



## KIDS' SIDES 1

### GoGo squeeZ® Apple Apple

GoGo squeeZ® applesauce pouches are a yummy, nutritious snack made from 100% fruit, no sugar added\* and no artificial anything. With a resealable cap, GoGo squeeZ® fruit on the go can be enjoyed wherever life takes you. \*Not a Low Calorie Food. Contains 13g of sugar and 70 calories.

## SALADS 14

### Black Forest Ham

The Black Forest Ham salad is a flavorful way to enjoy a Subway® favorite. Sliced ham, lettuce, and a pile of your favorite veggies - all tossed with your choice of dressing.

### Meatball Marinara

The Meatball Marinara salad is the ultimate cravings crusher. Hot Italian-style meatballs in marinara sauce and a sprinkle of Parmesan cheese, all sitting on top of your favorite greens and veggies. Yes!

### Steak & Cheese

The Steak & Cheese salad starts with crisp greens, but gets to the next level with warm, delicious steak topped with cheese. Dreams do come true.

### Tuna

Our Tuna salad is simply delish. 100% wild caught tuna mixed with mayo, riding high on top of a bed of crisp lettuce and veggies. Classic for a reason.

### Pizza Sub

Spicy pepperoni, American cheese and mouthwatering marinara sauce over crisp lettuce, spinach, ripe tomatoes, cucumbers, green peppers, black olives and red onions.

### B.L.T.

Savory hickory smoked bacon. Crisp lettuce. Ripe tomatoes. All mixed with Spinach, crunchy cucumbers, sweet green peppers, black olives, and zesty red onions.

### Buffalo Chicken

Grilled chicken topped with Frank's RedHot® Buffalo sauce, with lettuce, spinach, tomatoes, cucumbers, green peppers, black olives and red onions. A drizzle of peppercorn ranch dressing cools the spice. Very nice. Frank's RedHot® is a registered trademark of McCormick & Co. and used under license by Subway Franchisee Advertising Fund Trust Ltd. ®/© Subway IP LLC 2021.

### Oven Roasted Turkey

The Oven Roasted Turkey Salad is a go-to salad choice. Our premium, thin-sliced oven roasted turkey, tossed together with lettuce, crunchy veggies and whatever dressing does it for you. Simply the best.

### Oven Roasted Turkey & Ham

Thin-sliced oven roasted turkey and Black Forest ham with crisp lettuce, tender spinach and many more of your favorite veggies.

**Cold Cut Combo®**

The Cold Cut Combo® salad has ham, salami, and bologna (all turkey-based) tossed together with crisp lettuce and your favorite veggies. Mix it up with whatever dressing you love best.

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**Veggie Delite®**

Enjoy the simpler things? The Veggie Delite® salad is simply delish. A pile of your favorite veggies, finished with the dressing of your choice. Crisp. Delicious. All for you.

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**Grilled Chicken**

Beautiful in its simplicity. Tender grilled chicken on a bed of fresh lettuce topped with tomatoes, red onions, baby spinach, cucumbers, green peppers and black olives. Perfection.

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**Rotisserie-Style Chicken**

Juicy rotisserie-style chicken is mixed with fresh lettuce, baby spinach, tomatoes, cucumbers and other veggies of your choosing. We'll even let you choose your dressing. We're good like that.

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**Roast Beef**

Level up your salad with NEW Choice Angus Roast Beef and a whole lot of crisp veggies.

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**CLASSIC SANDWICHES 14**

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**Veggie Delite®**

The Veggie Delite® sandwich is crispy, crunchy, vegetarian perfection. With lettuce, baby spinach, tomatoes, cucumbers, green peppers and red onions, all on our Hearty Multigrain bread.

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**Oven-Roasted Turkey & Ham**

Enjoy the flavor of tender, thin-sliced oven-roasted turkey and Black Forest ham with your favorite veggies, from juicy tomatoes to sweet red onions, all served on freshly baked, Hearty Multigrain bread.

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**Pizza Sub**

Hot outta the oven, it's the Pizza Sub. Enjoy spicy pepperoni, piled high and layered with melt-a-licious cheese and our signature marinara sauce. Try it on freshly baked Artisan Italian bread today.

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**Steak & Cheese**

Our Steak & Cheese sandwich is where warm, delicious steak gets topped with melty cheesiness. Get crazy with veggies and sauces to make it what you want.

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**Meatball Marinara**

The Meatball Marinara sandwich is drenched in irresistible marinara sauce, sprinkled with Parmesan cheese, topped with whatever you want (no judgement) and perfectly toasted just for you.

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**Tuna**

You'll love every bite of our classic tuna sandwich. 100% wild caught tuna blended with creamy mayo then topped with your choice of crisp, fresh veggies. 100% delicious.

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**Buffalo Chicken**

When you're looking to spice things up, do it with Frank's RedHot® and buffalo chicken. Our Buffalo Chicken Footlong is made with everyone's favorite hot sauce – Frank's RedHot® and topped with peppercorn ranch. Try it with lettuce, tomatoes and cucumbers! Frank's RedHot® is a registered trademark of McCormick & Co. and used under license by Subway Franchisee Advertising Fund Trust Ltd.®/© Subway IP LLC 2021.

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**Black Forest Ham**

Our Black Forest Ham sandwich is a true classic. We add lettuce, baby spinach, cucumbers, green peppers and red onions to our delicious, thin-sliced ham and serve it on our Hearty Multigrain bread. Want cheese? Just ask.

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**Rotisserie-Style Chicken**

Who doesn't love tender, juicy rotisserie-style chicken? Especially when it's served on our Hearty Multigrain bread with your choice of veggies. We like lettuce, tomatoes, red onions, and peppers, but hey, it's your sandwich, do what you like.

**Roast Beef**

Choice Angus Roast Beef, Hearty Multigrain Bread, and plenty of fresh veggies make this lunchtime classic one to remember.

**Oven-Roasted Turkey**

If a classic is what you crave, our thin-sliced Oven-Roasted Turkey is the sandwich for you. It's full of flavor and made to order with your choice of crisp veggies, served on our freshly baked, Hearty Multigrain bread.

**Cold Cut Combo®**

The Cold Cut Combo® sandwich with ham, salami, and bologna (all turkey based) is a long-time Subway® favorite. Yeah. It's that good.

**Grilled Chicken**

Tender grilled chicken loaded on our Hearty Multigrain bread with your choice of veggies. A little lettuce, tomatoes, onions and baby spinach, and you can't go wrong.

**B.L.T.**

The sub that proves great things come in threes. In this case, those three things happen to be hickory smoked bacon, lettuce and juicy tomatoes. While there's no scientific way of proving it, this B.L.T might be the most perfect sub in existence.

**WRAPS** 14

**Rotisserie-Style Chicken**

A generous portion of juicy rotisserie-style chicken with fresh lettuce, spinach, tomatoes, cucumbers, green peppers and red onions. Served in a wrap.

**Oven Roasted Turkey & Ham**

Take a bite of this wrap filled with a footlong portion of our tender, thin-sliced oven roasted turkey and tasty Black Forest ham. Top it with lettuce, spinach, tomatoes, cucumbers, green peppers and red onions. It's simply delicious.

**Black Forest Ham**

The Black Forest Ham wrap is packed with a double portion of ham, lettuce, spinach, tomatoes, cucumbers, green peppers and red onions. Definitely delish.

**B.L.T.**

Simply delicious! This classic on a wrap, is filled with a double portion of our crispy hickory smoked bacon and finished off with lettuce, juicy tomatoes, and mayo.

**Buffalo Chicken**

A wrap that's not afraid to be bold. We start with a Footlong portion of grilled chicken, adding just the right amount of Frank's RedHot® Buffalo sauce. Then we cut the heat with crisp lettuce, tomatoes and cucumbers, and roll it all up in a wrap. Frank's RedHot® is a registered trademark of McCormick & Co. and used under license by Subway Franchisee Advertising Fund Trust Ltd. ®/© Subway IP LLC 2021.

**Meatball Marinara**

Our Meatball Marinara wrap is a double portion of Italian-style meatballs in irresistible marinara sauce, with Parmesan cheese, in a wrap. Get yourself one.

**Veggie Delite®**

The Veggie Delite® wrap has a double portion of the fresh veggies you love. All wrapped in a flavorful wrap with lettuce, tomatoes, spinach, green peppers, cucumbers, and red onions. It's one bold, crunchy flavor combo.

## Tuna

Our tasty Tuna Wrap is completely cravable. It has a double serving of 100% wild caught tuna mixed with mayo in a wrap. Then it gets topped with any crunchy veggies you want.

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## Grilled Chicken

When you want to be 100% satisfied, this wrap delivers. Tender grilled chicken, with fresh veggies like lettuce, spinach, tomatoes, cucumbers, green peppers and red onions in a wrap.

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## Pizza Sub

Hot outta the oven, it's the Pizza Sub wrap. Enjoy spicy pepperoni, piled high and layered with melt-a-licious American cheese and our signature marinara sauce. Topped with green peppers and red onions in a wrap.

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## Oven Roasted Turkey

Our Oven Roasted Turkey Wrap is a go-to. It's a footlong portion of our premium, thin-sliced, oven roasted turkey, with fresh veggies like lettuce, tomatoes, spinach, cucumbers, green peppers and red onions, all served up in a wrap.

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## Cold Cut Combo®

Can't decide what kind of meat you want? Get three at once on a delicious wrap. Stacked with a double portion of turkey-based meats including ham, salami, and bologna. Enjoy it with lettuce, tomatoes, cucumbers, green peppers, and red onions.

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## Roast Beef

Choice Angus Roast Beef brings the premium flavor, with fresh veggies, such as lettuce, spinach, tomatoes, cucumbers, green peppers, and red onions in a wrap.

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## Steak & Cheese

Our Steak & Cheese wrap is a double portion of shaved steak, wrapped up with melty American cheese. Get crazy with veggies and sauces to make it what you want.

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## PERSONAL PIZZA 1

### Personal Cheese Pizza

Our pizza dough is covered with mouthwatering marinara sauce then topped with shredded mozzarella cheese. Make it yours by adding your favorite veggies. We make it amazing by baking it to personal perfection.

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## DELI HEROES 4

### #15 Titan Turkey

The Titan Turkey is big enough to stand up to any appetite! With 33% MORE\* turkey, 2x provolone, lettuce, tomatoes, onions, and mayo all on our Artisan Italian bread. You'll enjoy a meal fit for a titan! \*33% more meat than Classic Sandwich portion.

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### #30 The Beast

The sandwich that makes hunger fear going to sleep every night — The Beast. This sub's got pepperoni, salami, turkey, ham and roast beef all adding up to a whopping 1/2 lb of meat\*. Add in 2x provolone, lettuce, tomatoes, onions, mayo, and top it all off with our MVP Vinaigrette and you get one beast of a sub. \*½ lb of meat based on FL serving.

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### #17 Garlic Roast Beef

Our Garlic Roast Beef is an explosion of flavor in every bite! On soft Artisan Italian Bread is the combination of tender roast beef, 2x provolone, lettuce, tomatoes, onions and finished with Roasted Garlic Aioli — unlocking a go-to option when hunger calls.

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### #99 Grand Slam Ham

The Grand Slam Ham delivers heavy-hitting flavor every time. On top of Artisan Italian Bread is 33% MORE\* ham, 2x provolone, lettuce, tomatoes, onions, and mayo — a delicious sub that leaves you feeling satisfied. \*33% more meat than Classic Sandwich portion.

**BREAKFAST** 8

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**Bacon, Egg & Cheese Wrap**

Start your day in a sizzlin' way with a wrap filled with American cheese, delicious eggs and crispy hickory smoked bacon.

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**Black Forest Ham, Egg & Cheese Wrap**

Helllloo delicious! Enjoy a wrap filled with American cheese and a double portion of savory Black Forest ham and egg. What a tasty way to start the day!

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**Bacon, Egg & Cheese**

Start your day in a sizzlin' way with bacon, egg, and melty cheese on freshly toasted flatbread (or whatever you like). Pile on your favorite veggies and sauce. Start the day right.

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**Egg & Cheese**

A classic for a reason. Our Egg and Cheese is simply delicious. Enjoy a fluffy egg with melted cheese. Try it toasted - It's unbeatable.

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**Egg & Cheese Wrap**

A classic for a reason, now available on a wrap. Enjoy with American Cheese and a double portion of fluffy egg.

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**Steak, Egg & Cheese**

No matter what side of the bed you wake up on, you'll love this. Yummy egg with tender and delicious steak covered in melty cheese. That's one beautiful breakfast.

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**Black Forest Ham, Egg & Cheese**

Enjoy savory Black Forest ham, melted cheese, and egg - all on your favorite bread. Add your choice of veggies for a tasty way to start the day. Hello, delicious.

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**Steak, Egg & Cheese Wrap**

No matter what side of the bed you wake up on, you'll love this. Enjoy American cheese and a double portion of egg and tender shaved steak on a delicious wrap. Oh, what a beautiful breakfast.

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**FOUNTAIN DRINKS** 1

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**Fountain Beverage**

**KIDS DRINKS** 2

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**1% Low Fat Milk**

As delicious as our sandwiches are, they are even better when paired with the perfect side and drink or even adding a little something extra. With such a variety to choose from, there's truly something for every taste.

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**Honest Kids® Super Fruit Punch**

Grape, strawberry, apple, watermelon juices and other ingredients unite to truly pack a punch. USDA organic certified. Sweetened only with fruit juice. No added sugar. No artificial sweeteners. No high fructose corn syrup. Gluten free. No GMOs.

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**SIDES** 14

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**DORITOS® Nacho Cheese**

The iconic bold and intense cheesiness of Doritos® Nacho Cheese Flavored Tortilla Chips. Doritos® flavors ignite adventure and inspire action. Are you ready? If so, crunch on.

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**Auntie Anne's® Footlong Pretzel**

330 calories each, not including Honey Mustard sauce. The NEW Auntie Anne’s® Footlong Pretzel is a twist on Auntie Anne’s® signature pretzel, baked to tasty golden-brown perfection and ready to share. Served warm and topped with just the right amount of butter and salt, it’s a savory sidekick sensation. Enjoy every soft and wonderful bite.

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**Raspberry Cheesecake**

Hold the silverware, because our Raspberry Cheesecake Cookie is a hands-on experience. Sweet raspberry flavored pieces, white chips and just the right amount of cream cheese are mixed together to bake the perfect cookie. So go ahead, dive right into this delicious treat and leave the silverware aside.

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**Baked Lay's® Original**

SNACK A LITTLE SMARTER™ with Baked LAY’S® Potato Chips. It’s the LAY’S® chip you love, just Baked. Perfectly paired with your favorite Subway sandwich.

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**SunChips® Harvest Cheddar®**

The flavor of real cheddar cheese is layered onto a delicious whole grain chip to create this tasty combination.

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**Double Chocolate**

Calling all chocolate lovers! Our Double Chocolate Cookie has your name written all over it. It has rich semi-sweet chocolate chips mixed in a chocolate dough, along with white chips, vanilla and other natural flavors. Take one bite and your taste buds will thank you for it.

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**Cookies**

Every meal deserves a dessert, because simply put, they just belong together. So, when you’re ordering your favorite sandwich, just remember that it pairs perfectly with one of our delectable cookies. They’re freshly baked, come in a variety of flavors and they go hand-in-hand with that sub you’re about to order.

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**Miss Vickie’s® Jalapeño**

Made with jalapeño seasoning for enough heat to make things deliciously interesting. And every spicy bite is made with no artificial flavors or preservatives.

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**Cinnabon® Footlong Churro**

190 calories each. The NEW Cinnabon® Footlong Churro is a totally shareable spin on a beloved snack. It’s served warm, coated in craveable cinnamon and loaded with signature Cinnabon® flavor so it’s sweet and crispy from end to end.

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**Chocolate Chip**

One bite of our Chocolate Chip Cookie and you may just find the sudden urge to order 2, 3... maybe 6. It has semi-sweet chocolate chips, vanilla and other natural flavors folded into buttery cookie dough. It’s waiting to be devoured, just don’t say we didn’t warn you!

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**GoGo squeeZ® Apple Apple**

GoGo squeeZ® applesauce pouches are a yummy, nutritious snack made from 100% fruit, no sugar added\* and no artificial anything. With a resealable cap, GoGo squeeZ® fruit on the go can be enjoyed wherever life takes you. \*Not a Low Calorie Food. Contains 13g of sugar and 70 calories.

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**LAY’S® Classic**

It all starts with farm-grown potatoes, cooked and seasoned to perfection. So every LAY’S® potato chip is perfectly crispy and full of fresh potato taste. Happiness in Every Bite.®

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**White Chip Macadamia Nut**

Our delectable White Chocolate Macadamia Cookie is anything but cookie cutter. That’s because it has a generous amount of tasty ingredients: white chips, macadamia nuts, vanilla and other natural flavors mixed together to prepare a delightfully rich and nutty taste in a cookie. Go ahead and go nuts!

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Oatmeal Raisin

Our Oatmeal Raisin Cookie is perfectly soft and chewy making it a must have with your order. Rolled oats, molasses, real California Raisins and just the right touch of cinnamon—all mixed and baked for the perfect treat any time of the day, including breakfast, because it's oatmeal.

CHEESESTEAKS 4

#33 Teriyaki Blitz

The Teriyaki Blitz is a burst of flavor from the first bite. Featuring tender steak marinated in our Sweet Onion Teriyaki sauce, 2x American cheese on a warm bed of Hearty Multigrain bread, topped with green peppers and red onions.

#3 The Monster™

Got a monstrous appetite? We're talking thick juicy steak, crisp bacon, a double helping of Monterey cheddar, green peppers and red onions piled high and served toasted on Artisan Italian bread and topped off with creamy Peppercorn Ranch.

#2 The Outlaw®

Spicy, cheesy, smoky — this one's got it all. Juicy steak meets double Pepper Jack cheese, with green peppers, red onions, and Baja Chipotle sauce toasted on Artisan Italian bread. Try not to fall head over heels.

#1 The Philly

The classic cheesesteak stacked with juicy steak and a double helping of American cheese toasted on Artisan Italian bread and topped with green peppers, red onions and mayo.

BOTTLED BEVERAGES 9

Dasani® Water

As delicious as our sandwiches are, they are even better when paired with the perfect side and drink or even adding a little something extra. With such a variety to choose from, there's truly something for every taste.

vitamin water® XXX

Delicious taste of açai-blueberry-pomegranate flavor with other natural flavors. Vitamin and nutrient-enhanced water beverage with electrolytes and other good stuff. With three types of antioxidants to help fight free radicals: vitamin-a, vitamin-c and selenium. plus a great source of vitamin b5, vitamin b6, and vitamin b12.

1% Low Fat Milk

As delicious as our sandwiches are, they are even better when paired with the perfect side and drink or even adding a little something extra. With such a variety to choose from, there's truly something for every taste.

Honest Kids® Super Fruit Punch

Grape, strawberry, apple, watermelon juices and other ingredients unite to truly pack a punch. USDA organic certified. Sweetened only with fruit juice. No added sugar. No artificial sweeteners. No high fructose corn syrup. Gluten free. No GMOs.

Gatorade® Cool Blue

The thirst quenching taste of cool blue raspberry to rehydrate and help maximize your performance.

Coca-Cola® Classic

Crisp, refreshing, original taste.

Gatorade® Zero Orange

The bold and intense taste of orange to rehydrate you with all the electrolytes and zero sugar.

Sprite®

Cool, crisp lemon-lime taste that's caffeine free with 100% natural flavors. A lemon-lime soda with 100% natural flavors.

**Simply Orange®**

100% pure-squeezed, pasteurized orange juice.

**FRESH FIT FOR KIDS® 3**

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**Oven-Roasted Turkey for Kids**

A turkey sandwich for lunch is a classic for a reason—it’s why kids go crazy for our Oven Roasted Turkey for Kids. The main attraction is tasty oven roasted turkey slices with their favorite veggies piled on, all on freshly baked bread. But they also get a side of apple sauce and a choice of a bottle of low-fat milk or Honest Kids’® Fruit Punch. Can you say, best lunch ever?

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**Veggie Delite® for Kids**

Veggie Delite® for Kids is the easiest and most delicious way to get them to eat their veggies. This meal starts with their favorite veggies piled on freshly baked bread, and continues with a scrumptious side of apple sauce, and finishes with a choice of a bottle of low-fat milk or Honest Kids’® Fruit Punch. Veggies just got a lot more exciting.

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**Black Forest Ham for Kids**

Our Black Forest Ham for Kids is BIG on flavor. They get delicious slices of ham with their favorite veggies on freshly baked bread, and also enjoy a side of apple sauce and a choice of a bottle of low-fat milk or Honest Kids’® Fruit Punch.

**CLUBS 4**

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**#12 Turkey Cali Club™**

Eat fresh, California style. Oven-roasted turkey, crisp bacon, BelGioioso® Fresh Mozzarella, and smashed Hass avocado. Topped with spinach, tomatoes, red onions, and mayo toasted on Hearty Multigrain bread.

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**#19 Pickleball Club™**

Our Pickleball Club™ sandwich is a crowd pleaser with thin-sliced Black Forest ham, crisp bacon, and American cheese on our Artisan Italian bread. With lettuce, tomatoes, pickles, red onions, and our Honey Mustard sauce, every bite tastes like sweet victory.

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**#10 All-American Club®**

The American classic. Oven-roasted turkey, Black Forest ham, crisp bacon, and 2x American cheese with lettuce, tomatoes, red onions, and mayo. Served toasted on Artisan Italian bread.

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**#11 Subway Club®**

Oven-roasted turkey, Black Forest ham, USDA Choice Roast Beef, 2x American cheese piled on Hearty Multigrain bread and topped with lettuce, tomatoes, red onions, and mayo. A club sandwich Subway® style.

**DRINKS 9**

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**Honest Kids® Super Fruit Punch**

Grape, strawberry, apple, watermelon juices and other ingredients unite to truly pack a punch. USDA organic certified. Sweetened only with fruit juice. No added sugar. No artificial sweeteners. No high fructose corn syrup. Gluten free. No GMOs.

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**Gatorade® Cool Blue**

The thirst quenching taste of cool blue raspberry to rehydrate and help maximize your performance.

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**Coca-Cola® Classic**

Crisp, refreshing, original taste.

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**Gatorade® Zero Orange**

The bold and intense taste of orange to rehydrate you with all the electrolytes and zero sugar.

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**Sprite®**

Cool, crisp lemon-lime taste that’s caffeine free with 100% natural flavors. A lemon-lime soda with 100% natural flavors.

**Simply Orange®**

100% pure-squeezed, pasteurized orange juice.

**Dasani® Water**

As delicious as our sandwiches are, they are even better when paired with the perfect side and drink or even adding a little something extra. With such a variety to choose from, there's truly something for every taste.

**vitamin water® XXX**

Delicious taste of açai-blueberry-pomegranate flavor with other natural flavors. Vitamin and nutrient-enhanced water beverage with electrolytes and other good stuff. With three types of antioxidants to help fight free radicals: vitamin-a, vitamin-c and selenium. plus a great source of vitamin b5, vitamin b6, and vitamin b12.

**1% Low Fat Milk**

As delicious as our sandwiches are, they are even better when paired with the perfect side and drink or even adding a little something extra. With such a variety to choose from, there's truly something for every taste.

**NEW SIDEKICKS 3**

**Cinnabon® Footlong Churro**

190 calories each. The NEW Cinnabon® Footlong Churro is a totally shareable spin on a beloved snack. It’s served warm, coated in craveable cinnamon and loaded with signature Cinnabon® flavor so it’s sweet and crispy from end to end.

**Subway® Footlong Cookie**

1440 calories each. The NEW Footlong Cookie is baked to perfection and ready to share. It’s served warm so it’s soft and gooey on the inside. Every inch is loaded with chocolate-chip goodness. It’s everything you love about Subway® chocolate chip cookies and more, more, more!

**Auntie Anne's® Footlong Pretzel**

330 calories each, not including Honey Mustard sauce. The NEW Auntie Anne’s® Footlong Pretzel is a twist on Auntie Anne’s® signature pretzel, baked to tasty golden-brown perfection and ready to share. Served warm and topped with just the right amount of butter and salt, it’s a savory sidekick sensation. Enjoy every soft and wonderful bite.

**ITALIANOS 4**

**#18 The Ultimate B.M.T.®**

The Ultimate B.M.T.® is thoughtfully prepared with tender Genoa salami, spicy pepperoni, savory Black Forest ham, 2x provolone cheese, crisp lettuce, tomatoes, red onions and MVP Parmesan Vinaigrette® on Artisan Italian bread. Enjoy a sub made with love.

**#23 The Hotshot Italiano**

Fuel your tastebuds’ need for fire with our Hotshot Italiano sandwich. Artisan Italian bread is topped with spicy pepperoni, Genoa salami, 2x provolone cheese, jalapeño peppers, lettuce, tomatoes, red onions, and an explosive finish of our MVP Parmesan Vinaigrette®.

**#6 The Boss**

It’s the mother of all meatball subs. Juicy meatballs drenched in marinara sauce with slices of pepperoni and BelGioioso® Fresh Mozzarella. Sprinkled with parmesan and served toasted on Italian Herbs & Cheese bread.

**#4 Supreme Meats**

One sandwich reigns supreme. Black Forest ham, Genoa salami, pepperoni, and our capicola on fresh-baked Artisan Italian bread with 2x provolone cheese, lettuce, tomatoes and red onions...all topped off with our famous MVP Vinaigrette®.

**NO BREADY BOWLS® 13**

**Meatball Marinara**

When it comes to the Meatball Marinara Protein Bowl, we won't skimp on the protein. You'll get spinach, peppers and other veggies plus all eight meatballs (count 'em!) you'd find on a Footlong.

**Oven Roasted Turkey & Ham**

Our thin-sliced, oven roasted turkey and Black Forest ham make an unbeatable duo, especially sitting on top of all your favorite veggies.

**Black Forest Ham**

A Footlong's worth of protein? Yup! When you make it a Protein Bowl you'll get all of the Black Forest ham you'd get on your favorite Footlong, piled high atop fresh lettuce, tomato, cucumber and more veggies.

**Tuna**

How much tuna? A Footlong's worth of tuna, that's how much. Enjoy your go-to protein, 100% wild caught tuna, mixed with mayo on top of a bed of fresh lettuce with your choice of veggies. That's a tuna Protein Bowl.

**B.L.T.**

The classic B.L.T., in a bowl. It's that simple. But of course, you can add your favorite veggies, too.

**Grilled Chicken**

Tender grilled chicken is the star of the show, while you choose the supporting cast from our long list of veggies in this protein-packed bowl.

**Roast Beef**

A generous portion of Choice Angus Roast Beef and veggies: this is a Protein Bowl that packs a punch.

**Cold Cut Combo®**

Can't pick just one protein for your Protein Bowl? Try three. The Cold Cut Combo® features heaping portions of ham, salami and bologna (all turkey based) plus lettuce, tomato, cucumbers and more.

**Rotisserie-Style Chicken**

Fuel up with juicy rotisserie-style chicken, piled high on whatever veggies you happen to be in the mood for.

**Oven Roasted Turkey**

Get all the flavor you'd find in an Oven Roasted Turkey Footlong, without sacrificing an ounce of protein. The Oven Roasted Turkey Protein Bowl is loaded with your choice of veggies and topped with all the thin-sliced turkey you'd get in your favorite Footlong.

**Buffalo Chicken**

Packed with grilled chicken, plus just the right amount of Frank's RedHot® Buffalo sauce, a little peppercorn ranch to beat the heat and all the veggies you can fit in there. Frank's RedHot® is a registered trademark of McCormick & Co. and used under license by Subway Franchisee Advertising Fund Trust Ltd. ®/© Subway IP LLC 2021.

**Steak & Cheese**

Packed with protein and stacked with veggies, the Steak & Cheese Protein Bowl is everything you love about your favorite Footlong — literally, it has the same amount of juicy steak — plus peppers, onions and more.

**Pizza Sub**

We made pizza into a sub, then made that into a bowl. Why not? Packed with pepperoni, Monterey cheddar cheese and topped with marinara sauce. Feel free to add all the fresh veggies you (and the bowl) can handle.

**SHAREABLE DESSERTS 3**

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**12 Pack Cookie Box**

12 cookies. 1 delicious order. That’s what our 12 Cookie Box is all about. Pick your favorite flavor and enjoy a dozen of fresh-baked cookies. That’s a one-way ticket to sweet treats that you can share with friends, family or co-workers. With so many choices, there’s a cookie for everyone.

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**6 Pack Cookie Box**

Our 6 Pack Cookie Box is the most delicious out-of-the-box thinking. Pick your favorite flavor and enjoy a half-dozen of fresh-baked cookies. One for you, one for him, one for her and even more to keep sharing...or not! Get the New 6 Pack Cookie Box today and get that sweet treat you’re craving.

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**Subway® Footlong Cookie**

1440 calories each. The NEW Footlong Cookie is baked to perfection and ready to share. It’s served warm so it’s soft and gooey on the inside. Every inch is loaded with chocolate-chip goodness. It’s everything you love about Subway® chocolate chip cookies and more, more, more!

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**CHIPS** 5

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**Miss Vickie’s® Jalapeño**

Made with jalapeño seasoning for enough heat to make things deliciously interesting. And every spicy bite is made with no artificial flavors or preservatives.

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**LAY’S® Classic**

It all starts with farm-grown potatoes, cooked and seasoned to perfection. So every LAY’S® potato chip is perfectly crispy and full of fresh potato taste. Happiness in Every Bite.®

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**DORITOS® Nacho Cheese**

The iconic bold and intense cheesiness of Doritos® Nacho Cheese Flavored Tortilla Chips. Doritos® flavors ignite adventure and inspire action. Are you ready? If so, crunch on.

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**Baked Lay's® Original**

SNACK A LITTLE SMARTER™ with Baked LAY’S® Potato Chips. It’s the LAY’S® chip you love, just Baked. Perfectly paired with your favorite Subway sandwich.

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**SunChips® Harvest Cheddar®**

The flavor of real cheddar cheese is layered onto a delicious whole grain chip to create this tasty combination.

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**SUBWAY® SERIES** 20

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**#11 Subway Club®**

Oven-roasted turkey, Black Forest ham, USDA Choice Roast Beef, 2x American cheese piled on Hearty Multigrain bread and topped with lettuce, tomatoes, red onions, and mayo. A club sandwich Subway® style.

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**#16 All-Pro Sweet Onion Teriyaki**

Tackle your hunger with our All-Pro Sweet Onion Teriyaki sandwich. Enjoy a delicious combination of toasted Hearty Multigrain bread, tender grilled chicken strips marinated in our Sweet Onion Teriyaki sauce, 2x American cheese, lettuce, tomatoes, and red onions.

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**#3 The Monster™**

Got a monstrous appetite? We’re talking thick juicy steak, crisp bacon, a double helping of Monterey cheddar, green peppers and red onions piled high and served toasted on Artisan Italian bread and topped off with creamy Peppercorn Ranch.

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**#6 The Boss**

It’s the mother of all meatball subs. Juicy meatballs drenched in marinara sauce with slices of pepperoni and BelGioioso® Fresh Mozzarella. Sprinkled with parmesan and served toasted on Italian Herbs & Cheese bread.

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#1 The Philly

The classic cheesesteak stacked with juicy steak and a double helping of American cheese toasted on Artisan Italian bread and topped with green peppers, red onions and mayo.

#30 The Beast

The sandwich that makes hunger fear going to sleep every night — The Beast. This sub’s got pepperoni, salami, turkey, ham and roast beef all adding up to a whopping 1/2 lb of meat\*. Add in 2x provolone, lettuce, tomatoes, onions, mayo, and top it all off with our MVP Vinaigrette and you get one beast of a sub. \*½ lb of meat based on FL serving.

#4 Supreme Meats

One sandwich reigns supreme. Black Forest ham, Genoa salami, pepperoni, and our capicola on fresh-baked Artisan Italian bread with 2x provolone cheese, lettuce, tomatoes and red onions...all topped off with our famous MVP Vinaigrette®.

#23 The Hotshot Italiano

Fuel your tastebuds’ need for fire with our Hotshot Italiano sandwich. Artisan Italian bread is topped with spicy pepperoni, Genoa salami, 2x provolone cheese, jalapeño peppers, lettuce, tomatoes, red onions, and an explosive finish of our MVP Parmesan Vinaigrette®.

#10 All-American Club®

The American classic. Oven-roasted turkey, Black Forest ham, crisp bacon, and 2x American cheese with lettuce, tomatoes, red onions, and mayo. Served toasted on Artisan Italian bread.

#7 The MexiCali

Head for the Southwest with juicy rotisserie-style chicken, smashed avocado, double Pepper Jack cheese, lettuce, tomatoes, and red onions topped with our smoky Baja Chipotle sauce and served toasted on Artisan Italian bread.

#15 Titan Turkey

The Titan Turkey is big enough to stand up to any appetite! With 33% MORE\* turkey, 2x provolone, lettuce, tomatoes, onions, and mayo all on our Artisan Italian bread. You’ll enjoy a meal fit for a titan! \*33% more meat than Classic Sandwich portion.

#33 Teriyaki Blitz

The Teriyaki Blitz is a burst of flavor from the first bite. Featuring tender steak marinated in our Sweet Onion Teriyaki sauce, 2x American cheese on a warm bed of Hearty Multigrain bread, topped with green peppers and red onions.

#12 Turkey Cali Club™

Eat fresh, California style. Oven-roasted turkey, crisp bacon, BelGioioso® Fresh Mozzarella, and smashed Hass avocado. Topped with spinach, tomatoes, red onions, and mayo toasted on Hearty Multigrain bread.

#17 Garlic Roast Beef

Our Garlic Roast Beef is an explosion of flavor in every bite! On soft Artisan Italian Bread is the combination of tender roast beef, 2x provolone, lettuce, tomatoes, onions and finished with Roasted Garlic Aioli — unlocking a go-to option when hunger calls.

#2 The Outlaw®

Spicy, cheesy, smoky — this one’s got it all. Juicy steak meets double Pepper Jack cheese, with green peppers, red onions, and Baja Chipotle sauce toasted on Artisan Italian bread. Try not to fall head over heels.

#19 Pickleball Club™

Our Pickleball Club™ sandwich is a crowd pleaser with thin-sliced Black Forest ham, crisp bacon, and American cheese on our Artisan Italian bread. With lettuce, tomatoes, pickles, red onions, and our Honey Mustard sauce, every bite tastes like sweet victory.

#20 Elite Chicken & Bacon Ranch

Treat yourself royally with our Elite Chicken & Bacon Ranch sub. Combining tender rotisserie-style chicken, 2x melted Monterey cheddar cheese, hickory-smoked bacon, lettuce, tomatoes, red onions, and our creamy Peppercorn Ranch all on Artisan Italian bread.

## #99 Grand Slam Ham

The Grand Slam Ham delivers heavy-hitting flavor every time. On top of Artisan Italian Bread is 33% MORE\* ham, 2x provolone, lettuce, tomatoes, onions, and mayo — a delicious sub that leaves you feeling satisfied. \*33% more meat than Classic Sandwich portion.

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## #18 The Ultimate B.M.T.®

The Ultimate B.M.T.® is thoughtfully prepared with tender Genoa salami, spicy pepperoni, savory Black Forest ham, 2x provolone cheese, crisp lettuce, tomatoes, red onions and MVP Parmesan Vinaigrette® on Artisan Italian bread. Enjoy a sub made with love.

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## #8 The Great Garlic

Our creamy garlic sauce is the secret to this sub. We pile juicy rotisserie-style chicken, crispy bacon, 2x Monterey cheddar, lettuce, tomatoes, red onions on toasted Artisan Italian bread...all topped off with our creamy Roasted Garlic Aioli. Irresistible!

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## CHICKEN 4

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## COOKIES 1

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### Cookies

Every meal deserves a dessert, because simply put, they just belong together. So, when you're ordering your favorite sandwich, just remember that it pairs perfectly with one of our delectable cookies. They're freshly baked, come in a variety of flavors and they go hand-in-hand with that sub you're about to order.

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