry

fresh blueberries, apples, cinnamon almonds, blue cheese, romaine lettuce, & maple vinaigrette dressing

#### AVAILABLE OPTIONS

Half: \$4.99

Large: \$6.99

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### Nuts About Berries

fresh raspberries, blueberries, strawberries, blackberries, cinnamon almonds, romaine lettuce, & poppyseed dressing

#### AVAILABLE OPTIONS

Half: \$4.99

Large: \$6.99

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### Mangoberry

fresh strawberries, blueberries, mango, cinnamon almonds, mixed greens, & mango yogurt dressing

#### AVAILABLE OPTIONS

Half: \$4.99

Large: \$6.99

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### Red Raspberry Spinach Salad

grapes, pistachios, dried cranberries, pears, blue cheese, baby spinach, & red raspberry vinaigrette dressing

#### AVAILABLE OPTIONS

Half: \$4.99

Large: \$6.99

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### Summer Chicken Salad

chicken, fresh strawberries, cashews, dried cranberries, grapes, mixed greens, & strawberry vinaigrette dressing (also great with our fat-free raspberry vinaigrette)

#### AVAILABLE OPTIONS

Half: \$4.99

Large: \$6.99

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### Piña Colada Chicken

chicken, pineapple, mandarin oranges, coconut, macadamia nuts, romaine lettuce, & piña colada dressing

#### AVAILABLE OPTIONS

Half: \$4.99

Large: \$6.99

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### Bbq Chicken

chicken, bbq sauce, tomatoes, black beans, corn, black olives, red onions, tortilla strips, mixed greens, & ranch dressing

#### AVAILABLE OPTIONS

Half: \$4.99

Large: \$6.99

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### Yucatan Chipotle Chicken

chicken, diced tomatoes, black olives, tortilla strips, guacamole, black beans, cheddar cheese, romaine lettuce, & chipotle ranch dressing

#### AVAILABLE OPTIONS

Half: \$4.99

Large: \$6.99

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### Chicken Chop Salad

chicken, bacon, eggs, tomatoes, croutons, black olives, iceberg lettuce, & blue cheese or ranch dressing

#### AVAILABLE OPTIONS

Half: \$4.99

Large: \$6.99

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### Roasted Red Pepper & Asiago Chicken Caesar

chicken, roasted red peppers, croutons, asiago cheese, romaine lettuce, & asiago caesar dressing

#### AVAILABLE OPTIONS

Half: \$4.99

Large: \$6.99

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## Shanghai Chicken

chicken, mandarin oranges, cashews, sesame seeds, carrots, bell peppers, wonton strips, romaine lettuce, & sesame ginger dressing (also great with our fat-free sesame ginger dressing)

### AVAILABLE OPTIONS

Half: \$4.99

Large: \$6.99

## Thai Peanut Chicken

chicken, thai peanut sauce, bell peppers, red onions, peanuts, wonton strips, iceberg lettuce, & sesame ginger dressing

### AVAILABLE OPTIONS

Half: \$4.99

Large: \$6.99

## CREATE YOUR OWN SALAD <sup>2</sup>

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### Pick Your Greens

iceberg lettuce, mixed greens, chopped romaine, baby spinach

### AVAILABLE OPTIONS

Half: \$4.99

Large: \$6.99

### Pick Your Meat/protein

all-natural roasted chicken, ham, bacon, guacamole, tofu, eggs

### AVAILABLE OPTIONS

Half: \$4.99

Large: \$6.99

## CREATE YOUR OWN SALAD - INGREDIENTS <sup>4</sup>

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### Vegetables

cucumbers, red onions, sprouts, carrots, peas, diced tomatoes, bell peppers, roasted sweet red peppers, corn, mushrooms, black olives, celery, black beans

### Fruits

diced apples, mandarin oranges, dried cranberries, grapes, pineapple, pears, strawberries

### Cheeses

blue cheese, feta cheese, cheddar cheese, asiago cheese

### Nuts

cinnamon almonds, slivered almonds, sunflower seeds, cashews, peanuts, pistachios, macadamia nuts

## HOME-MADE SOUPS <sup>10</sup>

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### Tomato Basil With Orzo Pasta

forget the tomato soup from a can!—one taste of this & you'll be a true tomato soup aficionado (try it with or without pasta)

### AVAILABLE OPTIONS

Half: \$3.99

Large: \$5.99

### Chicken Enchilada Chili

made with red & green enchilada sauces—you've never tried a chili like this before!

### AVAILABLE OPTIONS

Half: \$3.99

Large: \$5.99

### New England Clam Chowder

an american classic done just the way it should be

### AVAILABLE OPTIONS

Half: \$3.99

Large: \$5.99

### Wild Mushroom Bisque

the perfect mix of shiitake, crimini, & button mushrooms

### AVAILABLE OPTIONS

Half: \$3.99

Large: \$5.99

## Wisconsin Cauliflower

cheddar & pepperjack cheeses give this soup its deliciously tangy flavor & velvety smooth texture

### AVAILABLE OPTIONS

Half: \$3.99

Large: \$5.99

## Lobster Bisque

this deliciously decadent soup will make you feel like you're in a 5-star restaurant

### AVAILABLE OPTIONS

Half: \$3.99

Large: \$5.99

## Yucatan Chicken Tortilla

loaded with chicken, avocado, tomato, corn, & topped with tortilla strips—great with a squeeze of fresh lime!

### AVAILABLE OPTIONS

Half: \$3.99

Large: \$5.99

## Shrimp & Sausage Gumbo

a southern institution you'll love no matter where you're from

### AVAILABLE OPTIONS

Half: \$3.99

Large: \$5.99

## Thai Lobster Curry

a unique combination of real lobster meat, thai spices, & coconut milk give this soup its deliciously exotic taste

### AVAILABLE OPTIONS

Half: \$3.99

Large: \$5.99

## Tuscan White Bean & Vegetable

a light, vegetarian soup loaded with lots of vegetables & delicious white beans

### AVAILABLE OPTIONS

Half: \$3.99

Large: \$5.99

## SANDWICHES - GOURMET SANDWICHES 5

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### Bbq Pulled Pork

**\$4.99**

slow-roasted pork, red cabbage slaw, bbq sauce, & honey mustard

### Italian Club

**\$4.99**

ham, genoa salami, turkey, sweet roasted peppers, muenster cheese, mixed greens, tomatoes, & balsamic spread

### Vegetarian

**\$4.99**

roasted sweet red peppers, cucumbers, sprouts, mixed greens, tomatoes, muenster cheese, & pesto spread

### Turkey Cranberry

**\$4.99**

turkey, cranberry sauce, sprouts, cucumbers, mixed greens, muenster cheese, & honey mustard

### California Turkey

**\$4.99**

turkey, avocado, tomatoes, sprouts, cucumbers, mixed greens, muenster cheese, & ranch dressing

## SANDWICHES - GRILLED PANINI SANDWICHES 7

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### Pesto Chicken

**\$4.99**

chicken, pesto, almonds, roasted sweet red peppers, muenster cheese, sprouts, & tomatoes

### Honey Bacon Club

**\$4.99**

turkey, bacon, ham, tomatoes, muenster cheese, & honey mustard

### Turkey Bacon Avocado

**\$4.99**

turkey, bacon, avocado, tomatoes, muenster cheese, & honey mustard

**Milano****\$4.99**

ham, tomatoes, muenster cheese, &amp; pesto spread

**Turkey Spinach Artichoke****\$4.99**

turkey, spinach/artichoke spread, muenster cheese, tomatoes, &amp; pesto spread

**Boston Crab Melt****\$4.99**

crab salad, celery, red onions, &amp; muenster cheese

**Ultimate Grilled Cheese****\$4.99**

cheddar cheese, muenster cheese, tomatoes, &amp; pesto spread

**DESSERTS** 1**Dessert**

top off your meal with one of our fresh treats from our dessert case. don't miss our seasonal offerings!