

Poke Fit

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SPECIALS 2

Hot Soba

\$8.00

Soy based broth, Wakame (seaweed), Fried Onion, Scallion, Soba noodles

Chicken Teriyaki Bowl

\$11.99

Rice, Crab meat, Edamame, Pineapple, 4 oz. Chicken Teriyaki (hormone and steroid free). Drizzled with teriyaki sauce and wasabi mayo. Garnished with scallion

ADD ON SIDES 5

Shrimp Tempura (2pcs)

\$4.00

Avocado (4pcs)

\$1.00

Seaweed Salad

\$5.00

Rice

\$2.00

white or brown

Wonton Chips

\$2.50

STEP 1 (BASES) 5

White Rice

Brown Rice

Green Salad

Mori Soba

buckweat noodle

Half & Half (Any 2)

STEP 2 (SIDES) 5

Seaweed Salad

Edamame

Avocado

\$1.00

Crab Meat

Pineapple

STEP 3 (PROTEINS) 10

Tuna*

Salmon*

Albacore*

Shrimp

Scallop*

Octopus

Spicy Tuna*

Spicy Salmon*

Tofu

Grilled chicken

Serve cold

STEP 4 (MIX-INS) 7

Red Onion

Cucumber

Cilantro

Green Onion

Jalapeno

Sweet Corn

Sweet Ginger

STEP 5 (SAUCES) 10

Sesame Shoyu

soy / vinegar / sugar / sesame

Ponzu

lemon / soy

Classic Poke

soy / sesame oil / wasabi / chili

Garlic Aioli Poke

soy / mayo / sesame oil / garlic / ponzu / chili

Sesame Ginger Poke

soy / sesame oil / ginger / rayu

Cho Jang

korean chili paste

Wasabi Aioli

Spicy Mayo

GF Spicy Mayo

Lemon Garlic

lemon/syrup/garlic/pepper/salt

STEP 6 (TOPPINGS) 8

Roasted Garlic

Crispy Onion

Seaweed

Sea Salt

Furikake

Sesame Seed

Chili Pepper

Wasabi

DRINKS 8

Hot Tea

Chamomile, Green, Earl grey

\$2.00

Canned Drink

Pepsi/Zero pepsi/Dr pepper/Sprite/Coke/Diet Coke/Orange sada

\$2.00

Bottled Water

Life water 1L

\$3.00

Sparkling Water

\$3.00

Coconut Juice

Roasted coconut juice

\$3.00

Iced Green Tea

\$3.00

Cold Coffee **\$3.00**

Kombucha **\$4.45**

Ginger/Pineapple peach/Grapefruit/Raspberry lemon

DESSERTS 3

Mochi Ice Cream **\$4.00**

green tea, red bean, strawberry, mango

Fish Ice Cream **\$4.00**

vanilla ice/ red bean

NY Cheese Cake **\$4.00**

STARTERS 5

Miso Soup **\$2.00**

Onion Miso Soup **\$2.50**

Gyoza Dumplings (5pc) **\$5.00**

Chicken & vegetable

Brussels Sprouts **\$5.00**

Spring Roll **\$4.50**

RICE BOWL 4

Tuna Fit **\$14.99**

tuna / avocado / crab / green salad / seaweed salad / green onion / furikake / classic poke / ponzu

Salmon Fit **\$14.99**

salmon / avocado / crab / seaweed salad / green salad / green onion / furikake / garlic aioli poke / ponzu

Albacore Fit **\$14.99**

albacore / avocado / crab / seaweed salad / green salad / green onion / furikake / sesame ginger poke / ponzu

Kid's Bowl **\$9.99**

rice / pineapple / crab / edamame / 2pc gyoza / ponzu / sesame oil

SALAD 4

Crab Salad **\$13.50**

crab / avocado / cucumber / red onion / green salad / sesame shoyu

Seafood Salad **\$14.99**

crab / scallop / shrimp / avocado / cucumber / red onion / green salad / sesame shoyu

Spicy Tuna Salad

\$14.99

spicy tuna / cucumber / red onion / green salad / furikake / ponzu / sesame oil

Sashimi Salad

\$14.99

tuna / salmon / albacore / cucumber / red onion / green salad / furikake / ponzu / sesame oil
