

Swami's Cafe

1163 S Coast Highway 101 Ste A 92024-5041 · +17609440612 · Updated: Jan 14, 2026

[View online menu](#)



THREE EGG OMELETTES 11

Garlic Chicken Omelette

\$7.95

A whole chicken breast marinated in garlic sauce, Swiss cheese, and salsa fresca

Denver Omelette

\$7.95

Ham, bell peppers, onion, and cheddar cheese

Three Cheese Omelette

\$7.50

Swiss, cheddar, and Jack cheese

Spinach Omelette

\$7.95

Spinach, tomatoes, and feta cheese

Greek Omelette

\$7.95

Spinach, feta cheese, tomatoes, broccoli, and bell peppers

Santa Fe Turkey Omelette

\$7.95

Ortega chills, green onions, tomatoes, and pepper jack cheese with your choice of mock or real turkey

Ham and Ham

\$7.95

Ham, crispy bacon, and cheddar cheese

Spicy Turkey

\$7.95

Sauteed mock or real turkey, jalapeno, tomato, and cheddar cheese

Veggie Rama

\$7.95

Sauteed mushrooms, broccoli, zucchini, bell peppers, onion, alfalfa sprouts, avocado, and cheddar cheese

ABC Omelette

\$7.95

Avocado, bacon, and cheese

The Green Omelette

\$7.95

Asparagus, spinach, avocado, green onions, bell peppers, zucchini and feta cheese

BREAKFAST BURRITOS 4

Authentic Mexican Burrito

\$6.95

Sauteed tomatoes, cheddar cheese, onion, jalapenos guacamole, and bell peppers

Potato Scramble

\$6.95

Potatoes, onion, cheddar cheese mixed with sour cream

Black Egg Burrito	\$6.95
Black beans, avocado, and cheddar cheese	
Veggie Egg Burrito	\$6.95
Sauteed mixed vegetables and cheddar cheese	

SWAMI'S TRADITIONS 9

Eggs Benedict	\$7.95
Two poached eggs on a toasted English muffin, hollandaise sauce and your choice of one of the following: spinach, real or mock turkey, bacon, or real ham. Served with potatoes	

Croissant Breakfast	\$7.50
Two scrambled eggs, cheddar cheese, tomatoes, your choice of real or mock bacon, sprouts and mayonnaise. Served with potatoes	

Huevos Rancheros	\$7.95
Two eggs, two corn tortillas, black beans, cheddar cheese, our famous ranchero sauce and sour cream. Served with Spanish rice and avocado	

Swami's Combo	\$6.95
Two eggs, home style potatoes, toast and coffee (no substitutions)	

Oatmeal	AVAILABLE OPTIONS
Served with milk, brown sugar, raisins, and bananas	\$3.50
	With berries: \$4.95

Fruit Salad	AVAILABLE OPTIONS
	\$4.95
	With yogurt: \$1.00

Granola and Fruit	\$5.95
Served with milk, yogurt or soy milk and fruit	

Egg Muffin	\$3.95
One egg, real or mock bacon, or real ham, tomato and cheddar cheese	

Fruit, Cottage Cheese & Toast	\$5.50
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BUTTER MILK PANCAKES 6

One Pancake	\$2.50
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Full Order Pancakes	\$4.95
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Blueberry	\$5.95
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Strawberry Banana	\$5.95
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Banana Walnut	\$5.95
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Pancake Combo **\$6.95**
w/ 2 eggs and bacon

ORGANIC MULTIGRAIN PANCAKES 6

One Pancake **\$2.95**

Full Order Pancakes **\$5.95**

Blueberry **\$7.50**

Strawberry Banana **\$7.50**

Banana Walnut **\$7.50**

Organic Pancake Combo **\$8.95**

w/ 2 eggs and bacon

WAFFLES 4

Plain Belgian Waffle **\$4.95**

Belgian Waffle w/Fresh Strawberries **\$5.95**

Swami's Granola Belgian Waffles **\$5.95**

Waffle Combo w/ 2 Eggs and Bacon **\$6.95**

FRENCH TOAST 3

French Toast **\$5.95**

French Toast w/ Fresh Strawberries **\$6.95**

French Toast Combo w/ 2 Eggs and Bacon **\$7.95**

SOUPS AND SALADS 10

Garden Salad **\$4.95**

Romaine lettuce, tomatoes, bell peppers, carrots, cucumbers, real cabbage

Swami's Salad **\$7.95**

Romaine lettuce, tomatoes, bell peppers, carrots, cucumbers, broccoli, mushrooms, red cabbage, spinach, sprouts, raisins, garbanzo beans, sunflower seeds, and avocado

Tropical Salad **\$7.95**

Organic greens, pepper, tomatoes, carrots, walnuts, dried cranberries, cucumbers, orange slices, and homemade basil vinaigrette dressing

Caesar Salad **\$5.95**

Romaine lettuce, shredded parmesan cheese, and tomato

Fresh Grilled Salmon Caesar Salad	\$9.95
Fresh Grilled Shrimp Caesar Salad	\$9.95
Tropical Salmon Salad	\$9.95
Organic greens, pepper, tomatoes, carrots, walnuts, dried cranberries, cucumbers, orange slices, topped with fresh grilled salmon and basil vinaigrette dressing	
Tropical Shrimp Salad	\$9.95
Organic greens, pepper, tomatoes, carrots, walnuts, dried cranberries, cucumbers, orange slices, topped with fresh grilled shrimp and basil vinaigrette	
Chicken Caesar Salad	\$7.95
Soup of the Day	AVAILABLE OPTIONS
	8 oz. cup: \$2.95
	16 oz. bowl: \$4.95

20 OZ. SMOOTHIES 11

Nirvana Nectar	\$4.95
Apple juice, bananas, strawberries, raspberries, boysenberries, ginseng, protein powder, vitamin C, and bee pollen	
Very Berry	\$4.75
Apple juice, bananas, strawberries, raspberries, boysenberries	
Old Faithful	\$4.75
Apple juice, bananas, peaches and strawberries	
Tropical Storm	\$4.75
Pineapple juice, bananas, mangoes, and papaya. Topped with coconut	
Gone Grapefruit	\$4.75
Fresh grapefruit juice, strawberries, and bananas. You must like grapefruit!	
Lina Spiralina	\$4.95
Apple juice, peaches, raspberries, strawberries, and spiralina	
Swami's Surprise	\$4.75
Apple juice, mangoes, dates, strawberries and bee pollen	
Piping Papaya	\$4.75
Pineapple juice, bananas, papaya and peaches	
Mango Madness	\$4.75
Pineapple juice, bananas and mangoes	
Acai Smoothie	\$4.95
Blended with blueberries, boysenberries, bananas, and strawberries	
Just Peachie	\$4.75
Apple juice, bananas, and peaches	

YOGURT SMOOTHIES 2

O'boy Boysenberry \$4.75

Apple juice, bananas, boysenberries, and non-fat yogurt

All that Razz \$4.75

Apple juice, bananas, raspberries and non-fat yogurt

ACAI 1

Acai Bowl - Swami's Style \$7.95

Served in a bowl with blueberries, raspberries, boysenberries, bananas, strawberries, homemade granola, local fresh bee pollen and coconut on top

ICE CREAM SMOOTHIES 8

Watermelon \$4.75

Fresh watermelon juice, bananas, strawberries, and ice cream

Strawberry \$4.75

Apple juice, strawberry, bananas, and ice cream

Carrot Smoothie \$4.75

Fresh carrot juice, bananas, and ice cream

Date Nut \$4.75

Low-fat milk, bananas, dates, and ice cream

Peanut Butter \$4.75

Low-fat milk, peanut butter, and ice cream

Blue Berry Blues \$4.75

Apple juice, blueberries, and ice cream

P. B. Coffee Smoothie \$4.75

Peanut butter, coffee, and ice cream

O. J. Frosty \$4.75

Fresh orange juice and ice cream

FRESH JUICES 7

Garlic Go (Add \$0.25)

Carrot, celery, parsley, beet and garlic

AVAILABLE OPTIONS

12 oz.: \$1.95

16 oz.: \$2.75

20 oz.: \$3.50

Apple Hop (Add \$0.25)

Apple and ginger

AVAILABLE OPTIONS

12 oz.: \$1.95

16 oz.: \$2.75

20 oz.: \$3.50

Popeye's Punch (Add \$0.25)

Carrot and spinach

AVAILABLE OPTIONS

12 oz.: \$1.95

16 oz.: \$2.75

20 oz.: \$3.50

Iron Horse (Add \$0.25)

Carrot and beet

AVAILABLE OPTIONS

12 oz.: \$1.95

16 oz.: \$2.75

20 oz.: \$3.50

Swami's Veggie Mix (Add \$0.75)

Carrot, beet, celery, cucumber, spinach and parsley

AVAILABLE OPTIONS

12 oz.: \$1.95

16 oz.: \$2.75

20 oz.: \$3.50

Busy Bee (Add \$0.75)

Orange juice, bananas, papaya and bee pollen

AVAILABLE OPTIONS

12 oz.: \$1.95

16 oz.: \$2.75

20 oz.: \$3.50

Sea Horse (Add \$0.75)

Orange, lemon, and grapefruit

AVAILABLE OPTIONS

12 oz.: \$1.95

16 oz.: \$2.75

20 oz.: \$3.50

WHEAT GRASS 2**Wheat Grass****\$1.00****Wheat Grasshopper****\$2.99**

Wheat grass, apple and lemon juice.

FOR THE KIDS 8**Grilled Cheese Sandwich****\$2.99****Cheese Quesadilla****\$2.99****Garden Burger W/Chips****\$2.99****Fruit Cup****\$1.95****One Egg and Toast****\$2.99****Kids Pancake****\$2.99****Black Bean & Cheese Burrito****\$2.99****Turkey Sandwich****\$3.99****ESPRESSO DRINKS 14**

Espresso	AVAILABLE OPTIONS
	Single: \$1.50
	Double: \$2.00
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Capuccino	AVAILABLE OPTIONS
	Single: \$2.50
	Double: \$3.00
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Latte	AVAILABLE OPTIONS
	Single: \$2.50
	Double: \$3.00
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Caramel Latte	AVAILABLE OPTIONS
	Single: \$2.75
	Double: \$3.25
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Vanilla Latte	AVAILABLE OPTIONS
	Single: \$2.75
	Double: \$3.25
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Hazelnut Latte	AVAILABLE OPTIONS
	Single: \$2.75
	Double: \$3.25
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Cafe Mocha	AVAILABLE OPTIONS
	Single: \$2.50
	Double: \$3.00
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Mexican Mocha	AVAILABLE OPTIONS
	Single: \$2.50
	Double: \$3.00
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Mochachino	AVAILABLE OPTIONS
	Single: \$2.50
	Double: \$3.50
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Chai Tea Latte	AVAILABLE OPTIONS
	Single: \$2.50
	Double: \$3.00
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House Drip Coffee	AVAILABLE OPTIONS
	Small: \$1.50
	Large: \$1.75
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Sodas	\$1.50
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Iced Tea	\$1.50
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Hot Tea	\$1.50
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ICE BLENDED COFFEES	3
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Carmel	\$3.00
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Kona Mocha **\$3.00**

Vanilla **\$1.50**

WRAPS 6

Chicken Caesar Wrap **\$7.95**

Grilled chicken breast, Spanish rice, and a caesar salad all wrapped up

Spicy Ginger Wrap **AVAILABLE OPTIONS**

Fresh vegetables and brown rice sauteed in a spicy ginger sauce all wrapped up

\$7.95

With chicken add: \$1.99

Tuna Wrap **\$7.95**

Albacore tuna salad, sprouts, onions, tomato, and avocado all wrapped up

Protein Veggie Wrap **\$7.95**

Fresh broccoli, bell pepper, onions, lettuce, tomato, avocado, feta cheese, tofu and our famous mole sauce

Spicy Turkey Wrap **\$7.95**

Grilled onions, jalapenos, mushrooms, tomato, black beans, feta cheese, and mock turkey

Tropical Shrimp Wrap **\$8.95**

Walnuts, dried cranberries, organic greens, avocado and balsema vinaigrette

SANDWICHES 12

B. L. T. A. **\$7.95**

Mock or real bacon, lettuce, tomato, avocado with dijon and mayo

Croissant Sandwich **\$7.95**

Mock or real turkey, lettuce, onion, tomato sprouts, dijon and mayo on a warn croissant

California Delight **\$7.95**

Avocado, jack cheese, lettuce, tomato cucumber, onion, sprouts, dijon and mayo

The Drop In **\$7.50**

Jack, Swiss, cheddar cheese, onions, tomato, lettuce, avocado, dijon and mayo

Ultimate Veggie **\$7.95**

Lettuce, tomato, avocado, cucumber, cabbage, mushrooms, bell peppers, swiss cheese, onions, sprouts, and carrots. Seasoned with our famous basil dressing, with mayo and dijon

Ana's Sandwich **\$7.95**

Sauteed mushrooms, melted Swiss cheese, onions, tomato, and mock turkey

Chicken Swiss Melt **\$7.95**

Mock or real chicken and bacon, melted swiss cheese, tomato, onion, lettuce, dijon and mayo

Turkey Sandwich **\$7.95**

Real or mock turkey, tomato, lettuce, onions, sprouts, dijon and mayo

Tuna Sandwich	\$7.95
Albacore tuna, tomato, onions, lettuce, sprouts, dijon and mayo	
Garden Burger	\$6.95
The original garden burger with lettuce, tomato, onion, sprouts, dijon, and mayo on a whole wheat bun	
Falafel Pita	\$7.95
Falafel patties with lettuce, tomato, onions, sprout, mayo, and tahini sauce on top of pita bread	
Swami's Club	\$7.95
Mock or real turkey and bacon, jack cheese, tomato, lettuce, onions, and dijon and mayo. All stacked high on three pieces of toasted bread	

SWAMI'S FAVORITES 8

Black Bean Burrito	\$7.50
Our famous black beans, brown rice, wrapped in a whole wheat tortilla and topped with cheese, sour cream and guacamole. Served with chips and salsa and a salad	
Spinach Tofu	\$8.95
Fresh Spinach, potatoes, onions, and tofu lightly sauteed in canola oil and served with brown rice and toast	
Veggie Quesadilla	\$7.50
Grilled onions, zucchini, bell peppers, broccoli, carrot, cheese, guacamole, and pico de gallo	
Mole Enchiladas	\$7.95
Two corn tortillas filled with brown rice, tomato and avocado. Topped with cheddar cheese and our famous mole sauce. Served with black beans and salad	
Tofu Stir Fry	\$8.95
Fresh broccoli, bell peppers, carrots, zucchini, mushrooms and tofu seasoned lightly with soy sauce and black pepper. All on top of brown rice. Served with a salad	
Indian Curry with Tofu	\$8.95
Cooked vegetables covered in our delicious curry sauce and placed along side of rice and served with a salad	
Fish Taco Combination	\$7.95
Two corn tortillas filled with grilled mahi, cabbage, and guacamole. Served with Spanish rice and beans	
Chicken Quesadilla	\$7.95
Grilled chicken, cheese, guacamole, and pico de gallo. Served with sour cream and salsa	