

La Mediterranee

2936 College Ave · +15105407773 · Updated: Jan 14, 2026

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APPETIZERS 7

Combination

\$8.50

Hummus, Baba Ghanoush & Tabouleh (vegan)

Large Combination

\$13.50

Hummus, Baba Ghanoush, Tabouleh, Dolma, Feta Cheese & Olives

Hummus, Baba Ghanoush, Tabouleh, Roasted Red Pepper Hummos, Harissa Dip, Djajiki, or Dolma

\$6.95

8oz container of any of our award winning dips! Comes with veggies and pita bread

Falafel Appetizer

\$6.95

over Greens with Tahini (vegan, gf)

Warm Kalamata Olives & Feta Cheese

\$6.95

Side of Pita Chips or Side of Fresh Veggies

\$3.50

Goat Cheese & Walnut Stuffed Dates

\$4.50

Organic Medjool Dates stuffed and baked with goat cheese. (gf)

SOUP DU JOUR 3

Avgolemono

AVAILABLE OPTIONS

Traditional Greek Lemon Chicken and Rice Soup

Cup: \$5.00

Bowl: \$7.00

Vegetarian Soup du Jour

AVAILABLE OPTIONS

See our Daily Selection

Cup: \$5.00

Bowl: \$7.00

Cold Cucumber & Yogurt Soup

AVAILABLE OPTIONS

Cup: \$5.00

Bowl: \$7.00

SALADS 6

Small Green Salad

\$8.00

Organic Mixed Greens, Cucumber, Tomato & a sprinkle of Feta Cheese

Large Green Salad

\$13.50

Organic Mixed Greens, Egg, Cucumber, Tomato & Feta Cheese; topped with Tabouleh

Lentil Salad	\$14.00
Lentils tossed with Red Bell Pepper, Herbs, Lemon Juice, Olive Oil over a bed of Organic Mixed Greens, with Tomato, Egg, Cucumber & a sprinkle of Feta Cheese (gf)	
Salad Méditerranée	\$14.00
Hummus, Baba Ghanoush, Tabouleh, Armenian Potato Salad, Lentil Salad & Organic Salad Greens with Feta Cheese	
Saffron Chicken Salad	\$15.50
Grilled Saffron Chicken Breast Skewer over Organic Greens with Egg, Cucumber, Tomato & Feta Cheese (gf)	
Falafel Salad	\$14.00
Four crisp Falafel over a bed of organic greens, with veggies and our vegan tahini dressing.	

MEDITERRANEAN MEZA ¹

A Tasting of 10 House Specialties	\$22.50
including Hummus, Baba Ghanoush, Tabouleh, Armenian Potato Salad, Dolma Grape Leaves, Falafel, Lamb Lule, Chicken Cilicia Fillo, Spinach & Feta Fillo, Chicken Pomegranate and Rice Pilaf	

DINNERS ¹⁰

Middle Eastern Plate	\$17.50
Chicken Cilicia Fillo, Grecian Spinach & Feta Fillo, Levant Sandwich and choice of Lamb Lule or Chicken Pomegranate	
Vegetarian Middle Eastern Plate	\$17.00
Grecian Spinach & Feta Fillo, Cheese Karni Fillo, Dolma and Levant Sandwich	
Chicken Pomegranate	\$17.50
Four Drumsticks marinated in Pomegranate Sauce, baked with Wild Herbs, served over Rice Pilaf (gf)	
Saffron Chicken Kebab	\$18.00
Two Skewers of Saffron Marinated Chicken Breast, grilled and served over Rice Pilaf (gf)	
Beef Kefta Kebabs	\$18.00
Two Skewers Ground Halal Beef Meatballs, grilled & served over Rice Pilaf (gf)	
Salmon Kebab	\$18.50
Salmon marinated in a dill, tomato, white wine sauce, skewered, grilled and served over Rice Pilaf (gf)	
Lamb Lule	\$18.00
Lean Ground Halal Lamb Meatballs with Parsley, Spices, Onions & Tomatoes over Rice Pilaf (gf)	
Falafel Sandwich	\$15.50
Crisp Falafel balls wrapped in Lavash Bread & grilled, served with Organic Greens & Tahini Sauce (vegan)	
Chicken Shawarma Sandwich	\$16.50
Spiced baked Chicken Sandwich, wrapped in Lavash Bread & grilled, served with a Cucumber Yogurt Sauce	
Quiche of the Day	\$17.00
Three slices of our Vegetarian Selection of the Day	

FILLO DOUGH SPECIALTIES ³

Grecian Spinach & Feta

A delicious mixture of Spinach, Onions, Almonds, Garbanzo & Feta Cheese

Chicken Cilicia

Cinnamon-spiced Chicken with Chickpeas, Almonds & Raisins

Cheese Karni

Stuffed with Melted Mozzarella and Feta Cheeses, spiced with Herbs & Onions

DESSERTS 5

Datil Amandra

Dates & Nuts rolled in Fillo, served warm

\$6.95

Muhalabiye

Rosewater-infused Pudding with Pistachios

\$6.95

Pistachio Nest

in Flaky Fillo

\$6.95

Baklava

Walnuts in Layered Fillo

\$6.95

Chocolate Mousse

\$6.95

HOT & COLD BEVERAGES 15

Organic Lemonade

\$2.50

Iced Tea

\$2.50

Coke

\$2.50

Diet Coke

\$2.50

Sparkling Water

AVAILABLE OPTIONS

Small: \$3.50

Large: \$6.25

Apple Juice

\$2.50

Selection of Teas

\$3.50

Moroccan Sweet Mint Tea (Hot or Iced)

\$2.50

Middle Eastern Coffee

\$5.50

Espresso

AVAILABLE OPTIONS

Single: \$3.50

Double: \$4.95

Cappuccino

\$4.95

Café Latte	\$5.25
Café Mocha	\$5.50
Hot Chocolate	\$4.95
House Coffee	\$2.50

BEER & WINE TO GO!!! 6

Kotayk (Armenia)	\$4.00
Almaza (Lebanon)	\$4.00
Drakes IPA (San Leandro)	\$4.00
House Wine - Burgundy or Chardonnay	AVAILABLE OPTIONS Glass: \$5.00 Carafe: \$15.00
Retsina - Greek White Table Wine Aged in Pine Barrels	\$15.00
La Méditerranée Sangria	AVAILABLE OPTIONS Glass: \$6.00 Carafe: \$17.00

LUNCH SPECIALS 7

Saffron Chicken Kebab	\$14.00
One Skewer of Saffron Marinated Chicken, grilled and served over Rice Pilaf (gf)	
Beef Kefta Kebab	\$14.50
One Skewer Lean Ground Halal Beef Meatballs, grilled & served over Rice Pilaf	
Chicken Pomegranate	\$13.50
Three Drumsticks marinated in Pomegranate Sauce, baked with Wild Herbs, served over Rice Pilaf (gf)	
Lamb Lule	\$14.00
Lean Ground Halal Lamb Meatballs with Parsley, Spices, Onions & Tomatoes served over Rice Pilaf (gf)	
Chicken Shawarma Sandwich	\$13.50
Spiced Chicken wrapped in Lavash Bread & grilled, served with Organic Greens & a Cucumber Yogurt Sauce	
Falafel Sandwich	\$12.50
Crisp Falafel balls wrapped in Lavash Bread & grilled, served with Organic Greens & Tahini Sauce	
New! Lamb Shawerma	\$14.50
Spiced & baked halal lamb, wrapped in lavash bread with greens, served with a cucumber yogurt sauce.	

MIDDLE EASTERN PLATE 8

Spinach & Feta Fillo

Cheese Karni Fillo

Falafel

Levant Sandwich

Dolma Grape Leaf

Chicken Cilicia Fillo

Chicken Pomegranate

Lamb Lule

add \$0.75

PRIX-FIXE MENUS 3

The Mediterranean Meza

\$19.95

Hummus, Baba Ghanoush, Tabbouleh, Armenian Potato Salad, Levant Sandwich, Dolma, Grecian Spinach & Feta Fillo, Chicken Cilicia Fillo, Chicken Pomegranate, Lamb Lule and Rice Pilaf

The Meza Magnifique

\$23.00

Everything in the Mediterranean Meza, plus Feta, Olives, Fruit & Cheese, Baklava and Datil Amandra

Mediterranean Wrap Combo Meal

\$13.50

Chicken Shawarma & Falafel Sandwiches Served buffet style with Hummus, Organic Green Salad & a trio of sauces

LUNCH MEZA 6

Grilled Chicken

Chicken Cilicia Fillo

Lamb Lule

Chicken Pomegranate

Cheese Karni Fillo

Grilled Veggies

PARTY PLATTERS 5

Chicken Cilicia

Cinnamon spiced chicken, almonds and raisins baked in bite-sized fillo pastry

Grecian Spinach & Feta Fillo

Tasty spinach, almonds & feta cheese baked in bite-sized fillo pastry

Levant Sandwiches

Vegetarian rolled finger sandwiches with cream cheese, herbs & fresh veggies

Dolma

Grape leaves stuffed with rice, herbs, almonds, lemon & olive oil

Falafel

Vegan garbanzo patties with Tahini Dip. Can be substituted for any item on party platter

VEGETARIAN PARTY PLATTERS 1

Vegetarian Party Platters

Dolma, Spinach Fillo, Levant Sandwich and Falafel

APPETIZER DIP PLATTERS 7

Hummus

Traditional garbanzo bean & garlic dip

Roasted Red Pepper Hummus

Mildly spicy with roasted chili and red pepper

Baba Ghanoush

Grilled eggplant & garlic dip

Armenian Potato Salad

with diced tomatoes, mint, olive oil, lemon, parsley

Tabbouleh

Cracked wheat, parsley, tomato & lemon juice

Djajiki

Lebni yogurt, garlic & cucumber dip

Harissa

Tomato, roasted pepper & walnut dip

HUMM-BABY! FALAFEL TRAY 2

1/2 Hummus, 1/2 Falafel

AVAILABLE OPTIONS

- Mini (Serves 12): \$34.00
 - Small (Serves 20): \$52.00
 - Medium (Serves 30): \$70.00
 - Large (Serves 40): \$84.00
 - Dozen Falafel (with Tahini): \$17.95
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A la Carte

AVAILABLE OPTIONS

- 12 Oz. (Serves 5): \$7.50
- Quart (Serves 12): \$16.95
- Gallon (Serves 50): \$64.00
- Bag Pita: \$5.75
- Bag Pita Chips: \$8.95
- 12 Oz. Olives: \$7.50

HOT ENTRÉES 8

Chicken Pomegranate Drumsticks

Drumsticks slow baked in our homemade pomegranate sauce

AVAILABLE OPTIONS

10-50 Pieces: \$2.80

Over 50 Pieces: \$2.70

Halal Lamb Lule Meatballs

Ground halal lamb meatballs stewed in a tomato onion sauce

\$34.00

Halal Lamb Kefta Kebab Skewers

Halal Lamb Meatballs on Skewer

\$4.17

Filet Mignon Beef Kebab Skewers

Marinated beef with black pepper & onion

\$7.00

Chicken Kebab Skewers

Grilled marinated chicken

AVAILABLE OPTIONS

Mini: \$46.00

Mini: \$3.83

Large: \$65.00

Large: \$5.42

Veggie Kebab Skewers

Seasonal marinated vegetables

AVAILABLE OPTIONS

Mini: \$46.00

Mini: \$3.83

Large: \$65.00

Large: \$5.42

Saffron Chicken Breast Skewers

Halal chicken breast marinated in a saffron lemon sauce

AVAILABLE OPTIONS

Mini: \$48.00

Mini: \$4.00

Large: \$68.00

Large: \$5.67

Rice Pilaf

AVAILABLE OPTIONS

Quart (Serves 5-8): \$10.95

Gallon (Serves 20-30): \$42.00

SANDWICHES 2

Falafel Sandwich

Garbanzo patties rolled in lavash w/fresh greens & tahini

AVAILABLE OPTIONS

Small (7 Whole/14 Halves): \$65.00

Large (10 Whole/20 Halves): \$86.00

Chicken Shawarma Sandwich

Spiced, baked chicken rolled in lavash with fresh greens and a cucumber yogurt sauce

AVAILABLE OPTIONS

Small (7 Whole/14 Halves): \$65.00

Large (10 Whole/20 Halves): \$86.00

BOX LUNCHES 6

Chicken Kebab

One skewer of marinated grilled chicken, served over rice pilaf

\$12.95

Chicken Pomegranate	\$12.95
Three drumsticks marinated in pomegranate sauce, baked with wild herbs, over rice pilaf	
Lamb Lule	\$12.95
Lean ground halal lamb meatballs with parsley, spices, onion & tomato over rice pilaf	
Falafel Sandwich	\$11.95
Crisp falafel balls wrapped in lavash bread with fresh greens and tahini	
Chicken Shawarma	\$12.95
Spiced baked chicken sandwich, wrapped in lavash bread served with a cucumber yogurt sauce	
Salad Méditerranée	\$12.95
Hummus, Baba Ghanoush, Tabbouleh, Armenian Potato Salad, Lentil Salad & Mixed Organic Greens with feta (can be made vegan)	

DRINKS & TABLEWARE 5

Coke	\$1.75
Diet Coke	\$1.75
Sprite	\$1.75
Bottled Water	\$1.75
Sparkling La Croix Flavored Water	\$1.75

FRUIT & SWEETS 3

Fruit & Cheese Trays

Seasonal assortment of fresh fruit and cheeses beautifully decorated for any occasion

Sweet Trays

Bite sized pieces of Datil Amandra, Cake Bites, and our Heavenly Baklava

Combination Trays

Choose a little of each! Combine the Fruit & Cheese Tray with the Sweet Tray to please everyone!

AVAILABLE OPTIONS

Mini (Serves 10):	\$40.00
Small (Serves 20):	\$69.00
Medium (Serves 30):	\$95.00
Large (Serves 40):	\$120.00