



YUMM! BOWLS 8

Deluxe Toppings

Deluxe Toppings on all Yumm! Bowls®: Sliced Avocado, Diced Tomato, Cilantro, Black Olives, Cheddar Cheese, Sour Cream.

Original

Organic Brown Rice, Yumm! Sauce®, Organic Black Beans, Fresh Mild Red Salsa, Deluxe Toppings.

AVAILABLE OPTIONS

Small: \$8.50
Medium: \$10.00
Large: \$11.50

Jazzy®

Thai Jasmine Rice, Yumm! Sauce®, Organic Red Beans, Fresh Mild Red Salsa, Deluxe Toppings.

AVAILABLE OPTIONS

Small: \$8.50
Medium: \$10.00
Large: \$11.50

Hot 'n' Jazzy® (Spicy!)

Thai Jasmine Rice, Yumm! Sauce®, Organic Red Beans, Jalapeño Sesame Salsa, Deluxe Toppings.

AVAILABLE OPTIONS

Small: \$8.50
Medium: \$10.00
Large: \$11.50

Smoky (Mild Heat)

Organic Brown Rice, Yumm! Sauce®, Our own Chipotle Chili, Fresh Mild Red Salsa, Deluxe Toppings.

AVAILABLE OPTIONS

Small: \$8.50
Medium: \$10.00
Large: \$11.50

Chilean Zucchini™

Organic Brown Rice, Yumm! Sauce®, Our own Chilean Zucchini™ Stew, Fresh Mild Red Salsa, Deluxe Toppings.

AVAILABLE OPTIONS

Small: \$8.50
Medium: \$10.00
Large: \$11.50

Edamame

Organic Brown Rice, Yumm! Sauce® Organic Edamame, Nori, Deluxe Toppings.

AVAILABLE OPTIONS

Small: \$8.50
Medium: \$10.00
Large: \$11.50

Yumm! Baby® (No Beans About It!)

Thai Jasmine Rice, Yumm! Sauce®, Extra Avocado, Deluxe Toppings.

AVAILABLE OPTIONS

Small: \$8.50
Medium: \$10.00
Large: \$11.50

WHAT'S A YUMM! BOWL? 1

What's a Yumm! Bowl?

Our famous Original has: Organic Brown Rice, Yumm! Sauce®, Organic Black Beans, Cheddar Cheese, Fresh Mild Red Salsa, Black Olives, Tomato, Avocado, Sour Cream, Cilantro. Sub Cauliflower Rice for \$1.

YUMM! BOWL® ADD-ONS 11

Sub Cauli Rice \$1.00

Small (96 cal) | Medium (121 cal) | Large (145 cal).

All-Natural Chicken \$2.50

Southwest (98 cal) or Original (80 cal).

Organic Tofu \$2.00

Southwest (160 cal) or Original (93 cal).

Organic Tempeh \$2.00

Add Soup \$2.00

Nori \$1.00

Roasted, salted seaweed.

Pepitas \$1.00

Roasted, salted pumpkin seeds.

Slivered Almonds \$1.00

Blanched, unsalted.

Café Yumm!® Crispy Noodles \$1.00

Jalapeño Sesame Salsa \$1.00

Substitute Organic Nonfat Yogurt for Sour Cream

(39 cal).

MORE WAYS TO YUMM! 4

Yumm! Wrap® (You'll Need a Fork) \$12.50

Large Yumm! Bowl® of your choice Folded into a grilled, open-face tortilla with melted cheddar.

Yumm! Wrappit® (A Hand-Held Meal!) \$11.50

Medium Yumm! Bowl® of your choice Rolled up tight in a warm tortilla.

Yumm! 'n' Greens® \$11.50

Small Yumm! Bowl® of your choice. Served on a bed of organic field greens and crowned with tortilla chips.

Yumm! Bento®

Organic Brown Rice or Thai Jasmine Rice. Served with our creamy ginger Asian Cole Slaw, a Skewer, and a side of Yumm! Sauce®.

AVAILABLE OPTIONS

BBQ Organic Tofu: \$10.95
Teriyaki Organic Tempeh: \$10.95
Teriyaki All-Natural Chicken:
\$11.95

SALAD 3

AvoCrunch Salad™ \$9.45

Organic Field Greens, Tomato, Carrots, Red Cabbage, Crispy Noodles (Gluten-Free), Sliced Avocado, Slivered Almonds, Cilantro, Sweet Ginger Miso Dressing.

Southwest Salad

Organic Field Greens, Black Beans, Diced Tomato, Sliced Avocado, Diced Onion, Pepitas, Cilantro. Served with fresh mild red salsa and choice of dressing (+90 - 150 cal).

AVAILABLE OPTIONS

All-Natural Chicken:

\$11.95

Organic Tofu: \$11.95

Side Salad

Organic Field Greens, Tomato, Red Cabbage, Carrots, Red Onion, Choice of Dressing (+90 - 150 cal).

\$4.95

SALAD ADD-ONS 5

Sliced Avocado

\$1.00

Cheddar Cheese

\$1.00

All-Natural Chicken

Southwest (98 cal) or Original (80 cal).

\$2.50

Organic Tofu

Southwest (160 cal) or Original (93 cal).

\$2.00

Organic Tempeh

\$2.00

SOUP 1

House Soups

Served with baguette roll and butter.

AVAILABLE OPTIONS

Cup: \$6.95

Bowl: \$8.95

SOUP ADD-ONS 4

Diced Red Onion

\$0.50

Cheddar Cheese

\$1.00

Deluxe Toppings

Avocado, Tomato, Cilantro, Olives, Cheddar Cheese, and Sour Cream.

\$3.00

Sour Cream or Organic Nonfat Yogurt

(46 | 7 cal).

\$1.00

GRILLED ITEMS 3

Southwest Wrap™

Cheddar Cheese, Avocado, Tomato, Fresh Mild Red Salsa, Cilantro. Folded into a grilled, open-face tortilla with melted cheddar.

AVAILABLE OPTIONS

All-Natural Chicken:

\$11.95

Organic Tofu: \$10.95

Deluxe Quesadilla

\$9.95

White or Whole Wheat Tortilla, Cheddar Cheese, Diced Tomatoes, Olives, Sliced Avocado, Cilantro. Served with fresh mild red salsa and sour cream on the side. (883 | 863 cal).

Cheese Quesadilla

\$6.95

White or Whole Wheat Tortilla. Served with fresh mild salsa and sour cream on the side. (790 | 770 cal).

YUMM! KIDS™ 5

Original Kid Yumm! Bowl®

\$4.45

Organic Brown Rice, Organic Black Beans, Yumm! Sauce®, Cheddar Cheese. Served in a bigger bowl to help kids avoid the "Oops!"

AvoKiddo™ Yumm! Bowl®

\$4.45

Thai Jasmine Rice, Yumm! Sauce®, Cheddar Cheese, Fresh Sliced Avocado. Served in a bigger bowl to help kids avoid the "Oops!"

Organic Rice & Beans

\$3.45

Organic Brown Rice, Organic Black Beans. Beautiful, Delicious, Nourishing™. Served in a bigger bowl to help kids avoid the "Oops!"

Teriyaki Chicken & Rice

\$6.45

Teriyaki All-Natural Chicken, Thai Jasmine Rice, Teriyaki Sauce. Served in a bigger bowl to help kids avoid the "Oops!"

Kid Quesadilla

\$5.45

White or Whole Wheat Tortilla, Cheddar Cheese. Unlike Cheese Quesadilla, does not include salsa and sour cream.

ADD-ONS FOR YUMM! KIDS 6

All-Natural Chicken

\$2.50

Organic Tofu, Original

\$2.00

Fresh Avocado Slices

\$1.00

Shredded Cheddar

\$1.00

Diced Tomato

\$1.00

Black Olives

\$1.00

SKEWERS 3

Teriyaki Tempeh

\$4.00

Organic Tempeh.

BBQ Tofu

\$4.00

Organic Tofu.

Teriyaki Chicken

\$5.00

All-Natural Chicken.

COOKIES 4

Chocolate Chip Cookie

\$3.00

Organic whole wheat flour.

Ginger Spice Cookie

\$3.00

Vegan and wheat-free.

Oatmeal Raisin Cookie

\$3.00

Organic oat flour.

Chocolate-Dipped Cookie

add \$0.50 (+78 cal).

DRINKS 6

Café Yumm!® Organic Coffee

\$3.00

(0 cal).

Organic Herbal Teas

\$3.00

(0 cal).

Freshly Brewed Iced Tea

\$2.00

(0 cal).

Fresh Strawberry Lemonade

\$3.00

Bottled Beverages, Beer, and Wine

Beer and wine may not be available at all locations.

Fountain Drinks

\$2.00

Pepsi, Dr. Pepper, Starry Lemon Lime, Mug Root Beer, Diet Pepsi, Diet Dr. Pepper. (200 | 0 cal).

YUMM! CASSEROLES™ 7

Original

AVAILABLE OPTIONS

Organic brown rice, organic black beans, fresh mild red salsa, Original Yumm! Sauce®, Deluxe Toppings.

Large: \$85.00

Small: \$50.00

Jazzy®

AVAILABLE OPTIONS

Thai jasmine rice, organic red beans, fresh mild red salsa, Original Yumm! Sauce®, Deluxe Toppings.

Large: \$85.00

Small: \$50.00

Hot 'n' Jazzy® (Spicy!)

AVAILABLE OPTIONS

Thai jasmine rice, organic red beans, Jalapeño Sesame Salsa, Original Yumm! Sauce®, Deluxe Toppings.

Large: \$85.00

Small: \$50.00

Yumm! Baby® (No beans about it!)

Thai jasmine rice, extra avocado, Original Yumm! Sauce®, Deluxe Toppings.

AVAILABLE OPTIONS

Large: \$85.00

Small: \$50.00

Smoky (Mild heat)

Organic brown rice, our own Chipotle Chili, fresh mild red salsa, Original Yumm! Sauce®, Deluxe Toppings.

AVAILABLE OPTIONS

Large: \$85.00

Small: \$50.00

Edamame

Organic brown rice, green soybeans (Non-GMO), Original Yumm! Sauce®, Deluxe Toppings. Topped with nori.

AVAILABLE OPTIONS

Large: \$85.00

Small: \$50.00

Chilean Zucchini™

Organic brown rice, our zucchini-corn-tomato stew, fresh mild red salsa, Original Yumm! Sauce®, Deluxe Toppings.

AVAILABLE OPTIONS

Large: \$85.00

Small: \$50.00

PLATTERS 3

BBQ Tofu Platter

\$40.00

Organic tofu glazed with BBQ sauce. Choose a platter of skewers or bite-size pieces. Serves 10 - 12 as a side dish.

Teriyaki Tempeh Platter

\$40.00

Organic tempeh glazed with teriyaki sauce. Choose skewers or bite-size pieces. Serves 10 - 12 as a side dish.

Teriyaki Chicken Platter

\$40.00

All Natural chicken glazed with teriyaki sauce. Sliced chicken serves 10 - 12 as a side dish.

BEVERAGES 8

Organic Juices

Smoothies

Sodas

Kombucha

Fresh Strawberry Lemonade

Freshly Brewed Ice Tea

Café Yumm! Organic Coffee

Numi® Herbal Teas

CAFÉ YUMM!® ORIGINAL COOKIES 3

Chocolate Chip

Oatmeal Raisin

Ginger Spice
