

Delicious Temptations

11220 N Rodney Parham Rd 72212-4120 · +15012256893 · Updated: Jan 14, 2026

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BREAKFAST 19

Pancakes

Yogurt or whole wheat (regular or light syrup on the side) Fillings and toppings available: blueberry, banana, apple, strawberry, raisin, chocolate chip, pecan, walnut or coconut

AVAILABLE OPTIONS

One pancake: \$2.79

Short Stack of 2: \$4.99

Tall Stack of 3: \$5.99

French Toast

Two large pieces of Texas Toast with cinnamon and powdered sugar (Regular or light syrup on the side)

\$4.99

Pure Maple Syrup

\$0.99

Omelettes

Canadian bacon, ham, American cheese, cheddar, provolone, Swiss, mozzarella, sour cream, avocado, artichoke hearts, onion, mushroom, bell pepper, black olive, tomato, zucchini, spinach, jalapeno pepper

AVAILABLE OPTIONS

Fillings: \$0.69

Add Crab: \$2.00

DT Omelette

Three large eggs filled with real lump crab meat and cheese, topped with hollandaise and served with a croissant

\$7.99

Egg Beater Omelette

Served with a croissant

\$4.99

Egg White Omelette

Served with a croissant

\$4.99

Omelette

Made with three large eggs and served with a croissant

\$3.99

Old Fashioned Benedict

A poached egg and sausage on a biscuit, covered with sausage gravy

AVAILABLE OPTIONS

Half Order (one): \$4.79

Whole Order (two): \$7.99

Eggs Benedict

A poached egg and Canadian bacon on a English muffin with hollandaise sauce

AVAILABLE OPTIONS

Half Order (one egg): \$3.99

Whole Order (two eggs): \$6.99

Eggs Temptation

A poached egg, real crab meat and artichoke hearts on a English muffin with hollandaise sauce

AVAILABLE OPTIONS

Half Order (one egg): \$4.79

Whole Order: \$7.99

California Benedict

A poached egg, Canadian bacon, avocado and tomatoes on a English muffin with hollandaise sauce

AVAILABLE OPTIONS

Half Order (one egg): \$4.79
Whole Order (two egg): \$7.99

Eggs Benedict Florentine

A poached egg, Canadian bacon, and spinach on a English muffin with hollandaise sauce

AVAILABLE OPTIONS

Half Order (one egg): \$4.79
Whole Order (two egg): \$7.99

Nest Egg

Three large eggs scrambled with mushrooms, onions, bell and zucchini on whole wheat pita bread, topped with American and mozzarella cheese, sour cream, black olives and tomatoes

AVAILABLE OPTIONS

\$7.99
Made with Egg Batter Or Egg White. Add:
\$0.49

Old-Fashioned Breakfast

Two eggs any style, toast or English muffin (croissant \$0.49 extra), bacon, sausage or ham and potato casserole

\$7.99

Quiche of the Day

(Saturday and Sunday only) Served with a salad or potato casserole

\$8.99

Biscuit and Gravy

Two biscuits served with sausage gravy

\$4.99

Croissant Sandwich

Scrambled eggs, American cheese and ham

\$4.99

Oatmeal

\$3.79

APPETIZERS 4

Spinach and Artichoke Dip

Served hot with fresh pita chips

AVAILABLE OPTIONS

Cup: \$4.99
Bowl: \$6.49

Fresh Fruit

AVAILABLE OPTIONS

Cup: \$4.79
Plate: \$8.99

Pita Pizza

Whole wheat pita crust with Italian sauce and one cheese. Toppings: Ham, Canadian bacon, mozzarella, Swiss cheese, provolone, American cheese, cheddar, avocado, artichoke hearts, onion, bell pepper, pineapple, black olive, mushroom, and zucchini

AVAILABLE OPTIONS

\$3.79
Extra Toppings:
\$0.59

Crab Cakes

AVAILABLE OPTIONS

(1): \$5.79
(2): \$9.79

COLD SANDWICHES 13

Grasshopper

Spinach, avocado, tomato, purple onion, provolone cheese, house dressing, and sprouts

AVAILABLE OPTIONS

Whole: \$7.99

Half: \$4.99

Substitute Chicken For Ham Or Turkey, Add:

\$1.49

Turkey Delight

Lettuce, turkey breast, tomato, roasted almonds, provolone, house dressing, and sprouts

AVAILABLE OPTIONS

Whole: \$7.99

Half: \$4.99

Substitute Chicken For Ham Or Turkey, Add:

\$1.49

Avocado Sunshine

Spinach, turkey breast, avocado, tomato, sunflower seeds, house dressing, Swiss cheese and sprouts

AVAILABLE OPTIONS

Whole: \$7.99

Half: \$4.99

Substitute Chicken For Ham Or Turkey, Add:

\$1.49

Don't Jive Me Turkey

Lettuce, lean ham, turkey breast, tomato, house dressing, swiss cheese, and sprouts

AVAILABLE OPTIONS

Whole: \$7.99

Half: \$4.99

Substitute Chicken For Ham Or Turkey, Add:

\$1.49

Chicken Cashew Crunch

Chicken salad (chicken breast, mayonnaise, celery, parsley) with lettuce, cashews, and sprouts

AVAILABLE OPTIONS

Whole: \$7.99

Half: \$4.99

Substitute Chicken For Ham Or Turkey, Add:

\$1.49

Tuna

Water-packed albacore tuna, mayo, sweet pickles, mustard with lettuce, raisins, sunflower seeds, and sprouts

AVAILABLE OPTIONS

Whole: \$7.99

Half: \$4.99

Substitute Chicken For Ham Or Turkey, Add:

\$1.49

Hawaiian Delight

Lettuce, lean ham, Swiss cheese, raisins, pineapple, house dressing, sunflower seeds and sprouts

AVAILABLE OPTIONS

Whole: \$7.99

Half: \$4.99

Substitute Chicken For Ham Or Turkey, Add:

\$1.49

Outrageous Organic

Spinach, avocado, mushrooms, zucchini, tomato, purple onion, sunflower seeds, provolone cheese, house dressing, and sprouts

AVAILABLE OPTIONS

Whole: \$7.99

Half: \$4.99

Substitute Chicken For Ham Or Turkey, Add:

\$1.49

Very Veggie

Lettuce, zucchini, mushrooms, carrots, raisins, house dressing, sunflower seeds, and sprouts

AVAILABLE OPTIONS

Whole: \$7.99

Half: \$4.99

Substitute Chicken For Ham Or Turkey, Add:
\$1.49

Ham and Swiss

Lettuce, lean ham, tomatoes, Swiss cheese, Dijon mustard, and sprouts

AVAILABLE OPTIONS

Whole: \$7.99

Half: \$4.99

Substitute Chicken For Ham Or Turkey, Add:
\$1.49

Peanut Butter Surprise

Peanut butter, banana, honey, and cashews

AVAILABLE OPTIONS

Whole: \$7.99

Half: \$4.99

Substitute Chicken For Ham Or Turkey, Add:
\$1.49

Peanut Butter And Jelly

Pita or bread

\$3.49

Make any Sandwich into a Salad

AVAILABLE OPTIONS

Half Order: \$5.79

Whole Order: \$7.99

FROM THE GRILL 17

Open-Faced Crab Melt

Crab salad made with eggs, purple onion, mayo on an English muffin with tomato and provolone cheese melted on top. Chicken salad or tuna can be substituted

AVAILABLE OPTIONS

Whole: \$8.99

Half: \$4.99

Lemon Peppered Chicken Croissant

Grilled chicken breast, asparagus spears, tomato, lettuce, melted provolone cheese, herbed cream dressing

\$7.99

Parmesan Chicken Croissant

Grilled chicken breast, Italian sauce, tomato, lettuce, and mozzarella and parmesan cheese

\$7.99

Grilled Chicken Sandwich

Grilled chicken breast, mayo, lettuce, and tomato; served on a bun

AVAILABLE OPTIONS

\$7.99

Add Cheese: \$0.59

Add Bacon: \$0.79

Quesadilla

Chicken, mushrooms, zucchini, onions, bell peppers, and mozzarella and cheddar cheese

\$8.99

California Croissant

Turkey breast, Dijon mustard, avocado, tomato, lettuce, and provolone cheese

\$7.99

Build-Your-Own Burger

Choice of regular or veggie patty grilled and served on a bun with mustard, lettuce, pickles, purple onion, and tomato

AVAILABLE OPTIONS

\$7.99

Add Cheese: \$0.59

Add Bacon: \$0.79

Patty Melt

\$7.99

A regular burger on sourdough or wheat bread with grilled onions, Swiss cheese, and mayonnaise

Chicken Melt

\$7.99

Chicken breast on sourdough or wheat bread with grilled onions, swiss cheese, and mayonnaise

Grilled BLT

\$5.99

Bacon, lettuce, tomato, mayo on sourdough bread. Additional fillings are extra

Entree

AVAILABLE OPTIONS

Casserole changes daily; served with a salad and fruit bread

\$8.99

Substitute Fresh Fruit For Salad, Add:

\$1.00

DT Philly

\$7.99

Chicken, onion, green peppers, mushroom, provolone cheese, herb dressing on a croissant

Hamburger Steak Platter

\$7.99

8oz. hamburger patty topped with grilled onions; served with a salad and fruit bread

Grilled Club

\$7.99

Turkey, ham, bacon, American cheese, mayo, lettuce, and tomato

Turkey Or Corned Beef Rueben

\$7.99

Turkey or corned beef, sauerkraut, Swiss cheese, and 1000 Island (Served on rye bread)

Chicken Cordon Bleu

\$8.99

Grilled chicken breast with lettuce, tomato, ham, bacon, Swiss cheese, and herb dressing on a croissant

Grilled Cheese

AVAILABLE OPTIONS

Your choice of three cheeses on sourdough bread: Swiss, Cheddar, American, Mozzarella, Provolone

\$4.79

Add Ham, Bacon, Or Turkey: \$1.29

DESSERTS 3

Cheesecake

AVAILABLE OPTIONS

\$3.99

Strawberry Topping: \$0.99

Carrot Cake

\$3.99

Moist spice cake with cream cheese frosting

Delicious Temptations Cookies

\$1.29

plain or chocolate chip

SOUPS AND SALADS 11

Chicken Supreme	\$8.99
Bed of lettuce with grilled tomatoes, ham, bacon, zucchini, mushrooms, chicken and cheese; Served with raspberry vinaigrette	
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Avocado Salad	\$8.99
Lettuce, spinach, turkey breast, tomato, Swiss cheese, sprouts, avocado, and sunflower seeds	
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Chicken Chef	\$7.99
Lettuce greens, grilled chicken, tomatoes, Swiss cheese and black olives; choice of dressing	
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Greek Salad	\$8.99
Lettuce blend, tomatoes, capers, red onions, kalamata olives, feta cheese, and chicken with Yasou feta vinaigrette	
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Stuffed Tomato	AVAILABLE OPTIONS
a tomato filled with your choice of meat salad (chicken, crab, or tuna) served with a salad and fruit bread	\$7.99
	Substitute Fresh Fruit For Salad, Add:
	\$1.00
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Trio Salad	\$8.99
Your choice of one meat salad (chicken, crab or tuna) with a cup of soup and a salad	
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Lowfat Salad	\$7.99
Lettuce greens, zucchini, mushrooms, turkey breast and sprouts; choice of dressing	
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Asian Salad	\$7.99
Spinach, almond slivers, mandarin oranges, chicken and wontons with an Asian vinaigrette	
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Chef Salad	\$8.99
Lettuce blend, tomato, turkey, ham, bacon, egg, sprouts, croutons, provolone cheese, choice of dressing	
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House Salad	AVAILABLE OPTIONS
Lettuce greens topped with tomatoes, provolone cheese, croutons, choice of dressing and sprouts	Small: \$3.79
	Medium: \$4.99
	Large: \$5.99
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Gazpacho or Hot Soup of the Day	AVAILABLE OPTIONS
	Cup: \$3.99
	Bowl: \$4.99

SIDE ORDERS 18

English Muffin	\$0.99
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Croissant	\$1.79
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Fruit Bread	\$1.79
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Bagel	AVAILABLE OPTIONS
	\$1.29
	Add Cream Cheese: \$0.79
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Egg (scrambled Or Poached)	\$1.29
Egg Beater	\$1.49
Ham	\$2.29
Bacon	\$1.99
Sausage	\$1.79
Canadian Bacon	\$1.99
Extra Hollandaise	\$0.99
Pure Maple Syrup	\$0.99
Chicken Breast	\$3.79
Scoop of Chicken Salad	\$3.79
Scoop of Tuna Salad	\$3.79
Scoop of Crab Salad	\$3.99
Potato Casserole	\$1.99
Cheese Grits	\$1.79

BEVERAGES 13

Soft Drinks (free refills)

Iced Tea (free refills)

Sweet, unsweetened, and cranberry

coffee (free refills)

Regular, cinnamon, decaf and the coffee of the day

Espresso	\$1.99
Cappuccino	\$3.49
Cafe Latte	\$3.49
Cafe Mocha	\$3.49
Chocolate or White Milk	AVAILABLE OPTIONS
	Small: \$1.39
	Large: \$2.49
Hot Chocolate	\$1.99

Juice

Apple, cranberry, grapefruit, orange, pineapple or tomato

AVAILABLE OPTIONS

Small: \$1.39

Large: \$2.49

Smoothie

Blend of orange juice, strawberries, bananas topped with whipped cream

\$3.49

Hot Tea Regular

Darjeeling, Earl Grey, English Breakfast, Green

Decaf

Cinnamon-apple, Blueberry, Earl Grey, English Breakfast, Orange Spice, Peppermint, Wild Raspberry