



MEAT AND VEGETABLE PLATES 2

Combinations

AVAILABLE OPTIONS

Three Vegetable Plate: \$4.75

Four Vegetable Plate: \$5.75

Meat And Two Plate: \$7.25

Meat And Three Plate: \$7.75

Special

\$6.50

meat, black beans and rice

MEAT 6

Jerk Chicken

Lemon Pepper Chicken

Bbq Chicken

Chicken Chili

Turkey Meatloaf (except Friday)

Fish Tilapia (friday Only)

VEGGIES 11

Corn On The Cob

Broccoli

Broccoli Casserole

Green Beans

Black Beans

Black-eyed Peas

Collards

Rice

Mac And Cheese

Baked Sweet Potato

Mashed Potatoes

A LA CARTE 7

Salad	\$2.00
Vegetable Side	\$2.00
Chicken Or Meatloaf	\$4.75
Chicken Chili Cornbread	\$5.00
Sour Cream	\$0.25
Cornbread	\$0.50
Homemade Brownie	\$1.50
(additional \$1)	

PASTA BOWLS - CHOOSE YOUR PASTA 7

Spaghetтини	
Egg Fettucine	
Linguine	
Ziti	
Spinach Fettucine	
Cheese Filled Tortellin	
additional \$1	
Chicken Lasagna	
\$7	

PASTA BOWLS - CHOOSE YOUR SAUCE 7

Olive Oil And Garlic	\$5.50
Marinara	\$5.50
Creamy Marinara	\$5.75
Pesto	\$5.75
Alfredo	\$6.50
Turkey Meat Sauce	\$6.50

Chicken Chili

\$6.50

EXTRAS 8

Garlic Bread	\$0.65
Extra Sauce	\$1.00
Broccoli	\$2.00
Peppers/ Mushrooms	\$2.00
Chicken Breast	\$2.00
Italian Sausage	\$1.50
Meatballs	\$2.00
Salad	\$2.00