

# Wing's Garden Cafe

116 W Ramsey St 92220-4819 · +19518492914 · Updated: Jan 14, 2026

[View online menu](#)



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## SOUP AND SALADS 6

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|   |                |
|---|----------------|
| <b>Today's Homemade Soup</b>                                  | <b>\$7.00</b>  |
| <hr/>   |                |
| <b>Maryland Crab Chowder</b>                                  | <b>\$7.00</b>  |
| <hr/>   |                |
| sherry, potatoes and leeks                                    |                |
| <hr/>   |                |
| <b>Classic French Onion Soup</b>                              | <b>\$7.00</b>  |
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| vidalia onions, rich beef stock and gruyere cheese            |                |
| <hr/>   |                |
| <b>Baby Organic Greens</b>                                    | <b>\$9.00</b>  |
| <hr/>   |                |
| grilled artichokes and roasted peppers, balsamic reduction    |                |
| <hr/>   |                |
| <b>Hearts Of Romaine</b>                                      | <b>\$12.00</b> |
| <hr/>   |                |
| classic caesar dressing and garlic ciabatta bread             |                |
| <hr/>   |                |
| <b>Baby Spinach</b>   | <b>\$9.00</b>  |
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| enoki mushrooms, grapefruit, pine nuts acai berry vinaigrette |                |

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## ENTREES 7

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|---|----------------|
| <b>Trio Of Chicken Medallions</b>   | <b>\$20.00</b> |
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| marsala mushrooms, sweet pea and parmesan cheese risotto                  |                |
| <hr/>   |                |
| <b>Black Angus Beef Tenderloin</b>  | <b>\$32.00</b> |
| <hr/>   |                |
| garlic mashed potatoes, steamed asparagus, green peppercorn sauce         |                |
| <hr/>   |                |
| <b>Lemon And Dill Crusted Sea Bass</b>                                    | <b>\$32.00</b> |
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| ginger scented jasmine rice   |                |
| <hr/>   |                |
| <b>Teriyaki Tuna Steak</b>  | <b>\$28.00</b> |
| <hr/>   |                |
| bok choy, shiitake mushrooms and ginger fried rice                        |                |
| <hr/>   |                |
| <b>Maryland Crab Cake</b>   | <b>\$32.00</b> |
| <hr/>   |                |
| sweet corn chowder, grilled asparagus and red pepper chutney              |                |
| <hr/>   |                |
| <b>Robert's Mixed Grill Of Beef Tenderloin, Gulfshrimp And Crab Cake</b>  | <b>\$36.00</b> |
| <hr/>   |                |
| garlic whipped potatoes, mango salsa and mushroom au jus                  |                |
| <hr/>   |                |
| <b>Farfalle Pasta</b>   | <b>\$18.00</b> |
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| roasted artichokes, peppers and kalamata olives, lemon butter cream sauce |                |

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## DESSERTS 10

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|--|---------------|
| <b>Today's Homemade Cupcake</b>  | <b>\$7.00</b> |
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| <b>Trio Of Creme Brulee</b>  | <b>\$7.00</b> |
| vanilla, white chocolate and cherry chocolate chip   |               |
| <hr/>  |               |
| <b>New York Cheesecake</b>   | <b>\$7.00</b> |
| mixed berries  |               |
| <hr/>  |               |
| <b>Moorenko's Ultra Premium All Natural Icecreams And Sorbets</b>  | <b>\$7.00</b> |
| chocolate, vanilla, strawberry ice creams, raspberry and mango sorbets   |               |
| <hr/>  |               |
| <b>Strawberry Frappe</b>   | <b>\$7.00</b> |
| with a trio of tea cookies   |               |
| <hr/>  |               |
| <b>Green Tea Parfait</b>   | <b>\$7.00</b> |
| with toasted sesame caramel  |               |
| <hr/>  |               |
| <b>Mango And Vanilla Custard Tart</b>  | <b>\$7.00</b> |
| with fresh blueberries   |               |
| <hr/>  |               |
| <b>Ginger And Lemon Marinated Berries</b>  | <b>\$7.00</b> |
| in a chocolate waffle cup (lunch only)   |               |
| <hr/>  |               |
| <b>Homemade Pizzelle</b>   | <b>\$7.00</b> |
| with duo of chocolate mousse (dinner only)   |               |
| <hr/>  |               |
| <b>Moorenko's Ultra Premium All Natural Selection Of Ice Creams And Sorbets</b>  | <b>\$7.00</b> |
| chocolate, vanilla, strawberry, prune armagnac, creme fraiche and espresso chocolate chip ice creams raspberry, mango and grapefruit campari sorbets |               |