



STICKERS 6

313 Sticker	\$2.50
Smiley Sticker	\$2.50
Green AF Sticker	\$2.50
Detroit Sticker	\$2.50
Collard Greens Pantone Sticker	\$2.50
Peace Love Breadless Sticker	\$2.50

LONG SLEEVES 2

Detroit N' Greens Hoodie	\$49.99
Breadless Performance Pullover	\$39.99

T-SHIRTS 1

Nothin' But Smiles Tee	\$24.99
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TANK TOPS 1

Green Tank	\$19.99
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HATS 2

Magenta 313	\$35.00
Hunter Green 313	\$35.00

BOXED MEALS 2

Full Sandwich Boxed Meal	\$16.95
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Full sandwich served with your choice of chips, side (coleslaw or roasted corn salad), pickle spear, and sweet treat (brownie or cookie).

Half-Sandwich Boxed Meal	\$14.95
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Half-sandwich served with your choice of chips, side (coleslaw or roasted corn salad), pickle spear, and sweet treat (brownie or cookie).

BREADLESS SANDWICHES 9

Chicken Bacon Ranch	\$11.50
Oven-roasted chicken, pork bacon, truffle buttermilk ranch, buffalo hot sauce, white cheddar cheese, tomatoes, cucumbers, sweet pickles, arugula, wrapped in swiss chard. 350 cal	
BBQ Chicken Sandwich	\$10.50
Oven-roasted chicken, no added sugar BBQ sauce, roasted peppers, sweet pickles, caramelized onions, cheddar cheese, wrapped in swiss chard. 260 cal	
Jerk Chicken & Mango	\$11.50
Oven-roasted jerk chicken, peach mango salsa, sugar-free bbq sauce, pepper jack cheese, tomatoes, cucumbers, fresh mango slices, onions, wrapped in swiss chard. 260 cal	
Chicken Shawarma	\$11.50
Oven-roasted chicken, homemade hummus, garlic crema, roasted peppers, arabic pickles, arugula, wrapped in a Breadless Flat.	
Roasted Chicken Caesar Sandwich	\$9.50
oven-roasted chicken, caesar dressing, parmesan, chopped romaine, toasted chickpeas, wrapped in romaine. 460 cal	
Avocado Turkey	\$11.00
Fresh sliced turkey, avocado spread, champagne vinaigrette, white cheddar cheese, tomatoes, sweet pickles, onions, chopped romaine, wrapped in romaine. 330 cal	
Spicy Falafel	\$10.50
Smashed falafel, spicy vegan aioli, pickled turnips, arabic pickles, tomatoes, onions, chopped romaine, wrapped in swiss chard. 290 cal	
Pastrami Classic	\$11.50
Sliced beef pastrami, stone ground mustard, reuben sauce, cheddar cheese, tomatoes, sweet pickles, onions, coleslaw, wrapped in swiss chard. 420 cal	

Craft Your Own Sandwich	\$10.50
Recreate an old favorite or craft your own wholesome sandwich.	

BOWLS 5

Braised Beef & Goat Cheese Bowl	\$14.50
House-braised beef topped with au jus aioli, honey whipped goat cheese, roasted peppers, caramelized onions, arugula, braised collards, brown (or cauli -120 cal) rice. Sauce on the side. 640 cal	
BBQ Chicken & Broccoli Bowl	\$13.50
Oven-roasted chicken, no added sugar bbq sauce, sautéed peppers, baked beans, broccoli, brown (or cauli -100 cal) rice, braised collards. 420 cal	
Sweet Potato & Squash Bowl	\$12.50
Roasted squash, sweet potato, vegan blue cheese, roasted peppers, arugula, braised collards, brown (or cauli -110 cal) rice. 330 cal	
Southwest Rice Bowl	\$12.50
oven-roasted or jerk chicken, falafel, or house-braised beef, black beans, avocado spread, sour cream, white cheddar cheese, roasted peppers, caramelized onions, brown (or cauli -170 cal) rice. 810 cal	
Craft Your Own Bowl or Salad	\$12.50
Recreate an old favorite or craft your own nourishing bowl.	

(NEW) ENTREE PLATES 4

Braised Beef Plate	\$19.50
House-braised beef topped with au jus, baked beans, roasted corn salad, brown rice, braised collards. 475 cal	
Falafel & Hummus Plate	\$17.50
Falafel, homemade hummus, garlic crema, arabic pickles, pickled turnips, roasted peppers, brown rice, fresh greens mix. 480 cal	
BBQ Chicken Plate	\$18.50
Oven-roasted chicken, sugar-free bbq sauce, baked beans, roasted peppers, caramelized onions, chopped bacon, brown rice, braised collards. 830 cal	
Craft Your Own Entree Plate	\$17.50
Craft your own flavorful entrée plate, made exactly the way you like it.	

COMBOS ²

Make It A Combo Meal	\$5.00
Add any chips and medium beverage to your meal.	
Sweet Treats Combo Meal	\$7.00
Add any sweet treat, chips, and medium beverage to your meal.	

KIDDOS ⁴

Kids BBQ Chicken & Broccoli	\$8.00
Oven-roasted chicken, sugar-free bbq sauce, steamed broccoli, brown rice.	
Kids Braised Beef, Rice & Beans	\$9.50
House-braised beef, black, beans, shredded cheddar, garlic crema, brown rice.	
Kids Chickpea Salad	\$7.00
Toasted chickpeas, truffle buttermilk ranch, romaine, steamed broccoli, tomatoes, cucumbers.	
Kids Sandwich	\$7.00
Choose any signature sandwich.	

SIDES & SAUCES ¹⁸

Make It A Combo Meal	\$5.00
Add any chips and medium beverage to your meal.	
Sweet Treats Combo Meal	\$7.00
Add any sweet treat, chips, and medium beverage to your meal.	
Add a Sauce on the Side	\$1.00
Cassava Chips (BBQ)	
Cassava, sustainable palm olein, and BBQ seasoning (salt, rice flour, onion and garlic powder, yeast extract, smoke flavor, citric acid, barbecue flavor, pepper, and cayenne pepper). 140 cal	

Plantain Chips (BBQ)

Plantain, sustainable palm olein, and BBQ seasoning (salt, rice flour, onion and garlic powder, yeast extract, smoke flavor, citric acid, barbecue flavor, pepper, and cayenne pepper). 140 cal

Plantain Chips (Sea Salt)

Plantain, Sustainable Palm Olein, Sea Salt. 140 cal

Sweet Potato Chips

Sweet potato, sustainable palm olein, and sea salt. 140 cal

Hearty Black Bean Soup

190 cal

Cup of Rice and/or Beans

\$3.00

Brown rice and/or black beans in a 12oz bowl. Add chopped roasted or jerk chicken.

Falafel Balls

140 cal

Chopped Roasted Chicken

100 cal

Chopped Jerk Chicken

120 cal

Plug of Coleslaw (4oz)

\$1.50

Roasted Corn Salad (4oz)

\$1.50

Roasted Almonds

\$1.25

Side of Sweet Pickles

\$1.25

Great Lakes Kettle Potato Chips - BBQ

220 cal

Great Lakes Kettle Potato Chips - Original

220 cal

SWEET TREATS 2

Brownie (Vegan + GF)

230 cal *GF & Vegan desserts are sold pre-packaged and use a gluten-free blend flour, though they are still baked in a kitchen that uses wheat. We do not suggest you purchase our baked goods if you have Celiac disease.

Oatmeal Raisin Cookie (Vegan + GF)

170 cal *GF & Vegan desserts are sold pre-packaged and use a gluten-free blend flour, though they are still baked in a kitchen that uses wheat. We do not suggest you purchase our baked goods if you have Celiac disease.

SMOOTHIES 1

Blue Dragon Smoothie (16 oz)**\$8.00**

Packed with antioxidants, our Blue Dragon Smoothie supports immunity, digestion, and brain and skin health. Made with almond milk, pomegranate agua fresca, blueberries, and dragon fruit, it fuels your next adventure. cal 190

BEVERAGES 11**Pomegranate Agua Fresca****\$0.50**

Pomegranate, Lemon, Apple, Green Tea, Organic Agave. 80 cal

Cucumber Agua Fresca**\$0.50**

Cucumber, Lime, Orange, Matcha Tea, Organic Agave. 150 cal

Agua Fresca Blend**\$0.50****Still Water****\$3.00****La Croix Sparkling Water****\$2.00**

Rotating Flavors. 0 cal

Mini Water Bottle**\$1.25****Feel Energy****\$3.25**

0 cal

Agua Fresca Refill**\$1.00****Nilo Soursop Juice****\$3.25****Sparkling Botanicals Tea****\$3.75****Brix Soda****\$2.50**