



SUBWAY® SERIES 16

#21 Honey Mustard BBQ Chicken

Tap into flavor with juicy rotisserie-style chicken covered in melted Monterey Cheddar and topped with crisp lettuce, tomatoes, red onions and tangy pickles for the perfect crunch. Finish with a generous drizzle of sweet Honey Mustard and our hickory-smoked BBQ sauce, all served up toasted on Artisan Italian bread for a truly satisfying bite.

#6 The Boss

It's the mother of all meatball subs. Juicy meatballs drenched in marinara sauce with slices of pepperoni and provolone. Sprinkled with parmesan and served toasted on Italian Herbs & Cheese bread.

#22 Spicy Nacho Chicken

Fire up your taste buds with rotisserie-style chicken slathered in a double serving of our creamy cheddar cheese sauce, topped with crisp green peppers, red onions and fiery jalapeño nos. A spicy layer of Creamy Sriracha sauce and our crispy SubKrunch™ are the finishing touches before it's toasted on Artisan Italian bread for heat and flavor in every bite.

#30 The Beast

The sandwich that makes hunger fear going to sleep every night — The Beast. This sub's got pepperoni, salami, turkey, ham and roast beef all adding up to a whopping 1/2 lb of meat*. Add in 2x provolone, lettuce, tomatoes, onions, mayo, and top it all off with our MVP Vinaigrette and you get one beast of a sub. *1/2 lb of meat based on FL serving.

#20 Elite Chicken & Bacon Ranch

Treat yourself royally with our Elite Chicken & Bacon Ranch sub. Combining tender rotisserie-style chicken, 2x melted Monterey cheddar cheese, hickory-smoked bacon, lettuce, tomatoes, red onions, and our creamy Peppercorn Ranch all on Artisan Italian bread.

#18 The Ultimate B.M.T.®

The Ultimate B.M.T.® is thoughtfully prepared with tender Genoa salami, spicy pepperoni, savory Black Forest ham, 2x provolone cheese, crisp lettuce, tomatoes, red onions and MVP Parmesan Vinaigrette® on Artisan Italian bread. Enjoy a sub made with love.

#99 Home Run Ham

The Home Run Ham delivers heavy-hitting flavor every time. On top of Artisan Italian Bread is 33% MORE* ham, 2x provolone, lettuce, tomatoes, onions, and mayo — a delicious sub that leaves you feeling satisfied. *33% more meat than Classic Sandwich portion.

#31 Cheesy Garlic Steak

Get ready to savor every bite of this garlicky delight, with shaved steak smothered in a double serving of our creamy cheddar cheese sauce, with crisp green peppers, red onions, a flavorful kick of Roasted Garlic Aioli and a sprinkling of savory SubKrunch™. Stacked generously and toasted on Artisan Italian bread, this sub will leave you craving seconds.

#16 All-Pro Sweet Onion Chicken Teriyaki®

Tackle your hunger with our All-Pro Sweet Onion Teriyaki sandwich. Enjoy a delicious combination of toasted Hearty Multigrain bread, tender grilled chicken strips marinated in our Sweet Onion Teriyaki sauce, 2x American cheese, lettuce, tomatoes, and red onions.

#10 All-American Club®

The American classic. Oven-roasted turkey, Black Forest ham, crisp bacon, and 2x American cheese with lettuce, tomatoes, red onions, and mayo. Served toasted on Artisan Italian bread.

#1 The Philly Steak & Cheese

The classic cheesesteak stacked with juicy steak and a double helping of American cheese toasted on Artisan Italian bread and topped with green peppers, red onions and mayo.

#23 The Hotshot Italiano

Fuel your tastebuds' need for fire with our Hotshot Italiano sandwich. Artisan Italian bread is topped with spicy pepperoni, Genoa salami, 2x provolone cheese, jalapeño peppers, lettuce, tomatoes, red onions, and an explosive finish of our MVP Parmesan Vinaigrette®.

#15 Titan Turkey

The Titan Turkey is big enough to stand up to any appetite! With 33% MORE* turkey, 2x provolone, lettuce, tomatoes, onions, and mayo all on our Artisan Italian bread. You'll enjoy a meal fit for a titan! *33% more meat than Classic Sandwich portion.

#2 The Outlaw®

Spicy, cheesy, smoky — this one's got it all. Juicy steak meets double Pepper Jack cheese, with green peppers, red onions, and Baja Chipotle sauce toasted on Artisan Italian bread. Try not to fall head over heels.

#17 Garlic Roast Beef

Our Garlic Roast Beef is an explosion of flavor in every bite! On soft Artisan Italian Bread is the combination of tender roast beef, 2x provolone, lettuce, tomatoes, onions and finished with Roasted Garlic Aioli — unlocking a go-to option when hunger calls.

#11 Subway Club®

Oven-roasted turkey, Black Forest ham, USDA Choice Roast Beef, 2x American cheese piled on Hearty Multigrain bread and topped with lettuce, tomatoes, red onions, and mayo. A club sandwich Subway® style.

CLASSIC SANDWICHES 12

Rotisserie-Style Chicken

Who doesn't love tender, juicy rotisserie-style chicken? Especially when it's served on our Hearty Multigrain bread with American cheese, and your choice of veggies. We like lettuce, tomatoes, and red onions, but hey, it's your sandwich, do what you like.

Oven-Roasted Turkey

If a classic is what you crave, our thin-sliced Oven-Roasted Turkey is the sandwich for you. It's full of flavor and made to order with your choice of crisp veggies, melted American cheese, served on our freshly baked, Hearty Multigrain bread.

Oven-Roasted Turkey & Ham

Enjoy the flavor of tender, thin-sliced oven-roasted turkey and Black Forest ham with your favorite veggies, from juicy tomatoes to sweet red onions, and American cheese, all served on freshly baked, Hearty Multigrain bread.

Meatball Marinara

The Meatball Marinara sandwich is drenched in irresistible marinara sauce, parmesan and provolone cheese, topped with whatever you want (no judgement) and perfectly toasted just for you.

Veggie Delite®

The Veggie Delite® sandwich is crispy, crunchy, vegetarian perfection. With lettuce, baby spinach, tomatoes, cucumbers, green peppers and red onions, all on our Hearty Multigrain bread.

Grilled Chicken

Tender grilled chicken loaded on our Hearty Multigrain bread with American cheese and your choice of veggies. A little lettuce, tomatoes and onions, and you can't go wrong.

B.L.T.

The sub that proves great things come in threes. In this case, those three things happen to be hickory smoked bacon, lettuce and juicy tomatoes. While there's no scientific way of proving it, this B.L.T might be the most perfect sub in existence.

Cold Cut Combo®

The Cold Cut Combo® sandwich with ham, salami, bologna (all turkey based), and American cheese is a long-time Subway® favorite. Yeah. It's that good.

Black Forest Ham

Our Black Forest Ham sandwich is a true classic. We add lettuce, tomatoes, red onions and American cheese to our delicious, thin-sliced ham and serve it on our Hearty Multigrain bread.

Tuna

You'll love every bite of our classic tuna sandwich. 100% wild caught tuna blended with creamy mayo then topped with your choice of crisp, fresh veggies. 100% delicious.

Roast Beef

Choice Angus Roast Beef, Hearty Multigrain Bread, American cheese, and plenty of fresh veggies make this lunchtime classic one to remember.

Pizza Sub

Hot outta the oven, it's the Pizza Sub. Enjoy spicy pepperoni, piled high and layered with melt-a-licious cheese and our signature marinara sauce. Try it on freshly baked Artisan Italian bread today.

SNACKS, SIDES & DESSERTS 17

Cookies

Every meal deserves a dessert, because simply put, they just belong together. So, when you're ordering your favorite sandwich, just remember that it pairs perfectly with one of our delectable cookies. They're freshly baked, come in a variety of flavors and they go hand-in-hand with that sub you're about to order.

Pepperoni & Cheese Dipper

Savor the timeless blend of spicy pepperoni and melty American cheese. Rolled in two 6" pieces of our pillowy Lavash wrap and toasted to golden perfection, it's the ultimate choice for a tasty snack. Choose one of our dipping sauces and dip into delicious with every bite.

Lays® Classic

It all starts with farm-grown potatoes, cooked and seasoned to perfection. So every LAY'S® potato chip is perfectly crispy and full of fresh potato taste. Happiness in Every Bite.®

White Chip Macadamia Nut Cookie

Our delectable White Chocolate Macadamia Cookie is anything but cookie cutter. That's because it has a generous amount of tasty ingredients: white chips, macadamia nuts, vanilla and other natural flavors mixed together to prepare a delightfully rich and nutty taste in a cookie. Go ahead and go nuts!

Chicken & Cheese Dipper

Treat yourself to tender chicken strips draped in melty American cheese and rolled up in two 6" pieces of our pillowy Lavash wrap, then toasted golden. This savory snack will keep you coming back for more. Choose one of our dipping sauces and dip into delicious with every bite.

Oatmeal Raisin Cookie

Our Oatmeal Raisin Cookie is perfectly soft and chewy making it a must have with your order. Rolled oats, molasses, real California Raisins and just the right touch of cinnamon—all mixed and baked for the perfect treat any time of the day, including breakfast, because it's oatmeal.

Raspberry Cheesecake Cookie

Hold the silverware, because our Raspberry Cheesecake Cookie is a hands-on experience. Sweet raspberry flavored pieces, white chips and just the right amount of cream cheese are mixed together to bake the perfect cookie. So go ahead, dive right into this delicious treat and leave the silverware aside.

Doritos® Nacho Cheese

The iconic bold and intense cheesiness of Doritos® Nacho Cheese Flavored Tortilla Chips. Doritos® flavors ignite adventure and inspire action. Are you ready? If so, crunch on.

Subway® Footlong Cookie

The Footlong Cookie is baked to perfection and ready to share. It's served warm so it's soft and gooey on the inside. Every inch is loaded with chocolate-chip goodness. It's everything you love about Subway® chocolate chip cookies and more, more, more!

Double Chocolate Cookie

Calling all chocolate lovers! Our Double Chocolate Cookie has your name written all over it. It has rich semi-sweet chocolate chips mixed in a chocolate dough, along with white chips, vanilla and other natural flavors. Take one bite and your taste buds will thank you for it.

Chocolate Chip Cookie

One bite of our Chocolate Chip Cookie and you may just find the sudden urge to order 2, 3... maybe 6. It has semi-sweet chocolate chips, vanilla and other natural flavors folded into buttery cookie dough. It's waiting to be devoured, just don't say we didn't warn you!

Double Cheese Dipper

Dive into the melty goodness of shredded Monterey Cheddar and creamy American cheese, spread across two 6" pieces of Lavash wrap. Rolled and toasted to golden perfection, it's a cheesy snack that's impossible to resist. Choose one of our dipping sauces and dip into delicious with every bite.

SunChips® Harvest Cheddar®

The flavor of real cheddar cheese is layered onto a delicious whole grain chip to create this tasty combination.

Lays® Baked Original

SNACK A LITTLE SMARTER™ with Baked LAY'S® Potato Chips. It's the LAY'S® chip you love, just Baked. Perfectly paired with your favorite Subway sandwich.

6 Pack Cookie Box

Our 6 Pack Cookie Box is the most delicious out-of-the-box thinking. Pick your favorite flavor and enjoy a half-dozen of fresh-baked cookies. One for you, one for him, one for her and even more to keep sharing...or not! Get the New 6 Pack Cookie Box today and get that sweet treat you're craving.

GoGo squeeZ® Apple Apple

GoGo squeeZ® applesauce pouches are a yummy, nutritious snack made from 100% fruit, no sugar added* and no artificial anything. With a resealable cap, GoGo squeeZ® fruit on the go can be enjoyed wherever life takes you. *Not a Low Calorie Food. Contains 13g of sugar and 70 calories.

Miss Vickie's® Jalapeño

Made with jalapeño seasoning for enough heat to make things deliciously interesting. And every spicy bite is made with no artificial flavors or preservatives.

PROTEIN BOWLS 21

#20 Elite Chicken & Bacon Ranch

Tender rotisserie-style chicken meets Monterey Cheddar cheese and hickory-smoked bacon. Topped with tomatoes, red onions, black olives, crisp green peppers, sliced cucumbers and our creamy Peppercorn Ranch, it's all enjoyed over lettuce and spinach in a Protein Bowl. It's a meal fit for high-class hunger.

#30 The Beast

Your hunger will fear The Beast. This hearty Protein Bowl is loaded with spicy pepperoni, Genoa salami, oven-roasted turkey, Black Forest ham and USDA Choice roast beef, totaling a whopping ½ lb of meat*. Topped with provolone cheese, tomatoes, black olives, red onions, crisp green peppers, sliced cucumbers and creamy mayo. Enjoyed on a bed of spinach and lettuce, our tangy MVP Parmesan Vinaigrette® completes this mouth-watering monster. *½ lb of meat based on FL serving.

Oven Roasted Turkey

Get all the flavor you'd find in an Oven Roasted Turkey Footlong, without sacrificing an ounce of protein. The Oven Roasted Turkey Protein Bowl is loaded with your choice of veggies and topped with all the thin-sliced turkey you'd get in your favorite Footlong.

#99 Home Run Ham

Your taste buds are going to need to back up when the Home Run Ham steps up to the plate. With Black Forest ham, provolone cheese, crisp green peppers, black olives, tomatoes, red onions and sliced cucumbers loaded up over a bed of lettuce and spinach drizzled in creamy mayo, this Protein Bowl will knock hunger out of the park.

Black Forest Ham

A Footlong's worth of protein? Yup! When you make it a Protein Bowl you'll get all of the Black Forest ham you'd get on your favorite Footlong, piled high atop fresh lettuce, tomato, cucumber and more veggies.

#16 All-Pro Sweet Onion Chicken Teriyaki®

Satisfy your hunger like a pro with tender grilled chicken strips marinated in our Sweet Onion Teriyaki sauce. American cheese adds a creamy richness, while lettuce, spinach, black olives, crisp green peppers, tomatoes, red onions and sliced cucumbers provide a satisfying crunch. Served up in a Protein Bowl with another pass of Sweet Onion Teriyaki sauce to top it off. It's a winning combination of flavors.

B.L.T.

The classic B.L.T., in a bowl. It's that simple. But of course, you can add your favorite veggies, too.

Rotisserie-Style Chicken

Fuel up with juicy rotisserie-style chicken, piled high on whatever veggies you happen to be in the mood for.

#23 The Hotshot Italiano

Spicy pepperoni and Genoa salami meet provolone cheese served up on a delicious bed of lettuce and spinach. Topped with jalapeños, tomatoes, crisp green peppers, red onions, black olives, sliced cucumbers and a bold finish of our MVP Parmesan Vinaigrette®. It's a flavor explosion that will make this Protein Bowl your new favorite.

#15 Titan Turkey

The Titan Turkey can take down even the biggest appetites. A heaping helping of oven-roasted turkey, provolone cheese, tomatoes, crisp green peppers, red onions, black olives, sliced cucumbers and creamy mayo served up on a bed of lettuce and spinach in a Protein Bowl—it's a titan of flavor!

#18 The Ultimate B.M.T.®

Savor every bite with Genoa salami, spicy pepperoni and Black Forest ham with provolone cheese. Lettuce, spinach, black olives, tomatoes, crisp green peppers, red onions and sliced cucumbers add a refreshing crunch, all topped with our MVP Parmesan Vinaigrette® served up in a Protein Bowl. It's the ultimate in deliciousness.

Pizza Sub

We made pizza into a sub, then made that into a bowl. Why not? Packed with pepperoni, Monterey cheddar cheese and topped with marinara sauce. Feel free to add all the fresh veggies you (and the bowl) can handle.

Tuna

How much tuna? A Footlong's worth of tuna, that's how much. Enjoy your go-to protein, 100% wild caught tuna, mixed with mayo on top of a bed of fresh lettuce with your choice of veggies. That's a tuna Protein Bowl.

Grilled Chicken

Tender grilled chicken is the star of the show, while you choose the supporting cast from our long list of veggies in this protein-packed bowl.

#11 Subway Club®

Oven-roasted turkey, Black Forest ham and savory USDA Choice roast beef come together with American cheese served on a bed of lettuce and spinach. Topped with tomatoes, red onions, black olives, crisp green peppers and sliced cucumbers with a drizzle of creamy mayo all in a Protein Bowl. It's a timeless club, Subway® style.

Cold Cut Combo®

Can't pick just one protein for your Protein Bowl? Try three. The Cold Cut Combo® features heaping portions of ham, salami and bologna (all turkey based) plus lettuce, tomato, cucumbers and more.

Meatball Marinara

When it comes to the Meatball Marinara Protein Bowl, we won't skimp on the protein. You'll get spinach, peppers and other veggies plus all eight meatballs (count 'em!) you'd find on a Footlong.

Roast Beef

A generous portion of Choice Angus Roast Beef and veggies: this is a Protein Bowl that packs a punch.

#1 The Philly Steak & Cheese

Embrace the iconic flavors of a classic cheesesteak stacked high with shaved steak and covered in layers of American cheese. Lettuce, spinach, tomatoes, crisp green peppers, sliced cucumbers and red onions add a burst of crunch, all finished with black olives and our creamy mayo. It's the flavor of brotherly love served up in a Protein Bowl.

#10 All-American Club®

The next great American classic is here. Oven-roasted turkey, Black Forest ham and hickory-smoked bacon come together with American cheese. Topped with tomatoes, red onions, black olives, crisp green peppers, sliced cucumbers and creamy mayo. Served up on a bed of lettuce and spinach in a Protein Bowl, it's a meal worthy of the stars and stripes.

Oven Roasted Turkey & Ham

Our thin-sliced, oven roasted turkey and Black Forest ham make an unbeatable duo, especially sitting on top of all your favorite veggies.

WRAPS 24

Oven Roasted Turkey

Our Oven Roasted Turkey Wrap is a go-to. It's a footlong portion of our premium, thin-sliced, oven roasted turkey, with fresh veggies like lettuce, tomatoes, spinach, cucumbers, green peppers and red onions, all served up in a wrap.

Cold Cut Combo®

Can't decide what kind of meat you want? Get three at once on a delicious wrap. Stacked with a double portion of turkey-based meats including ham, salami, and bologna. Enjoy it with lettuce, tomatoes, cucumbers, green peppers, and red onions.

Pizza Sub

Hot outta the oven, it's the Pizza Sub wrap. Enjoy spicy pepperoni, piled high and layered with melt-a-licious American cheese and our signature marinara sauce. Topped with green peppers and red onions in a wrap.

#21 Honey Mustard BBQ Chicken

Tap into flavor with juicy rotisserie-style chicken covered in melted Monterey Cheddar and topped with crisp lettuce, tomatoes, red onions and tangy pickles for the perfect crunch. Finish with a generous drizzle of sweet Honey Mustard and our hickory-smoked BBQ sauce, all wrapped up in our pillowy Lavash for a truly satisfying bite.

Rotisserie-Style Chicken

A generous portion of juicy rotisserie-style chicken with fresh lettuce, spinach, tomatoes, cucumbers, green peppers and red onions. Served in a wrap.

Black Forest Ham

The Black Forest Ham wrap is packed with a double portion of ham, lettuce, spinach, tomatoes, cucumbers, green peppers and red onions. Definitely delish.

B.L.T.

Simply delicious! This classic on a wrap, is filled with a double portion of our crispy hickory smoked bacon and finished off with lettuce, juicy tomatoes, and mayo.

#1 The Philly Steak & Cheese

Embrace the iconic flavors of a classic cheesesteak stacked high with shaved steak and smothered in double layers of American cheese. Crisp green peppers and red onions add a burst of crunch, all finished with our creamy mayo. It's the flavor of brotherly love wrapped up in our pillowy lavash.

Tuna

Our tasty Tuna Wrap is completely cravable. It has a double serving of 100% wild caught tuna mixed with mayo in a wrap. Then it gets topped with any crunchy veggies you want.

#20 Elite Chicken & Bacon Ranch

Tender rotisserie-style chicken meets a melty double dose of Monterey cheddar cheese and hickory-smoked bacon. Topped with crisp lettuce, tomatoes, red onions, and our creamy Peppercorn Ranch, wrapped up in our pillowy lavash. It's a meal fit for high-class hunger.

Grilled Chicken

When you want to be 100% satisfied, this wrap delivers. Tender grilled chicken, with fresh veggies like lettuce, spinach, tomatoes, cucumbers, green peppers and red onions in a wrap.

Roast Beef

Choice Angus Roast Beef brings the premium flavor, with fresh veggies, such as lettuce, spinach, tomatoes, cucumbers, green peppers, and red onions in a wrap.

#40 Turkey Bacon Avocado

The Turkey, Bacon, Avocado wrap is a flavorful masterpiece! It starts with a pile of oven-roasted turkey, crispy bacon, and the perfect amount of smashed avocado. Then it's all topped with lettuce, tomatoes, red onions, Monterey cheddar cheese and our zesty Peppercorn Ranch in an all-new soft and fluffy wrap.

#16 All-Pro Sweet Onion Chicken Teriyaki®

Satisfy your hunger like a pro with tender grilled chicken strips marinated in our Sweet Onion Teriyaki sauce. Double American cheese adds a melty richness, while crisp lettuce, tomatoes, and red onions provide a satisfying crunch. Wrapped up in our pillowy lavash, it's a winning combination of flavors.

#11 Subway Club®

Oven-roasted turkey, layered with Black Forest ham, and savory USDA Choice roast beef come together with double American cheese wrapped up in our pillowy lavash. Topped with crisp lettuce, tomatoes, red onions, and mayo, it's a timeless club wrap, Subway® style.

#42 Homestyle Chicken Salad

The Homestyle Chicken Salad wrap is totally craveable and refreshing. It's made with rotisserie-style chicken mixed up with our creamy mayo and topped with lettuce, spinach, tomatoes, cucumbers, and red onions in a new soft and fluffy wrap.

#18 The Ultimate B.M.T.®

Indulge in tender Genoa salami, spicy pepperoni, savory Black Forest ham, and double provolone cheese. Crisp lettuce, tomatoes, and red onions add a refreshing crunch, all topped with our MVP Parmesan Vinaigrette® wrapped up in our pillowy lavash. It's the ultimate in delicious.

#22 Spicy Nacho Chicken

Fire up your taste buds with rotisserie-style chicken slathered in a double serving of our creamy cheddar cheese sauce, topped with crisp green peppers, red onions and fiery jalapeño nos. A spicy layer of Creamy Sriracha sauce and our crispy SubKrunch™ are the finishing touches before it's wrapped up in our pillowy Lavash for heat and flavor in every bite.

#10 All-American Club®

The next great American classic is here. Oven-roasted turkey, Black Forest ham, and hickory-smoked bacon come together with double American cheese. Topped with crisp lettuce, tomatoes, red onions, and mayo, all wrapped up in our pillowy lavash. It's a meal worthy of the stars and stripes.

Oven Roasted Turkey & Ham

Take a bite of this wrap filled with a footlong portion of our tender, thin-sliced oven roasted turkey and tasty Black Forest ham. Top it with lettuce, spinach, tomatoes, cucumbers, green peppers and red onions. It's simply delicious.

Veggie Delite®

The Veggie Delite® wrap has a double portion of the fresh veggies you love. All wrapped in a flavorful wrap with lettuce, tomatoes, spinach, green peppers, cucumbers, and red onions. It's one bold, crunchy flavor combo.

#23 The Hotshot Italiano

Spicy pepperoni and Genoa salami meet double provolone cheese wrapped up in our pillowy lavash. Topped with fiery jalapeño peppers, crisp lettuce, tomatoes, red onions, and a bold finish of our MVP Parmesan Vinaigrette®, it's a flavor explosion that will make this your new favorite.

#31 Cheesy Garlic Steak

Get ready to savor every bite of this garlicky delight, with shaved steak smothered in a double serving of our creamy cheddar cheese sauce, layered with crisp green peppers, red onions, a flavorful kick of Roasted Garlic Aioli and a sprinkling of savory SubKrunch™. Wrapped up in our pillowy Lavash, it will leave you craving seconds.

#45 Honey Mustard Chicken

The Honey Mustard Chicken wrap is loaded with tender, juicy rotisserie-style chicken and topped with lettuce, tomatoes, red onions and Monterey cheddar cheese. Our sweet and rich Honey Mustard sauce ties it all together in a soft and fluffy wrap.

SALADS 22

Rotisserie-Style Chicken

Juicy rotisserie-style chicken is mixed with fresh lettuce, baby spinach, tomatoes, cucumbers and other veggies of your choosing. We'll even let you choose your dressing. We're good like that.

Pizza Sub

Spicy pepperoni, American cheese and mouthwatering marinara sauce over crisp lettuce, spinach, ripe tomatoes, cucumbers, green peppers, black olives and red onions.

Veggie Delite®

Enjoy the simpler things? The Veggie Delite® salad is simply delish. A pile of your favorite veggies, finished with the dressing of your choice. Crisp. Delicious. All for you.

Grilled Chicken

Beautiful in its simplicity. Tender grilled chicken on a bed of fresh lettuce topped with tomatoes, red onions, baby spinach, cucumbers, green peppers and black olives. Perfection.

#18 The Ultimate B.M.T.®

Savor every bite with Genoa salami, spicy pepperoni, Black Forest ham and provolone cheese. Lettuce, spinach, black olives, tomatoes, crisp green peppers, red onions and sliced cucumbers add a refreshing crunch, all topped with our MVP Parmesan Vinaigrette® served up as a salad. It's the ultimate in deliciousness.

Tuna

Our Tuna salad is simply delish. 100% wild caught tuna mixed with mayo, riding high on top of a bed of crisp lettuce and veggies. Classic for a reason.

#11 Subway Club®

Oven-roasted turkey layered with Black Forest ham and savory USDA Choice roast beef come together with American cheese. Topped with tomatoes, red onions, black olives, crisp green peppers and sliced cucumbers with a drizzle of creamy mayo on a bed of lettuce and spinach. It's a timeless club served as a salad, Subway® style.

B.L.T.

Savory hickory smoked bacon. Crisp lettuce. Ripe tomatoes. All mixed with Spinach, crunchy cucumbers, sweet green peppers, black olives, and zesty red onions.

#99 Home Run Ham

Your taste buds are going to need to back up when the Home Run Ham steps up to the plate. With Black Forest ham, provolone cheese, crisp green peppers, black olives, tomatoes, red onions, sliced cucumbers and creamy mayo all loaded up over a salad of lettuce and spinach, it'll knock hunger out of the park.

#16 All-Pro Sweet Onion Chicken Teriyaki®

Satisfy your hunger like a pro with tender grilled chicken strips marinated in our Sweet Onion Teriyaki sauce. American cheese adds a creamy richness, while lettuce, spinach, black olives, tomatoes, crisp green peppers, red onions and sliced cucumbers provide a satisfying crunch. Served up as a salad with another pass of Sweet Onion Teriyaki sauce to top it off. It's a winning combination of flavors.

#30 The Beast

Your hunger will fear The Beast. This hearty salad is loaded with spicy pepperoni, Genoa salami, oven-roasted turkey, Black Forest ham, and USDA Choice roast beef. Provolone cheese, lettuce and spinach, tomatoes, red onions, crisp green peppers, black olives, sliced cucumbers, creamy mayo and our tangy MVP Parmesan Vinaigrette® complete this mouth-watering monster.

#15 Titan Turkey

The Titan Turkey can take down even the biggest appetites. Oven-roasted turkey, provolone cheese, tomatoes, crisp green peppers, red onions, black olives, sliced cucumbers and creamy mayo served up on a salad of lettuce and spinach—it's a titan of flavor!

#20 Elite Chicken & Bacon Ranch

Tender rotisserie-style chicken meets Monterey Cheddar cheese and hickory-smoked bacon. Topped with tomatoes, red onions, black olives, crisp green peppers, sliced cucumbers and our creamy Peppercorn Ranch, served up over a delicious salad of lettuce and spinach. It's a meal fit for high-class hunger.

Roast Beef

Level up your salad with NEW Choice Angus Roast Beef and a whole lot of crisp veggies.

Black Forest Ham

The Black Forest Ham salad is a flavorful way to enjoy a Subway® favorite. Sliced ham, lettuce, and a pile of your favorite veggies - all tossed with your choice of dressing.

#23 The Hotshot Italiano

Spicy pepperoni and Genoa salami meet provolone cheese served up on a delicious salad of lettuce and spinach. Topped with jalapeños, tomatoes, crisp green peppers, red onions, black olives, sliced cucumbers and a bold finish of our MVP Parmesan Vinaigrette®. It's a flavor explosion that will make this salad your new favorite.

Oven Roasted Turkey

The Oven Roasted Turkey Salad is a go-to salad choice. Our premium, thin-sliced oven roasted turkey, tossed together with lettuce, crunchy veggies and whatever dressing does it for you. Simply the best.

Oven Roasted Turkey & Ham

Thin-sliced oven roasted turkey and Black Forest ham with crisp lettuce, tender spinach and many more of your favorite veggies.

Cold Cut Combo®

The Cold Cut Combo® salad has ham, salami, and bologna (all turkey-based) tossed together with crisp lettuce and your favorite veggies. Mix it up with whatever dressing you love best.

Meatball Marinara

The Meatball Marinara salad is the ultimate cravings crusher. Hot Italian-style meatballs in marinara sauce and a sprinkle of Parmesan cheese, all sitting on top of your favorite greens and veggies. Yes!

#10 All-American Club®

The next great American classic is here. Oven-roasted turkey, Black Forest ham and hickory-smoked bacon come together with American cheese, tomatoes, crisp green peppers, red onions, sliced cucumbers and black olives on a salad of lettuce and spinach with a drizzle of creamy mayo to finish it off. It's a meal worthy of the stars and stripes.

#1 The Philly Steak & Cheese

Embrace the iconic flavors of a classic cheesesteak stacked high with shaved steak and covered in layers of American cheese. Lettuce, spinach, tomatoes, crisp green peppers, sliced cucumbers and red onions add a burst of crunch, all finished with black olives and our creamy mayo. It's the flavor of brotherly love served up as a salad.

FRESH FIT FOR KIDS® 3

Veggie Delite® for Kids

Veggie Delite® for Kids is the easiest and most delicious way to get them to eat their veggies. This meal starts with their favorite veggies piled on freshly baked bread, and continues with a scrumptious side of apple sauce, and finishes with a choice of a bottle of low-fat milk or Honest Kids'® Fruit Punch. Veggies just got a lot more exciting.

Black Forest Ham for Kids

Our Black Forest Ham for Kids is BIG on flavor. They get delicious slices of ham with their favorite veggies on freshly baked bread, and also enjoy a side of apple sauce and a choice of a bottle of low-fat milk or Honest Kids'® Fruit Punch.

Oven-Roasted Turkey for Kids

A turkey sandwich for lunch is a classic for a reason—it's why kids go crazy for our Oven Roasted Turkey for Kids. The main attraction is tasty oven roasted turkey slices with their favorite veggies piled on, all on freshly baked bread. But they also get a side of apple sauce and a choice of a bottle of low-fat milk or Honest Kids'® Fruit Punch. Can you say, best lunch ever?

DRINKS 18

Lipton® Iced Tea, Peach

A unique blend of real tea and peach essence for a deliciously refreshing taste

Aquafina®

Pure water for a perfect taste

Tropicana® Pure Premium® Original Orange Juice, No Pulp

100% pure orange juice, squeezed from fresh-picked oranges and never from concentrate

Pure Leaf® Sweet Iced Tea

Freshly picked tea leaves sweetened with real sugar for a delicious fresh-brewed taste

Starry®

A caffeine-free soda that provides a crisp, clear burst of lemon lime flavor

Pepsi® Zero Sugar

Real cola taste, with a refreshing pop of sweet, fizzy bubbles without sugar

Gatorade® Cool Blue

Cool, satisfying taste to quench thirst and energize without caffeine

Gatorade® Zero Sugar, Orange

The thirst quenching taste of orange to rehydrate and energize without any sugar

Mug® Root Beer

Appeal to the senses with a rich foam, unique aroma and the feeling of ice-cold refreshment

Celsius® Sparkling Orange

The perfect balance of rich, juicy orange flavor and energy.

1% Low Fat Milk

As delicious as our sandwiches are, they are even better when paired with the perfect side and drink or even adding a little something extra.

With such a variety to choose from, there's truly something for every taste.

Diet Pepsi®

A crisp tasting, refreshing pop of sweet, fizzy bubbles without calories

Honest Kids® Super Fruit Punch

Grape, strawberry, apple, watermelon juices and other ingredients unite to truly pack a punch. USDA organic certified. Sweetened only with fruit juice. No added sugar. No artificial sweeteners. No high fructose corn syrup. Gluten free. No GMOs.

Dole® Lemonade

Lemonade made with real lemon juice and real sugar

Mountain Dew®

Mountain Dew® exhilarates and quenches thirst with its one of a kind citrus taste

Pepsi®

Bold, refreshing, robust cola

Pepsi® Wild Cherry

Cola with a thrilling burst of unique cherry flavor and a sweet, crisp taste

Gatorade® Fruit Punch

The thirst quenching taste of fruit punch to rehydrate and energize without caffeine
